The Self-programming Mind

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Abstract

How the mind works is the ultimate mystery for human beings. To answer this question, one of the most significant insights is Kant's argument that we can only perceive the phenomenon but not the essence of the external world. Following this idea, phenomenologists like Husserl advocate suspending the reliance on the existence of objective reality. However, following this idea, they also believe that there is no ground for symbolic intermediate-level representation in the mind since symbols cannot really represent objects in the external world. In this paper, we present another way to understand how the mind works by adopting two assumptions: 1) Symbolic intermediate-level representation is needed. 2) Without assuming the existence of the external objective world. Under these two assumptions, symbols are generated by the persistent coupling of relationships between senses and actions, rather than relying on external objects. In accordance with this insight, we establish a framework to interpret the mind, which we call the self-programming system. We also articulate how this system can naturally generate the concepts of time, space, and consciousness. This self-programming system is the first symbolic and programmatically implementable framework that does not assume the existence of the external world. Thus, it may initiate a new starting point for understanding the mechanism of the mind.

Keywords: philosophy of mind, epistemology, phenomenology, enactivism, consciousness, symbolic computing.

1. Introduction

How the mind works? The first attempt at this question is too early to be traced back. We can even conjecture that, no matter in the West or the East, as long as there was civilization, there have been thinkers who tried to give replies to this question. However, no answer is eligible enough to provide a principle for practical tasks like creating a human-like intelligent agent. Or even worse, the direction toward such a goal is still obscure.

To this question, modern researchers' approaches can be divided into four categories by the answers to the following two questions:

1) Do mental representations consist of mental symbols ?
2) Whether assume the existence of the objective external world?

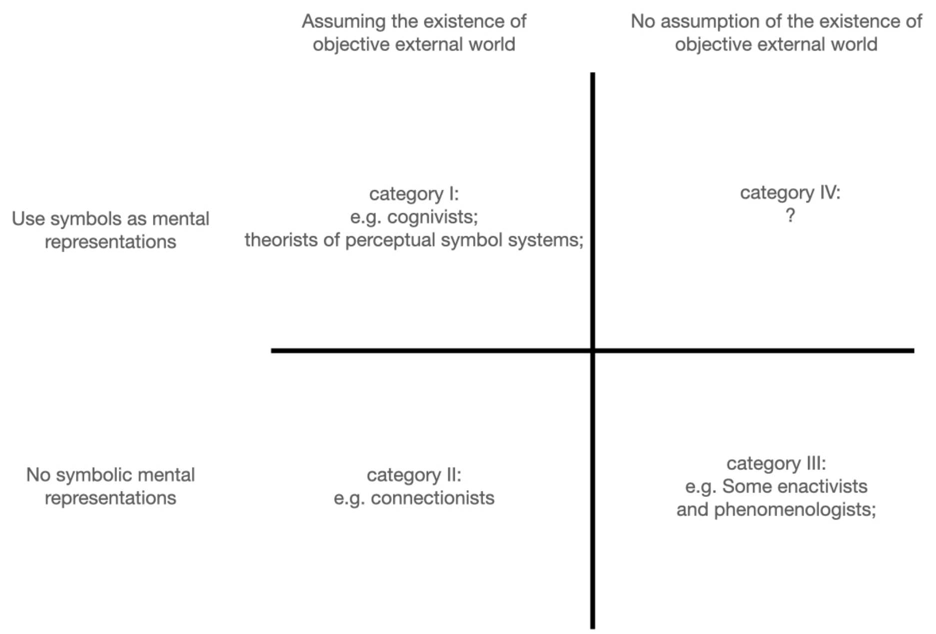

Figure 1

Most researchers advocate for Category I or Category II, but some phenomenologists and enactivists follow the basic tenets of Category III. They believe that the mind is an emergent property that arises from the complex interaction of sensorimotor activities, and therefore, no intermediate-level symbolic representation is necessary. We propose pursuing the proposition of Category IV, which suggests that the mind can be understood as a system that employs symbols to encompass the persistent relationships between senses and actions *without assuming the existence of an external world*.

Since the implication of not assuming the objective external world is unclear, one good way to clarify it is by comparing it with similar ideas in Category I. Here, we choose the perceptual symbol system (Barsalou, 1999), a modal symbol system that also asserts that symbols represent senses and actions.

In the perceptual symbol system, one key argument is that the simulator that represents concept is established by repeatedly observing objects in the same category. This is to say that there has been a pre-assumed objective category. And the concept in the mind is representing it.

In contrast, our approach does not rely on the assumptions of the existence of the external world, but instead rely on the assumption of pre-existing subjective senses and actions. Once persistent relationships between these senses and actions have been identified, symbols representing these relationships will form. Our idea aligns with Husserl's methodological attitude of 'phenomenological epoché,' which involves suspending assumptions about the existence of an external world.

We can see that the difference being discussed here is not just a matter of ideological perspective but also has significant implications for computational models. When symbols are thought to represent objective things, they are established based on observation of those things. However, when symbols represent persistent relationships between senses and actions, their establishment will involve in a complex and self-evolution process that depends on purpose, context, and past experiences. This is the process that we call *self-programming*. The article aims to provide a framework for capturing such a process.

