

SPIRITUAL *Wisdom*

Everything and every word about spirituality have already been said but the practical utility of spiritual wisdom in day to day life to achieve success and live a blissful life is lacking. Spiritual wisdom not only shows us the path of salvation and freedom but also helps us to figure out the solutions for every problem in all walks of human life and civilization. Spirituality is a well-defined, scientific way to get any goal in life whether it is for justified worldly desires or to fulfil the urge of salvation with a blissful route. The book is an important read for the present generation, i.e. our youth as well as the persons those who want to touch the divinity within.

Due to the universal nature of *Spiritual Wisdom*, it is bound to be on the shelves of the coming generation as spiritual science is not something that can be restricted to any one generation. The book itself contains the aura of mysticism and a touch of the great teaching taken from the scriptures. The book will teach how spiritual wisdom may change a person's life.



Ramesh Singh Pal, a scientist, spiritual motivator and thinker believes that to live a great life, there should be a balance in all four aspects, i.e. personal, professional, social and spiritual life. The author emphasizes that in the process of realization, everything is within, nothing outside. His experience and practice for an ascetic life have always helped him to cope up better with the dynamics and complexity of the scientific world with a detached view as Lord Krishna mentioned in *Bhagavad Gita*. For the last five years, he has also been associated with youth and society as a spiritual activist through his direct talks and lectures. He is also active on various social media platforms like YouTube, Quora, etc. Over the last ten years, the author has been studying the Hindu scriptures as well as the teaching of various divine souls. The essence of the knowledge he gained from his spiritual journey was published in his first Hindi book entitled *Apana Swaroop* in the year 2018. This book was well appreciated by the readers and encouraged him to write the second book in English for a wider audience.



6.00 x 9.00
229 mm x 152 mm

SPIRITUAL
Wisdom

RAMESH SINGH PAL



1.069
27.15mm

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Guaranteed Prescription of
Success & Happiness



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