

Contributions to Phenomenology 131

Francesca Brencio *Editor*

**Phenomenology, Neuroscience and Clinical Practice**  
Transdisciplinary Experiences

This book offers fundamental insights into three main fields of education and expertise: phenomenology, neuroscience, and clinical practice. The richness and plurality of the contributions aim to overcome the reductionist and dualistic approach to mental health and shed new light on clinical practice. Designed as both an education tool for mental health professionals, and a theoretical investigation for philosophers on the use of phenomenology in clinical practice, this book highlights the need for a new direction on mental health, and more general, on human well-being. This volume aims to fill the gap between philosophers and mental health professionals on an educational level, in a space unique in its open and transdisciplinary approach. It appeals to students and researchers but also very much to professionals and clinicians in the field.

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