Another key point to note is that we cannot equate the subjective senses with the signals transmitted by sensors. This is not feasible under the assumption of the self-programming system. Equating the senses with sensor signals is akin to assuming the existence of an objective world, and carving out the subjective aspect of senses. The result is that the theory would lose its ability to explain the phenomenal aspect of consciousness. In the setting of the self-programming system, *the senses and actions are regarded as the basic elements of cognition.*

"If we compare traditional solutions and the idea of the self-programming mind from the viewpoint of the problem they address, we can see that they answer two different questions. The former addresses the question of 'What algorithm should an agent have to cognize the external world and work like a human?' The latter, on the other hand, addresses the question of 'What algorithm should an agent have to work like a human, including having concepts of time, space, and consciousness?' Since we are addressing the latter question, it is our responsibility to provide explanations of time, space, and consciousness, which will be presented in sections 3 and 4."

Although Husserl's "phenomenological epoché" is not commonly used as a basis for providing computational accounts of the mind, it is an angle that can fully explain the mind. Therefore, please allow us to explain how the mind works from this perspective. This may require readers to temporarily forget the knowledge and terminology they already know for better understanding, since this knowledge, derived from different ontological settings, may be misleading.

Although most researchers belong to Category I and II, there are also those who support Husserl's phenomenological view of suspending the assumption that the objective world exists. However, both Husserl himself and his followers in cognitive science, who can mainly be classified as enactivists, argue that intermediary symbolic representations are unnecessary.（Gallagher and Zahavi, 2008，Gallagher，2020）As Husserl noted:

> "…, it forgets to ask how the subject is supposed to know that the representations are in fact representations of external objects."(P96. Zahavi, 2007)

Or as Varela, Thompson and Rosch noted:

> "…, symbolic computation might come to be regarded as only a narrow, highly specialized form of cognition."(P103, Varela, Thompson and Rosch, 1991)

These statements pointed out two key reasons why phenomenologists' don't believe symbolic representations play fundamental roles in cognition. The first says that there is no way to confirm a symbol indeed represents an external object that it is supposed to represent. The second says symbolic representation is not of universal benefit to cognition. Therefore, it is unreasonable to assume such a general intermediate-level representation.

As we have previously noted, symbols do not need to refer to the external world. Thus the first reason is not against the idea of the self-programming mind. To the second reason, our analysis of the self-programming system reveals that symbols function to unify the senses and the process of thought into a unique representation. This unification enable the subject to learn not only the external objects, but also her own learning mechanism. With this knowledge, the subject can enhance its procedure of learning. In other words, this unified form of expression endows humans with the ability to improve their own learning abilities through the process of learning.

In this paper, we propose a novel computational framework for understanding how the mind works based on mental symbols and without assuming the existence of the objective world. We will also explore how the concepts of time and space can be derived within this computational framework. Furthermore, we will utilize this framework to shed light on the concept of consciousness and address the hard problem of consciousness.

Since our goal is similar to Barsalou's perceptual symbol systems (1999), which aim to understand cognitive processes from a holistic perspective, the implications of our idea for cognitive research are also similar to those of perceptual symbol systems. However, our self-programming system provides a more detailed computational account, which can benefit research in related fields. Importantly, by adopting Husserl's 'epoché' methodological attitude, our idea offers a new perspective to explore the concept of fundamental properties of the external world, such as time and space. It also allows for addressing problems related to subjective feelings that are typically difficult to approach with computational models, such as the phenomenological aspect of consciousness. This perspective might enable the reinterpretation of many philosophical and cognitive issues, including the problem of induction.

Moreover, the self-programming system can address the unsolved symbol grounding problem, that is, how symbols acquire meaning, as proposed by Harnad (1999, also see Li and Mao, 2022). According to the idea of the self-programming system, if "meaning" refers to the representation of the external world, then this is a misguided question. Humans cannot acquire meaning in this sense. If "meaning" refers to the relationship between sense and action, then the self-programming system provides the solution.

2. The Primary Ideas of the Self-programming System

In this section, we will articulate how the self-programming system works. Specifically, we will divide the following content into three parts:

1) Define the components of this framework.
2) Explain the runtime procedure of the self-programming system.
3) Introduce its learning mechanism.

2.1 Basic operations and Basic senses

We first introduce the basic elements composed of Basic Operations (BOs) and Basic Senses (BSs). In the general-purpose computer, basic elements are predefined symbols in the computer's language, like logical operations, mathematical operations, numbers, identifiers, etc. But in our framework, basic elements have completely different meanings.

Specifically, both BOs and BSs refer to certain signals can be send and receive by peripherals. These peripherals can refer to a certain part of the body, or they can refer to a module in the brain, such as a module that generates emotions.

So what are the BOs and BSs that peripherals provide? Generally speaking, since the functions of each peripheral are different, the BOs and BSs provided by each peripheral are also different. For the eyes, a BO can be rotation, positioning, focusing, and so on. A BS of the eye can be certain color blocks or a specific shape. For limbs, a BO can be some kind of rotation or movement. A BE can be moving to a certain angle or some tactile signal and so on.

