Development and Evaluation of an Expert System for Diagnosing Tinnitus Disease

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Abstract: Tinnitus is a common condition characterized by the perception of sound in the absence of an external source, with potential negative physical and psychological impacts. Accurate and efficient diagnosis of tinnitus is crucial for appropriate treatment and management. Traditional diagnostic methods have limitations in terms of time, cost, and accuracy. To address these challenges, expert systems have emerged as a promising tool for tinnitus diagnosis. This paper explores the application of expert systems in tinnitus diagnosis, highlighting their potential to improve accuracy and efficiency. By incorporating a knowledge base and rule-based decision-making, expert systems can provide valuable insights for accurate diagnosis and appropriate management of tinnitus. Further research and development in this area can enhance the clinical assessment and treatment of tinnitus, ultimately improving the quality of life for affected individuals.

Keywords: Tinnitus, Expert systems, Knowledge base, Rule-based decision-making.

1. Introduction

Tinnitus is a condition in which people perceive sound in the absence of an external source. The sound can be described as ringing, buzzing, hissing, or whistling. It can be constant or intermittent, and it can be mild or severe. Tinnitus is often a symptom of other conditions, such as hearing loss, earwax buildup, or temporomandibular joint disorder (TMJ). However, in some cases, there is no underlying cause.

The prevalence of tinnitus is estimated to be between 10% and 20% of the adult population. Tinnitus can have a significant impact on individuals, both physically and psychologically. Physically, tinnitus can cause sleep disturbance, difficulty concentrating, and anxiety. Psychologically, tinnitus can lead to depression, social isolation, and decreased quality of life.

Accurate and efficient diagnosis of tinnitus is important for several reasons. First, tinnitus can be a symptom of a more serious underlying condition. Second, early diagnosis and treatment of tinnitus can help to reduce the severity of the symptoms and improve the quality of life for individuals. Third, accurate diagnosis of tinnitus can help to rule out other conditions that may require treatment.

1.1. Need for an expert system to diagnose tinnitus disease:

The need for an expert system to diagnose tinnitus diseases arises from several factors:

i. Complexity of Diagnosis: Tinnitus is a complex condition with various underlying causes, including auditory system disorders, medical conditions, and medication side effects. The diagnostic process often requires the integration of multiple clinical factors and the consideration of various differential diagnoses. An expert system can help healthcare professionals navigate this complexity and improve diagnostic accuracy.

ii. Subjectivity of Symptoms: Tinnitus is primarily a subjective symptom experienced by patients, making it challenging to quantify and objectively assess. Patients may describe their tinnitus in different ways, further complicating the diagnostic process. An expert system can help standardize the evaluation of subjective symptoms and provide a consistent framework for diagnosis.

iii. Limited Expertise and Resources: Tinnitus diagnosis requires specialized knowledge and experience in audiology, otolaryngology, and related fields. However, access to experts in these domains may be limited, particularly in remote or underserved areas. An expert system can bridge this gap by providing accessible and reliable diagnostic support regardless of geographical location.

iv. Time and Cost Efficiency: Traditional diagnostic approaches for tinnitus often involve time-consuming and costly procedures, such as extensive audiological testing, medical consultations, and imaging studies. An expert system can streamline the diagnostic process by providing an initial assessment and guidance, potentially reducing the need for unnecessary tests and referrals, thereby saving time and resources.
Decision Support and Consistency: An expert system can serve as a decision support tool for healthcare professionals, providing them with evidence-based recommendations and guidelines during the diagnostic process. This consistency in decision-making can help reduce diagnostic errors and variability among different clinicians, leading to improved diagnostic accuracy and patient outcomes.

Advancements in Artificial Intelligence: The advancements in artificial intelligence and machine learning have enabled the development of sophisticated expert systems capable of analyzing complex medical data, recognizing patterns, and generating accurate diagnoses. Leveraging these technologies can enhance the diagnostic capabilities for tinnitus and improve patient care.

By addressing these needs, an expert system for diagnosing tinnitus diseases can potentially enhance the efficiency, accuracy, and accessibility of tinnitus diagnosis, ultimately improving patient outcomes and facilitating appropriate treatment strategies.

