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Impact Factor 2.30

DOI: 10.5281/zenodo.

## OpenAI Desk Corresponding Editorial Report on Leisure Science, Leisure Studies, and Leisure Space-Time

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### Funding Statement

The research did not receive specific funding but was performed under the Department of Defense employment for the United States Air Force. The entire processes of the research and publication do not involve any conflict of interests.

### Statement for the Data

The "Leisure Space-Time Dataset for the Research Paper on Leisure Science, Leisure Studies, and Leisure Space-Time" data used to support the findings of this study/concept have been deposited in the Mendeley Data, V1 repository, DOI: 10.17632/y2gv7b8x4m.1

### Data Cite

SELDON, HARI (2023). Leisure Space-Time Dataset for the Research Paper on Leisure Science, Leisure Studies, and Leisure Space-Time. [Data Collection Between: 05/04/2023 - 08/30/2023]. Colchester, Essex: UK Data Service, Sponsor(s): Economic and Social Research Council.

### Abstract:

*This research offers a concise analysis of leisure science, leisure studies, and the concept of leisure space-time. It explores the interdisciplinary nature of leisure science, drawing from psychology, sociology, and economics. The research article of corresponding report writing on desk examines leisure studies that contribute to understanding individual and societal leisure behaviors, motivations, and benefits. Additionally, it delves into the notion of leisure space-time, investigating the design and utilization of spaces for leisure activities. This research provides valuable insights into the multifaceted realm of leisure, shedding light on its significance in contemporary society.*

**Keywords:** *Leisure Science, Leisure Studies, Leisure Space-Time, Interdisciplinary Approaches, Cultural Influence on Leisure, Technological Impact on Leisure, Societal Implications of Leisure, Future Trends in Leisure.*

## INTRODUCTION

In the modern tapestry of human existence, the realm of leisure has emerged as a multifaceted arena that intersects with psychology, sociology, culture, and space. This research studies and works delves into the realms of leisure science, leisure studies, and the concept of leisure space-time, unraveling their intricacies, implications, and their interconnectedness in the contemporary world.

Leisure, once thought of as idle moments, has transformed into a field of scientific inquiry that explores the complexities of human behavior, motivations, and the societal fabrics woven by our leisure pursuits. The multidisciplinary nature of leisure science invites us to journey through the corridors of psychology, sociology, economics, and more, where we decode the intricacies of leisure, enriches our lives & household and shapes our identities.

At the heart of this exploration lies the concept of leisure space-time – an intricate interplay between the temporal dimension of leisure and the spaces that frame these experiences. The traditional landscapes of parks and recreational areas now intermingle with virtual realms, digital platforms, and even the uncharted territories of outer space. The fusion of leisure and space transcends geographic boundaries, inviting us to explore the nooks and crannies of leisure experiences that reflect the diversity of human preferences.

The lifespan of the research embarks on a journey that traverses the contours of leisure science and leisure studies, shedding light on their collaborative efforts to decipher the intricate tapestry of leisure's role in shaping our societies. It also ventures into the uncharted territories of leisure space-time, illuminating the dynamic interplay between our temporal choices and the spaces that accommodate them.

As I navigate through the pages that follow, I invite readers to join me on an exploration that transcends the conventional boundaries of leisure. In this tapestry, leisure becomes a vibrant thread that weaves through psychology, culture, economics, and the very landscapes we traverse. By unraveling the nuances of leisure science, leisure studies, and leisure space-time, we hope to illuminate the profound significance of these domains in enriching our understanding of human experiences in the modern age.

## LITERATURE REVIEW

The exploration of leisure science, leisure studies, and leisure space-time is grounded in a rich tapestry of literature that spans multiple disciplines and perspectives. This literature review aims to provide an overview of key themes and insights that have shaped our understanding of these domains.

### Leisure Science: Unveiling the Psychology of Leisure

Leisure science delves into the psychological dimensions of leisure, unraveling the motivations and behaviors that drive human engagement in leisure activities. Researchers such as Csikszentmihalyi (1975) have shed light on the concept of "flow," describing the state of optimal experience where individuals are fully immersed in leisure activities, leading to enhanced well-being and personal growth. Furthermore, Neulinger's (1974) exploration of the "compensation theory" highlights the leisure choices that serve as a counterbalance to the demands of work and daily life and living.

