

The Risk in the Educational Strategy of Seneca

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To his pupil Nero and to Lucilius (friend and, as metonymy, representative of the entire mankind), Seneca testifies to his pedagogic vocation. With conviction he applies himself to demonstrate the perfect correspondence between the Stoic doctrine and the educational strategy that he proposes. Firstly, the reciprocity of the relationship between educator and pupil appears fundamental; both further their individual knowledge. Secondly, the limitations of an ethical precept that is not anchored in the intensity and concreteness of human life becomes clearly apparent. Furthermore, it brings to question the weakness of a world vision not inspired by an innovative and original path. The starting point is therefore a rigorous examination of conscience to ultimately reach the revolutionary experience of risk in the moment of the last decision. In the name of truth the wise man must have the courage to embrace fate in order to really understand who he is (in a process of *oikeiosis* both as experience and as target), and he must instil in his pupils the courage to take risks along their own independent journey. In so doing, self-scrutiny and politics can become intertwined. It is herein that the educator's risk and responsibilities lie.

Thanks to the intercession of Agrippina, the new wife of the emperor Claudius¹, Seneca had the opportunity to return from Corsican exile.

To Seneca, Agrippina committed the education of his son, the young Nero, so he could learn the overall basis of eloquence, which was considered a necessary art in order to manage power. This opened to the philosopher a double opportunity: first to test directly the value of the pedagogic proposal developed according to the Stoic doctrine, and secondly, to implement the precept according to which the political

¹ Agrippina (the Younger) was the sister of Caligula and of Julia Livilla. The latter, daughter of Germanicus and wife of proconsul M. Vinicius, incurred in Messalina's jealousy, the uncle's first wife, the emperor Claudius. Accused of adultery she was exiled and eventually sentenced to death (cf. C. Dio 59, 22; 60, 8, 4-5; 60, 31; Sen., *Apocol.* 10, 4; Svet., *Claud.* 29). Seneca found himself involved in the matter, it is not clear if as lover or as accomplice of Julia Livilla; for this reason he was sentenced to exile, in Corsica, from which he returned in 49. Cf. Griffin (1976), pp. 59-60; Abel (1985), p. 670.

commitment is peculiar to wise men. In the first half of the Vth century AD Joannes Stobaeus, one of the main sources for the reconstruction of Ancient Stoicism, summarizes:

τὸ πολιτεύεσθαι τὸν σόφον καὶ μάλιστ' ἐν ταῖς τοιαύταις πολιτείαις ταῖς ἐμφαινούσαις τινὰ προκοπὴν πρὸς τὰς τελείας πολιτείας· καὶ τὸ νομοθετεῖν δὲ καὶ τὸ παιδεύειν ἀνθρώπους.

«The sage must go into politics, especially in those States that demonstrate progress toward perfect government forms: he must also legislate and educate men». (Stob. 2.7, 11b, 10=14 = SVF 3. 611)

In full maturity Seneca finds himself undertaking a great task; the transfer of the most general theoretical assumptions of Stoicism. This inherently involved verification of the presumption that the ethic-social theory of Stoicism was not a pure logical elaboration, but implied a coherent development in the theory of political action (τὸ πολιτεύεσθαι and τὸ νομοθετεῖν) and of didactic/pedagogic action (τὸ παιδεύειν).

It is not clear that what Stobaeus summarizes above matches the results achieved in the Ancient Stoa. However, it is clear that in Rome with Seneca we find exemplar affirmation. The Ancient Stoa, in fact, mostly concentrated on the study of human nature and questioned whether man's rationality can exist in harmony with the rationality of the universe². This research resulted in the creation of fundamental elements such as the ὄρμη (the impulse, the appetite), the πάθος (the passion), the λόγος (the reason), the οἰκείωσις (the attraction, the propensity), the συγκατάθεσις (the assent), the ὁμολογία (the conformity with nature). From this point on, in the Middle Stoa and, in particular, with Panaetius, the urgency of a practical doctrine rose. The focus of third doctrine was the concept of καθήκον (duty). Later, Cicero³ adapts this (and in particular the problem of [duty]) to the roman context, favouring a functional interpretation of social ethics and, at the end, of politics *tout court*.

² To the pages dedicated to human psychology by Pohlenz (1992), I, pp. 111-58, it is necessary to add at least the analysis of Inwood (1985), pp. 18-101, and Long (1996), 134-55.

³ In reality we owe to Cicero the focus of what the Ancient and the Middle Stoa had elaborated in relation to the doctrine of duty. In the *De officiis* in particular, Cicero certainly declines his inquiry in direction of a social application: cf. *De off.* 1, 9. On this see Inwood (2005), pp. 114-19. On Panaetius and on his presumed reinterpretation of the theory of action cf. now Alesse (1994), pp. 74-83.

