

MENTAL CAUSATION

George Bealer
Yale University

Suppose that, for every event, whether mental or physical, there is some physical event causally sufficient for it. Suppose, moreover, that physical reductionism in its various forms fails—that mental properties cannot be reduced to physical properties and mental events cannot be reduced to physical events. In this case, how could there be mental causation? More specifically, how could mental events cause other mental events, physical events, and intentional actions? The primary goal of this paper is to answer this question.¹

The explanation that emerges is based on three guiding ideas. First, a mental event (rather than a competing physical event) causes a subsequent *mental event* because of the special strength of certain fundamental psychological laws, namely, laws upon which acceptable nonreductive functional definitions may be based. Second, a mental event (rather than a competing physical event) causes a subsequent *physical event* because of (a) the strength of these psychological laws plus (b) the strength of relevant psychophysical correlations.² Third, when a mental event (rather than a competing physical event) causes a subsequent *intentional action*, we have an instance of what I call *essential-constituent causation*: one essential constituent of the intentional action is physical and the other mental, and the antecedent mental event causes both essential constituents (whereas no competing physical event does).

A subsidiary goal of the paper is to explain, not just how a mental event can be *a* cause of a mental or physical effect, but also how it can be *the* cause—or, at least, why in a particular context it is correctly deemed to be *the* cause.³ Some philosophers think that this sort of question is entirely a matter of pragmatics (interest, salience, etc.). But even if pragmatic considerations are involved, it does not follow that there are not objective criteria that, relative to a context, make it correct to identify one event as *the* cause of another (rather than, for example, one of two overdetermining causes, one of two joint causes, or some other alternative). A full account should make clear what these criteria are.

Another subsidiary goal concerns the question of just how strong the psychophysical correlations are. Specifically, does the mental supervene on the physical as a matter of metaphysical necessity, or does it supervene in a weaker (nomic) fashion? The goal is to construct an account that remains neutral with respect to this highly controversial question, for, other things being equal, it is best to steer clear of avoidable controversies. If a successful neutral account can be given, a significant dialectical point follows: such an account will undermine an interesting theoretical argument in favor of metaphysical supervenience (hereafter, simply ‘supervenience’), namely, that supervenience must be adopted as a premise in any successful account of mental causation.⁴ I should note, finally, this neutral account is also compatible with various forms of naturalism (and with their denials).

A final subsidiary goal is to provide the resources to answer a question receiving much attention of late, namely, how to distinguish between genuine (justification preserving) inferences and merely incidentally caused sequences of thought.⁵ The answer is that genuine inferring involves a species of mental causation explained by our account—a species that is underwritten by laws of rational psychology (a key subset of the psychological laws upon which nonreductive functional definitions may be based). I will not, however, have space to develop this account of inference here.

The paper is organized as follows. After developing a test for showing that a given event is the cause of a particular effect (§§1–2), I give the account of mental-to-mental causation (§3). I then give the account of mental-to-physical causation and the account of intentional action (§§4–5). I close with some brief remarks on mental causation and purely reflexive behavior (§6).

Before beginning, I should elaborate upon my starting points. First, I will assume that mental properties are not reducible to either first-order or second-order physical properties. That is, I will assume that the identity thesis and reductive functionalism are mistaken.⁶ (My reason for rejecting the ordinary identity thesis is based on multiple realizability intuitions together with a rebuttal of the scientific-essentialist (i.e., necessary a posteriori) response.⁷ My reason for rejecting reductive functionalism (both “American” and “Australian”) is that reductive functional definitions require the wrong sorts of things to be the contents of our self-consciousness: the contents would have to be propositions involving physical “realizer properties” (e.g., having firing C-fibers) rather than familiar mental properties themselves; therefore, given that the identity theory is mistaken, this would imply that the contents of our self-consciousness cannot involve any familiar mental properties.⁸) Some readers will of course be unwilling to abandon these reductive theses. This paper, however, should still be of interest to them, insofar as a standard objection to the non-reductionist alternative is that it is unable to account for mental causation. For, if correct, the present account will answer this objection.

Second, I will assume that, even though reductive functionalism is mistaken, nonreductive functionalism is correct.⁹ (Or, more cautiously, I will assume

that there is a family of distinctively strong mental-to-mental ties of the sort that would be assured by nonreductive functionalism if it were correct.) By ‘nonreductive functionalism’ I mean that form of functionalism that identifies the standard mental properties and relations (being in pain, thinking, etc.) with the *unique* properties and relations that make an appropriately general psychological theory true (i.e., the sort of general psychological theory upon which reductive functionalists had hoped to base their reductive definitions). In other words, this sort of psychological theory *implicitly defines* the standard mental properties and relations.

Third, I will assume that an adequate account of mental causation must explain the role *mental properties* play in mental causation, and so must go beyond token-identity coarse-grained-event accounts (e.g., Donald Davidson’s) that do not explicitly provide such an explanation. If the role of mental properties can somehow be explained in a fine-grained-event framework, then, plausibly, it can be reworked into an account of mental causation constructed in a setting of coarse-grained events. Since the fine-grained framework is so easy to work with—and since I find it to be more plausible in any case—I will assume that this framework is correct.

Finally, as indicated above, I will assume weak causal closure: every actual event has some physical event that is causally sufficient for it.¹⁰ Of course, weak causal closure does not entail strong causal closure, namely, that every actual event has physical and only physical causes. As is revealed by attributions of cause in applied science, medicine, and law, causing an event is intuitively a very different matter from merely being causally sufficient for an event. It is in the logical gap between weak and strong causal closure that mental causation lives. Failure to appreciate this opening in logical space has led many philosophers to the premature conclusion that mental causation is untenable unless mental properties are somehow reducible to physical properties.

1. An Empirical Test for Causes

So how is mental causation possible in a world like ours? Let us begin by considering an idealized case that does not involve mental causation. Suppose that we have correctly narrowed down the candidate causes of a given effect *e* to two preceding events, *c* and *d*, which are simultaneous with each other. That is, suppose that we have applied various other tests for causes of *e*, and *c* and *d* are the only events that have passed all of them. Suppose, moreover, that one of the following holds: (1) *c* is the cause of *e*, (2) *d* is the cause of *e*, (3) each one individually causes *e* (i.e., *c* and *d* overdetermine *e*), (4) neither one individually causes *e* (rather, *c* and *d* jointly cause *e*). In addition, I will assume that there are no relevant intermediary effects falling temporally between these two events and the effect.¹¹ It will be important to bear in mind that these suppositions already rule out various candidate counterexamples to the test I am about to propose

(e.g., this is achieved by the supposition that we have correctly narrowed down the candidate causes of a given effect *e* to two preceding events, *c* and *d*, which are simultaneous with each other).

In such a setting, how would one go about settling empirically which of the alternatives (1)–(4) holds? When practicable, we would use the following two-part screening-off method: (i) we would hold the background conditions *b* fixed as much as possible and see what happens in situations where events of one type, say, type *c*, are present but where, rather than having an event of the competing type *d*, we have instead an event of some relevant alternative type *d'* and conversely, (ii) we would hold the background conditions *b* fixed as much as possible and see what happens in situations where events of the other type *d* are present but where, rather than having an event of the competing type *c*, we have instead an event of some relevant alternative type *c'*.¹²

We will be interested in four outcomes, corresponding to the above four cases (1)–(4). And each of these outcomes has two parts corresponding to the test's two parts (i) and (ii). These outcomes are as follows.

Outcome (1). Part (i): suppose that, in situations like those described in (i) above, *e*-type effects typically (perhaps always) *do* occur. Part (ii): suppose that, in situations like those described in (ii) above, *e*-type effects typically (perhaps always) *fail* to occur. If this pair of results were to obtain, we would be led to conclude (almost always correctly) that *c* is *the* cause of *e*.

Outcome (2). Suppose, instead, that things are the other way round. In situations of type (i), *e*-type effects typically (perhaps always) fail to occur, while in situations of type (ii), *e*-type effects typically (perhaps always) do occur. From this pair of results, we would be led to conclude (almost always correctly) that *d* is *the* cause of *e*.

The remaining outcomes (3) and (4) are specified analogously.

By way of illustration, consider a case of trumping preemption, for example, Bas van Fraassen's major/sergeant case.¹³ The major and sergeant are both shouting various commands to the troops, who in cases of conflict obey the superior officer, and in cases in which only one officer gives a command, obey that officer. Suppose the major and the sergeant both shout "Advance!" simultaneously. Which event, if either, is the cause of the troops advancing? The screening-off test directs us to consider (holding the background conditions constant) what happens (i) in situations in which the major shouts "Advance!" and the sergeant shouts some relevant alternative command, say, "Retreat!" and (ii) in situations in which the sergeant shouts "Advance!" and the major shouts some relevant alternative command, say, "Retreat!". In the former type of situation, the troops typically—indeed, always—advance, and in the latter, they typically fail to advance. Thus, we have a case of Outcome (1), supporting the conclusion that the major's shouting "Advance!" is the cause of the troops advancing. Intuitively, this is the right result.

Notice that in part (i) of the major/sergeant example, not only do the troops typically advance, they *always* advance. By contrast, in part (ii), although the

troops typically fail to advance, this is not always the outcome; they sometimes advance, namely, when the major shouts nothing at all (i.e., he shouts the null command, as it were). This pattern—(i) always passing the first part of the test and (ii) typically failing the second part—turns out to be the pattern exhibited in cases of mental causation. In the following discussion I will be concerned with this pattern.

In the test we are supposed to consider what happens when a c-type event occurs, not in the presence of a d-type event, but rather in the presence of some relevant alternative d'-type event. This gives rise to the question of which types of alternative events are relevant alternatives. For example, in the major/sergeant case what alternative things is the sergeant permitted to do? Shoot the major? Bribe the troops? Incite mutiny among the troops? No. These are completely out of the question. And so are subvocalizing "Advance!", voting for "Advance!", listening for "Advance!", and so forth. The relevant alternatives to shouting "Advance!" are shouting "Retreat!", "Stand Ready!", and other types of sanctioned battlefield commands (including the null command, i.e., giving no order). That is, they arise from "toggling" the original command, replacing it with other types of sanctioned battlefield commands.

