**Title: “The Use of Mobile Phones by Students of ACTS Academy of Higher Education: An Ethical Response**

**GENERAL INTRODUCTION**

This research work is based on the use of mobile phones by the ACTS Academy students. It comprises of five chapters. The first chapter talks about the research plan which comprises the statement of the problem, the significance of the research, research objectives and outcomes, research questions, hypothesis, methodology, and delimitation. The first chapter introduces how the thesis would go about. The second chapter continues with the literature review. This chapter reviews some of the related books to the topic to broaden the researcher’s knowledge. The third chapter is the theoretical framework whereby it is purely based on the secondary sources. It tackles the idea of a mobile phone, its advantages, and its disadvantages. The fourth chapter is purely based on the research work which consists of the data presentation and analysis. Finally, the last chapter ends with the findings and recommendations from the researcher.

**CHAPTER ONE: RESEARCH PLAN**

**Title: “The Use of Mobile Phones by Students of ACTS Academy of Higher Education: An Ethical Response”**

**Introduction**

The mobile phone has become a necessity and also a trend to twenty-first generations. It is at a high demand despite the rapid production and especially the youngsters run after the latest model considering the available features and application. Therefore, this research topic is purely based on the researcher’s interest in order to find out the problems on the use of mobile phones and by granting solutions to ACTS Academy students. The research work will be implemented basically by examining the real situation and by applying the questionnaire’s method to accumulate the primary information. Finally, the gathered information will be analyzed, appraised, and address from an ethical perspective to contribute to the healthy use of the mobile phone.

**1.1. Statement of the Problem**

The use of a mobile phone is rapidly increasing and particularly the students are captivated. The misuse of mobile phones has become a threat to the students.

**Elaboration of the Problem**

Students love to spend more time using a mobile phone rather than doing their regular activities. Therefore, in the academic world, they become a failure as they are unable to complete their assignment and submit it on time. They are often separated from their immediate friends due to excessive use of a mobile phone. The mobile phone also affects the moral life as they exposed to certain videos or graphics which is basically violent and unhealthy. The sanctity of spiritual life degrades as they spend more time on a mobile phone rather than with God. Their health status becomes poor as they either skip food or unable to eat on time. Extreme use of the mobile phone in the form of talking with friends, chatting, browsing the internet, and browsing Media like Facebook, Instagram, WhatsApp, etc brings health issues like insomnia, headache, eye pain, physical weaknesses, and mental distraction. Students also become too dependent on internet sources for their assignments and presentation. Thus, the ethic of honesty and hard work diminishes and the use of a mobile phone becomes problematic instead of blessings.

**1.2. Significance of the Research**

Mobile phone helps people to stay connected and makes communication accessible anytime. This research will help students to learn the value and importance of mobile phones and realize the core purpose and meaning of using a mobile phone. Also, it will be a kind of guideline leading them to use efficiently. Finally, it will facilitate them to evaluate the advantages and disadvantages and establish their ethics of using a mobile phone.

**1.3.** **Research** **Objectives and Outcomes**

**Objectives**:

* It will help to understand the good and bad use of mobile phone
* It will help to analyze the bad ways which harm the students and the community
* It will help to avoid the wrong use of mobile

**Outcomes**:

* It has helped the students to learn the good and bad use of mobile phone
* It has helped the students to learned and be aware of the bad effects of mobile phone
* It has helped the students to be cautious and use the mobile phone correctly

**1.4. Research Questions**

* What is the purpose of using a mobile phone?
* Why is mobile phone important?
* What are the advantages and disadvantages of mobile phones?
* How can we use mobile phones wisely?

**1.5. Hypothesis**

* The misuse of mobile phones harms students in all aspects of life.
* The misuse of a mobile phone can be avoided by educating them on how to use it appropriately and meaningfully.

**1.6.** **Research Methodology**

This research will be based on qualitative research and the researcher will be personally meeting the students with interaction. A questionnaire will be distributed to the students at ACTS Academy to gather primary information and data analysis will be done to ascertain the fact and figures. For secondary data, related books and other sources will be accessed as per the requirements of the research topic.

**1.7.** **Delimitations**

This research work is delimited only to ACTS Academy students in Rayasandra, Bangalore.