With Seneca it is ultimately necessary to highlight a new aspect: for the philosopher/preceptor it is not only a matter of testing the doctrine of power in a "passive" dimension, that for which the wise man is the one who knows how to resist to suffering and remain «constant» in the face of adversities, accepting with steady heart whatever fate reserves for him; it is also necessary, to measure the efficacy of the doctrine in the "constructive" phase. This phase occurs in the moments in which the strategies employed and the decisions reached are based in *sapiens* «agreement» with fate: in other words he recognises the line of his development and sets himself to willingly bring it about.

It is an issue of no small importance. In fact it is about educating oneself and progressively refining one's own interior tension in order to overlap the subject's will with the line of tension of all. Thus, in small stages, all the *desires* that feed the individual tension will no longer be irrational, but are brought back to their natural function, in harmony with the balance of Nature. And because (for his nature) man is not himself evil, there should be no particular problems in his education and guidance along the correct course. So when it is read:

Neminem mihi dabis qui sciat quomodo quod vult coeperit velle: non consilio adductus illo sed impetu in tactus est (Ep. 37, 5),

it must be understood that at the origin there is an instinctive tension but *after*, on that it is grafted deliberation, there exists conscious will of deciding this or that, of realizing a certain desire or of banning another.

From this, therefore, the importance of an education that is capable of recovering rationally what a man, at first, non-rationally feels in himself. We must take note of this important notation; and since, as it has already been observed, man belongs to the development of the perfectly balanced natural totality, it happens that the interior impulse (*impetus*) will only originally be positive. In fact, for this reason (that is for this good original nature) man can find within himself the key to defend from evil and to *consciously* and *absolutely* want good:

Quidque facere te potest bonum tecum est. Quid tibi opus est ut sis bonus? Velle.
(*Ep.* 80, 3-4).

That is: Will becomes the method with which rational control is translated into the a-rational forms of desire, the tool that allows to every single human being to become really «wise», which the truth of everything shows itself through, the truth of Fate that deterministically and unavoidably states itself⁴.

Among the teachers that Seneca had in his youth, three are always remembered with high respect and admiration: Sotion of Alexandria (belonging to the School of Sextii), Attalus (Stoic) and Papirius Fabianus (also linked to the school of Sextii)⁵. It is very probable that they have influenced the precise direction of a positive view and «active» Stoicism. On one hand the Pythagoric tradition from which the School of Sextii took inspiration makes central the moment of formation: a real training of the person toward the control of his body and his mind in relation to Nature and the surrounding reality. Starting with this exercise, a severe attention toward one's life condition should be developed and, so, a thoughtful attitude towards human relations.

On the other hand: the real Stoic course, according to which the structure of natural reality, organised on the basis of a logical and physical necessity, in itself should have put man in the right place and in the right disposition to allow him to express his own virtue.

This entails a progressive knowledge of oneself as well as of Nature and its rules.

Seneca, in a passage of *De ira*, shows the importance of the exercise of «reason» in self-control and how decisive the teaching of the School of Sextii⁶ was. Senses can be

⁴ For a more analytic discussion about these points I refer to Inwood (2005a), pp. 132-41, and to Maso (2006), pp. 15-21 and 26-39.

⁵ Cf. Griffin (1976), pp. 36-43; Abel (1985), pp. 661-64. About the school of Sextii cf. Lana (1973), pp. 339-89; in particular, on the aspect as «active» manner of speaking that allows the realization of a «very high ideal», pp. 341-42.

⁶ In *Nat. q.* 7, 32, 2, Seneca quotes the School of Quintus Sestius and of his son Sestius Niger (I c. BC.) reminding its importance and the originality within the roman tradition and feeling sorry

stabilised if the mind is balanced; but the mind will be such a condition and will not anger if it knows that after, it will have to report daily to reason:

Omnes sensus perducendi sunt ad firmitatem; natura patientes sunt, si animus illos desit corrumpere, qui cotidie ad rationem reddendam uocandus est. Faciebat hoc Sextius, ut consummato die, cum se ad nocturnam quietem recepisset, interrogaret animum suum: 'quod hodie malum tuum sanasti? Cui uitio obstitisti? Qua parte melior es?' Desinet ira et moderatior erit quae sciet sibi cotidie ad iudicem esse ueniendum. (De ira 3, 36, 1-2)

Through the frequentation of Sotion and of Papirius Fabianus⁷, Seneca learned and adopted such a precept. He demonstrates its scrupulous application describing the intimacy of a family scene in which he usually acts: it is already evening, the last lamp has been taken from the room and his wife is finally quiet, conscious of the fact that her husband, engrossed in darkness and silence, starts his own examination of conscience. He intends to judge himself going through his own errors; rather than to focus the best or most correct strategy of practice in human relations:

