

A Brilliant Exploration of the Mind and Modern Life
Amazon Book Review Series of “*Meandering Sobriety*”

Henri Hubert

United States, November 30, 2024

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Quan-Hoang Vuong's *Thinking: Food for Thought* is a refreshing and thought-provoking read that takes you on a journey through the intricacies of the human mind. The combination of personal anecdotes, philosophical musings, and scientific insights is masterfully woven into a tapestry of reflection and tranquility. I particularly enjoyed the author's discussion of the paradoxical story of the Sage and the King—it perfectly sets the tone for the rest of the book. If you're looking for a thoughtful escape from the chaos of modern life.



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Screenshot. Review of “*Meandering Sobriety*” by Hubert [1]. Reviewed in the United States on November 30, 2024.

(*) Note: This paper reprints Hubert's review [1] appearing on the Amazon page of the title [2].

References

[1] Hubert, H. (2024, Nov. 30). *A Brilliant Exploration of the Mind and Modern Life*. <https://www.amazon.com/gp/customer-reviews/R380KQSGV2PXXC/>

[2] Vuong, Q. H. (2023). *Meandering Sobriety*. <https://www.amazon.com/dp/B0C2TXNX6L/>