**CHAPTER 2: REVIEW OF LITERATURE**

**John Agar, Constant Touch: A Global History of the Mobile Phone. London: Icon Books Ltd., 2013. 60-62.**

Chapter 18: Mobile Phones as a Threat to Health

This chapter talks about the bodily harm caused by mobile phones in common places across the industrialized world. It links between mobile phone use and brain cancer, premature aging, diseases such as Alzheimer’s and Parkinson’s, multiple sclerosis, and chronic headaches. Thus, children are not encouraged to use mobile phones because their bodies are still developing. Thus, this book will enable the researcher to understand more of mobile phones and their effects on health.

**Jeffrey L. Funk. Global Competition Between and Within Standards: The Case of Mobile Phone. New York: PALGRAVE, 2002. 31-33.**

THE ROLE OF GLOBAL DEVELOPMENT IN COMMITTEE-AND MARKET-BASED COMPETITION

Most firms continue to globalize their operations in order to respond better to local needs and make better use of local capabilities. Historically, most firms have first globalized their marketing functions in order to obtain a better understanding of local needs. In mobile phones, global development capability is needed for a slightly different reason than with mobile communication systems. Therefore, this book will help to understand the similarities and differences between phones that are developing in global platforms and how it impacts the users.

**National Research Council. Identification of Research Needs and Relating to Potential Biological or Advertise Health Effects of Wireless Communication Devices. Washington D.C: The National Academies Press, 2008. 20-24.**

This study will increase our understanding of the potential adverse effects of Radio Frequency energy on humans. It consists of various disciplines however the focus will be given to the wireless communication devices and how it affects our health.

**Iosif I. Androulidakis. Mobile Phone Security and Forensics: A Practical Approach (2edn.). Switzerland: Springer International Publishing, 2016.**

 This book tries to raise user awareness in regard to security and privacy threats present in the use of mobile phones. The mobile phone is indeed a live transmitter which we carry on the whole day, revealing our whereabouts. Thus, users will be given the common sense and the necessary precautions to enjoy mobile phones securely. This study will extract the idea of mobile security and awareness.

**Jeffrey James. The Impact of Mobile Phones on Poverty and Inequality in Developing Countries. Switzerland: Springer Nature, 2016.**

The purpose of this book is to state the main goals and find the book and to show how they fit together. It is made clear at the outset, for example, that dealing with the impact of mobile phones on poverty cannot be done without first examining the extent to which the poor actually engage with this technology. For, if the engagement is minimal so too will be the direct impact on this group.

**Larrisa Hjorth, Mobile Media in the Asia-Pacific: Gender and the Art of Being Mobile. Milton Park: Routledge, 2009.**

This study will tell us how the mobile phone has revealed our identity to the world and how the mobile phone has become an integral part of contemporary everyday life. Mobile phone practices can be viewed as an extension of the user’s identity and lifestyle. These practices, in turn, can be viewed as part of localized, socio-cultural rituals of the everyday. The mobile phone literally and symbolically connects users to both existing and emerging forms of identity and identiﬁcation.

How can we cope with the rising trend? Positive and negative

**Namjae Cho. The Use of Smart Mobile Equipment for Innovation in Organizational Coordination. New York: Springer Heidelberg, 2013.**

The new smartphone is an offspring of digital convergence of network, media, and electronic equipment. Smartphones, being an enabler of telecommunications networks and open internet network access, help business people use diverse modes of data, information, images, and video on a uniﬁed mobile application platform. Thus, this study will enable one to learn the increase of innovation potential in the structure and process of organizational coordination.

How it will help in our ministry?

**Rich Ling and Jonathan Donner. Mobile Communication. Cambridge: Polity Press, 2009.**

The mobile telephone is becoming a cultural icon in its own terms. The style, model, and features of a phone all play into the image that we display to the world. The mobile telephone changes the way we communicate with one another. Instead of calling to a fixed geographical location as is the practice with the landline device, we call an individual, wherever they may be. It has changed the way that we coordinate, or perhaps micro- coordinate, our meetings, and our daily interactions. It has changed the way that teens interact with parents and with peers and it has changed the dynamics of social networks and the development of social cohesion.