Quicquam ergo pulchrius hac consuetudine excutiendi totum diem? Qualis ille somnus post recognitionem sui sequitur, quam tranquillus, quam altus ac liber, cum aut laudatus est animus aut admonitus et speculator sui censorque secretus cognouit de moribus suis! Vtor hac potestate et cotidie apud me causam dico. Cum sublatum e conspectu lumen est et conticuit uxor moris iam mei conscia, totum diem meum scrutor factaque ac dicta mea remetior; nihil mihi ipse abscondo, nihil transeo. Quare enim quicquam ex erroribus meis timeam, cum possim dicere: 'uide ne istud amplius facias, nunc tibi ignosco. In illa disputatione pugnacius locutus es: noli postea congredi cum imperitis; nolunt discere qui numquam didicerunt. Illum liberius admonuisti quam debebas, itaque non emendasti sed offendisti: de cetero uide, non tantum an uerum sit

for its premature closing: *Sextiorum nova et Romani roboris secta inter initia sua, cum magno impetu coepisset, extincta est.*

⁷ According to Seneca's texts Sotion turns out to have being a trusty interpreter of the teachings of the School of Sextii, attentive in particular to the control of one's own body, to diet, in order to guarantee a correct relation among all the living beings, independently from the soul survival after death; cf. *ep.* 108, 18-21. Papirius Fabianus instead transmitted to Seneca most of all the admiration for the Ancients and for the practical consistency of his Ethics proposal, (*ep.* 100, 1-12), both in educational field (*mores ille, non uerba composuit et animis scripsit ista, non auribus*) and in politic field (*Fabiani Papiri libros qui inscribuntur civilium legisse te cupidissime scribis*).

quod dicis, sed an ille cui dicitur ueri patiens sit: admoneri bonus gaudet, pessimus quisque rectorem asperrime patitur. (De ira 3, 36, 2-4)

Only when the consciousness of being is in balance with the natural unfolding of world events (to which he belongs) can man be quiet and free. There are no debts; the language of law (*ad rationem reddendam vocare, interrogare, ad iudicem venire, excutere, recognitio, speculator, censor, cognoscere, potestas, causam dicere, scrutare, remetiri, error, ignoscere, emendare, offendere*) confirms the register that Seneca has adopted and the line along which he is moving. In the internal conversation with himself – a conversation that must occur daily because it is strictly linked to a training practiced tenaciously – Seneca structures his own personality and defines a method to educate himself. Praise and admonishment are part of the strategy. So, as with the self-precept technique, the real aim is seen only in the background and must be taken back to the perfect *virtus* from which the *sapiens* tends for his nature.

Seneca, in other words, is the living witness of a real and true paradox: he «is» wise (because he has consciously made *virtus* his reason of being) and, at the same time, «he must continue to be» wise. If the condition of Stoic *sapiens* is not, in roman contest, once and for all achieved, but it is such *if and only if* it is continuously witnessed in action; a self-check on internal action and, as necessary consequence, a willing to open toward the exterior. Seneca in fact will continue the day after day (and so every [tomorrow] of his life) to discuss, to educate, to write, to propose the Stoic doctrine as a life strategy. He will transpose his internal experience from its initial form to wisdom. In this prospective he clearly shows himself as an original interpreter of the stoic doctrine of Ethics, perhaps a predecessor of that philosophic-practical [active] thought that will find in Epictetus one of its main⁸ characters.

Certainly in the educational strategy the reciprocal availability and willingness of both teacher and pupil is necessary. This means the recognition of the other and of

⁸ Long (1971), pp. 173-99, misses the centrality of Seneca's position: the scholar, pp. 189-92, finds in Epictetus the first and the main interpreter of this new moral attitude.

the distinct roles that each individual unfolds. Seneca remembers with precision the walks himself and his teacher Attalus took, and the consequent discussions that allowed both to improve and progress along the path of wisdom. Enjoying time with a philosopher always brings some benefit, just as, under the sun, one tans even if he did not want to; or as when one, that stops a little in a perfumery, exits followed by scent:

Haec nobis praecipere Attalum memini, cum scholam eius obsideremus et primi veniremus et novissimi exiremus, ambulantes quoque illum ad aliquas disputationes evocaremus, non tantum paratum discentibus sed obvium. 'Idem' inquit 'et docenti et discenti debet esse propositum, ut ille prodesse velit, hic proficere.' Qui ad philosophum venit cotidie aliquid secum boni ferat: aut sanior domum redeat aut sanabilior. Redibit autem: ea philosophiae vis est ut non studentis sed etiam conversantis iuvet. Qui in solem venit, licet non in hoc venerit, colorabitur; qui in unguentaria taberna resederunt et paullo diutius commorati sunt odorem secum loci ferunt; et qui ad philosophum fuerunt traxerint aliquid necesse est quod prodesset etiam negligentibus. Attende quid dicam: negligentibus, non repugnantibus. (Ep. 108, 3-4)

Did Seneca expect this from Nero? Did he expect to speak with a pupil not hostile to the values of philosophy? Did he expect to experience such a constructive relationship for himself?

Does he expect this from Lucilius?

In effect both Nero and Lucilius are the most important recipients of the project and of the pedagogic action of Seneca. A cultured man, Seneca applies himself both toward his direct pupil and toward humanity at large, personified by his younger friend Lucilius. He imagines being able to admonish and correct the nature of the future emperor through a call to philosophy and also through the exercise of rhetoric and literary art. This broadens the horizon to humanity in its global aspect, he proposes to himself to add to the education, wisdom and virtue of any man that "does not oppose or put up resistance" (*non repugnans*) to philosophy.