There are three points in this setting need to be emphasized. First, both BOs and BSs can be viewed as symbols. These symbols accompany by a look-up table to indicate signals from the most basic neural network, like shape detection, edge detection, etc. The advantage of this setting is that the form of the schemas organizing these basic symbols is independent of the specific existence of the components of the brain and body that provide these symbols. Thus, it enables functions from various sensations can be expressed uniformly. In this sense, the self-programming system indeed establishes a schema composed of symbols that can depict relationships between all sensations.

Second, applications of this schema don't need knowledge about the lookup table. One may doubt this conclusion by arguing: if you don't interpret the internal representations by virtue of the lookup table, how can you know the true phenomenon happened in the objective world? In fact, the reason for this question is that it is presupposed to seek objective truth from the perspective of a third party. But, in fact, the mind does not need such conversion, because phenomena and the relationships between these phenomena already have been expressed internally. Thus the mind can carry out various thinking activities directly through internal expressions, such as planning, judgment, etc. In this case, objective reality is not a necessary factor for the functioning of the mind. This feature further implies the robustness of the self-programming system against the disturbance of the look-up table, since changes in the look-up table will lead to corresponding modifications of the schema.

Such independence is also applicable to time and space. This means all these relationships are only based on basic elements from senses and actions. No objective time and space context are presumed in this system. This view is different from the current mainstream building of schema. Specifically, the mainstream representations of schemas are relying on the form of the existence of these components. For example, body schemas are encoded in 3D space (Morasso et al., 2015; Macaluso & Maravita, 2010).

Third, a basic element does not necessarily correspond to a unique stimulus. A particular stimulus may correspond to a set of them. For example, one BS may represent a circular area that appears on the retina, while another BS represents the size of the area on the retina. Neither of these two symbols, respectively, can identify any unique retinal stimulus. But the combination of them can correspond to this stimulus.

2.2 Storage Object, Property, Operation and the Storage system

In the next, we will first define four fundamental concepts and then make further analysis on this basis:

Storage object: The intuition of the storage object is the unit to store the relationships between senses and actions. Technically, it is composed of a set of properties.

Property: Properties need to play two roles. The first is to determine whether a bunch of stimuli from the external or internal is enough to locate an existing storage object that contains these properties. The second is that, once a particular storage object is located, these properties in this storage object can predict the outcomes of placing certain operations on the origins of the stimulus that triggered this storage object. Technically, a property is composed of

1) Storage objects or BSs;

2) Operations or BOs that connect these units in 1).

In this sense, properties are both the locators and the instructional manual of an object.

Operations: a sequence of other operations or BOs that can be executed under specific conditions; these specific conditions refer to properties that the storage object associates with this operation must have.

Storage system: It consists of two parts, one is a collection of all storage objects, and the other is some specific operations that can retrieve and compare information stored in this storage system.

At first glance, the above definition seems to have a circular definition problem. However, if we think in terms of construction, the above definition is logically clear. The reason is that these definitions can be built up step by step starting from basic elements. Specifically, the combination of BOs and BSs is sufficient to construct a sequence of operations and their results. Thereby, properties are constructed. And multiple properties actually form a set of conditions, which can be combined with a sequence of other BOs to form a new operation. In other words, the conditions of an operation are actually constructed gradually in order, that is, the properties constructed first become the conditions under which the new operation can be created. The same method can also be used to construct storage objects, that is, starting from a storage object only containing a single property, and gradually defining more complex storage objects. (See Figure 2)

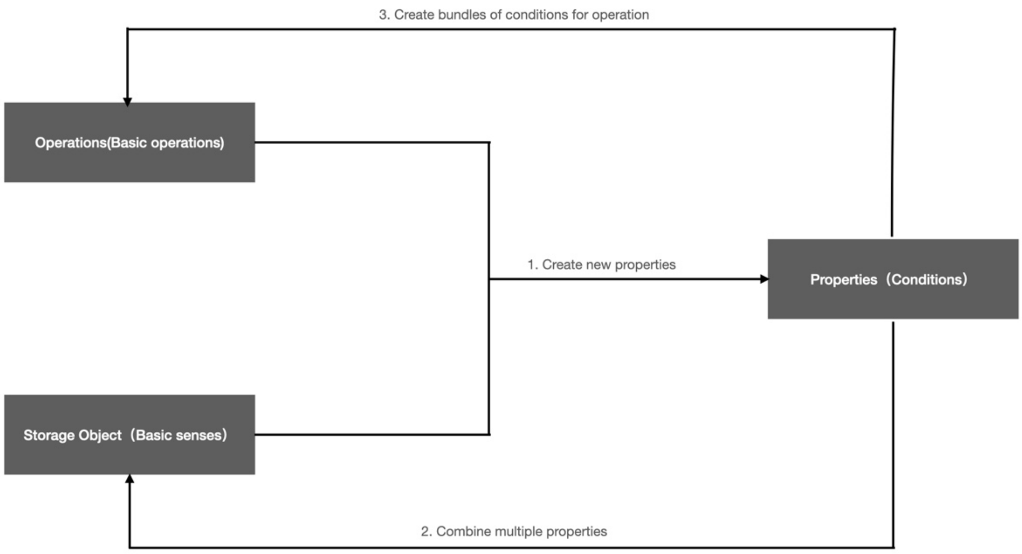

Figure 2 The relationship between operations, properties and storage object

2.3 The runtime of the self-programming system

Based on the static structure of the storage system, we can now turn to the dynamics of the self-programming system. The running of a self-programming system can be summed up in one sentence: *it is a mapping from a runtime state to an operation.* We have already talked about the definition of operation, but what is the runtime state?