These points suggest the following useful notation. I will write $c(\alpha)$ to highlight a salient constituent α of event c . And I will write $c(\alpha')$ for the event that arises from $c(\alpha)$ by replacing α with α' . For example, in the context of the major/sergeant case, $c(\text{"Advance!"})$ is the major's shouting "Advance!", $c(\text{"Retreat!"})$ is the major's shouting "Retreat!", and so on for the other relevant alternatives. Likewise, $d(\text{"Advance!"})$ is the sergeant's shouting "Advance!", and so on. This notation allows us to state our test much more briefly. Suppose that $d(\alpha')$ -type events are relevant alternatives to $d(\alpha)$ -type events. Then, in the first part of the test we are to consider (holding the background conditions constant) what happens when a $c(\alpha)$ -type event occurs and a $d(\alpha')$ -type event occurs instead of a $d(\alpha)$ -type event. Analogously for the second part of the test.

Notice that in the major/sergeant example the relevant alternatives to the major's shouting "Advance!" and to the sergeant's shouting "Advance!" are commensurable—in each case, they arise from toggling an identical parameter, namely, the type of sanctioned battlefield command. In the general case, symbolized with $c(\chi)$ and $d(\delta)$, the relevant alternatives need not arise from toggling parameters that are identical in this way. That is, the parameters χ and δ may differ. As we will see, mental causation exhibits this possibility. To handle such cases, we will generalize our formulation of the test in the obvious way.

2. A Philosophical Test for Causes

The aim of the above test is only to provide an empirically sufficient (vs. necessary) condition for concluding that c is the cause of e (or that d is the cause of e , or that each is an overdetermining cause of e , or that they together

jointly cause *e*). But often, especially in cases of philosophical significance (e.g., mental causation), it is not practically or even nomologically possible to perform this empirical test. Nevertheless, the empirical test suggests an analogous philosophical test that overcomes this shortcoming, namely, a test in which we consider *hypothetically* the same sorts of combinations considered in the empirical test. The intention is that, in contexts in which the competitors have been correctly narrowed down to *c* and *d*, the test provides a metaphysically *sufficient condition* for *c*'s being the cause of *e* (and so forth).

Suppose, as before, that the best competitors for being the cause of *e* have been narrowed down to $c(\chi)$ and $d(\delta)$.¹⁴ (This supposition restricts the range of examples to which the test I am about to propose is applicable; see the close of the opening paragraph of §1.) Suppose $c(\chi')$ and $d(\delta')$ are, respectively, relevant alternatives to $c(\chi)$ and $d(\delta)$. Let *b* be the background conditions. Then, just as in the empirical test, we have four relevant outcomes, each consisting of two parts. In the case of outcome (1) they are: (i) For all relevant alternatives $d(\delta')$, in the nearest world(s) in which *b* and $c(\chi)$ occur and $d(\delta')$ occurs instead of $d(\delta)$, *e* still occurs.¹⁵ (ii) For most (typical) relevant alternatives $c(\chi')$, it is not the case that, in the nearest world(s) in which *b* and $d(\delta)$ occur, and $c(\chi')$ occurs instead of $c(\chi)$, *e* occurs. If (i) and (ii) are satisfied, (1) tells us that $c(\chi)$ is *the* cause of *e*.¹⁶ That is, with $c(\chi)$ and $d(\delta)$ as best competitors, (1.i) and (1.ii) taken together provide a sufficient condition for $c(\chi)$'s being *the* cause of *e*. Outcomes (2)–(4), which are specified in the obvious way, provide corresponding sufficient conditions for what causes *e*.¹⁷

To illustrate how this test for sufficient conditions works, consider the major/sergeant case once again. The results are as follows. (i) Consider the nearest world(s) in which: the original background conditions hold, the major shouts “Advance!”, and the sergeant shouts one of the battlefield commands other than “Advance!” (say, “Retreat!”). In all such worlds the troops still advance. Moreover, this holds for every relevant alternative to the sergeant's shouting “Advance!”. (ii) Consider the nearest world(s) in which: the original background conditions hold, the sergeant shouts “Advance!”, and the major shouts one of the battlefield commands other than “Advance!” (say, “Retreat!”). In all such worlds the troops fail to advance. Moreover, this holds for most (typical) relevant alternatives to the sergeant's shouting “Advance!”. (The null command is an exception.) Thus, according to the test, the major's shouting “Advance!” prevails as the cause of the troops advancing. The right result.¹⁸

A refinement of the screening-off test is required to deal with certain cases in which $c(\chi)$ and/or $d(\delta)$ bears a *holistic* relationship to the background. In such cases, it might not be possible for both the *entire* original background *b* to be held constant and $c(\chi)$ to occur without $d(\delta)$, or conversely. A convenient way to deal with this issue is by *factoring* the background conditions *b* into the background conditions b_c relevant to *c* and the background conditions b_d relevant to *d*.

An example involving mental causation will make it clearer how factoring the background conditions works. Let x be someone with body y .¹⁹ Let $m_1(A)$ be the mental event of x 's thinking that A . Let $m_2(\neg\neg A)$ be the subsequent mental event of x 's thinking that $\neg\neg A$. Suppose that x is in the sort of situation in which we would ordinarily consider $m_1(A)$ to be the cause of $m_2(\neg\neg A)$. For example, a situation in which, upon thinking that A , x comes to think $\neg\neg A$ by virtue of inferring it from the prior thought. We may suppose, for instance, that x is a logic student in generally good cognitive conditions working on a proof one of whose premises is the proposition that A and whose eventual conclusion is a conjunction, one of whose conjuncts is the double negative $\neg\neg A$. Let $p_1('A')$ be the relevant specific brain event correlated with $m_1(A)$, and $p_2(' \neg\neg A')$ be the relevant specific brain event correlated with $m_2(\neg\neg A)$. For example, $p_1('A')$ might be the event of *this* particular Mentalese token of ' A ' being in y 's Thinking Box, and $p_2(' \neg\neg A')$ might be the event of *that* particular Mentalese token of ' $\neg\neg A$ ' being in y 's Thinking Box.²⁰

Now the holistic nature of a person's total mental state is legendary (and is indeed encoded in nonreductive functional definitions). The relationship between $m_1(A)$ and its cognitive background b_{m_1} is a case in point. For example, there might be trouble in part (ii) of the test where we are supposed to consider what happens in the nearest worlds in which: the entire background condition b still holds, p_1 occurs, and some relevant alternative to m_1 occurs instead of m_1 . But given that b is the *entire* background, it includes not just the physical background relevant to $p_1('A')$ but also the cognitive background b_{m_1} relevant to m_1 (i.e., to x 's thinking that A). Accordingly, the envisaged test world might not be possible, for b_{m_1} includes so much information about x 's concurrent auxiliary cognitive states that it might require the presence of m_1 (i.e., x 's thinking that A).²¹ So, rather than trying to hold constant the *entire* background b , we can factor b into b_{m_1} and b_{p_1} and then run the two parts of the test while holding constant whichever is relevant. In part (ii), for example, we are to consider whether $m_2(\neg\neg A)$ occurs in the nearest world(s) in which: the physical background b_{p_1} holds, $p_1('A')$ occurs, and $m_1(B)$ occurs instead of $m_1(A)$. Factoring thus allows the physical background b_{p_1} of $p_1('A')$ to be constant while relevant portions of the psychological background b_{m_1} may vary as needed for the occurrence of $m_1(B)$.

The notion of a *wide event* allows us to simplify further our phrasing of the test (although I am not strictly speaking committed to the existence of such events). Suppose that $wm_1(A)$ is the wide event of x 's thinking that A against x 's cognitive background b_{m_1} . Likewise, let $wp_1('A')$ be the corresponding wide physical event (namely, this particular tokening of ' A ' in y 's Thinking Box against the relevant physical background b_{p_1}).²² Then in part (i) we are to consider whether $m_2(\neg\neg A)$ occurs in the nearest world(s) in which $wm_1(A)$ occurs but in which relevant alternatives $p_1('B')$ occur instead of $p_1('A')$. In part (ii) we are to consider whether $m_2(\neg\neg A)$ occurs in the nearest world(s) in which $wp_1('A')$ occurs but in which relevant alternatives $m_1(B)$ occur instead of $m_1(A)$.

(Before proceeding, a few general comments about the test should be helpful. To begin with, there is no commitment to the test's always having determinate outcomes. The idea is that, if there are determinate outcomes, the identity of the cause is settled accordingly. It should also be borne in mind that, though this test invokes the notion of nearest worlds, it is not committed to a nearest-worlds analysis of counterfactuals or to a nearest-worlds or counterfactual analysis of causation. In fact, it is compatible with noncounterfactual, realist analyses such as those of Fred Dretske, Michael Tooley, and David Armstrong. Similarly, it is not committed to anything like Lewis's doctrine of "Humean supervenience." So, for example, in specifying the conditions under which the test may be applied, I make free use of causal and nomological notions, and in making judgments about the nearness of worlds, I rely freely on nomological notions (see especially §§3–4). The claim is only that the test yields (or generally yields) the intuitively correct judgments concerning causation in the kinds of cases at issue.²³).

3. Mental-to-Mental Causation

My objective in this section is to outline an explanation of why laws governing mental-to-physical transitions have a special trumping power, and how this makes it correct, in the envisaged context, to say that m_1 , not p_1 , is the cause of m_2 . We will assume that the best competitors for the cause of m_2 have already been narrowed down to m_1 and p_1 (as above, this assumption is important because it rules out various candidate counterexamples). As I indicated in §1, I am also assuming that there are no relevant intermediary events falling temporally between w_{m_1} and m_2 .²⁴ In particular, throughout the interval up to (but not including) t_2 , x has the thought that A and does so while remaining in his original cognitive conditions (i.e., the same state of intelligence, attentiveness, alertness, etc.) and while continuing to have his original auxiliary cognitive contents. In addition, w_{m_1} includes the requirement that x , in largely the same cognitive conditions as before, persists through t_2 itself.²⁵

Traditional epiphenomenalism was concerned with mental-to-mental causation. According to it, mental events are never caused by mental events because the psychological laws characterizing the relevant mental-to-mental transitions are only *derived* laws. These laws are underwritten by *basic* physical-to-physical laws together with nomologically or causally necessary psychophysical principles. Nonreductive functionalism, if correct, shows what is wrong with this idea and, in turn, with this traditional form of epiphenomenalism. Given nonreductive functionalism (which was one of our starting points), the standard mental properties are defined as the unique satisfiers of an appropriately general psychological theory T . A logical consequence of these definitions is that the indicated mental-to-mental laws are basic in an especially strong sense: they are *metaphysically necessary*.²⁶ To see why, consider the following nonreductive functional definition of thinking (for simplicity, I will assume, without loss of generality, that 'thinks' is the only psychological constant in theory T):

x thinks p iff_{def} there is a unique relation R satisfying theory T and x is related by R to p .

