Kingfisher's Philosophy of Eating

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*<u>Note:</u> The new story continues the series of <u>Kingfisher's fables</u> [1].

Now, Kingfisher was tired of eating fish every day. One day, he decided to try something new and went on a hunt for frogs. After a few attempts, Kingfisher finally caught a frog and was excited to try it. The problem was, after taking a bite, Kingfisher realized that the taste was not as good as expected. The frog tasted slimy and had a weird texture, an eyesore. Clearly, he was disappointed and decided to go back to eating fish.



But when Kingfisher went back to eating fish, something strange happened. He realized that the fish now tasted like frogs! Kingfisher was confused and didn't know what to do. He tried to catch more fish, but they all tasted the same. So, Kingfisher was worried it would never be able to enjoy fish again.

One day, Kingfisher met Wise Old Owl, who told him the problem was not with the fish but his taste buds. Owl explained that when Kingfisher ate a frog, his taste buds changed the way Kingfisher perceived flavors. Thus, Kingfisher would need to "reset" his taste buds by trying to eat something else.

Following Owl's advice, Kingfisher started catching and eating numerous animals, but none worked. When running out of options, Kingfisher became so desperate. Suddenly, he saw a grasshopper and thought this should be the final try. So he caught and ate the grasshopper.

To his surprise, he felt the change. And later, he learned that his taste buds returned to normal when eating fish again. He suddenly realized that fish's tastes were so great, so delicious.

From that day on, Kingfisher never tried to change his diet again and stuck to eating fish. He learned his lesson the hard way that it's better to stick to the known foods instead of trying new ones because taking risks could end up very disappointing.

Later, when lecturing at a class held by the Bird Village, Kingfisher professed:

– Concerning the Philosophy of Eating, losing appetite can be the most appreciated way to gaining appetite again.

References

[1] Vuong, Q. H. (2022). *The Kingfisher Story Collection*. <u>https://www.amazon.com</u> /<u>dp/BoBG2NNHY6</u>