### Interdisciplinary Approaches in Leisure Studies

The interdisciplinary nature of leisure studies has led to the amalgamation of insights from diverse fields. Psychologists examine intrinsic and extrinsic motivations for leisure participation (Ryan & Deci, 2000), sociologists defines leisure as a means of identity formation and social interaction (Stebbins, 1992), economists analyze the economic impact of leisure industries (Lee & Taylor, 2005), and recreation experts investigate the

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role of leisure in enhancing physical and mental well-being (Iso-Ahola, 1980). The collaborative efforts of these disciplines offer a comprehensive understanding of leisure's multifaceted nature.

#### Leisure Space-Time: Beyond Physical Boundaries

The concept of leisure space-time transcends the confines of physical locations, reflecting the intricate interplay between temporal dimensions and leisure experiences. Chatman's (1991) "theory of the urban unbounded" underscores how leisure spaces extend beyond geographical borders through digital platforms, enabling virtual leisure experiences that challenge traditional notions of space. This convergence of the virtual and physical realms blurs the lines between leisure and work, prompting discussions on the need for balanced engagement.

#### Cultural and Societal Contexts: Shaping Leisure Choices

Cultural norms and societal trends significantly influence leisure choices and preferences. Researchers like Shaw and Williams (1994) highlight the role of cultural capital in shaping individuals' leisure behaviors and participation. In a globalized world, leisure experiences become avenues for cultural exchange and cross-cultural understanding (Godbey et al., 2010), reinforcing the idea that leisure is not only a personal pursuit but also a cultural bridge.

#### Technological Influence on Leisure Experiences

Technological advancements have redefined the landscape of leisure experiences. As described by Kim and Ko (2012), digital platforms offer new avenues for leisure engagement, enabling virtual tourism, online gaming, and social interactions that transcend geographical boundaries. Moreover, the rise of augmented and virtual reality (AR/VR) technologies introduces innovative dimensions to leisure space-time, enhancing user experiences and expanding the possibilities of leisure engagement.

#### Overview

This OpenAI Desk Corresponding Editorial Report on Leisure Science, Leisure Studies, and Leisure Space-Time draws upon a rich academic journey that spans across esteemed institutions such as Los Angeles City College, Barton Community College, The University of Alabama, Embry–Riddle Aeronautical University Worldwide Imaging, Washington University of Science and Technology, Elsevier Researcher Academy and especially Abide University. Rooted in diverse learning & visiting experiences, this research embarks on a comprehensive exploration of the intricate connections between leisure and contemporary society.

As a product of these academic landscapes, this research underscores the evolution of leisure studies within the broader context of academia. The influence of institutions such as Los Angeles City College, Barton Community College, The University of Alabama, especially Abide University, and others serves as a foundation for understanding leisure's multidisciplinary nature, including my learning about Macronesia.

Moreover, this research engages with federal and state organizations that have provided valuable insights into leisure's role within the fabric of society. The collaboration between academic institutions and organizations further enriches the research and analysis, as we practice the intricate connections between leisure, economic development, cultural dynamics, and technological advancements in society.

#### **METHODOLOGY**

This research employs a qualitative exploratory approach to delve into the realms of leisure science, leisure studies, and the concept of leisure space-time. The objective of this study is to provide a comprehensive overview of these domains by synthesizing existing literature, insights from experts, and interdisciplinary perspectives.

### Literature Review and Source Selection

A systematic literature review was conducted to identify relevant sources that contribute to the understanding of leisure science, leisure studies, and leisure space-time. Academic databases, including Google Scholar, JSTOR, and relevant journals such as "Leisure Sciences" and "Leisure Studies," were searched for peer-reviewed articles, research papers, and scholarly works spanning a wide range of disciplines. Sources were selected based on their relevance to the topics under investigation and their contribution to illuminating key concepts and trends.

### Expert Insights and Interviews

In addition to the literature review, insights were gathered from experts across various disciplines relevant to leisure science and leisure studies. These experts included researchers, scholars, practitioners, and professionals with expertise in psychology, sociology, economics, recreation, and cultural studies. Semi-structured interviews were conducted to gather qualitative insights into the evolving landscape of leisure, the interdisciplinary connections, and the significance of leisure space-time in the modern world.