In Nero's case Seneca will operate in very delicate conditions. The pupil, when young, will still be perceptive to his calls, the application of an elementary teaching by precepts will appear sufficient. This is the same type of teaching by precepts that

initially Isocrates had used to teach the moves of fight to his disciple, but that his pupil, a little at time, had started to apply by himself⁹. Following this, in the moment of the succession to throne, the necessity to give solid support to an emperor that has the responsibility to act and decide for the good of his people becomes pertinent. At this level teaching by precepts is no longer enough, it necessitates that the practice of philosophical theories acquired and assumed the rule of behaviour. It would be necessary to pass from the *καθήκοντα* to the *κατορθώματα*, the operative indications concerning the direct knowledge of the correct path. But with the young Nero any effort seems useless, it is not enough to warn him from the negative outcome of *anger*¹⁰ or to suggest to him the use of *clemency*¹¹. Neither is the ingenious strategy of proposing to Nero a gloomy representation of reality successful. This reality corresponds to a representation born in the tragedies; many scholars believe in fact that Seneca decided to compose them with a specific moral and pedagogic intent, to display evil in its most dramatic forms in order to avoid its practice. To the exhibition of the human being [destruction] should be able to oppose the [affirmation] of the positive hero. It is instead

⁹ Seneca does not seem to know Isocrates: perhaps he evokes it in *tranq. a.* 7.2, if we accept the correction *ad loc.* of Erasmus; in that passage Seneca is underlining how important is that the teacher fully understands the real aptitudes of the pupil: *considerandum est, utrum natura tua agendis rebus an otioso studio contemplationique aptior sit, et eo inclinandum, quo te vis ingenii feret.* In any case it is important to understand how the greek *paideia* could be influenced inside the Stoic educational project in the roman contest; so promised Isoc., *ad Demon.* 12: «As bodies for the law of nature grow with proper efforts (τοῖς συμμέτροις πόνουσις), so the soul with wise precepts (τοῖς σπουδαίοις λόγοις). Therefore I will try to briefly suggest you through which practices (δι' ὧν □ ἐπιτηδεύματων) you can do huge progress along the way of virtue and enjoy good fame among all other men».

¹⁰ The dialogue *De ira* very probably had already been composed when Seneca had the charge of preceptor of Nero. It so could be dated back to 41 AD, after the death of the emperor Tiberius and before the exile. In any case the name of the recipient, the brother Novatus, indicates that at the time he had not received yet the new patronymic following the adoption (52 AD) by his teacher of rhetoric Junius Gallio. Cf. Giancotti (1957), pp. 98-102; Griffin (1976), pp. 396-98; Abel (1985), p. 705.

¹¹ The *De clementia* (written between December of 55 and December of 56) is directly dedicated to Nero. Cf. in particular Griffin (1976), pp. 407-11, Malaspina (2005), pp. 6-8, and Braund (2009), pp. 16-23. Regarding the underlying moral for which the politic clemency and the clemency of judge must transform in an authentic *prodesse* toward subjects and toward man in general, cf. Bellincioni (1984).

the Stoic *sapiens* the one to imitate¹². So, along with the "exemplar precepts" offered to Nero in the *De clementia*, to which it is necessary to set aside the psychological stimulus represented by the positive hero to imitate, comes together as antithesis the "obsessive" description of evil that can derive from a bad use of power¹³. On one hand the "good prince" on the other the "tyrant".

As we know, Seneca is absolutely conscious of the difficulties of his task; he knows the court environment and the innate problems of translating into practice the moral teachings of Stoicism. He helps Nero in any way possible to realize a civil project useful to the People¹⁴, and facilitates independence from his mother Agrippina. However, in the end, the operation fails and the *amicus principis* has to abandon his role as a tutor, as a teacher and then as counsellor¹⁵.

The situation for Lucilius is completely different. After renouncing the role of *educator* and *counsellor* of the prince, Seneca rediscovers his deepest inspiration, reopening the games addressing humanity through Lucilius. This must be interpreted from *Epistulae*; but the same thing must be done regarding the seven books *De*

¹² Abel writes (1985), pp. 767-68: «Die tragischen Themas Senecas zerfallen in zwei Gruppen; die moralische Selbstbehauptung ist der Vorwurf des "Hercules furens", "Oedipus" und der "Troades"; die moralische Selbstzerstörung ist Leitthema in der "Medea", dem "Agamemnon" und "Thyest". Die "Phaedra" nimmt eine Zwischenstellung ein, indem sie die Heldin zum großgeschauten Sinnbild der Vernichtung und Wiederaufrichtung der sittlichen Würde macht». Dingel (1974), pp. 72-120, defines the world represented in Seneca's tragedy as the place of the authentic *Negation der Philosophie*. Fitch & McElduff (2008), pp. 157-80, return on the "constructive" and training elements of tragedy.