Since definitions hold necessarily, this definition has the following as an immediate consequence: necessarily, if x thinks p , then the original psychological theory T is true. In symbols,

$\square (x \text{ thinks } p \rightarrow \text{theory } T \text{ is true}).$

Therefore, since $m_1(A)$ is the event of x 's thinking the proposition that A and since the occurrence of the wide event $wm_1(A)$ trivially implies the occurrence of the constituent event $m_1(A)$, it follows that: necessarily, if $wm_1(A)$ occurs, then the psychological theory T is true. In symbols:

$\square (wm_1(A) \rightarrow \text{theory } T \text{ is true}).$

Now suppose T contains, or has as a logical consequence, the principle that, if $wm_1(A)$ occurs, then $m_2(\neg\neg A)$ will occur. Then, the last conclusion implies that: necessarily, if $wm_1(A)$ occurs, this principle is true. In symbols:

$\square (wm_1(A) \rightarrow (wm_1(A) \rightarrow m_2(\neg\neg A))).$

Therefore, by simplification, it follows that:

$\square (wm_1(A) \rightarrow m_2(\neg\neg A)).$

That is, necessarily, if $wm_1(A)$ occurs, then $m_2(\neg\neg A)$ will occur. This is the conclusion we sought. Naturally, this generalizes to other mental-to-mental conditionals contained in, or implied by, psychological theory T .²⁷

In our ensuing discussion it will be helpful to have the following terminology. Let *primary psychology* be the psychological theory, or theories, upon which correct nonreductive functional definitions can be based, and let *primary psychological laws* be the mental-to-mental conditionals belonging to, or logical consequences of, primary psychology.²⁸ In this terminology, the above conclusion is neatly stated thus: given nonreductive functional definitions, primary psychological laws hold necessarily. In informal terms, the moral is this. It is in the very nature of mental properties to interact with one another in accordance with the primary laws of psychology, and nonreductive functional definitions record this fact. This is the vision to which functionalist philosophy, once separated from its unsuccessful reductionist ambitions, has been pointing all along.²⁹

Still, this does not yet show that there really is mental-to-mental causation, for example, that $m_1(A)$ is the cause of $m_2(\neg\neg A)$. Nor does it show why an event like $m_1(A)$, together with correlated physical events such as $p_1(A')$, is neither an

overdetermining cause nor a joint cause. But, predictably, showing these things turns on the special modal status of principles of primary psychology. Let us apply our two-part test.

In part (i), for each relevant alternative to p_1 , we are to consider what happens in the nearest world(s) in which the wide mental event $wm_1(A)$ occurs but in which the relevant alternative to p_1 occurs instead of p_1 . Is it the case that, in the indicated class of nearest world(s), $m_2(\neg\neg A)$ still occurs? Yes. The reason is that there is a metaphysically necessary law of primary psychology connecting the occurrence of $wm_1(A)$ and the subsequent occurrence of $m_2(\neg\neg A)$, thereby creating the strongest sort of pressure for $m_2(\neg\neg A)$ to occur. Since there is no equally strong physical-to-physical law creating a contrary pressure, $m_2(\neg\neg A)$ does indeed occur.³⁰ Hence, $m_1(A)$ passes one half of our test.

In part (ii) of the test we are to consider world(s) in which wp_1 occurs in the absence of m_1 . Of course, if m_1 supervenes on wp_1 , it would be metaphysically impossible for wp_1 to occur in the absence of m_1 , and so the second half of the test is not applicable.³¹ In this case, since m_1 passes the first half of our test, m_1 prevails over p_1 as the cause of m_2 . (The situation here would thus be analogous to that which arises in Yablo's account.)

So suppose that m_1 does not supervene on wp_1 and, therefore, that part (ii) of the test is applicable. In this case, we are to determine what effect results in the nearest world(s) in which wp_1 occurs and relevant alternatives to m_1 occur instead of m_1 . Before answering this question, however, we must take a moment to look more closely at what these alternatives are. For guidance, consider the major/sergeant example once again. We saw that, in the context of that example, the relevant alternatives to shouting "Advance!" are not subvocalizing "Advance!", voting for "Advance!", listening for "Advance!", and so forth. The right constituent to toggle is not what the sergeant is doing with respect to "Advance!". Rather, the type of sanctioned battlefield command ("Advance!", "Retreat!", etc.) is the right constituent to toggle. Our logic-problem example is parallel. The propositional attitude is not the right constituent to toggle: the relevant alternatives to thinking that A are not desiring that A , doubting that A , remembering that A , and so forth. Rather, the propositional attitude (thinking) is to be held constant; it is the proposition x is thinking that is to be toggled.

But which propositions are the relevant alternatives to the original proposition A ? In the major/sergeant example, consider what would happen if the alternatives to "Advance!" were restricted to commands that were more or less equivalent to the original command (e.g., "Forward!", "Advance, you idiots!", "OK men, do what we did at San Juan Hill!") or to commands that more or less entail the original command (e.g., "Advance with vigor!", "Advance quickly!"). In this case, the test would not correctly locate the cause, for each alternative to "Advance!" is itself sufficient for the troops advancing. The problem is avoided only if the range of relevant alternative battlefield commands is kept broad—going far beyond those that are (more-or-less) equivalent to "Advance!" or that (more or less) entail "Advance!". Indeed, the range of alternatives must comprise

the full range of sanctioned battlefield commands. Similarly, in our logic-problem case the range of alternative propositions B must be kept comparably broad—going far beyond propositions that are (more-or-less) equivalent to A or (more or less) A-entailing. In other words, parity requires that the relevant alternatives go far beyond propositions such as A & A and the like. As far as this example is concerned, just about any proposition B appropriate to a logic exam is an appropriate alternative to A. Of course, it may be that various pragmatic factors serve to narrow the range of alternatives a bit. There is nothing wrong with this, as long as a substantial range of alternatives survives.

We are now ready to consider the second half of our test. Our focus is on the wide physical event $wp_1('A')$ which involves the narrow physiological event $p_1('A')$ plus relevant features of the physical background. The latter features include the physical correlates of x's cognitive background—including physical correlates of x's auxiliary cognitive contents (including a great many auxiliary A-ish contents) and physical correlates of x's generally good cognitive conditions (intelligence, attentiveness, memory, etc.). Let B be a typical relevant alternative to A. What happens in the nearest world(s) in which $wp_1('A')$ occurs and $m_1(B)$ occurs instead of $m_1(A)$?

The answer is that $m_2(\neg A)$ fails to occur in at least *some* nearest " $wp_1('A')$ & $m_1(B)$ " world(s). The argument turns on the holistic character of mind (discussed at the close of §2)—specifically, the interplay of $m_1(B)$ with x's auxiliary cognitive contents and x's cognitive conditions. In the actual world x's cognitive conditions are generally good. In a given " $wp_1('A')$ & $m_1(B)$ " world, either x's cognitive conditions would be generally good, or they would be degraded. Suppose the former. Then, since x is thinking that B (instead of A) in that world, x's generally good cognitive conditions (intelligence, attentiveness, memory, etc.) would require his auxiliary cognitive contents to harmonize with B rather than A; specifically, x's auxiliary cognitive contents would have to be B-ish in character (rather than A-ish). For example, since x is now thinking that B (instead of A), x's generally good cognitive conditions would require that x no longer be in his original auxiliary state of *being aware* that he is thinking A; instead, he would have to be aware that he is thinking B. And so forth.³² On the other hand, suppose that x's cognitive conditions are degraded in the given " $wp_1('A')$ & $m_1(B)$ " world. Then, since in the actual world x has a stupendous number of dispositional mental properties associated with his generally good cognitive conditions, x would in the given world have to lose these properties and acquire a very different set of new dispositional properties. This stupendous departure from the actual would be at least as great as that associated with the shift (just contemplated) from A-ish to B-ish auxiliary cognitive contents. Consequently, among the nearest " $wp_1('A')$ & $m_1(B)$ " worlds, there are at least *some* in which x retains his generally good cognitive conditions and instead undergoes relevant shifts from A-ish to B-ish auxiliary cognitive contents.

Now consider the wide mental event $wm_1(B)$ that accompanies the wide physical event $wp_1('A')$ in one such nearest " $wp_1('A')$ & $m_1(B)$ " world. This

wide mental event involves x 's generally good cognitive conditions, x 's B-ish auxiliary cognitive contents, and the narrow event of x 's thinking that B. We saw earlier that nonreductive functional definitions imply that, necessarily, if $w_{m_1}(A)$ occurs, then $m_2(\neg\neg A)$ occurs. The same would hold mutatis mutandis for most relevant alternatives B to A: necessarily, if $w_{m_1}(B)$ occurs, then $m_2(\neg\neg B)$ occurs. Accordingly, for most relevant alternatives B to A, there will be at least some " $w_{p_1}(A)$ & $m_1(B)$ " worlds in which the necessary laws of primary psychology would send $w_{m_1}(B)$ to the succeeding event $m_2(\neg\neg B)$ rather than $m_2(\neg\neg A)$.³³ The desired result.

Our conclusion, therefore, is that m_1 wins both halves of the screening-off test. Therefore, given that either m_1 or p_1 is the cause of m_2 (or each separately causes m_2 , or they jointly but not separately cause m_2), it follows that m_1 is the cause of m_2 . Because of the modal strength of primary psychology, m_1 trumps p_1 as the cause of m_2 .

4. Transition to Mental-to-Physical Causation

My next main goal is to show how to extend the foregoing ideas to obtain an account of mental-to-physical causation. The purpose of this transitional section is to build a bridge to the eventual full account by developing an account that applies to a certain circumscribed family of cases. I begin with two preliminaries aimed at a general physical characterization of relevant physical correlates of mental events.

The first is a sketch of an account (which I will use for heuristic purposes) of what it is for a being to have a body. Consider a being U who has a rich mental life. And consider a body V that has a functional architecture of the sort contemplated by language-of-thought functionalism. V has a Raw Experience Box, Belief Box, Desire Box, Decision Box, and so forth. Various words and sentences of Mentalese are tokened in these boxes. (For simplicity, I will pretend for a moment that Mentalese is English, and I will often use single quotes where, strictly, corner quotes are needed.) The following input-output conditionals hold for V: if there is damage to V's exterior, 'pain' is tokened in V's Raw Experience Box; if F-ing is a certain kind of macroscopic bodily motion that V can exhibit and there is no external force impeding V from exhibiting F and some token or other of 'Do F' is in V's Decision Box, then V will exhibit F; and so forth. These conditionals (with normal-conditions clauses included) hold with nomological necessity. Finally, suppose U and V are biconditionally related as follows: U experiences E iff some token or other of 'E' is in V's Raw Experience Box; U believes that S iff some token or other of 'S' is in V's Belief Box; U desires that S iff some token or other of 'S' is in V's Desire Box; U decides to do F iff some token or other of 'Do F' is in V's Decision Box; and so forth. And suppose these biconditionals hold with nomological necessity.