The runtime state is a space that can be divided into two parts, the explicit state and the implicit state. The explicit state can contain a set of active storage objects and their relations with each other that express what is currently perceived through observation, perception, feeling, thinking, etc. For example, if someone saw a plate on the table with an apple in it, his/her explicit state will include these storage objects that represent the apple, the plate, and the table, and the network that represents the positional relationship between these three. In this case, the explicit state represented the observed state of the external world. It could also represent the current internal state, for example, the current mood or the feeling, like hunger. At the same time, in the explicit state, there is also a goal. For example, when you are hungry, the goal can be to find a way to eliminate hunger.

Then what is the implicit state? Simply speaking, the implicit state is the relationship between storage objects in the explicit state and all other storage objects in the storage system. For example, let's say the current explicit state is that there is an apple on the table as described above, and the goal is to eliminate hunger. Then the implicit state may be: all storage objects that represent apples in the storage system can eliminate hunger by "eating it" (state 1); it could also be: there are some storage objects that represent apples indicate that apples can eliminate hunger, but others indicated not, such as existing a storage object representing a toy apple. (state 2).

The procedure of runtime is described in Figure 3. At first, the explicit state will be compared with the storage system. This will generate relationships between the storage objects in the explicit state and that in the storage system. These relationships will be sent to the implicit state.

Then, the implicit state will trigger some particular implicit operation. This implicit operation is for finding appropriate operations, which we call explicit operations. And the implicit operation will also determine how to use these explicit operations, such as direct execution or sending to the explicit state, etc.

For example, if the implicit operation corresponding to the implicit state happens to find that there is only one explicit operation that can achieve the goal in the explicit state (as in the case of state 1 in the previous example). Then the implicit operation can choose to run this explicit operation directly.

What if the implicit operation find not a single appropriate explicit operation? In some situations, there may exist multiple ways to achieve the goal? For example, if you want to calculate 324x99, you can directly use the general multiplication method, but you can also use 324x100-324 to calculate; Similarly, there may not exist any known operations in the storage system that can achieve the goal, for example, the goals like how a light-speed spacecraft can be built. There may also exist some way that can only achieve the goal with uncertainty, such as state 2 in the previous example.

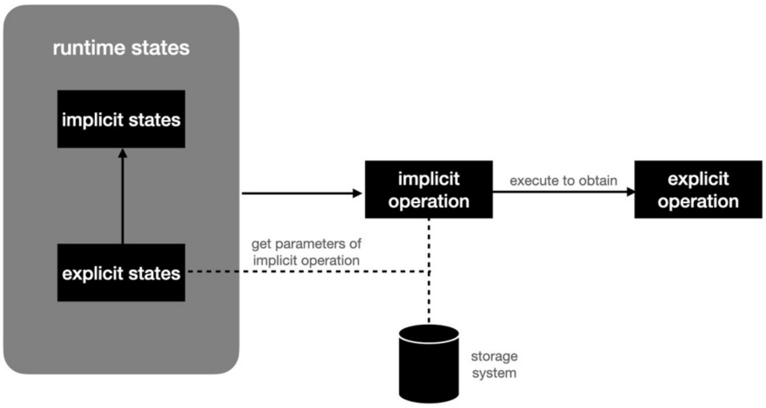

Figure 3 The procedure of runtime

In each of the above situations, there are further subdivisions. For example, in the case of State 2 mentioned above, the implicit operation may choose the explicit operation based on whether there are properties that can be easily collected and helpful for making further decisions. If such a property exists it can execute the explicit operation that can collect this property at first. Corresponding to State 2 of the previous case, it is possible to touch the apple first and decide whether to eat it.

In some cases, the state of the explicit operations discovered by the implicit operation can also be put into the explicit state for further calculations of what should be done. For example, if no possible solution is found, some attempts may be made by using the functions provided by other peripherals, such as a search that allows combining two operations together.

In cases where there are multiple explicit operations, it is also possible to put all these explicit operations into an explicit state to determine which one is more appropriate.

To sum up, the runtime of a self-programming system provides a function that maps to the execution of specific operations based on conditions and goals. This function is obtained by comparing the current runtime state with the information in the storage system. Therefore, *the whole process of locating and executing a specific operation from the runtime state can be regarded as a Basic operation (BO) provided by the storage system. Since an operation in a storage system is a composition of Basic operations, this means that the operation that invokes the runtime can actually also be a possible component of the operation that compose properties.* This allows some properties of storage objects may describing how to use the storage system. This recursive structure is the most important feature of the self-programming system.

If we analogy this point to computer programming, the storage system is equivalent to providing a dynamic mapping from function names to function implementations. This dynamic mapping allows the self-programming system can set abstract goals. Then, collecting detailed information and making subtle decisions in the processing of abstract goals.

This top-down approach is consistent with how humans accomplish specific tasks. Imaging how we make a travel plan, we may first decide on the destination city and the primary way of transportation. Then, collect the prices of hotels, taxis, and others for further decisions.

