#### [The Awareness Issue](http://transmissiononline.org/issue/awareness/article/phenomenology-of-light%22%20%5Co%20%22Permanent%20Link%20to%20The%20Awareness%20Issue), [Essays](http://transmissiononline.org/issue/awareness/section/essays)

## Phenomenology of Light

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**I**n meditation we become aware of awareness…and in holding awareness and entering awareness and in becoming this awareness , the very nature of our own awareness is revealed to us…appears to us as us…the light of awareness manifests…the light experiences the light…the clear light of illumination…self illumination.

At times, the metaphor of the sun is used to described this luminosity, this transparency, this lucidity. This light is both a clearing and opening ...like the opening within a forest. This light is openness of phenomena…this light is described by some as total goodness, the goodness that is beyond beings and their beingness, this goodness, this light, brings forth beings and brings forth the visibility of the universe. It [light] makes everything appear. This light manifests every experience, and we know this light through every experience.

This goodness of the light enables illumination that makes possible anything to be seen and anything to manifest, to show itself. This light is the source of all light. This light source makes possible all lighted beings.

This light is the giving of brightness in our life. It is the brightness of the human face, the human body, the mind and the heart.

This natural light, this lumen natural, constitutes the lightness of human awareness.  It is like fire, it is like the sun and the moon.  This light makes possible all illumination, illuminating thoughts and experiences, and the bringing forth of the beingness of all beings.  This light is being itself.

Yet this light has no thingness; there is no thingness to it.  This light gives beingness to all beings and all things.  Within every being and everything, there is this light, this brightness.  A luminous darkness both within and without is brightness in its dark form.

There is this letting through or translucidity; the brightness bringing forth, coming forth.  Penetrating, it goes through, passing through, spreading out and letting through.  The light permeates and is pervasive, completely pervasive.

The brightness is that through which we think, feel, sense, and know.  The light is knowingness; this light is timeless awareness.  The light not only penetrates but is itself the throughness and the openness letting through the experience of direct perception and view.  This light’s transparency spreads out, opens, letting through the essence of the light.  Brightness is being transparent…translucent…like the translucidity of skin.

Light and brightness is the transparency that permits or makes possible all that may be seen in both the day and the night.  The light frees up everything, and so to comport ourselves within the light and to bind or align ourselves to this primordial light, this light is the source of authentic freedom.  Giving to the light is to become free.  The light is the lighteningness of freedom, within circumstance and beyond circumstance. The sense of the light and the truthfulness of the light always makes one free.

This primordial phenomena of the light is openness that gives us unboundedness and frees up everything.  Light is the lightness of being in the most fundamental sense.  This light holds both the seeing and what is seen.  Both the knower and the known are manifestations of the same light.

The shining and luminosity of the light bestows brightness upon everything that appears and along with that brightness, in time, the visibility of the invisible, the unconcealment of the concealed. The shining radiance is both warmth and love itself.  It is the psyche herself.

BEING ITSELF IS LIGHT.  CONSCIOUSNESS IS LIGHT ITSELF.  THE OPENNESS OF THE DHARMAKAYA IS LIGHT ITSELF.  SPACIOUSNESS AND LIGHT ARE SAME; BLISS AND LIGHT ARE THE SAME.

THE GURU IS THE LIGHT, THE ARCHETYPICAL LIGHT THAT ILLUMINATES ITSELF AS HUMAN BEINGNESS. THE GURU IS NOT A PERSON; THE GURU IS THE GIVINGNESS OF THE LIGHT.