

# Comparative Analysis of Original Wave & Filtered Wave of EEG signal Used in the Prognostic of Bruxism medical Sleepsyndrome

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**Abstract:** The bruxism is a medical sleep syndrome; it is the remedial span for crushing the tines and gritting the jowl. Human rarely chore their tines and jowl, slightly than crushing their teeth lacking it producing any signals. The symptoms of bruxism are arduousness in the jowl joint, breakable teeth, headache, earache and difficulty in open in mouth etc. The causes of bruxism are snooze sickness, pressure and nervousness. The REM is a rapid eye movement; it's a stages of sleep. The EEG signal are used in the measurement of neuron, the alpha, beta, gamma, theta and delta wave are used in the prognostic of bruxism syndrome. It's used in MATLAB coding by the six steps in prognostic in bruxism.

**Keywords:** Bruxism; EEG signal; REM

## I. INTRODUCTION

Bruxism is the remedial span for crushing the tines and gritting the jowl. Persons occasionally chore their tines lacking it producing any indications. However, even, tenacious tines crushing can origin jowl pain and distress and attire dejected your tines. Bruxism also touches people when they are wakeful, even though this is additional probable to be compressing the tines and jowl, slightly than crushing their tines. Most publics prepare it subconsciously although engaged or when they are in traumatic circumstances. The eighty percent bruxism is found in sleep time i.e. called as bruxism sleep disorder.

### Symptoms of Bruxism

- Arduousness in the jowl joint
- Cracked teeth
- Difficulty in opening your mouth
- Earache
- Headaches
- Makeover muscle pain

- Snooze disturbance
- Tautness in the shoulders

### Causes of Bruxism

- Sleep sickness
- Pressure
- Nervousness

## II. REM

REM is a Rapid Eye Movement, It's a sleep stage. It is a final stage of Sleep stage, the total number of sleep time ninety minute to one hundred twenty minute during the night. In this stage up to twenty percent to twenty five percent in full, sleep time in adult's humans. Rapid Eye Movement is a single stage of mammalian snooze considered by casual movement of the senses, low influence tone during the figure, and the tendency of sleeper toward vision intensely. This stage is also recognized as absurdsnooze and occasionally desynchronized snooze since of bodilyresemblances to awakening states, countingquick, stumpy powerdesynchronized mindsprays. Rapid Eye Movement snooze is interrupted and directly heralded by Ponto Geniculo Occipital sprays, eruptions of electrical movement inventing in the mind twig. These sprays occur in knots nearby every six seconds for one minute to two minutes thru the conversion from profound to absurd snooze.

## III. EEG

EEG is known as electroencephalogram signal, Electroencephalogram paths and archives mind wave designs. Minor metal records with electrodes are

located on the scalp then refer indications to a processor to record the outcomes. Common electrical movement in the mind makes an identifiable design. Complete Electroencephalogram; medics can aspect for irregular designs that indicate commandeering and other difficulties. Some EEG waves are found in the brain mapping-

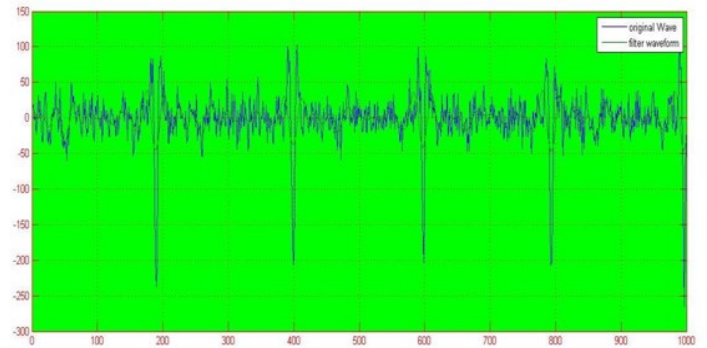
S. No.	Name of EEG Wave	Amplitude ( $\mu\text{V}$ )	Frequency (Hz)
1	Alpha	2 to 10	8 to 13
2	Beta	1 to 5	13 to 22
3	Gamma	10 to 20	22 to 30
4	Delta	20 to 400	0.5 to 4
5	Theta	100 to 500	4 to 8

**Table 1: EEG waves with amplitude & frequency [6]**

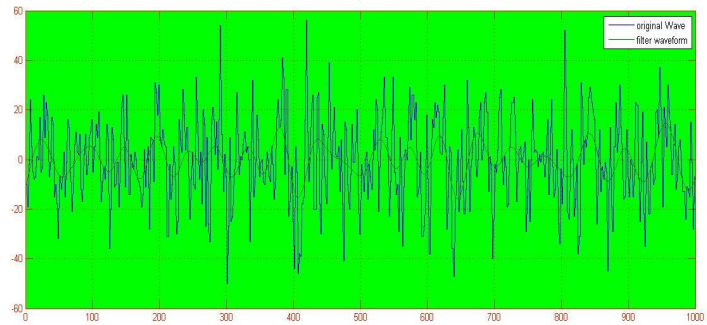
#### IV. RESULT

The prognostic of bruxism medical sleep disorder is done by MATLAB coding; the prognostic of bruxism medical sleep syndrome is done by different step-

- The first one is data of the patient and normal human is downloaded n .mat file and .info file in one-minute time.
- The second one is downloaded data is loaded by MATLAB coding. The output of the loaded data is found to all channels.
- The third one is cut the EMG1-EMG2 channel to all channels of electroencephalogram signals.
- The fourth one is EMG1-EMG2 channel is passed by low pass filter.
- The fifth one is hamming window is apply.
- The sixth one is compare by original wave and filtered wave shown in figure.



**Fig 1: Comparative EEG signal of EMG1-EMG2 channel in Bruxism patient**



**Fig 2: Comparative EEG signal of EMG1-EMG2 channel in Normal human**

The above figure 1 and 2 is clear that the prognostic of bruxism sleep syndrome.

#### CONCLUSION

The Prognostic of sleep bruxism medical syndrome is clear in the fig 1 and 2. The MATLAB coding technique is best in the prognostic of bruxism sleep medical syndrome. On future work, the comparative signal is converted in the digital form.

**Abbreviations-** EEG: Electroencephalogram; EMG: Electromyogram; REM: Rapid Eye Movement.

**Competing interests-** Md Belal Bin Heyat is a researcher and author asserts that they have no competing interests.

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