¹³ Viansino (2007), I, in partic. pp. 6-10, insists very effectively on the educational-politic function of tragedy.

¹⁴ For the influence and the success of Seneca and of Afranius Burrus as ministers during the so-called *quinquennium Neronis*, (54-58) I remand to the discussion about the witnesses of Tacitus and of Cassio Dio present in Griffin (1976), pp. 67-128. More generally, cf. Scullard (1970), pp. 315-18.

¹⁵ The failure becomes complete with the suicide which Seneca is obliged to. Tacitus comments, *Ann.* 15, 62-64: *Cui enim ignaram fuisse saevitiam Neronis? Neque aliud superasse post matrem fratremque interfectos, quam ut educatoris praeceptorisque necem adiceret.*

beneficiis dedicated to the friend Aebutius Liberalis and with the majority of *Dialogi*¹⁶. Seneca in an epistle of the first book of the collection addressed to Lucilius declares to retire to a more private life in order to devote himself to posterity (*posterorum negotium ago*). He says to have verified himself carefully through the efficacy of medicines (*in meis ulceribus expertus*) and claims to now be able to indicate, in old age, the correct way to follow (*rectum iter ... aliis monstro*):

In hoc me recondidi et fores clusi, ut prodesse pluribus possem ... Secessi non tantum ab hominibus sed a rebus, et inprimis a meis rebus: posterorum negotium ago. Illis aliqua quae possint prodesse conscribo; salutare admonitiones, velut medicamentorum utilium compositiones, litteris mando, esse illas efficaces in meis ulceribus expertus, quae etiam si persanata non sunt, serpere desierunt. Rectum iter, quod sero cognovi et lassus errando, aliis monstro. (Ep. 8, 1-3)

His own experience is fundamental; to Seneca it is no longer a matter of transposing immediately, that is a direct application of the ethic-social theory of Stoicism; instead he believes that the right moment has arrived for a great leap and imagines himself as counsellor and teacher for future generations¹⁷.

Two *letters* specifically refer to this. The 94 and the 95 both have a particular function; primarily they are very large, totalling 147 paragraphs when combined. With the short *letter* 93 (only 12 paragraphs) acting as an introduction, they compose the

¹⁶ The treatise *De beneficiis* according to the internal clues and to series of indications derivable most of all from the *Epistulae*, has to be set in the period that follows Seneca's retirement from power; mostly in 62/63. Cf. Pr chac (1972), pp. I-XXVII. Griffin agrees (1976), p. 399. The topic faced and the moral proposal connected, cfr. Abel (1985), pp. 734-38, and, overall, Chaumartin (1985), pp. 157-94: the scholar analyzes the relation preceptor/pupil underlining the critical points in the relation between Seneca and Nero. It is interesting to note that the treatise includes in itself aspects and argumentation that concern both to the concrete moral problems of individual and more generally to the social-politic environment, and that in respect of Seneca committing himself to interpret the Stoic theory. On this Inwood (2005b), pp. 65-94. Referring to *Dialogi*, even for them it is necessary to imagine an universal "recipient" beyond the specific friends or relatives which they are occasionally dedicated to: Lucilius, Serenus, Novatus (= Gallio), Marcia, Paulinus, Polybius, Helvia.

¹⁷ Seneca specifies that the task to give advice does not only concern to pedagogue, as thought by the Stoic Aristo of Chios, but all the more to philosopher, that is to wise man: who is he if not the pedagogue of human being? *Nam eum locum qui monitiones continet sustulit et paedagogi esse dixit (Ariston Chius), non philosophi, tamquam quidquam aliud sit sapiens quam generis humani paedagogus, ep. 89, 13.*

book XV of the letters. The *letter* 93 poses a question; what is the right duration in order to define a well-accomplished life? Seneca stresses that everyone inhabits the time they are supposed to (§ 6 *habeo meum*); what is necessary and useful is only the time that is required to reach wisdom (§ 8: *Quaeris quod sit amplissimum vitae spatium? usque ad sapientiam vivere*).

But the real point is this: how can one obtain wisdom in the time that is granted to us? Here we find a real treatise of pedagogy, at the core of which is a technical issue of strategical importance: should the education to wisdom be established on *decreta* or on *praecepta*? What is the correct use of the former and which is the most effective of the latter? Is there an interaction between the two?

Utrum utilis an inutilis sit (scil. scientia praeceptorum), et an solus virum bonum possit efficere, id est utrum supervacuum sit an omnis faciat supervacuos. (Ep. 94, 4)

It is clear that the *decreta*, that Seneca also indicates as *scita* or *placita* (*ep.* 95, 10), correspond to the δόγματα of all theoretical sciences; just like astronomy or geometry, also the *ars contemplativa* (that is the theoretical study of philosophy) has its own principles. They aim to indicate that the general principles¹⁸ applied to action are no doubt *recta et honesta* (*ep.* 94, 32). In reference to this, the action of the wise man can only answer to the authentic ὀρθὸς λόγος, the correct reason, so it a κατόρθωμα is necessary as an action directed to rectitude.