If these and kindred conditions were fulfilled, I would be inclined to say that U *has a body* and, in particular, that V is U's body. I find it plausible, moreover,

that U would have a body only if some such conditions were fulfilled. These considerations suggest that the notion of having a body can be explicated along the following lines (for arbitrary agents u and bodies v): u has body v iff u has a suitable array of mental properties and v has such and such organization and u 's mental contents and the Mentalese tokenings in v 's modules match up in so and so nomologically necessary fashion.³⁴ Let us suppose that something along these general lines succeeds. Of course, someone might hold that some of the indicated psychophysical biconditionals (or at least the right-to-left or left-to-right halves of such biconditionals) hold with a necessity stronger than nomological necessity. To accommodate this idea, we need only relax the account, requiring instead that the psychophysical biconditionals hold with a necessity that is *no weaker* than nomological necessity (and maybe stronger). Relaxing the account on this point guarantees that it will be consistent with the neutral stance we are trying to take on the question of supervenience.³⁵

Now for the second preliminary point. Two paragraphs above we were pretending for simplicity that Mentalese is English. When we stop doing this, the analysis would have something like the following form (for arbitrary agents u and bodies v): u has body v iff_{def} there exists a content function c from physical types (which play the role of Mentalese expressions) to propositions such that it is at least nomologically necessary that, for all p , u believes p iff, for some physical type s for which $c(s) = p$, a token of s is in v 's Belief Box; u desires p iff, for some s for which $c(s) = p$, some token or other of s is in v 's Desire Box; and so forth.³⁶ This formulation serves to isolate classes of physical types relevant to the problem of mental causation. For example, in our logic-problem case we know that the student x has body y , so the analysis tells us that there exists a content function c of the indicated sort.³⁷ Let α be the physical types whose tokens in y have content A . Then gp_1 is defined to be the event of an α 's being tokened in y 's Thinking Box. The event gp_2 is defined analogously except that the proposition $\neg\neg A$ takes the place of the proposition A . Hereafter, let us call gp_1 , gp_2 , and other such events *general brain events*.³⁸ Associated with this notion is an important family of (at least) nomologically necessary psychophysical biconditionals: m_1 iff gp_1 ; m_2 iff gp_2 ; and so forth.³⁹ (Hereafter, called "*the psychophysical biconditionals*.")

Now for the first step in our account of mental-to-physical causation. The guiding idea is that the psychophysical biconditionals have a certain special trumping power. At the outset, I stated the highly plausible principle that the extent of (nonmagical, e.g., nontelekinetic) mental-to-physical causation in a given world is a function of two quantities: (a) the strength of laws governing relevant mental-to-mental transitions in that world and (b) the strength of relevant psychophysical correlations in that world. In the previous section we saw that the former are as strong as can be: they are governed by *necessary* primary psychological laws thus ensuring extensive mental-to-mental causation. Given this, the extent of mental-to-physical causation is a function of just the strength of relevant psychophysical correlations. For example, if the

psychophysical biconditionals were also to hold necessarily, extensive mental-to-physical causation would likewise be ensured.⁴⁰ But very few people would accept that the psychophysical biconditionals hold necessarily, at least when the situation is properly appreciated.⁴¹ In any event, the main point is that the psychophysical biconditionals are very strong—so strong that they are a hallmark of the actual world and a large sphere of worlds surrounding it, a hallmark sufficiently rudimentary to underwrite mental-to-physical causation. Nearly every party to the contemporary debate over mental causation is already committed to this idea, as we will see.

Of course, virtually no one, and surely no contemporary advocate of supervenience, believes that a mere neurological event in isolation from the larger brain to which it belongs is metaphysically sufficient for *x* to think that *A*. The neurological event must be situated in a brain, and not just any brain but one that is operating in accordance with relevant physical laws. Absent such laws, the brain would be “dead.” Therefore, they need a weaker supervenience principle. One such principle is Kim’s “strong supervenience” (which is the principle Yablo invokes in his account of mental causation, if only for sake of illustration). But many materialists find this principle too strong, and accept a weaker Horgan-Lewis style supervenience principle, which will easily suffice for our account.⁴²

Call a world *nonalien* iff every natural property instantiated in it is instantiated in some nomologically possible world.⁴³ Call two worlds *complete physical duplicates* iff they are alike in all physical respects, both qualitatively and numerically (that is, they are alike in the concrete physical particulars existing in them, in the distribution of physical qualities and relations instantiated in them, and in the physical laws holding in them). And call two worlds *complete duplicates simpliciter* iff they are alike in *all* aspects, both qualitatively and numerically (that is, they are alike in the concrete particulars existing in them, in the distribution of qualities and relations instantiated in them, and in the laws holding in them). Now consider the following rather strong supervenience principle (which virtually all contemporary materialists accept):

Among nonalien worlds, any two that are complete physical duplicates are complete duplicates simpliciter.⁴⁴

This principle tells us that in each nonalien world the physical facts (the concrete physical facts together with the physical laws of that world) fix all the facts.⁴⁵

Although this supervenience principle ensures extensive nonmagical mental-to-physical causation (see (i) and (ii) below), it entails a still weaker supervenience principle strong enough to ensure the same thing, as I will now explain.⁴⁶ Notice that every physically possible world is a complete physical duplicate of some nomologically possible world.⁴⁷ Since every nomologically possible world is by definition nonalien, it follows that every nonalien physically possible world is a complete physical duplicate of some nonalien nomologically possible world. Therefore, the above supervenience principle implies that every physically possible

nonalien world is a complete duplicate of a nomologically possible nonalien world. Thus, every physically possible nonalien world is nomologically possible. In other words,

In all nonalien worlds, if the physical laws hold, so do all other laws, including the psychophysical biconditionals.

Let us call this principle *nonalien metaphysical supervenience*. As before, virtually all contemporary materialists would accept this principle.⁴⁸

As I indicated, this principle supports an account of mental-to-physical causation. I will go through the usual two steps.

Part (i). For all relevant alternatives ‘B’ to ‘A’, is it the case that in all nearest worlds in which $wm_1(A)$ occurs and $gp_1('B')$ occurs instead of $gp_1('A')$, the physical event $gp_2('¬¬A')$ still occurs? Yes, if (as is extremely plausible) these nearest test worlds are nonalien. Choose an arbitrary such world. Since $wm_1(A)$ occurs and $gp_1('B')$ occurs instead of $gp_1('A')$ in this world, there would have to be a large number of violations of the psychophysical biconditionals at t_1 —specifically, $m_1(A)$ iff $gp_1('A')$ and $m_1(B)$ iff $gp_1('B')$ and also a host of psychophysical biconditionals dealing with x 's cognitive conditions and auxiliary cognitive contents. But the principle of nonalien metaphysical supervenience tells us that these biconditionals would have to hold at t_1 if the physical laws hold at t_1 . Therefore, by contraposition, it follows that the physical laws do not hold at t_1 . In other words, there would have to be a “miraculous” break (as David Lewis would call it), not just in the psychophysical biconditionals, but also in the physical laws.⁴⁹ This break in the physical laws would be only momentary, however; they would snap right back into effect at t_2 . Otherwise, the test world would have gratuitous miraculous breaks in its determinative structure, namely, the physical laws, contradicting the hypothesis that this test world is a *nearest* test world. Given that the physical laws snap right back into place at t_2 : nonalien metaphysical supervenience implies that psychophysical biconditionals also snap right back into place at t_2 . In particular, $m_2(¬¬A)$ iff $gp_2('¬¬A')$ would hold at t_2 . But, by the reasoning of §3, the occurrence of $wm_1(A)$ at t_1 necessitates the occurrence of $m_2(¬¬A)$ at t_2 . It follows, therefore, that $gp_2('¬¬A')$ also occurs at t_2 . The desired result.

Part (ii). For most relevant alternatives B to A, is it the case that, in all nearest worlds in which $wgp_1('A')$ occurs and $m_1(B)$ occurs instead of $m_1(A)$, the physical event $gp_2('¬¬A')$ still occurs? No, if (as is extremely plausible) these nearest test worlds are nonalien. Amongst the nearest test worlds, there are at least some worlds like those described in part (ii) of §3. That is, amongst the nearest test worlds, there are at least some worlds in which x 's cognitive conditions are still good and x 's auxiliary cognitive contents are B-ish in character (rather than A-ish in character). For such test worlds, the reasoning of §3 shows that the occurrence of $wm_1(B)$ at t_1 necessitates the occurrence at t_2 of $m_2(¬¬B)$ in place of $m_2(¬¬A)$. Now, just as in part (i), a large number of psychophysical

biconditionals are violated at t_1 in the indicated test worlds. But since such worlds are nonalien, the reasoning of part (i) shows that there are miraculous momentary breaks in the physical laws at t_1 but they snap right back into effect at t_2 . Consequently, by nonalien metaphysical supervenience, the psychophysical biconditionals would also snap right back into place at t_2 . In particular, $m_2(\neg\neg B)$ iff $gp_2(\neg\neg B')$ would hold at t_2 . But, as we saw, $m_2(\neg\neg B)$ occurs in place of $m_2(\neg\neg A)$ at t_2 . Therefore, $gp_2(\neg\neg B')$ occurs in place of $gp_2(\neg\neg A')$ at t_2 . Once again, the desired result. Thus, parts (i) and (ii) show that $m_1(A)$ is the cause of $gp_2(\neg\neg A')$.

The above account of mental causation would also go through using a *much* weaker supervenience principle. Consider the supervenience conditional: if the physical laws hold, then all the laws hold (including the psychophysical biconditionals). Call a world *nominally supervenient* iff this conditional holds in it. Nonalien metaphysical supervenience tells us that *every* nonalien world is nominally supervenient whereas all that is needed for the above account is the following very weak principle:

The closest nonalien test worlds are nominally supervenient.

This weaker supervenience principle tells us that, even if there are nonalien worlds (and perhaps even nonalien test worlds) that fail to be nominally supervenient, the *closest* nonalien test worlds are all nominally supervenient. This principle—call it *nonalien nomic supervenience*—is something that nearly *all* parties to the contemporary debate would be willing to accept, including a great many who would identify themselves as anti-materialists. When this principle is used in place of nonalien metaphysical supervenience, the resulting account goes through just as before, thus establishing that the added strength of metaphysical supervenience is superfluous.