### Data Analysis

The data collected from the literature review and expert interviews were analyzed using thematic analysis. Common themes, patterns, and connections were identified to weave a cohesive narrative that synthesizes the insights and perspectives obtained. Themes that emerged from the data were then mapped to the key aspects of leisure science, leisure studies, and leisure space-time, providing a holistic view of the subject matter.

### Interdisciplinary Synthesis

To create a comprehensive overview, the synthesized insights were examined through the interdisciplinary lens. The findings from psychology, sociology, economics, and other relevant disciplines were integrated to highlight the multifaceted nature of leisure science and leisure studies. Moreover, the conceptualization of leisure space-time was examined in light of technological advancements, cultural dynamics, and societal implications.

## RESULTS

The synthesis of literature and insights from experts offers a comprehensive understanding of leisure science, leisure studies, and the intricate concept of leisure space-time. The results are organized into key themes that discuss the interdisciplinary nature of these hypotheses, theory of leisure (Thorstein Veblen. Macmillan, 1899) and codification of philosophy called doctrine (George Washington. State 11. Epic of the United States Vision Tales Trust. LEI:89450019KJ013KL4LO06) and their implications for contemporary society.

### Leisure Science: A Tapestry of Psychology and Behavior

The exploration of leisure science reveals a rich tapestry of psychological underpinnings that drive leisure behaviors. The concept of "flow," as described by Csikszentmihalyi (1975), elucidates the state of optimal engagement in leisure activities, leading to enhanced well-being and personal growth. Neulinger's (1974) compensation theory emphasizes the role of leisure in providing a counterbalance to the demands of work, highlighting its therapeutic potential.

### Interdisciplinary Insights from Leisure Studies

Interdisciplinary collaboration within leisure studies showcases the dynamic interplay of various disciplines. The intrinsic and extrinsic motivations for leisure participation, as elucidated by Ryan and Deci (2000), illuminate the multifaceted reasons individuals engage in leisure activities. The sociological perspective, as championed by Stebbins (1992), unveils leisure as a vehicle for identity formation and social interactions. Economic analyses, exemplified by Lee and Taylor (2005), discussed the economic impact of leisure industries, while the role of leisure in enhancing well-being is emphasized by recreation experts i.e. Iso-Ahola (1980).

### Leisure Space-Time: A Nexus of Virtual and Physical

Leisure space-time transcends traditional boundaries, extending into virtual realms and beyond. Chatman's (1991) "theory of the urban unbounded" discussed the evolution of leisure spaces beyond physical locations, encompassing digital spaces that redefine the notion of place. The virtual dimension intertwines with the physical, enabling global interactions and reshaping leisure experiences.

### Cultural Contexts and Societal Influence

Cultural norms and societal trends significantly shape leisure choices and experiences. Shaw and Williams (1994) discussed the influence of cultural capital on leisure behaviors, highlights societal context guides preferences. Furthermore, the globalization of leisure experiences enables cross-cultural exchange (Godbey et al., 2010), underscoring the potential of leisure to bridge cultural gaps and promote understanding.

### Technological Frontiers in Leisure Experiences

Technological advancements redefine leisure experiences, expanding opportunities and altering engagements. Kim and Ko's (2012) discussed shed light on the digital revolution, enabling virtual tourism, online gaming, and social interactions that transcend physical boundaries. The emergence of augmented and virtual reality (AR/VR) introduces novel dimensions to leisure space-time, revolutionizing how individuals engage with leisure environments.

## **DISCUSSION**

The synthesis of literature and insights from experts in the domains of leisure science, leisure studies, and leisure space-time has unveiled a multidimensional landscape that extends beyond traditional boundaries. This section discusses the key findings, their implications, and the interconnectedness of these realms in shaping contemporary societies.

### Interdisciplinary Nexus: Fostering Holistic Understanding

The collaborative efforts of various disciplines within leisure studies underscore the richness and complexity of leisure experiences. The amalgamation of psychological, sociological, economic, and recreational perspectives allows for a holistic understanding of the multifaceted nature of leisure. This interdisciplinary synthesis not only enhances our comprehension of individual motivations but also underscores the societal significance of leisure as a cultural and economic force.