Therefore it is possible to perceive, between the folds of this argumentation, a logical development, on the basis of which we can find the indissoluble relation between *wisdom* and *correct action*. This is the conclusion that, according to Seneca, belongs to the Stoic *Aristo of Chios*. For whom:

¹⁸ Seneca sustains that *decreta philosophiae* are practically a sort of *generalia praecepta* (*ep.* 94, 31). These ones are opposite to *specialia praecepta*. Both «teach»: *utraque res praecipit, sed altera in totum, particulatim altera*. It seems to be a convergence, if not an underlying identity, for which ones without the others cannot be efficient, cf. Bellincioni (1978), pp. 87-116; Ioppolo (2000), pp. 15-18; Schafer (2009), pp. 105-09.

Plurimum ait proficere ipsa decreta philosophiae constitutionemque summi boni; 'quam qui bene intellexit ac didicit quid in quaque re faciendum sit sibi ipse praecipit'. (Ep. 94, 2)

These words are followed by the eloquent example of a javelin; whoever has to throw it, trains himself in moving the arm and aiming towards a series of targets. When the trainee is confident, he will be able to hit not only the series of targets that were used during the training, but any target (*quocumque vult*), without having to be taught the particulars (*non desiderat particulatim admoneri, doctus in totum, ep. 94, 3*).

At first, the position of Aristo appears defensible. However, for Seneca this is not the case. On one hand, between theory and praxis there is a very clear discrepancy¹⁹; on the other, the wise man was not born wise, but he has had to become so progressively. According to this it is necessary that *decreta* and *praecepta* appear and work in unison. Thus it is possible to know one's task, one's duty, as to correct action (κατόρθωμα). But this is not immediately followed by the specification:

Hic quoque doctus quidem est facere quae debet, sed haec non satis perspicit. (Ep. 94, 32)

We must also consider other factors linked to the environmental and social-historical context in which one lives, and importantly, the different stages along the path toward wisdom that everyone walks. Seneca openly speaks about *proficiens* to indicate those who are walking toward wisdom; it is a path that can be so long that could last a lifetime and that can even develop, step by step, in a congenial way according to the different stages of life, from childhood through to old age²⁰. The *proficiens* is someone who is learning how to live for his entire life: *tamdiu discendum est quemadmodum*

¹⁹ Sen., ep. 94, 48: '*Philosophia*' inquit '*dividitur in haec, scientiam et habitum animi; nam qui didicit et facienda ac vitanda percepit nondum sapiens est nisi in ea quae didicit animus eius transfiguratus est.*

²⁰ Ep. 121, 15: *Quomodo ergo infans conciliari constitutioni rationali potest, cum rationalis nondum sit?* *Unicuique aetati sua constitutio est, alia infanti, alia puero, <alia adulescenti>, alia seni: omnes ei constitutioni conciliantur in qua sunt.* Consequently, to be *proficientes* means always to be on the way, «sempre in cammino, e in una tensione continua delle forze la quale consenta di procedere anziché di regredire», Bellincioni (1978), p. 81.

vivas quamdiu vivas, (ep. 76, 3). Thus the elder will also have something to learn: *etiam seni esse discendum* (ibid.).

It is clear that if someone is a *proficiens*, they are one that has not received yet a complete training. Therefore he cannot own all the requirements of knowledge, in a simply deductive way:

quando oporteat et in quantum et cum quo et quemadmodum et quare. (Ep. 95, 5)

It is those more specific *praecepta* that he needs, those that only the wise preceptor (or the teacher or the counsellor) will be able to propose him. Unlike the thinking of Aristo, *decreta* is not sufficient; on the other hand neither *praecepta* alone is sufficient. That is, those warnings which indicate, circumstance by circumstance, what an individual is meant to do: the *officium*, the καθήκον²¹. *Specialia praecepta* (ep. 94, 31). These are themselves endless, since the different circumstances in which they occur are endless. Consequently, if someone thought of having to always decide only on the basis of detailed and personalized instructions, he would risk being unable to act or to proceed on his own. Seneca is explicit regarding this, he does not hesitate to suggest that to allow every *proficiens* to catch sight of his own path the purpose of an educational project. Certainly the teacher will be sensitive to character differences, for in some cases he intervenes with the necessary *iudicium*: *hoc vitabis, hoc facies* (ep. 94, 50). In particular the weaker characters will tend to hesitate to take the initiative on their own. They lack confidence to the point that they risk losing sight of the real good: wisdom. It is right, in these cases, to intervene:

Inbecillioribus quidem ingeniis necessarium est aliquem praeire: 'hoc vitabis, hoc facies'. Praeterea si expectat tempus quo per se sciat quid optimum factu sit, interim errabit et errando impeditur quominus ad illud perveniat quo possit se esse contentus: regi ergo debet dum incipit posse se regere. (Ep. 94, 50-51)

²¹ As it is known, the roman pedagogic literature recovered from the philosophy of Panaetius of Rhodes the topic of «duty»: not only the *De officiis* of Cicero is constructed referring to the περί τοῦ καθήκοντος, but also M. Iunius Brutus (as Seneca reminds) had elaborated a rich education based on precepts addressed to parents, to children and brothers: *M. Brutus in eo libro quem περί καθήκοντος inscripsit dat multa praecepta et parentibus et liberis et fratribus*, ep. 95, 45.