**Xiaoge Xu. Impacts of Mobile Use and Experience on Contemporary Society. Hershey: IGI Global, 2019.**

This book will help in the impacts of mobile technology and how it is situated in and understood with their different context of use. Besides their advocacy of a situated and integrated approach to understanding the psychological determinants of mobile use and the impact on development, it also calls for increased interdisciplinary an integrated working to capture the complexity of technology and behavior and integrated working to capture the complexity of technology behavior and recognition of individual differences.

**Robin Jeffrey and Assa Doron. Cell Phone Nation: How Mobile Phones Have Revolutionized Business Politics and Ordinary Life in India. Massachusetts: Harvard University Press, 2013.**

This book will help us to learn the outlines, the processes, and the activity that the mobile phone generated. It includes health, recycling, and the environment, social networks, language and media, and politics and governance.

**CHAPTER 3: THEORETICAL FRAMEWORK**

**3.1. What is a mobile phone?**

A mobile phone is a wireless handheld device that allows users to make and receive calls and to send text messages, among other features. A mobile phone may also be known as a cellular phone or simply a cell phone. A mobile phone with advanced features similar to a computer is called a Smartphone; while a regular mobile phone is known as a feature phone.[[1]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.2. Importance of Mobile Phone**

Cell phones have become a necessity for many people throughout the world. The ability to keep in touch with family, business associates, and access to email are only a few of the reasons for the increasing importance of cell phones. Today's technically advanced cell phones are capable of not only receiving and placing phone calls, but storing data, and taking pictures, etc. For the students, it has become a very important tool for learning as it helps to access different websites.[[2]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3. Advantages and Disadvantages of Mobile Phone**

There are several economic and social advantages as explained below.

**3.3.1. Advantages**

**3.3.1.1. Connect to the world**

Mobile phones technology makes the world a small village. It connects with friends, family, or even makes new friends around the globe. It has calling ability, texting, video calls, chats, and the event full social media; one will remain connected as long as one wishes.[[3]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.1.2.** **Entertainment**

Mobile phone helps in keeping one away from boredom and loneliness. There are various games and apps which keep one busy in times of loneliness. It is almost impossible to get bored while you have a mobile phone in your pocket.[[4]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.1.3. Safety**

When traveling or going for a hike, the mobile phone offers entertainment and company. But think of it as a safety gadget. When one forgets direction back home or even gets hijacked, a mobile phone GPRS can help you trace your way home or help authorities to locate you respectively. Lastly, if any emergency situation happens like an accident or a car breakdown, one can call for rescue or help.[[5]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.1.4. Alarm & reminder**

One can manage a to-do list using your mobile phone reminder option. Additionally, if one is planning to wake up early in the morning, one can set the alarm with a volume and notification sound of choice. This will help to wake up early enough and avoid being late for meeting, class, or any scheduled activity.[[6]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.1.5. Data transfer**

At the current age, with a mobile phone, one does not have to send credentials, videos, photos, or even documents through the post office anymore. With a few button presses or screen touching data transfer will be sent and received within a few seconds across the globe.[[7]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en).

**3.3.1.6.** **Learning opportunities**

When students can learn from a single device that they own or for which they are responsible, then there are more opportunities to retain the information they see in school, at home, and in other learning situations. R.A. Sharma writes the internet system in our country is the recent development. It has great scope and possibilities. Internet services are being introduced through developing a website. The quality of education can be maintained by using the interest system.[[8]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

Mangalakshmi opines the use of networks can be a motivator for students since it encourages independence and autonomy that is important for students to achieve in their learning process. She says one can send questions to people in order to know and join discussion lists and newsgroup that discusses and answer questions about support and training.[[9]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

Because of its versatility and the timeliness of its information, no other computer application holds as much educational promise as the Internet. Thus, students can access information via the internet, use email to gather information from experts, and write reports. Therefore, mobile learning is important to bring new technology into the classroom. It needs to be used appropriately, according to the groups of students involved.[[10]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.1.7. Various utilities**

Your phone is not only a call, entertainment, or data transfer gadget. There are other utility tips of these devices. A mobile phone can act as a torch, a recording device, data storage, calculator, calendar, camera, and many other utility features.[[11]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2. Disadvantages**