Through the study of the self-programming system, we can discover some important properties. First, a self-programming system is by no means a combination of multiple domain-specified systems. The reason is that the key to realizing a self-programming system is the relationship between the storage system and external observations, and how to operate the data in the storage system under these relationships. This is a completely abstract domain that is independent of any specific domain. No matter what domain a problem belongs to, it ultimately lies in how to manipulate the data in the storage system. This means that, for any information, as long as it can be stored, it can be processed in the same way.

On the other hand, we can see that when the runtime state triggers an operation, the operation could consist of a sequence of sub-operations that may trigger new mappings. This is a process similar to fractal problems in complex science. Therefore, solving one part of a problem is no easier than the whole problem. In other words, without a proper understanding of the storage system, even trying to solve some seemingly simple problems will lead to clueless.

2.4 Learning mechanism

As can be seen from the previous analysis, if the mapping of runtime states to implicit operations and the information in the storage system are given, the run of the self-programming system will be determined. In other words, how the self-programming system works depends on the information in the storage system and the implicit mapping. There is a naturally following question that is how the storage objects and implicit mapping are established? Or what is the learning mechanism behind them?

The problem is both simple and complex. The simple part is that if the mind keeps perceiving some procedures composed of certain phenomena and operations repeating, it can distinguish these relevant phenomena and operations against irrelevant factors to form a property. Since the properties are the content of the storage object, creating properties is equivalent to creating new storage objects.

However, an answer like this can only capture a basic functional explanation of the learning mechanism. The more important question is what decides the action of perceiving since it is the one that indeed decides what storage objects to be formed. Unfortunately, facing this question, we can only answer part of it. The other part cannot be summed up by the nature of the self-programming system.

In the self-programming system, the application of any function has two different levels, namely the spontaneous level and the purposeful level. This rule is also applicable to the learning mechanism. Its spontaneous level refers to the fact that this learning mechanism is automatically triggered during the operation of the system. The role of the learning mechanism at this spontaneous level is relatively simple and can be described. It works on at least the following three aspects.

First, the most immediate aspect is to work with explicit state at runtime. Specifically, if a certain storage object happens to be triggered at some point, its properties are loaded into the explicit state. At this time, if the same result that generated by an operation happened repeatedly, then a new property that contains the new operation and the result will be created. And this new property combines with the properties from the original object to generate a new storage object.

Second, since the runtime state not only has explicit state and explicit operations, but also has corresponding the implicit state and implicit operations, the learning mechanism works should also work on the implicit aspect. That is, building mappings from the implicit state to appropriate implicit operations. Taking the previous calculation 324x99= as an example, the implicit state is that there are multiple ways to calculate this result, and the implicit operation is to list this method into the explicit state and consider it further.

The third aspect is specializing the implicit mappings. We introduce this aspect by an example. Assume there is a problem, and both operations A and B known in the system can solve it. We know that in this case both operations A and B shall be put into the explicit state to be evaluated by a more general implicit operation. Here, we further assume that the result of the evaluation is that Operation A executes faster so Operation A is always called in more urgent situations; Operation B has a higher success rate, thus it is always called in situations with spare time. Then if these operations are called repeatedly, two new implicit mappings will be created: Calls Operation A under emergency situation. Call Operation B when there is spare time. In this way, the process of loading the implicit state into the explicit state is avoided by forming a specialized mapping, thereby reducing the computational cost.

After talking about spontaneous learning, let's turn to purposely learning. As we said before, if certain states, operations, and results occur repeatedly, then a new storage object will be generated. This newly created storage object expresses a specific function by its properties. The learning mechanism can still be viewed as a function, thus it can also be expressed by a storage object which is created by the repeat of the spontaneous learning process. The result is that a storage object that expresses the learning mechanism will exist in the storage system.

Once the above storage object is created, the self-programming system can use the learning mechanism to create new storage objects purposefully like other peripherals. In this case, the question of when to apply the learning mechanism becomes a non-summerizable question, since its application conditions are completely determined by the self-programming system itself. As we said earlier, the problem of self-programming is a fractal problem. So in this sense, summarizing it is equivalent to resummarizing the whole self-programming system.

3. The concepts of Time and Space

In traditional views, time and space are regarded as the inherent properties of the objective physical world. The concepts of time and space in the mind are merely expressions of these inherent properties.

For instance, some scholars may argue that certain systems in the biological organisms of mammals, such as those that generate Circadian rhythms, are capable of corresponding well with objective time and these systems should be regarded as the primary source of the concept of time. Similarly, with regard to the concept of space, due to the existence of well-functioning systems in the nervous system, such as the grid system, that can accurately measure objective space, these systems are considered the primary source of the concept of space.

The fundamental belief of this idea is that the degree of a system's measurement of the objective time and space determines whether the system should be considered a source of the concepts of time and space. However, if we reason based on this idea, we will encounter problems. For instance, imagine if there were another, better way of measuring objective time and space, such as implanting a mechanical clock or a GPS-like system into the body, would the source of temporal and spatial concepts undergo a fundamental change? Alternatively, we could also ask, to what degree must a system's measurement be close to objective time and space to be considered a source of the concepts of time and space?

In the self-programming system, as there is no assumption of the objective time and space, new interpretations of the concepts of time and space will be provided. Specifically, we will answer what the couplings between sense and action that give rise to the concepts of time and space are.