Of course, since nonalien nomic supervenience is so much weaker than nonalien metaphysical supervenience, it is not surprising that there should be equally effective supervenience principles of intermediate strength. For example:

Amongst nonalien worlds that duplicate, or very closely resemble, the actual world prior to a time t but depart from the actual world in one or more events that occur at t , those worlds that are nearest to the actual world are nominally supervenient.⁵⁰

Since our account goes through using a variety of plausible supervenience principles that are far weaker than nonalien metaphysical supervenience, our account is (as we hoped) neutral on the question of metaphysical supervenience.

Summing up, in the competition between $m_1(A)$ and $gp_1(A')$, $m_1(A)$ prevails as the cause of $gp_2(A')$. In addition, analogous reasoning shows that $gp_1(A')$ prevails over $p_1(A')$ as the cause of $gp_2(A')$.⁵¹ Therefore, by transitivity, $m_1(A)$ prevails over $p_1(A')$ as the cause of $gp_2(A')$. From the outset, however, we agreed

that $p_1(A')$, $gp_1(A')$, and $m_1(A)$ are (from their temporal distance t_1) the only reasonable competitors for being the cause of $gp_2(A')$. Therefore, since $m_1(A)$ prevails over both $p_1(A')$ and $gp_1(A')$, it follows that $m_1(A)$ is *the* cause of the physical event $gp_2(A')$. Thus, we have an account of one form of mental-to-physical causation. My next task is to show how this form of mental-to-physical causation provides the basis for an account of more familiar forms of mental-to-physical causation (e.g., ringing doorbells, talking, writing, etc.).

Before proceeding, let us note how the combination of the laws of primary psychology and the psychophysical biconditionals add up to the special trumping power alluded to earlier. Consider once again how a human being differs from an epiphenomenal system. The difference is the product of two factors: first, necessary laws of primary psychology create an autonomous pressure for mental-to-mental transitions to occur; second, nonalien nomic supervenience (or nonalien metaphysical supervenience) ensures that in all closest nonalien test worlds the psychophysical biconditionals—and so, in particular, their mental-to-physical halves—snap right back into place immediately after momentary degradations. When we “compose” these two “arrows”—the mental-to-mental arrow (wm_1 -to- m_2) and the mental-to-physical arrow (m_2 -to- gp_2)—the product is a mental-to-physical “arrow” (wm_1 -to- gp_2) that is “stronger” than the competing physical-to-physical arrow (wgp_1 -to- gp_2); that is, we get a mental-to-physical (diagonal) arrow that can trump the physical-to-physical (horizontal) arrow.

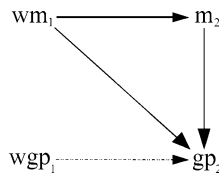


Figure 1.

The mental-to-physical arrow trumps the physical-to-physical arrow because of the absolute strength of the mental-to-mental arrow and because nonalien nomic supervenience (or nonalien metaphysical supervenience) ensures that the psychophysical biconditionals—and, in particular, the ensuing mental and physical events—will be in sync. By contrast, in a superficially similar epiphenomenal system (e.g., a machine with a biconditionally connected monitoring device), there simply are no basic laws (corresponding to laws of primary psychology) that connect the successive states of the monitoring device. As a result, the “arrow” from earlier states of the monitoring device to ensuing states of the machine lacks such trumping power; on the contrary, the “arrow” from the machine’s earlier states to its ensuing states has the trumping power. Similarly, in a system consisting of two duplicate computers wired together and operating in parallel (i.e., biconditionally), the basic physical laws governing successive states of one computer are (we may assume) the same as those governing successive

states of the other. Consequently, there is no possibility of trumping one way or the other.⁵²

5. Mental-to-Physical Causation: Physical Behavior and Intentional Action

In our dialectical context, we are supposing a tripartite distinction between a mental event, the associated general brain event, and the specific brain event of which the general brain event is a determinable. For example, we have been supposing that there are distinctions between the mental event of x 's thinking that A and, correlated with this mental event, the specific neurological event and associated general brain event. Analogous distinctions of course hold in the case of decision. Take, for example, a case in which x decides to press the doorbell button. In this case we have the events of x 's deciding to press the doorbell button, the corresponding *general* brain event correlated with x 's decision, and the *specific* neurological event of which the general brain event is a determinable. Adapting our earlier notation, let us hereafter refer to these three events as m_2 , gp_2 , and p_2 , respectively. Of course, these three events are preceded by a similar triplet of events associated with x 's antecedent (derived) desire to press the doorbell. Let these three events be m_1 , gp_1 , and p_1 .

Now suppose I (intentionally) press the button. This event is of course distinct from the event of the finger's displacing the button by moving along exactly *this* path. Let this latter kinetic event be k . Of course, my pressing the button does not require k ; the finger need only have some appropriate pure motion or other. Let gk be this general kinetic event—the finger's exhibiting one or another pure motion of the relevant sort. Now my intentionally pressing the button differs from gk (and k) in so far as the former event involves an intentional factor, namely, my concurrent intending, or my concurrent trying, to press it.⁵³ Call this concurrent intending (concurrent trying) m_3 . Since my pressing the button involves both factors (the general kinetic event and the concurrent intending) as essential constituents, it is what we may call a *hybrid* event. This hybrid event is an *intentional action*.⁵⁴ Call it a_1 .

Thus, we have four effects to consider: the specific kinetic event (k), the general kinetic event (gk), the concurrent intending (m_3), and the hybrid (intentional-*cum*-kinetic) event (a_1). Our goal is to explain how in a world like ours the decision to press the doorbell (m_2) can be the cause of the general kinetic event (gk) and intentional action (a_1). The account will be guided by an analogy (developed in the next five paragraphs) involving a system in which the pattern of causes mirrors that which we find in genuine mental causation. (Although of heuristic value, the analogy is not essential to the account itself.)

At the close of the previous section, we considered a system consisting of two duplicate computers wired together and operating in parallel (i.e., biconditionally). Our tests show that the pattern of causation in such a system is

one of joint causation. In cases of genuine mental causation, however, a mental event is not a mere joint cause but rather *the* cause of various ensuing events—including events involving physical behavior and intentional action. (At least, this is what we ordinarily say in relevant contexts of evaluation.) There is, however, a different kind of system of computers in which the pattern of causes mirrors that in genuine mental-to-physical causation.

Consider, as before, two computers (let them be A and B) that are wired together so that their internal events (or states) are biconditionally correlated with causal or nomological necessity in the usual way; for example, a_1 and b_1 are so related, as are a_2 and b_2 . Unlike the previous system of computers, however, most of the circuits in B's internal processor have been blown. In spite of this, B is still attached to an external monitor, and it still displays outputs on it, for example, a circle \circ at its center.



Figure 2.

This is why I said only that “most” of B's circuits have been blown: although the circuits relating to B's internal-to-internal transitions have been blown, those relating to its internal-to-external transitions are still intact. We then have the following picture.

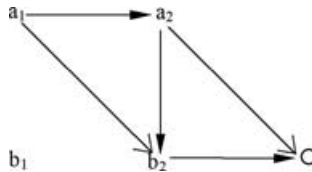


Figure 3.

Arrows represent relations of cause as we intuitively take them to be (solid-headed arrows for proximal causes and open-headed arrows for distal causes). a_1 is the cause of a_2 and of b_2 . Of course, a_1 causes b_2 *via* a_2 . That is, a_1 is the distal cause of b_2 , and this is so because a_1 is the proximal cause of a_2 and a_2 is the proximal cause of b_2 . Finally, b_2 is the proximal cause of the appearance of \circ , and since a_2 is the proximal cause of b_2 , it is the distal cause of \circ .

Next we complicate the example slightly by supposing that we disconnect B from the monitor and connect A to it instead. And we suppose that in this case a dot \bullet appears on the monitor instead of \circ . The resulting causal situation is unchanged except that a_2 is now the proximal cause of \bullet . (Of course, nothing causes \circ because \circ no longer occurs.) With this in mind, consider a situation

in which both A and B are connected to the monitor and in which a bullseye \odot appears at the center of the screen instead of \bullet or \circ alone. The intention is that the appearance of \odot is a hybrid event consisting of two essential constituents: an appearance of \circ and an appearance of \bullet . The intuitive causal picture is then as follows (with the double-headed arrow for essential-constituent causation).

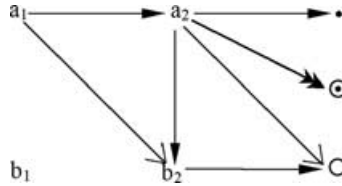


Figure 4.

As before, b_2 is the proximal cause of \circ , and a_2 is its distal cause. And, as before, a_2 is the proximal cause of \bullet . Of course, b_2 does not cause \bullet , either proximally or distally. (b_2 is not a proximal cause of \bullet since a_2 is *the* proximal cause of \bullet . Nor does \bullet have b_2 as a distal cause: since a_2 is the proximal cause of b_2 and not the other way round, b_2 cannot cause \bullet *via* a_2 and thereby qualify as a distal cause of \bullet .) With b_2 ruled out, there is no other relevant cause of \bullet (from temporal distance t_2) besides a_2 . And we have just seen that a_2 is a cause of both \bullet and \circ (the proximal cause of \bullet and the distal cause of \circ). Thus, a_2 is the only event that is a cause of both \bullet and \circ (from temporal distance t_2). At the same time, a_2 is neither a joint nor an overdetermining cause of either \bullet or \circ . That is, a_2 does not (together with some other event) either jointly cause or causally overdetermine either \bullet or \circ . (On the one hand, a_2 is neither a joint nor overdetermining cause of \bullet because it is the proximal cause of \bullet , and neither b_2 nor any other relevant event is a cause of \bullet , proximally or distally. On the other hand, a_2 is neither a joint nor overdetermining cause of \circ : a_2 and b_2 , which are the only relevant candidates, are not in competition because a_2 is the distal cause and b_2 the proximal cause of \circ ; but only if they are in competition can they jointly cause or overdetermine \circ .)