**3.3.2.1. Interruptions**

Mobile phones are a constant, always available, and real-time communication avenue. Incoming calls, emails, texts, or social media-related notification get into your phone a few seconds after being sent. It is a convenient thing but how about all those ringing and notifications when listening to friends or teachers. That sound does not interrupt you alone but also the speaker and other members in the room. It does not end there; mobile phone interruptions happen at weddings, family gatherings, movie theatres, or offices. It is not only annoying but also frustrating happening.[[12]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.2. Distraction**

By mobile phones creating a real-time communication avenue, the compelling feeling to make calls, text, or even video calls while driving or working is very distracting. This does not only come as a detrimental effect on work or class productivity. The Centers for Disease Control and Prevention (CDC) say every day close to nine people die in road accidents caused by a mobile phone-distracted driver.[[13]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.3. Isolation**

It is true mobile phones make people connected and the world a small village. But if not used carefully, it can isolate you from family and people around you. One of the typical negative impacts is where you meet a group of youths seated around a coffee table but not talking to each other; all are glued to their cell or smartphone screens. Additionally, if a teenager or a partner is too much into their mobile phone, this can hurt their relationship with the family or partner respectively.[[14]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.4. Health problems**

Late night chats and mobile phone games playing on bright screens result in eye problems. On a different note, network waves can result in some skin cancers. If you decide to scrutinize the disadvantages of mobile phone usage, there are even more. Eye cancer, sleeplessness which causes chronic fatigue during the day, and infertility related to Wi-Fi connectivity are among the worries. Mobile phones communicate with base stations using radiofrequency (RF) radiation. If RF radiation is high enough, it has a ‘thermal’ effect, which means it raises body temperature. There are concerns that the low levels of RF radiation emitted by mobile phones could cause health problems such as headaches or brain tumors.[[15]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.5. Loss of money**

Being a mobile phone enthusiast, trend, and fashion lover will leave you minus a considerable amount of money maybe every three to six months. You want to have that latest brand, that new and nice-looking phone accessory; all result in debits to your pocket. Not to forget airtime credit and internet charges every day.[[16]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.6.** **Cyberbullying**

Before we had access to a cell phone, the only way that someone could become a cyberbully was to call you on your landline or send an unfriendly email. The technology we have today allows for instant updates, posts, and comments which can lead to this behavior. According to a recent survey by Microsoft Corporation, India ranks third on the highest rate of cyberbullying, after China and Singapore. As many as 7,600 children between the age group of 8-17 years are the victim of cyberbullying.[[17]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.7. Spiritual Life**

Smartphones are useful and always with us. But, constant checking interrupts our flow, thinking, prayer, conversations, and work.

**3.3.2.8. Low Grade**

Studies have investigated the so-called “downstream” effect of cell phone presence on learning. Students who split their attention between a learning task and texting on their cell phones or accessing Facebook,

for example, perform poorly when compared to students who are not dividing their attention.[[18]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.9. Degradation of Moral Life**

The moral life is affected when the mobile phone is misused. It could be affected when one accessed unhealthy sites like pornography, violent movies, games, etc.[[19]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**3.3.2.10. Mental Problems**

Consequently, when moral life is affected, it affects mental as both are connected. Therefore, these mental problems create havoc in society.[[20]](https://www.blogger.com/blog/post/edit/3536959396896794181/5814075296471955814?hl=en)

**CHAPTER 4: DATA PRESENTATION**

**Do you use a mobile phone?**Yes (b) No

Yes, a hundred percent are using a mobile phone and there is none who has come up with such a negative answer.

**Can you live without a mobile phone?**

(a)Yes (b) No

Out of a hundred percent, 30% say that they cannot live without a mobile phone while the rest 70% say they can live without a mobile phone.