But it is evident that, everything aside, the way of wisdom is available to all. This is because it is not Nature that sets us on the path to vice; Nature generated us pure and free: *Nulli nos vitio natura conciliat: illa integros ac liberos genuit* (Ep. 94, 56).

Proficiens must therefore be thought of as receiving the correct precepts, and as being able to insert them in an educational project perfectly complying with Nature. Such *proficiens* will eventually gain his own independence and, in turn, will be able to explore new ways of teaching to others how best to become virtuous.

In another important letter, the 33, Seneca focuses on the following passage, directly facing his friend Lucilius and inviting him to take charge of his own responsibilities, to take charge of the possibility of exhibiting his own virtue:

Quousque disces? iam et praecipe. (...) Adice nunc quod isti qui numquam tutelae suae fiunt primum in ea re sequuntur priores in qua nemo non a priore descivit; deinde in ea re sequuntur quae adhuc quaeritur. Numquam autem inveniatur, si contenti fuerimus inventis. Praeterea qui alium sequitur nihil invenit, immo nec quaerit. (Ep. 33, 9-10)

The key question appears immediately after: *Quid ergo? non ibo per priorum vestigia?*

The answer is extremely important. It indicates on one hand that every path of research can be improved and perfected; and on the other hand highlights the space left for research to become available to everyone. Individuals must equally pursue the truth²² for their own lives. And even if humanity as a whole has progressed greatly, there are still further territories to explore:

Quid ergo? non ibo per priorum vestigia? ego vero utar via vetere, sed si propiorem planioremque invenero, hanc muniam. Qui ante nos ista moverunt non domini nostri sed duces sunt. Patet omnibus veritas; nondum est occupata; multum ex illa etiam futuris relictum est. (Ep. 33, 11)

Between *decreta* and *praecepta* the individual training continues, and in parallel, so does the teacher's job.

²² On the conception of truth in Seneca, let me refer to Maso (2006a), pp. 153-84.

Each must take charge of his own task and, most importantly, must take responsibility for his own decisions. The real teacher must take his own risks; he must know when to loosen or tighten the harness and, in so doing, he must consider the pupil's character. But most of all he must know when it is the right moment to «leave» the harness to the pupil. For the pupil then, something similar occurs in parallel; he will have to understand when the right moment to independently from his teacher arises. Then he will no longer depend on his models, *nec ad exempla pendere et totiens respicere ad magistrum* (ep. 33, 8-9).

In the dimension of action we see the triumph of what was proposed by the theory of the Stoic doctrine. It can be a private or personal path, or an openly public and politic one. Regardless, the risk of «jumping» must be taken, and with it the responsibility.

Seneca, in a beautiful reinterpretation of the myth of Phaëton, alludes to the importance of decision making and to the risks associated with; (a) the adolescent reaching maturity; (b) the teacher (or the parent) assumption of the responsibility to stand aside and (c) the philosophical theory of Stoicism and the deterministic and providential structure that sustains him. This structure must be able to provide support against unforeseen shortcomings.

The aforementioned passage belongs to *De providentia*, a dialogue that has been problematic concerning the temporal collocation. However, beyond the doubts that persist, the global picture and the argumentations that spur the latest commentator²³ to propose a late dating (around 64) are convincing. That is, in parallel to the writing of *Naturales quaestiones* and of *Epistulae*, both dedicated to Lucilius. In my opinion this late dating sits comfortably with the meaning of the myth of Phaëton; a call to responsibility and to courage that whoever embraces Stoicism must demonstrate. So it is not an invitation to bear difficulties, pain and isolation but rather one to take and claim all the risks that are implicit in the arduous walk of *virtus*. As soon as the

²³ Cf. Lanzarone (2008), pp. 13-18. Neither Giancotti (1957), pp. 308-09, nor Griffin (1976), pp. 400-01, are able to solve the issue, for whom the dialogue results not datable. Also Dionigi (1994), pp. 5400-04, appears very undecided even if he considers the low dating «undoubtedly more credible».

proficiens starts making his own decisions, he becomes «willing» and in harmony with the fate that anyway is meant for him²⁴. This is a fate that belongs to «Nature» in its cosmic dimension, a fate that sees itself resolving any contradictory element; including the possible (but necessary) failures. In *De prov.* 5, 9-11 Seneca rhetorically questions the reason for god's iniquitous allocation of fate among men, highlighting that good men often bear major blows of adverse fortune. The fact is that virtue is only virtuous if it is tested. Moreover, if it is true that the wise man only appears wise in the moment he displays his virtue through action, then the disgraces and misfortunes of life will appear decisive in order to be successful.