3.1 Time

Under the assumption of the self-programming mind, finding a substitute for objective time is easy. In fact, the concept of time is composed of *all* sequences of senses and actions that can be measured by the common sense definition of time. It should be noted that the term "the common sense definition of time" does not imply the existence of objective time. The establishment of the time concept follows a reverse procedure. Specifically, once the self-programming system detects that certain sequences of senses and actions will occur simultaneously under specific circumstances, it forms a concept. This concept happens to be called time.

The advantage of this formation is that any sequence related to the concept of time can be used as a timer. Loosely speaking, the self-programming system will choose the suitable one based on different circumstances. These sequences could be generated from some internal timer in the brain, the count of heartbeats, or even watching a clock's tick. Some of them are used to mark a long period but only require low precision, and others are used to indicate a much shorter time but need high precision. This is because some timers will be severely affected by other factors, like emotion, while others can resist these affections of time. All in all, the self-programming system will choose the best timer for different purposes and environments.

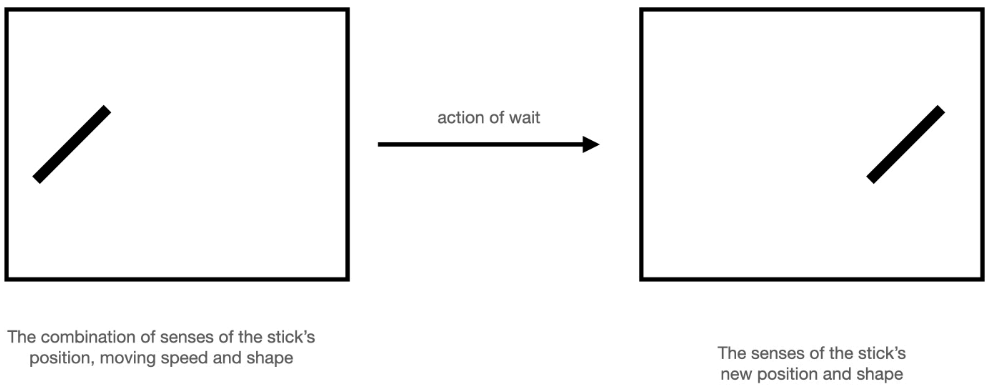

Figure 4

3.2 Space

Although the origin of the concept of space is absolutely different from that of time, by following the principle of coupling senses, we can also naturally speculate that the concept of space is a representation of the coupling of senses under transformation, such as translation or rotation. （see figure 4）

However, more importantly, space may also represent a linear relationship between the high-level comparison of senses. To see this, let's imagine a robot that is designed based on the principle of the self-programming mind. One day, it records what a particular tree looks like at 100 meters distance. (This distance can be described with the language of subjective senses. Specifically, it could be moving with a fixed effort with a sense of time, e.g. this effort is equivalent to the objective velocity of 1 meter per second; this sense of time is equivalent to the 100 seconds of objective time.) And it also recorded what this tree was like at a distance of 50 meters. If the perceptions of this tree at different distances have no relation, the robot cannot predict what it will look like at other distances, like 20 meters or 60 meters. But if the robot can find out that these two perceptions only differed in size. Then it can figure out there are linear relationships between the size and the distance.

The procedure of building such linear relationships can naturally be captured in the self-programming system. This is because these comparisons of sizes and distances are just the relation between two senses. Thus they will manifest in the implicit state. This further implies the implicit operation can calculate what the sense of the tree will be like at other distances.

Following the idea of the self-programming mind that a symbol represents the relationship between senses and actions, space is the symbol that represents both the coupling of senses from transformation and visual linear couplings, like the linear relationship between sizes and distances.

4. Consciousness

What is the nature of consciousness? This question, like how the mind works, has haunted all intellectuals since ancient history. In this section, we will first answer this question by employing the self-programming system, then solve the well-known hard problem of consciousness by showing why we cannot figure out subjective feelings from an objective perspective.

4.1 The Nature of Consciousness

Why does consciousness so hard to be interpreted? The reason is still rooted in the common misunderstanding of symbols since consciousness is also a symbol in the mind.[1] In fact, if we treat external objects as the basis of cognition, no consensus can be reached on this problem. Researchers' argument can be divided into the following four categories.

The first category holds the view that there is no subjective conscious experience (Rey, 1986; Dennett, 1991). However, this view is inconsistent with our experience.

The second class of view is that there exists conscious experience and it can be explained objectively. (Churchland, 1986; Crick, 1994; Koch, 2004; Hurley, 1998; Noë, 2005, 2009). The main problem with such a view is that they fail to explain that we seem capable of producing a mechanism with the same function but without consciousness.

Research in the third category acknowledges that conscious experience exists and it is not scientifically explainable. However, they believe such inexplicability is not so significant. We only need to focus on how to connect consciousness experience to physical stimuli (Block, 2002; Block and Stalnaker, 1999; Hill, 1997; Loar, 1997, 1999; Papineau, 1993, 2002; Perry, 2001). The biggest weakness of this interpretation is why the consciousness is as unusual as inexplicable.