1.2. Objectives of the Research

The primary objective of this research is to develop and evaluate an expert system for diagnosing tinnitus diseases. The expert system utilizes an if-then rules (decision-making tree approach) based on a comprehensive dataset of patients with various stages of tinnitus diseases. By employing the CLIPS and Delphi frameworks, the system aims to provide rapid and accurate diagnoses while considering multiple clinical variables. The research seeks to address the following specific objectives:

i. To evaluate the effectiveness of expert systems in diagnosing tinnitus.

ii. To compare the accuracy and efficiency of expert systems with traditional diagnostic methods for tinnitus.

iii. To identify the limitations of traditional diagnostic approaches for tinnitus.

iv. To develop an expert system for tinnitus diagnosis based on a comprehensive knowledge base.

v. To explore the potential benefits of expert systems in enhancing the quality of life for individuals with tinnitus.

vi. To provide recommendations for the implementation and utilization of expert systems in clinical settings for tinnitus diagnosis. vii. To contribute to the existing literature on the application of artificial intelligence in healthcare and specifically in tinnitus diagnosis.

1.3 Implementation using CLIPS and Delphi

The expert system for diagnosing kidney diseases is implemented using the CLIPS (C Language Integrated Production System) and Delphi frameworks. CLIPS is a powerful an widely-used tool for developing rule-based expert systems, providing a flexible and efficient environment for knowledge representation, inference, and decision-making. It allows the encoding of rules and logic that govern the diagnostic process, enabling the expert system to draw conclusions based on the input data. Delphi, on the other hand, is a software development platform that facilitates the creation of user-friendly interfaces for expert systems. It enables the integration of the expert system with a graphical user interface (GUI) to enhance usability and accessibility for healthcare professionals, see Figure 1. The combined utilization of CLIPS and Delphi ensures the seamless integration of the decision-making tree algorithm, knowledge base, and user interface, resulting in a
2. Background and Related Work

Tinnitus is a complex condition characterized by the perception of sound in the absence of an external source. While the most common cause of tinnitus is hearing loss, it can also arise from various factors such as earwax buildup, temporomandibular joint disorder (TMJ), medications, head injury, vascular disorders, stress, and age. Understanding the causes and symptoms of tinnitus is crucial for accurate diagnosis and effective management.

In diagnosing tinnitus, several methods are employed. The primary approach is a thorough physical examination, which may involve a comprehensive hearing test, imaging tests (such as MRI or CT scan), and blood tests to rule out any underlying medical conditions that may contribute to tinnitus. In some instances, patients may be referred to specialists such as otolaryngologists or neurologists for further evaluation and treatment.

While traditional diagnostic methods have been widely used, they come with certain limitations and challenges. Firstly, these methods can be time-consuming and costly, requiring multiple appointments and extensive testing. Secondly, they may not always pinpoint the precise underlying cause of tinnitus, as the condition can be multifactorial. Consequently, accurately differentiating tinnitus from other related conditions that require specific treatment approaches can be challenging.

To address these challenges, expert systems have emerged as a promising tool for medical diagnosis, including the assessment of tinnitus. Expert systems utilize a knowledge base consisting of relevant medical information and a set of rules to guide decision-making. By incorporating knowledge about the symptoms, causes, and treatments of tinnitus, expert systems can provide valuable insights for diagnosis and management.

Previous studies have explored the application of expert systems in medical diagnosis, showcasing their potential for improving accuracy and efficiency. For instance, research by Smith et al. (2017) developed an expert system that integrated patient-reported symptoms with medical knowledge to assist in tinnitus diagnosis. The system demonstrated promising results, offering a reliable and accessible tool for preliminary screening and decision-making.

By leveraging the capabilities of expert systems, healthcare professionals can potentially overcome the limitations of traditional diagnostic methods in tinnitus assessment. These systems can aid in early identification, appropriate referral, and tailored treatment strategies, thereby improving patient outcomes and reducing healthcare costs.

3. Methodology
The expert system for tinnitus diagnosis was developed using a combination of software tools and databases. The Delphi interface was employed to create a user-friendly environment that welcomed users and provided an overview of the disease and the expert system, see Figure 1 above. The interface guided users to the symptom selection interface, where they could indicate the symptoms they were experiencing, see some of the symptoms the user may select in Figure 2. Once the user made their selections, the analysis button triggered the system to process the input and generate a diagnosis, see Figure 3 in the next page.

![Figure 2: A&B: Delphi Interface Where User Selects their Symptoms.](image)

![Figure 3: A: The Selected Symptoms, B: The Analysis Interface Result.](image)

The inference engine of the expert system was implemented using the CLIPS (C Language Integrated Production System) programming language, known for its suitability in developing rule-based systems. CLIPS provided the necessary framework for constructing the inference engine, which employed a set of rules based on expert knowledge to make diagnoses. The use of CLIPS facilitated the efficient processing of user inputs and the generation of accurate diagnoses.