**What is the cost of your mobile phone?**

(a) Below 10000, (b) below 20000, (c) 20000-40000 (d) 40000-60000 (e) 60000 above

  15%

   25%

   60%

**Who purchased the mobile phone for you?**

**(a)**Parents (b) Friends (c) Siblings (d) Yourself

  1%

   49%

   50%

**Why do you use a mobile phone**?

(a) Good for communication, (b) everyone uses it, (c) quick for communication

  40%

   60%

**How are mobile phone users for you?**

(a)Talking (b) Internet (c) Games (d) Study (e) watching videos (f) listening to music (g) all of the above

  1%

   99%

**How long have you been using a mobile phone?**

2-3 years (b) 4-7 years (c) 8-12 years (d)

1. 12 and above

**What is your expenditure per month on the use of a mobile phone?**

**(a)**100 (b) 200-300 (c) 400-500 (d) 500-1000 (e) 1000 above

**How many times have you bought a mobile phone in the last 5 years?**

(a)1 (b) 2-3

1. (c) 4-5 (d) 6 above

  15%

   15%

   30%

   40%

**In a day how many hours do you use the mobile phone?**

(a)1-3 (b) 3-5 (c) 5-8 (d) 8-12 (e) 12 above

  15%

   10%

   15%

   40%

   30%

**What are the social media that you use?**

**(a)**Facebook, Whatsapp, and Instagram (b) Twitter (c) All of them

Under this, 45% are using all of them whereas 55% are using Facebook, Whatsapp, and Instagram.

**How often do you use a mobile phone to refer to internet sources for your assignments?**

(a)Sometimes (b) Always (c) Never

  30%

   70%

**Does the use of a mobile phone cause any of this? Explain**

(a) Eyes pain (b) body ache (c) headache (e) weaknesses (f) insomnia (e) amnesia (f) all of them

For most of the students, the major cause is eye pain and headache. Body ache occurs to some but not many. But, around 20% mention all the above.

**Does the use of a mobile phone isolate you from your friends? If yes explain how?**

(a) Yes (b) No

  30%

   70%

    30% say yes because most of the time they concentrate too much on phone forgetting the immediate friends that are around them. 70% say no because they believe that the mobile phone helps them to contact family and friends who are far away. Some claim that when friends are around they do not use a mobile phone.

**Does the use of the mobile phone affect our praying and reading of the Bible?**

Please explain?

(a)Yes (b) No

  35%

   65%

    65% say yes but also asserted that it happens only sometimes. It happens because of their carelessness and too much focus on the phone that they lost their interest in reading the Bible and spend time in prayer. Some suggested keeping the mobile phone in silence while praying. 35% say no because they claim that there is time for everything and it depends on one’s priority.

**Do you sometimes skip your meal because of the use of a mobile phone? Give Reasons**

(a)Yes (b) No

**Does the use of mobile phone affect you punctuality in attending**

1. Classes
2. Chapel
3. library
4. Other activities
5. None of the above

1. Classes = 10%
2. Chapel = 5%
3. Library = 15%
4. Other Activities = 45%
5. None of the Above = 25%

**Should the use of a mobile phone be allowed during class hours?**

(a)Yes (b) No

Explain

70% say no because they considered the use of the mobile phone as a distraction in the class hours, whereas the remaining 30% say yes because they regard it as a channel of learning.

**Does the use of a mobile phone affect your sleep?**

(a)Yes (b) No

70% of the students say yes and 30% say no.

**Do you use a mobile phone while driving?**

(a)Yes (b) No

15% say yes because they use GPS and sometimes talking whereas 85% say no because they think it is risky and fatal.

**Do you use a mobile phone while walking on the street?**

(a)Yes (b) No

40% use a mobile phone while walking for talking and sometimes replying to messages whereas the rest 60% do not use it.

**Do you think the excessive use of the mobile phone is fatal?**

(a)Yes (b) No

30% does not think that the excessive use of mobile phones causes death whereas the rest 70% considers it as fatal.

**How to use mobile phone wisely? Give Reasons**

(a)Only when necessary, (b) for a short period of time, (c) follow time table (d) other reasons

  20%

   35%

   45%

**CHAPTER 5: FINDINGS AND RECOMMENDATION**

**5.1. Findings**

The use of mobile phones has both positive and negative impacts. However, thus far, no one has disagreed or disapproved that the mobile phone is useless and meaningless. Since its inception, it has contributed massively to the world of telecommunication, economics, and education. In the light of education, it has brought gigantic changes in terms of learning and knowledge. Students and learners are benefitting every day because of the mobile phone. It has made learning easier and simpler.