Thus, we have the following: (i) \bullet and \circ are the essential constituents of \odot ; (ii) a_2 is the only event that is a cause of both \bullet and \circ (from temporal distance t_2); (iii) a_2 is neither a joint nor an overdetermining cause of either \bullet or \circ . Given this, we may infer that a_2 is *the* cause of \odot (from temporal distance t_2). Not only is this inference intuitive in its own right (surely the person on the street would say that a_2 is the cause), it is validated by an intuitively compelling general principle: if (i) events e_1 and e_2 are the essential constituents of e_3 and (ii) c is the only event that is a cause of both e_1 and e_2 (from a given temporal distance), and (iii) c is neither a joint nor an overdetermining cause of either e_1 or e_2 , then c is the cause of e_3 .⁵⁵ Let us call causation of this sort *essential-constituent causation* and this principle, *the principle of essential-constituent causation*.

The idea is that the above pattern of causes mirrors the pattern of causes in the cases of mental-to-physical causation with which we are presently concerned. In particular, the relation between our decisions and our subsequent intentional

actions is essential-constituent causation. I will be guided by this idea in what follows.

The first step concerns the proximal/distal distinction as it arises in the setting of physical-to-mental causation. Consider the analogy to sense-perception. Suppose that, prior to forming the derived desire to press the doorbell (m_1), it appeared to x that there was a doorbell there (m_0). And suppose that, given the psychophysical biconditionals, ‘There is a doorbell there’ was tokened in the Appearance Box in x ’s body (gp_0). Both of these events—the appearance (m_0) and the tokening (gp_0)—were caused by there being a doorbell there.

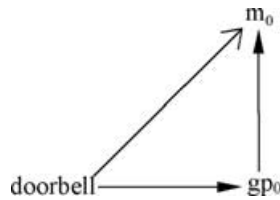


Figure 5.

Of course, the latter event caused the appearance *via* the tokening. In other words, there being a doorbell there was the distal cause of the appearance, and this is so because it was the proximal cause of the tokening and the tokening was the proximal cause of the appearance.⁵⁶ Now what causes x to decide to press the doorbell (m_2) and the associated general brain event (gp_2)? Is it x ’s desire to press the doorbell (m_1), or is it one of the associated physical events (p_1 or gp_1)? The argument from the previous section shows *mutatis mutandis* that, in a competition with p_1 and gp_1 , m_1 prevails as the cause of both m_2 and gp_2 .⁵⁷ (I am again supposing that primary psychology includes a law to the effect that, if wm_1 occurs, so does m_2 .) Since p_1 , gp_1 , and m_1 are the only reasonable competitors for cause of m_2 and gp_2 (from their temporal distance t_1), we may conclude that m_1 is indeed the cause of m_2 and gp_2 . That is, x ’s desire to press the doorbell is the cause of both x ’s decision to press it and the associated tokening of ‘Press it’. But note the parallelism between this case and the sense-perception case: just as there being a doorbell there caused the appearance of the doorbell *via* the tokening, so m_1 causes gp_2 *via* m_2 . That is, m_1 is the distal cause of gp_2 , and this is so because it is the proximal cause of m_2 and m_2 is the proximal cause of gp_2 .⁵⁸

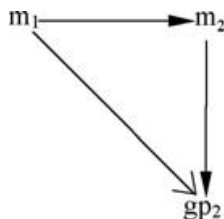


Figure 6.

This is the point I wanted to make. (Of course, we saw the analogous thing in the case of the wired-together computers a moment ago (recall Figure 3): a_1 caused b_2 *via* a_2 . On this score, then, the analogy between mental-to-physical causation and these wired-together computers is intact.)

Now we come to the mental causation of physical behavior. Suppose for a moment that m_2 , gp_2 , and p_2 are in ordinary competition for being the cause of the general doorbell pressing motion (gk). Then, if we apply our standard test, we reach the conclusion that gp_2 is the cause. (Consider m_2 versus gp_2 : wm_2 in absence of gp_2 does not lead to gk , whereas wgp_2 in absence of m_2 does, so gp_2 prevails. Next consider gp_2 versus p_2 : wgp_2 in absence of p_2 leads to gk , but, since wp_2 in absence of gp_2 is not possible— p_2 is a determination of gp_2 —the other half of the test is not applicable. Thus, gp_2 prevails once again.) But are m_2 and gp_2 genuine competitors? No, gp_2 is intuitively the proximal cause of gk (just as in the sense-perception analogy, there being a doorbell there was the proximal cause of the tokening of ‘There is a doorbell there’); and we just saw that m_2 is the proximal cause of gp_2 . Therefore, m_2 is the distal cause of gk (just as, in the sense-perception analogy, there being a doorbell in plain view was the distal cause of its appearing to x that there was a doorbell in plain view). So m_2 and gp_2 are not genuine competitors (unlike, e.g., cigarettes or the asbestos as the cause of the illness; the bullet or the poison as the cause of the death; the major’s shouting or the sergeant’s shouting as the cause of the advancing, etc.). The initial temptation to take them to be genuine competitors was mistaken: the fact is that *each one* causes gk —one distally and the other proximally. We have thus arrived at our first goal: since m_2 is the distal cause of gk , mental causation of this general type of physical behavior is vindicated.

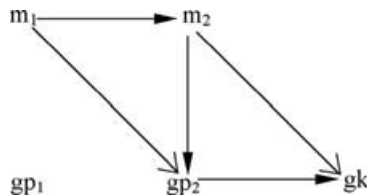


Figure 7.

We come, finally, to the mental causation of intentional action. It is here that the recent wired-together computers analogy and the notion of essential-constituent causation come to bear. To begin with, the reasoning from the previous section adapts *mutatis mutandis* to show that m_2 prevails over gp_2 (and p_2) as the proximal cause of m_3 (i.e., the decision, not the general brain event or the specific brain event, is the cause of the ensuing concurrent intention to be pressing the doorbell). Furthermore, gp_2 is neither a proximal nor a distal cause of m_3 . (gp_2 is not a proximal cause of m_3 since m_2 is *the* proximal cause

of m_3 . Nor is gp_2 a distal cause of m_3 : since m_2 is the proximal cause of gp_2 and not the other way round, gp_2 cannot cause m_3 *via* m_2 and thereby qualify as a distal cause of m_2 .) Put another way, since gp_2 is neither a proximal nor a distal cause of m_3 , it in no way counts as a cause of m_3 . With gp_2 ruled out, there is no other relevant cause of m_3 (from temporal distance t_2) besides m_2 . In fact, not only is m_2 a cause of m_3 , it is also a cause of gk , as we saw in the previous paragraph. Thus, m_2 is the only event that is a cause of both m_3 and gk (from temporal distance t_2). But m_3 and gk are the essential constituents of a_1 . That is, the concurrent intention and the general kinetic event are the essential constituents of the intentional action. At the same time, our reasoning in the wired-together computer case adapts *mutatis mutandis* to show that (since m_2 is the proximal cause of m_3 and gp_2 is in no way a cause of m_3 ; and since m_2 is the distal cause of gk and gp_2 is the proximal cause of gk) m_2 is neither a joint nor an overdetermining cause of either m_3 or gk .

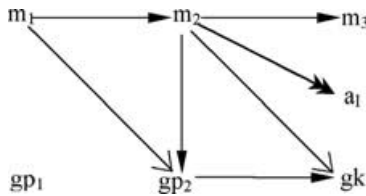


Figure 8.

Hence, we arrive at the following conclusions: (i) m_3 and gk are the essential constituents of a_1 ; (ii) m_2 is the only event that is a cause of both m_3 and gk (from temporal distance t_2); (iii) m_2 is neither a joint nor an overdetermining cause of either m_3 or gk . These conclusions, together with the principle of essential-constituent causation, imply the intuitively correct result that m_2 is the cause of a_1 . That is, the decision is the cause of the intentional action.

6. Reflexive Behavior and Mental Causation

Should we accept every casual comment ordinary people make about mental causation? Surely not. Suppose, for example, that ordinary people commonly say that sensing blue causes one to have a feeling of relaxation. And suppose empirical psychologists confirm that, as a matter of fact, whenever human beings sense blue for a certain length of time, a feeling of relaxation ensues (and that sensations of no other color have this correlation). Let us accept the (seemingly obvious) fact that the sensing-blue/relaxation correlation is not implied by primary psychology; on the contrary, it is implied by basic physical laws plus psychophysical biconditionals. Finally, let us suppose (as we have throughout the paper) that in the actual world all contingent psychological laws are nonbasic laws

whose derivation always depends on basic physical laws. Would ordinary people have been right in saying that sensing blue causes relaxation? Not according to our account. Instead, the account would deem the cause to be the relevant brain event. My intuition is that, given the above suppositions, this is exactly right, and this is so regardless of what ordinary people happen to say. In such a dialectical situation, I can see no rational grounds for denying this conclusion. What we have is just one more collision of prescientific opinion and empirical science. Absent an argument to the contrary, science wins. After all, there was never a reason to think that epiphenomenalist claims were mistaken in every case.

With this in mind, let us consider a few other collisions of this sort. In everyday conversation, people say that feeling an itch causes one to scratch it. Likewise, people say that the feeling of being burned causes one to jerk, and seeing a sudden motion near one's face causes one to flinch. Such examples fall into two natural groups.

(1) Genuine intentional actions. Consider the case of scratching an itch. I am often bothered when I feel an itch. This, together with my standing belief that scratching an itch would temporarily relieve it, frequently causes me to want to scratch it. This in turn causes me to decide to scratch it, and this decision then causes me to scratch it. The earlier account provides a straightforward explanation of this intentional action. The account also explains analogous cases of jerking.

(2) Purely reflexive behavior. Often, however, what occurs is not intentional action but rather mere reflexive behavior. Plausibly, sometimes these are cases of joint causation. This seems so in the case of flinching—if only because the behavior would not count as flinching (vs. mere jerking) unless one had some relevant sort of experience. (In total anesthesia you might jerk, but can you flinch?) But presumably there are cases of mere jerking immediately upon seeing a sudden motion near one's face whose causes are purely physical; likewise, for cases of mere jerking in the immediate aftermath of the feeling of being burned. This, at least, is the verdict our account provides. Just as in the case of the sensing-blue/relaxation case, I find this exactly right.⁵⁹

Notes

1. This formulation of the question is pretty much Stephen Yablo's ("Mental Causation," *Philosophical Review* 101(2) April 1992: 245–80) and Jaegwon Kim's (e.g., "The Mind-Body Problem: Taking Stock after Forty Years," *Philosophical Perspectives* 11, 1997: 185–207). Although I do not think Yablo's account succeeds, his splendid paper played an important role in the development of the present account.
2. When the details of this picture are worked out, mental-to-mental and mental-to-physical causation will be seen to belong to a special, hitherto unnoticed, species of "trumping preemption," wherein the power to trump competing physical causes derives from these two factors. The notion of trumping preemption is Jonathan Schaffer's; see his "Trumping Preemption" (*Journal of Philosophy* 97, 2000: 165–81).
3. Why think that a mental event is ever (correctly deemed to be) *the* cause of anything? First, this is the commonsense view (e.g., of how responsibility is to be meted out), and absent a convincing reason to reject common sense, it is best to preserve it. Second, I know of no convincing reason to reject the commonsense view. The only reason it is in doubt at all is that, thus far, the accounts of mental causation compatible with it have all been problematic. But this is hardly sufficient for rejecting the view; we should just keep looking for such an account unless and until a principled barrier is found. Third, I have a firm intuition that the commonsense view is true of at least some nonmagical worlds (i.e., worlds without telekinesis and the like). But I do not know anything that blocks the actual world from being such a world. If nothing does, uniformity supports the conclusion that the commonsense view is true of the actual world. In fact, we will see that there are intuitively compelling tests for determining whether an event is the cause of an effect and that, in the standard commonsense cases, mental events pass these tests.
4. Stephen Yablo (op. cit.) does not himself give such an argument, but someone might try to use his account for this purpose. Originally, I thought that, by relativizing determination relations to background physical laws or by incorporating them into "megawide" events, one could adapt Yablo's account to satisfy this secondary goal, but I found certain difficulties with this project, which I now believe apply to Yablo's account itself. If this is right, the present account should be of particular interest to advocates of supervenience precisely because it provides them with a way to avoid epiphenomenalism that is compatible with their view (just as Yablo's account promised to do).
5. Paul Boghossian, "Blind Reasoning," *The Aristotelian Society* supplementary volume 77, 2003: 225–48; Timothy Williamson, "Understanding and Inference," *The Aristotelian Society* supplementary volume 77, 2003: 249–93.
6. For "Australian functionalism," see, e.g., David Lewis, "A Defense of the Identity Theory" (*Journal of Philosophy* 63, 1966: 17–25). For "American functionalism," see, e.g., Sydney Shoemaker, "Some Varieties of Functionalism" (*Philosophical Topics* 12, 1981: 83–118).
7. See my "Mental Properties," *Journal of Philosophy* 91, 1994: 185–208.

8. For this argument, see my "Self-Consciousness," *Philosophical Review* 106, 1997: 69–117. The only way for a functional definition to avoid this problem of unwanted content is for the psychological theory upon which the definition is based to be an implicit definition of the standard mental properties—that is, this psychological theory must be sufficiently strong that it is *uniquely* satisfied by the standard mental properties.
9. Sydney Shoemaker, for example, has abandoned reductive functionalism in favor of nonreductive functionalism. The Self-consciousness Argument (*ibid.*) provides one of his reasons. His other reason has to do with mental causation: if reductive functionalism were correct, physical realizer events would supplant mental events as causes of our thoughts and actions. See Shoemaker, "Realization and Mental Causation," in *Physicalism and Its Discontents*, Barry Loewer and Carl Gillette (eds.), Cambridge: Cambridge University Press, 2001.
10. Weak causal closure implies determinism (as it is usually understood).
11. We may think of *c* and *d* as occupying the entire interval up to, but not including, the time at which *e* occurs. Alternatively, we may think of time as quantized and there simply being no intervening events between t_1 and t_2 .
12. By background conditions I mean such things as standard temperature and pressure. This is the ordinary notion, according to which laws themselves (laws of physics, etc.) are not genuine background conditions.
13. Cited by Schaffer, "Trumping Preemption." Some people find the most convincing cases of trumping preemption to be those involving laws of nature rather than conventional laws (e.g., military laws); see Schaffer for examples.
14. That is, suppose, as before, that we have applied various other reliable tests for causes of *e*, and *c* and *d* are the only events that have passed all of them.
15. The phrase 'world(s)' is to be understood in the obvious way. Each $d(\delta')$ determines a class of nearest worlds having the indicated features (i.e., the class of the nearest worlds in which *b* and $c(\chi)$ occur and $d(\delta')$ occurs instead of $d(\delta)$). Condition (i) requires that, for each $d(\delta')$, if the associated class of worlds contains exactly one world, *e* occurs in that world, and if this class contains more than one world, *e* occurs in each of them.
16. As before, each $c(\chi')$ determines a class of nearest worlds having the indicated features (i.e., the class of the nearest worlds in which *b* and $d(\delta)$ occur and $c(\chi')$ occurs instead of $c(\chi)$). Condition (ii) requires that, for most $c(\chi')$, if the associated class of worlds contains exactly one world, *e* does not occur in it, and if this class contains more than one world, *e* does not occur in all of them.
17. This test bears some resemblance to Lewis's revised analysis of causation in "Causation as Influence" (*Journal of Philosophy* 97, 2000: 182–97) but was arrived at independently while grappling with certain difficulties I find in Stephen Yablo's account (see note 4 above).
18. In this version of the major/sergeant case it is understood that the sergeant and major are not coordinating their orders in any way. So understood, this case is a counterexample to Lewis's original counterfactual account of causation: neither the major's shouting nor the sergeant's passes Lewis's test; accordingly, the two shouts are wrongly judged to be joint causes when in fact the major's shout is the sole cause of the advance. There are variants of the example in which their shouting *is* coordinated and which are also counterexamples to Lewis's test. Here are two such variants: (1) the major is strongly disposed to shout some order *iff* the sergeant does (and the sergeant is strongly disposed to shout some order *iff*

the major does); (2) the major is strongly disposed to shout some order *only if* the sergeant does; but the sergeant is not strongly disposed to shout an order only if the major does. In variant (1), each shout passes Lewis's test. Thus, the test yields the mistaken result that the two shouts overdetermine the advance when in fact it is the major's shout alone that causes it. In variant (2), the major's shout fails Lewis's test whereas the sergeant's passes it; thus, the test yields the mistaken result that the sergeant's shout is the cause of the advance when in fact it is once again the major's shout that is the cause.

As I indicated in note 2, mental causation belongs to a novel species of trumping preemption. Since the mental event and its correlated physical event are strongly disposed to occur, mental causation will turn out to belong to the same species of trumping preemption as variant (1). (Lewis's test of course yields the incorrect result that the mental and physical events overdetermine the effect, when in fact the mental event is the cause, or so we will show.)

19. I put it this way because, other things being equal, it is desirable to have an account which is neutral on whether people are actually identical to their bodies or whether they merely *have* them. See Shoemaker "The Mind-Body Problem," in *The Mind-Body Problem*, R. Warner and T. Szubka (eds.), Oxford: Blackwell, 1994; and my "The Mind-Body Problem" (forthcoming).
20. I invoke the framework of language-of-thought functionalism (Mentalese, Belief Boxes, etc.) for heuristic purposes only. In the eventual analysis it may be eliminated in favor of a more neutral formulation, and by relaxing certain details, we can arrive at formulations that mesh with various connectionist architectures as well.
21. For example, b_{m_1} includes the fact that x is aware that he is thinking that A , and this—at least together with information about x 's auxiliary cognitive conditions (intelligence, attentiveness, etc.)—plausibly requires x to be thinking that A .
22. As I observed in note 12, laws (vs. such things as standard temperature and pressure) are not genuine background conditions and so are not constituents of wide events in our sense. (For the same reason, ad hoc dispositional properties that merely code up laws of nature—e.g., the property of being a body such that $f = ma$ —are not constituents of wide events.) Such "megawide events" would trivialize the test by making the target effect an outright *logical consequence* of megawide "causes."
23. And even if it should turn out that the test falls short of this in certain cases, its application to relevant test cases would nonetheless provide an illuminating way to develop the three guiding ideas mentioned at the outset of the paper. In this way, even if the test should fall short, this does not prevent it from providing insight into the nature of mental causation.
24. Either because w_{m_1} occupies the "clopen" interval $[t_1, t_2)$, or because time is quantized.
25. Diachronic background conditions (of which these are an illustration) are common in the special sciences (e.g., psychology, economics, etc.). They are also present in subareas of physics (e.g., classical thermodynamics). And, arguably, they are at least implicit even in fundamental physics. For, given the metaphysical possibility that the entire material world might suddenly cease to exist, a successful diachronic law of fundamental physics must, it seems, implicitly include the

diachronic condition that the material world not cease to exist during the interval with which the law is concerned.

26. I am for now making the additional simplifying assumption that the indicated types of mental-to-mental transition are instances of psychological laws that belong to, or are logical consequences of, this general psychological theory *T*.
27. For instance, the argument goes through if we take $wm_1(A)$ to be a complete “snapshot” of *x*’s mind (*x*’s total mental state), having the narrow mental event m_1 as its focal point. These wide events include, for example, the subject’s cognitive conditions in maximally fine-grained detail (types and levels of intelligence, degree of attentiveness, quality of memory, etc.). Taking wide mental events to be snapshot-events is often helpful heuristically.
28. There might be more than one psychological theory that provides the basis for counterexample-free nonreductive definitions. If so, a candidate definition will count as a genuine definition iff it incorporates some *minimal* set of psychological laws sufficient for making the definition counterexample-free. I hypothesize that every psychological law needed for my account of mental causation is included in at least one such minimal set and, in turn, is necessary.
29. Strictly speaking, nonreductive functional definitions need not be successful; it will be enough that the laws governing the envisaged sort of psychology are intuitively necessary (at least when all the relevant qualifiers are in place—‘*ceteris paribus*’, ‘psychologically normal’, ‘normal cognitive conditions’, ‘ideal cognitive conditions’, and the like). This special intuitive status of various fundamental psychological principles has animated philosophical psychology from Plato and Aristotle, through Descartes, and on to contemporary analytical functionalists.
 Note that one can always construct artificial Cambridge properties, and associated Cambridge events, that necessitate one another (thereby creating the false appearance of their having genuinely lawful necessary relations to one another); in our context we are supposing that clear-cut Cambridge events have already been dispensed with. Primary psychological properties, by contrast, are genuine natural, non-Cambridge properties (likewise, for the associated events and laws). Not only is this intuitively compelling; it is a near corollary of our assumption at the outset that psychological properties are in no way reducible to physical properties. In any case, for dialectical purposes, we need only the weak premise that mental properties are not *clear-cut* Cambridge properties; I take this to be undeniable.
30. Throughout the paper I am assuming the traditional view that physical laws are contingent, not necessary. Although I believe that there are very good arguments for this assumption, I do briefly entertain the idea that physical laws are necessary in note 40.
31. But, as I explain in §4, there is good reason for materialists and nonmaterialists alike to think that m_1 does not supervene on wp_1 and, therefore, that we must consider part (ii) of the test.
32. Similarly, $wm_1(A)$ ’s auxiliary cognitive contents would also include such things as: trying to prove $\neg\neg A$, seeming to remember having just inferred *A* from some prior thoughts, contemplating an inference from *A* to $\neg\neg A$, recognizing the validity of such an inference, etc. These would all have to become B-ish in character as well.

33. Given that the physical event wp_1 is causally sufficient for m_2 in the actual world, one might wonder how in the test world m_2 can fail to occur if wp_1 occurs. The answer, of course, is that the envisaged test world lies beyond the sphere of nomologically possible worlds. My thanks to Jonny Cottrell for raising this question.
34. I have the intuition that it is possible for a being u to have body v even if there were isolated psychophysical divergences—rogue tokenings or rogue thoughts. But it is still the case that *nearly all* these psychophysical biconditionals must hold. (This is important, for the worlds contemplated in the two parts of our test involve rogue tokenings or rogue thoughts at t_1 .) Note, also, that other refinements might be needed to accommodate various *recherché* questions (e.g., whether u can have two bodies or whether u and u' can share a body). See my “The Mind-Body Problem.” Another refinement concerns the substitution of ‘causally necessary’ for ‘nomologically necessary’ throughout. Ultimately, I prefer this formulation (e.g., so that it would not be a contradiction to allow disembodiable beings whose thoughts have physical effects but only when these beings are embodied). When this and the other refinements are adopted, our account would need to be adjusted accordingly but would remain substantially the same.
35. Such an analysis would also provide a kind of explanation of why there should be correlations between our mental and physical properties: the existence of such correlations is an immediate consequence of the fact that we have bodies. One would be free, in turn, to explain this latter fact by positing a law that every being with mental properties has a body (and always the same body). Similarly, one would be free to posit a law that every body suitable for being the body of a being with mental properties is the body of a unique being with mental properties. The resulting picture is one that materialists without metaphysical axes to grind ought to be content with.
36. Analogously, in the case of Mentalese expressions for properties and relations (vs. propositions). Note that I am continuing to use the token-in-a-box idiom for heuristic purposes. Ultimately, it can be bypassed, and the physical types s can simply be physical properties (narrow or wide) of body v .
37. If there is more than one such function, let c be the union of them; that is, c is the maximal such function.
38. As I understand them, various contemporary materialists think that events like gp_1 , gp_2 , etc. promise to play a role in higher-level neuroscience. When Noam Chomsky and John Searle tell us that in psychology and philosophy of mind, our focus should be on biological events at a higher level of abstraction, I think they have in mind something like general brain events.
39. For brevity I will henceforth omit ‘at least’ from the phrase ‘at least nomological necessity’. I am also suppressing issues having to do with externalism of mental content.
40. Here is the argument. Suppose that the psychophysical biconditionals were indeed necessary laws. In that case, they would have to be basic, not derived, laws. (For suppose they were derived laws. Then, given the background assumption of this paper that basic physical laws are contingent not necessary (cf. note 30), the requisite derivation cannot depend upon any basic physical laws; and surely there can be no derivation of these necessary psychophysical laws from basic necessary

psychological laws alone.) Thus, given that the psychophysical laws are both necessary and basic—and given that the laws of primary psychology are also both necessary and basic—both sorts of laws, alone or in tandem, would have the power to trump all basic physical laws (which, by hypothesis, are only contingent). Of course, given the necessity of primary psychology and the hypothesized necessity of the psychophysical biconditionals, there would be various *derived* physical-to-physical laws that are necessary. But in their role of explaining the occurrence of physical effects relevant to mental causation, necessary laws that are basic trump necessary laws that are only derived. So in this role, the envisaged derived physical laws would be trumped by the indicated basic laws of psychology and basic psychophysical laws.

Suppose my background assumption that basic physical laws are contingent is mistaken. In this case, the account of mental causation in the text would need to be revised. There are two directions in which this might go. On the one hand, if the psychophysical biconditionals are indeed contingent (as I am inclined to think), our test would imply that mental events are still causes but that they are merely overdetermining causes (contrary to one of the goals of the account). On the other hand, if psychophysical biconditionals are necessary, our test would be outright inapplicable (contrary to what the account promised). Either way, however, the account of the laws of primary psychology as basic necessities would still stand, and this would assure that many mental events cause—and are, indeed, *the* basic causes of—various mental effects. So traditional epiphenomenalism would fail either way.

41. The considerations in the next paragraph undermine the necessity of the right-to-left direction. And these considerations, in combination with the phenomenon of multiple realizability, undermine the necessity of the left-to-right direction.
42. Terry Horgan, “Supervenience and Microphysics” (*Pacific Philosophical Quarterly* 63, 1982: 29–43); David Lewis, “New Work for a Theory of Universals” (*Australasian Journal of Philosophy* 61, 1983: 343–77); Frank Jackson, *From Metaphysics to Ethics* (Oxford: Oxford University Press, 1998).
43. Every nomologically possible world is by definition nonalien, but not conversely. There are nonalien worlds in which one or more of the laws of nature fail. In other words, nonalien worlds are limited only in what natural properties are instantiated in them, not in what laws hold in them. The point of the notion is to rule out natural properties having to do with things such as ghosts, telekinetic forces, and other such nomological impossibilities (as we may suppose them to be).
44. See Jackson, p. 12 f.
45. By the laws of a world *w*, I will simply mean those statements that are nomologically necessary in *w* (i.e., that hold in all worlds nomologically accessible from *w*). By the physical laws of *w*, I will simply mean those physical statements that are nomologically necessary in *w*. By physically possible relative to *w*, I mean those worlds in which all of *w*’s physical laws hold.
46. To simplify the discussion, I will hereafter focus on the actual world, making the assumption that it is nonmagical (nontelekinetic, etc.). So when I speak of physically possible worlds and nomologically possible worlds, I will mean worlds that are physical and nomologically possible relative to the actual world. The account will generalize to other worlds in which nonmagical causation would be explicable in the same way.

47. Proof: Suppose for reductio that this is not so for some physically possible world w . Then, w 's complete physical description D is true in no nomologically possible world. Hence, not- D is true in every nomologically possible world and so would be a physical law (cf. note 45). But, since w is physically possible, all of the physical laws, now including not- D , would have to be true in w , contradicting the fact that D is true in w . So the reductio hypothesis fails.
48. Given this supervenience principle, the worlds in which the physical laws hold are a proper subset of the worlds in which the psychophysical laws hold. On every other supervenience principle we will consider, the same proper inclusion holds at least for all of the nearest worlds relevant to mental causation. This is what I meant when I said that the psychophysical biconditionals are such a rudimental feature of the world that they underwrite mental causation.
49. What exactly is it for a law to "break"? The answer depends on what a law is. I need not take a stand on this, for as far as I can see the story in the text goes through on any credible answer.
50. This principle suggests a natural generalization: amongst the nonalien worlds, even if there are some that fail to be nomically supervenient, those closest to the actual world are all nomically supervenient. Although this supervenience principle is stronger than that just given in the text, it is still much weaker than nonalien metaphysical supervenience.
51. Note that part (ii) of the test is inapplicable because p_1 entails gp_1 and in that sense is a determination of gp_1 .
52. This framework also provides the tools for explicating whether and why mental-to-physical causation is possible on various traditional views of the mind-body relation such as animism and parallelism.
53. In the primary cases, there must be a concurrent intention (or concurrent trying). Our ensuing remarks need to be adjusted somewhat to handle less primary cases, for example, time-lag cases (e.g., murdering by means of a time-bomb). Note, too, that I will be suppressing subtleties concerning the difference between intending and trying.
54. If, as some people hold, actions are not events, this thesis is mistaken and what follows in the text should instead be taken to be about the events associated with actions rather than the actions themselves (e.g., the event of my pressing the doorbell instead of my action of pressing the doorbell). Though oversimplified, doing this should suffice for our purposes, for an action causes (or at least explains) another action if the associated events are causally related in a parallel fashion. For example, if the event of deciding to press the doorbell causes the event of pressing the doorbell, then the mental act of deciding to press it causes (or explains) the act of pressing it.
55. I think this principle is "objective" in the following sense. It holds in all contexts in which: (a) we are interested in isolating the cause of e_3 if there is one; (b) we have narrowed down the class of competitors to events occurring at a given temporal distance from e_3 , and (c) we have made it clear that the class of competitors is not to be narrowed down by any further pragmatic factors such as salience or our interests.
56. Of course, there being a doorbell there is not the proximal cause of the appearance, for if it had been, we would have a kind of magical causation in our sense: it would require a special power to produce effects in consciousness without going

by way of the body. Now, given that the tokening is the proximal cause of the appearance, we have a (harmless) case of simultaneous causation—one to which everyone who accepts our starting points (weak causal closure, nonreductionism, and fine-grained events) would seem to be committed. Indeed, simultaneous causation is ubiquitous. For example, the lead ball's resting on the cushion at t causes the sofa cushion to have an indentation in it at t . (This example, derived from Kant, is cited by Michael Huemer and Ben Kovitz in "Causation as Simultaneous and Continuous," *Philosophical Quarterly* 53, 2003: 556–65.) In view of such considerations, we should not be concerned about being committed to other instances of simultaneous causation in what follows (e.g., m_2 's being the simultaneous proximal cause of gp_2).

57. Does this create any special problems for free will? No. In the present context we are assuming weak causal closure, which entails determinism. So we have two possibilities: either compatibilism holds and there is free will, or incompatibilism holds and there is no free will. Either way, no additional problem is created by the conclusion that x 's desire causes x 's decision.
58. As we saw in note 56, there being a doorbell in plain view was the distal cause of the appearance that there was a doorbell in plain view, for if it had been the proximal cause, that would have been a kind of magical causation. Analogously, m_1 is the distal, not proximal, cause of gp_2 , for if it were instead the proximal cause, that too would be a kind of magical causation, this time akin to telekinesis.
59. I am especially indebted to Iain Martel, Marc Moffett, and Chad Carmichael for many illuminating discussions crucial to the development of this paper. I am also grateful to Paul Pietroski for his valuable commentary at the 2003 Chapel Hill Colloquium and to John Bengson for his insightful advice on the final manuscript. I appreciate the many helpful comments by audiences at the Chapel Hill Colloquium, the 2001 Metaphysical Mayhem, MIT, NYU, the Universities of Arizona, Florida, Miami, Notre Dame, and Texas. And I thank Elliot Paul for his expert work on the proofs.