In addition to CLIPS, other software tools were employed to support the implementation. The development of the user interface was accomplished using the Delphi interface, which provided a user-friendly platform for symptom input and diagnosis output. The user interface was designed to guide users through the symptom selection process and present the diagnosis and recommendations in a clear and understandable manner. The database for storing the symptoms, diagnoses, and recommendations was built using MS Access, allowing for efficient data management and retrieval.
4. Evaluation Process

To evaluate the performance and accuracy of the expert system, a comprehensive evaluation process was conducted. The evaluation aimed to assess the system's ability to accurately diagnose tinnitus and differentiate it from other diseases.

A dataset of previously diagnosed cases was utilized for the evaluation. These cases consisted of patient records that had been diagnosed by expert doctors. Each record included the symptoms presented by the patient and the corresponding diagnosis determined by the experts. The expert system was then provided with the same set of symptoms and the accuracy of its diagnoses was compared to the known expert diagnoses.

4.1. Evaluation Metrics:

Several metrics were employed to assess the performance of the expert system:

i. Accuracy: The accuracy of the expert system was measured by comparing its diagnoses with the known expert diagnoses from the dataset. The percentage of correct diagnoses was calculated to determine the overall accuracy of the system.

ii. Sensitivity and Specificity: Sensitivity measures the system's ability to correctly identify cases of tinnitus, while specificity measures its ability to accurately exclude other diseases. These metrics provided insights into the system's effectiveness in correctly classifying cases.

5. Results

The evaluation of the expert system yielded promising results. The system demonstrated a high level of accuracy in diagnosing tinnitus, with a significant proportion of diagnoses matching the expert diagnoses from the dataset. This indicated the system's ability to effectively identify tinnitus cases based on the input symptoms.

Furthermore, the expert system exhibited a satisfactory ability to differentiate tinnitus from other diseases. By incorporating symptoms related to various conditions, the system successfully provided recommendations on whether further investigation was necessary for a proper diagnosis. This feature enhanced the usefulness of the system in guiding healthcare professionals and individuals seeking initial assessments of their symptoms.

Overall, the evaluation results indicated that the expert system had the potential to serve as a valuable tool in tinnitus diagnosis, providing accurate and reliable preliminary assessments. However, further validation and refinement of the system may be necessary to enhance its diagnostic capabilities and ensure its effectiveness in diverse clinical settings.

6. Discussion and Conclusion

The development of the expert system for tinnitus diagnosis presents a significant advancement in the field of medical diagnostics. Through its implementation, several strengths and limitations have been identified, shedding light on the potential benefits and considerations associated with its use.

One of the notable strengths of the expert system is its ability to provide accurate diagnoses in a timely manner. By incorporating a comprehensive knowledge base and a set of rules derived from expert input, the system demonstrates a reliable capacity to analyze symptoms and generate appropriate diagnoses. This can greatly enhance the efficiency of the diagnostic process, allowing healthcare professionals to make informed decisions and recommend suitable treatment options promptly.

Another strength of the expert system is its ability to differentiate tinnitus from other conditions that may have similar symptoms. By including information on a range of diseases and their associated symptoms, the system can effectively assess the likelihood of tinnitus versus alternative diagnoses. This differentiation can guide healthcare professionals in ruling out other potential causes and focusing on appropriate treatment strategies specific to tinnitus.

Additionally, the expert system offers a cost-effective solution for tinnitus diagnosis. Compared to traditional diagnostic methods that may involve extensive testing, referrals to specialists, or multiple consultations, the expert system streamlines the diagnostic process. This not only reduces the financial burden on healthcare systems and individuals but also optimizes resource allocation and enables faster access to appropriate care.

However, the expert system does have certain limitations that need to be acknowledged. First, the system is not equipped to provide treatment recommendations. While it assists in identifying tinnitus, the system relies on healthcare professionals to determine the most suitable treatment plans based on the diagnosed condition. Second, the system's applicability is limited to adults, as it has not
been specifically designed or validated for diagnosing tinnitus in children. Third, individuals with severe hearing loss may pose challenges in accurately inputting their symptoms into the system, potentially affecting the reliability of the diagnoses.

In conclusion, the expert system for tinnitus diagnosis holds significant promise as a valuable tool in improving the accuracy and efficiency of tinnitus diagnosis. Its ability to provide accurate and timely diagnoses, differentiate tinnitus from other conditions, and offer a cost-effective solution contributes to its potential in clinical practice. However, further research and development are necessary to address the system's limitations and refine its capabilities. With ongoing advancements in technology and medical knowledge, the expert system for tinnitus diagnosis has the potential to enhance the management of tinnitus and improve patient outcomes.
References: