**Reduce, Reuse, Recycle:** Reduce your need to buy new products or use less, resulting in a smaller amount of waste. Even if you need to buy, consider buying [eco-friendly products](http://www.conserve-energy-future.com/25-green-eco-friendly-products.php). It is most effective of the three R’s. It simply says cut back from where are you now.

Reuse bottles, plastic containers, and other items bought at the grocery store. Reusing water bottles, yogurt cups, bread ties, and other items is being conscious about what is already out there. It will lessen having to purchase other items that would fulfill the same function. Try to use the disposable products into some other form. Just don’t throw them away.

Recycling unwanted paper, bottles, etc…is a great earth saving tip. If possible, upcycle tables, furniture, and other outdated items to keep landfills clean. You can recycle almost anything for e.g.: paper, aluminum foils, cans, newspapers. By recycling you can help in reducing landfills .

**Use Less Hot Water:** Buy energy saving geysers and dishwasher for your home. Avoid washing clothes in hot water. Just wash them in cold or warm water. Avoid taking frequent showers and use less hot water. It will [help in saving energy](http://www.conserve-energy-future.com/151-ways-to-save-energy.php) require to produce that energy.  
  
**11. Turn off Electronic Devices:** Turn off electronic devices when you are moving out for a couple of days or more. Unnecessary usage of electronic appliances will not only save fuel i.e. coal by which we get [electricity](http://www.conserve-energy-future.com/41-super-easy-ways-to-lower-your-electricity-bill.php) but also increase the lifetime of your gadgets.  
  
**20. Conserve Water:** This is a tired tip, but ever so important. If we added up the water wasted by the millions of Americans brushing their teeth, we could provide water to more than 23 nations with unclean, drinking water. Remember, it takes energy to draw and filter water from underground.

Taking a quick 5 minute shower will greatly conserve energy. The type of shower head used, will also aid in combating global warming. Take showers instead of baths. Showers use less water than baths by 25%. Over the course of a year that’s hundreds of gallons saved.  
  
**5. Buy Energy-Efficient Appliances:** Always buy products that are [energy efficient](http://www.conserve-energy-future.com/11-ways-to-make-your-home-more-energy-efficient.php) as they can help you save good amount of money on your energy bill. Energy-efficient products can help you to save energy, save money and reduce your carbon footprint.  
  
**35. Spread the Awareness:** Always try your best to educate people about global warming and it’s causes and after affects. Tell them how they can contribute their part by saving energy that will be good for the [environment](http://www.conserve-energy-future.com/environmental-health-and-its-issues.php). Gather opportunities and establish programs that will help you to share information with friends, relatives and neighbors. By being just a little more mindful, we all can play our part in combating global warming. These easy tips will help preserve the planet for future generations. Scientists won’t have to defy the space time continuum to keep life on planet earth from continuing.