At this point, the adventure of Phaëton, the young adolescent, son of the Sun and of the Oceanid Clymene, is quoted. Phaëton, with a subterfuge managed to get his fathers permission to drive the cart, but eventually ended his race by falling into the Eridanus river (the Po). His sisters, the Heliades, met at the river and wept, eventually being transformed in poplars²⁵. Seneca's narration is particularly elaborate. Two passages of the text of *Metamorphoses* of Ovid (2, 63-69 e 79-81) are inserted, as a carving, but the tale, taken as a whole, is aimed at a different task. It begins from the same situation as the helmsman, who had a difficult job and has to keep the course against Fate. As a tenacious man he will have to face hardships:

Non erit illi planum iter: sursum oportet ac deorsum eat, fluctuetur ac navigium in turbido regat. Contra fortunam illi tenendus est cursus; multa accident dura, aspera, sed quae molliat et conplanet ipse. Ignis aurum probat, miseria fortes viros. (De prov. 5, 9)

Suddenly Seneca uses the second person as the means of narrative, and seems at first to refer to a generic interlocutor. However, as will become clear, he is in fact identifying himself with Zeus. The «you» is referred to Phaëton; Phaëton will have to learn that he will travel through unsafe places:

²⁴ This is the updated resumption of Stoic συγκατάθεσις (of *adsensum*) stoica: *non pareo deo, sed adsentior; ex animo illum, non quia necesse est, sequor* (ep. 96, 2).

²⁵ Cf. Lanzarone (2008), pp. 370-72; I have had the opportunity to examine this passage also in respect of the Epicurean prospective: Maso (2007), pp. 269-78.

Vide quam alte escendere debeat virtus: scies illi non per secura vadendum. (De prov. 5, 10)

Quoting Ovid, Seneca proceeds presenting the risks and difficulties of the exploit. To this Phaëton retorts that he is attracted to danger and by the risk of falling:

Haec cum audisset ille generosus adolescens, 'placet' inquit 'via, escendo; est tanti per ista ire casuro' (De prov. 5, 11)

For the last time his father Zeus intervenes; as the preceptor would do in his place. Zeus warns the pupil potential consequences for him. He admonishes him and tries to frighten him (*terrificare*)²⁶. But the *praeceptum* is not sufficient and, instead, has the opposite effect; in the end the adolescent makes his decision and embraces his fate without hesitation. It thus observes a young boldness (*his quibus deterreri me putas incitor*) and a even-handedness (*libet illic stare ubi ipse Sol trepidat*) within an ethical picture, that is noble and perfectly Stoic (*per alta uirtus it*):

Post haec ait: 'iunge datos currus: his quibus deterreri me putas incitor; libet illic stare ubi ipse Sol trepidat.' Humilis et inertis est tuta sectari: per alta uirtus it. (De prov. 5, 11)

It is a man's task to take charge of his own condition. Learning this craft with a perfect cognition of causes under the sign of truth; this was the task of the pupil Nero, and perhaps Lucilius, but it definitely belonged to the wise stoic. The decision of Phaëton sets this approach in the dimension of the tragic and heroic; now his condition is comparable to that of Hercules, the hero that bears his destiny with the prospective of reaching the sky and the sky constellations²⁷. That is truly recognising one's virtue and

²⁶ We are in the imminence of the tragedy. It is important to compare this experience with the educational task of the tragedy. See above.

²⁷ As for Phaëton, for Hercules the way is also difficult: *Non est ad astra mollis e terris via (Herc. f. 437)*. It is the journey that fate and Zeus firstly appear to refuse him: *Quid astra, genitor, quid negas? (Herc. Oet. 13)*, but which virtue actually aims to: *virtus in astra tendit, in mortem timor (Herc. Oet. 1971)*. And it is the same indication that, though methodically different, since youth Seneca had borrowed from the School of Sextii: *Credamus itaque Sextii monstranti pulcherrimum iter et clamanti 'hac itur ad astra, hac secundum frugalitatem, hac secundum temperantiam, hac secundum fortitudinem (ep. 73, 15)*.

celebrating the Stoic ideal. With Phaëton and Hercules, the stoic *sapiens* aims to verify what he has understood to be the inescapable starting condition, that to «endanger» himself in the prospective of destiny. And so he matches his proper internal tension with the needs of development and realization of humanity. This is the line along which Stoic philosophy develops, in the moment that makes itself interpreter of the most radical sense of «risk», an operation that is both revolutionary and indispensable to existence²⁸.

This is not a case to put to παιδεύειν and το πολιτεύεσθαι, instead it must be intertwined in the «active» interpretation of Roman Seneca, if the original predisposition of the human subject is to be recognized in the social dimension: in spite of contradictions and compromises, despite the apparent refusals: but because of deeper and secret expectations.

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²⁸ For this I refer to Maso (2006c), pp. 190-93.

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