The fourth category is dualism, that is, the world has both physical and consciousness. So it is not surprising that consciousness cannot be explained physically. This view can be traced back to Descartes. But this view is generally not accepted because it is divergent from the current scientific paradigm (Collins, 2011). Another alternative view is that although there are both physical and phenomenal objects, phenomenal experience does not have an impact on the physical world (Campbell, 1970; Jackson, 1982; Robinson, 2004). The natural question of this viewpoint is why there is such a non-necessary phenomenal experience.

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[1] Some scholars may argue that consciousness is not a symbol, but a process. However, the statement that consciousness is a process has no practical implication because any events of the body, whether conscious or unconscious, can be considered as a process. To regard it as a symbol implies that it consists of persistent couplings of senses and actions. Specifically, in the self-programming system, the sequence of triggered storage objects (composed of senses and actions) in the explicit state will be recorded. And this recorded sequence can be sequentially traced by an internal action. Since such trace action leads to a fixed sequence of triggered storage objects. Thus it is a persistent coupling of the senses of the triggered storage objects and the action of tracing. Thus it constitutes a symbol.

However, if we transfer our standing point from objective-existence-based cognition to sensorimotor-based cognition, the nature of consciousness can be understood clearly. Next, let's analyze it from this perspective.

As we noted at the beginning of this article, symbols represent the relationships between sensorimotor. Then when we introduce how the self-programming system works, we regard these operations in the thinking process as the same as the bodies' operations. Consciousness is undoubtedly a symbol. Thus it must a representation of relationships between these Basic operations and Basic senses. The problem is just what these operations and elements exactly are.

Here, we adopt a usual definition of consciousness, which is the ability of a subject can experience objects. Since we have assumed any symbol represents couplings of senses and actions and symbols are the origins of objects, the ability to experience objects is just experiencing a bundle of senses. Since senses are by definition something for experiencing. Thus experiencing objects is not a special ability. What really distinguishes "the conscious" and "the unconscious" is whether the subject knows these senses have been triggered. In other words, the distinction is whether these triggered senses have been recorded for retrospection in the future. This will lead to the question -- what bundle of senses will be recorded?

Our answer is all storage objects have been put into the explicit state will be recorded. This conclusion can be validate both functionally and empirically.

From the functional perspective, the intention of putting a storage object into the explicit state space is to explore its relationships with other storage objects in the storage system. And using these relationships to locate and run a particular implicit operation. Such operations usually need to be placed on the storage object that triggered this implicit operation. This means that if the storage object in the explicit state is not recorded, this particular implicit operation cannot locate the target storage object. This will lead to the failure of these operations.

From the empirical evidence, various existing neuroscience-based theories about the functionality of consciousness are consistent with our ideas. (Seth and Bayne, 2022) Among these theories, Global Workspace Theory (GWT) is the most influential. It regards consciousness as a global space for information interaction. (Baars, 1988, 1997, 2002; Dehaene & Changeux, 2011; Mashour, Roelfsema, Changeux & Dehaene, 2020) The information in it will be broadcast to various subsystems, thus these subsystems can be combined to determine the optimal behavior globally.

Another influential theory is the higher-order theory (HOT). The core idea of these theories is that if some information is conscious, then it must be the information for meta-representation. (Brown, Lau, & LeDoux, 2019; Rosenthal, 2005) The meta-representation here refers to a description that is not a direct description of the world but a higher-level description that goes beyond objective facts. For example, "yesterday, the vase was broken and seriously affected my mood." In this case, the broken vase is a description of the objective world, and the whole sentence is a meta-representation beyond the objective.

In the self-programming system, storage objects in the explicit state space are for comparison with other storage objects for abstracting relationships. Such relationships are exactly meta-information. Thus our conclusion is consistent with the idea of HOTs.

And, since the storage system possesses all knowledge that the subject knows, an operation triggered by the comparison with the current environment and the storage system has already been considered in the global scope. This point is also consistent with GWTs.

In summary, we conclude that the nature of consciousness is just the action of putting storage objects into the explicit state space.

4.2 The hard problem of consciousness

Based on our previous conclusion of the nature of consciousness, we can now discuss the well-known "hard problem of consciousness". (Chamlers, 1996; Nagel, 1974; Levine, 1983, 1993, 2001) It asks why there seem to exist objectively inexplicable feelings of consciousness. We will see that this is just a matter of course based on the idea of the self-programming mind.

Let’s begin with defining several required concepts:

1) What is objective?
2) What is explanation?

To define “objective”, we need to define “self” first. In fact, we already discussed in the learning mechanism section that the reason a storage object is formed is to pack the properties of the object being perceived. Thus a storage object expresses the observed object. If the observed object is a body part, then there will be a storage object representing the body part; if the observed object is an external being, then there will be a storage object expressing the external being. So what if the object being observed is the self-programming system itself? Then the storage object formed will express all the content that appears continuously in the explicit state. Since we already know the content of the explicit state is actually a result of both implicit manipulation and external stimuli based on the body. Therefore, this storage object can represent a subject's whole experience of the mind. Thus, it expresses the subjective self.