In the ACTS Academy context, students are also attracted too much into the use of the mobile phone. They use it for various reasons like watching videos, playing games, browsing, chatting and talking, and above all for doing assignments. In this midst, there comes a tendency where students fail to manage their time in using mobile phones. Out of twenty (20) students, all agreed that they are using a mobile phone. They claim that it makes communication faster and easier. It helps them to know the latest information or news around the world. The mobile phone also helps them to keep in touch with their family members and friends. Students are into various social media like Facebook, Instagram, Whatsapp, Twitter, etc to keep updates about their friends and the situation around them. It also gives entertainment in terms of games and watching movies. Thirty percent (30%) believe that the mobile phone should be used in the class for learning purposes. It helps them to refer to words’ meaning and the part of the syllabus.

Despite all the advantages, there are also disadvantages of using mobile phones. It is learned that some students are going through physical eye pain, body ache, headache, and insomnia due to the overuse of mobile phones. Seventy (70%) percent affirms that they constantly use a mobile phone to write their assignments. Also, some affirm that the misuse of mobile phones leads them to be delayed in the library, classes, and chapel hours. Sixty-five (65%) percent affirms that the misuse of mobile phones leads to failure in their spiritual life. They state that it affects the times of reading the Bible and prayer. Sometimes it also affects their health as they failed to eat on time due to busy with mobile phones. Seventy (70%) percent affirms that the misuse of mobile phones is fatal. They also claim using a mobile phone while driving and walking on the streets for GPRS, talking, and messaging. Forty-five (45%) percent suggested using mobile phone only when it is necessary and twenty percent (20%) to follow a time table.

**5.2. Recommendation**

The following are the points which the researcher would like to recommend for the ACTS Academy students:

* Allow students to use a mobile phone during the class hours for the sake of references
* The paper presentation can be done by sharing through the mobile phone and WhatsApp or email
* All mobile phone be kept in silence in the classroom, chapel, and library
* No attendance to phone call in the class timing, chapel, and library unless it is emergency
* College should provide free Wi-Fi connections to the students and avail free access to e-books and library
* College should also install an official landline or mobile phone especially for the students to communicate at home and with friends
* College should also include a particular curriculum such as repairing mobile phones and the creation of new apps, etc.
* College should also organize seminars concerning the use of mobile phone and its importance
* College should also add some extra curriculum like indoor games and sports to keep the students active and away from their mobile phone

**Conclusion**

In this fast-moving world, mobile phones and usage is an unavoidable part of life. Each and every day the technology is updating. Now we have the world is at our fingertips. We can know about the student's approach towards the mobile and how much it influences their life and also helps to identify what type of function they are really interested in. The usage varies from one person to another so it’s clearly being identified by using this type of study. The usage of mobile phones among the students has been increased to a great extent. Mobile phones are not considered as a device for communication alone but it is considered as a media for entertainment. This paper has helped to know more about the purpose of which the students are using mobile phones apart from communication. We come to know that now a day's most of the students prefer alarm in their mobiles. We conclude that most students give a miss call to others for calling back purposes. Frequently they dial family numbers. Generally, they use a Mobilink Connection. They miss their family when mobile is not present with them.

The prevalence of mobile phone usage was high. Most of the study participants used

calling facility more

then the SMS facility. Health problems that were found to be positively associated with mobile phone usage were headache, earache, neck pain, painful ﬁngers, morning tiredness, fatigue, eye symptoms, sleep disturbance, and restlessness. Hypertension was found to be negatively associated with mobile phone usage. If the students use it wisely and properly then they can improve their education and construct a better future for them.

Therefore, Apostle Paul once pointed out that not everything is beneficial, even if lawful (1 Corinthians 10:23). And we are not to be mastered by anything, even if it’s within our rights (1 Corinthians 6:12). We know we can’t serve both God and money (Matthew 6:24). Maybe we need to start asking ourselves if we can serve both God and Facebook or any other things. A mobile phone is a blessing as it gives lots of benefits. Hence, one’s ethics should be always set right and enjoy the boon of this technology.

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