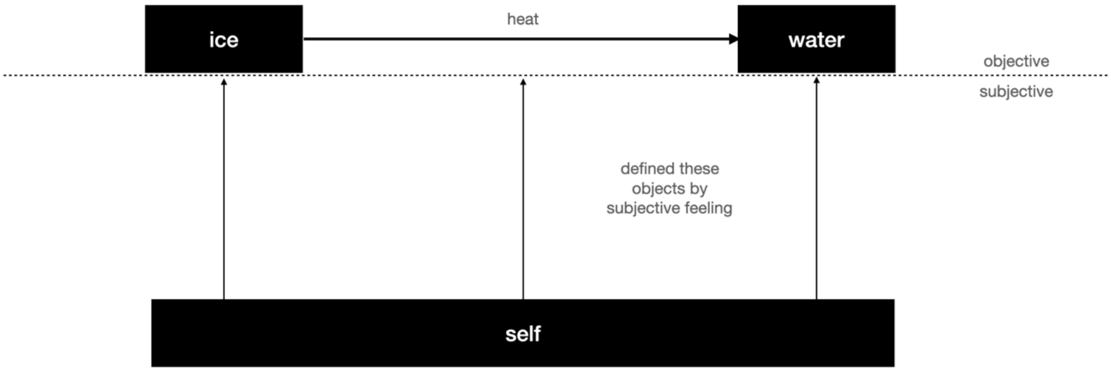

Figure 5: Take the melting of ice as an example. In this example, the objective process only includes the heat of ice, then result in water. However, ice, water, and the process of heat are defined based on the feelings of the "self", whereas the "self" does not belong to the objective world.

Combining this conclusion, we have already known that both the representations of the external world and the self are storage objects in the storage system. And they are connected by properties with each other. Since we also know the commonsense of "objective" is something irrelevant to the subject, we can naturally infer "objective" represent the remaining part after all the properties connected to the self are removed.(See figure 5)

Then, let's look at the nature of interpretation. The so-called interpretation is actually that some observed properties can be deduced from other properties. These properties that are used to deduce are called basic laws. Because the objective representation of the world is what remains after removing properties associated with the self. Therefore, the basic laws of the so-called objective interpretation must be properties in the part that has no property related to the storage object of self.

However, we also know that the self is the collection of all subjective experiences. Therefore, any basic laws that can explain subjective experience necessarily require the inclusion of the subjective experience of the basic elements of the cognitive system which must be related to the self, so they cannot be contained in the basic laws of the objective part. This means that objective laws cannot be used to explain subjective experience. So, from the perspective of the self-programming mind, the inexplicability of consciousness by objective analysis is the inevitable result of the nature of consciousness.

5. Empirical evidence

The proposition of self-programming systems is essentially a framework for how thought can be computed. If researchers hope to provide compelling direct evidence to demonstrate its correctness, they must delve into the entire workings of the brain based on an understanding of the meanings represented by various neural structures. Clearly, such forms of verification are still far from being attainable given current technology and understanding of the brain. Even if we were to settle for less and only verify some key hypotheses of the theory, such as whether a structure representing the overall characteristics of the storage system can be found in the brain, this still requires a deeper understanding of how concepts are represented in the brain. However, even this is currently beyond our technological capabilities.

Although direct evidence cannot be provided, there is no shortage of indirect evidence, some of which even comes directly from our lived experience. Firstly, part of the basic settings of self-programming systems bears resemblance to certain theories, such as the perceptual symbol system, which holds that symbols are used to represent senses. Therefore, empirical evidence supporting the perceptual symbol system in this aspect may also support the self-programming system. For example, a recent study on the neural representations of concepts (Fernandino et al., 2022) provides evidence in support of both the perceptual symbol system and the self-programming system.

The most significant difference between the perceptual symbol system and the self-programming system - how concepts are formed - is actually supported by more direct evidence. In fact, we do not even need to conduct experiments; starting from our own personal experiences, we can observe that learning new concepts is influenced by our prior knowledge of other concepts, and the more similar a new concept is to ones we already know, the easier it is for us to grasp. This observation is inconsistent with the notion that concept formation is simply the result of repeated observation. Instead, as the self-programming system posits, learning different concepts involves different processes. Once these processes are established, learning similar concepts becomes easier.

In fact, the phenomenon of learning that makes future learning easier has long been noticed in artificial intelligence research. It is considered a human ability that is not yet present in current AI systems, and this ability is referred to as "self-improving" or "learn to learn". (Hall, 2007; Schmidhuber, 2003)

6. Future work to be done

In addition to the work on empirical validation discussed in the previous section, the computational framework of the self-programming mind actually provides a novel perspective of understanding cognition. Therefore, some new conclusions may be drawn out by applying this theory to various domains of cognition, such as attention, working memory, long-term memory, language, problem-solving and etc.

On the other hand, there is also a great deal of work that needs to be done on the self-programming system itself. As a system for automatically organizing existing senses and actions, the self-programming system takes senses and actions as presets. However, it remains unclear what specific senses and actions are included. Some senses and actions are explicit, such as those derived from the body, but there are also implicit senses and actions present in the brain that are not obvious. Although these implicit senses and actions are likely already being used spontaneously by humans, we do not possess the ability to directly traverse all of them. Therefore, exploring and validating these basic elements is an important task for refining the self-programming system.

Furthermore, since the self-programming system is self-accumulating, there must be an innate built-in boot program in the mind. Exploring and validating this program is also an important task in researching the self-programming mind.

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