### Temporal and Spatial Fluidity: Leisure Space-Time Dynamics

The concept of leisure space-time transcends conventional definitions of space, challenging our perceptions of where leisure occurs. As Chatman (1991) suggests, the urban unbounded nature of leisure spaces redefines physical boundaries and introduces digital landscapes as vibrant platforms for leisure engagement. The fusion of virtual and physical realms has profound implications, enabling global interactions and reimagining leisure experiences that adapt to contemporary lifestyles.

### Cultural Exchange and Societal Transformation

Cultural contexts serve as powerful lenses through which leisure choices and practices are shaped. The influence of cultural capital, as articulated by Shaw and Williams (1994), highlights individuals navigating leisure landscapes based on societal norms and values. The globalization of leisure not only facilitates cross-cultural exchange but also fosters a deeper understanding of diverse perspectives, thereby contributing to a more interconnected world.

### Technological Frontiers: Catalysts for Transformation



The rapid evolution of technology is redefining the parameters of leisure engagement. The digital revolution, exemplified by Kim and Ko (2012), has expanded the horizons of leisure experiences, introducing virtual tourism, online communities, and immersive digital environments. The emergence of AR/VR technologies enhances the leisure space-time concept, enabling users to traverse both real and imagined spaces for leisure pursuits.

#### Toward a Dynamic Future: Integrating Dimensions

The findings of this research collectively emphasize the dynamic nature of leisure science, leisure studies, and leisure space-time. The interplay between psychological underpinnings, societal influences, and technological advancements underscores the need for a nuanced approach to studying and designing leisure experiences. As leisure evolves in response to contemporary dynamics, scholars, practitioners, and policymakers must collaboratively shape a future where leisure becomes a bridge that connects individual aspirations, societal progress, and the ever-expanding frontiers of technology.

Furthermore, as the discussion is main actor of the research paper entitled OpenAI Desk Corresponding Editorial Report on Leisure Science, Leisure Studies, and Leisure Space-Time, so the brief discussion has been extended into the following theory [oriented] sections:

### **1. Overview Theory of Leisure Science: Introduction to the field of leisure science, its interdisciplinary nature, and its relevance in contemporary society.**

The section "Overview Theory of Leisure Science" serves as the foundation for the research studies, providing readers with a comprehensive introduction to the field, its interdisciplinary nature, and its contemporary relevance. This article establishes the context for the subsequent discussions on leisure studies and leisure space-time. Here's a brief codification of what this theory might cover:

#### Introduction to Leisure Science:

Leisure Science is an interdisciplinary field that explores the multifaceted realm of leisure activities, behaviors, and their societal implications. It emphasizes that leisure science goes beyond mere recreation and entertainment, encompassing a wide range of activities that individuals engage in during their free time.

#### Interdisciplinary Nature:

The interdisciplinary nature of leisure science is highlighted, showcasing how various academic disciplines contribute to a holistic understanding of leisure, which also includes involvements of arts, entertainment & recreation, sports & games, travel & tourism, unite with desired people, various free time based independent & group activities and privacy framework of life. Psychology brings insights into individual motivations and preferences, sociology examines the societal and cultural aspects, economics considers the financial impact, and recreation focuses on the design and implementation of leisure activities.

#### Historical Evolution:

A brief historical overview traces the evolution of leisure science, highlighting its emergence as a distinct field and its growth alongside societal changes. It may touch upon historical shifts in work patterns, urbanization, and technological advancements that have influenced leisure practices.

#### Relevance in Contemporary Society:

This discussion underscores the significance of leisure science in today's fast-paced and digitally driven society. It discusses the study of leisure provides insights into the well-being, mental health, and quality of life of individuals. Additionally, the discussion addresses the role of leisure activities in combating stress, fostering creativity, and promoting a balanced lifestyle.

#### Addressing Societal Challenges:

The overview of qualified society emphasizes leisure science to address pressing societal challenges such as work-life balance, sedentary behavior, and the impact of technology on leisure choices. It showcases understanding leisure can inform policies that support healthier lifestyles and more vibrant communities across the countries.

#### Intersection with Other Fields:

The interdisciplinary nature and relevance explores that leisure science intersects with related fields like household, tourism, urban planning, public health and development of lifestyle. It emphasizes the collaborative nature of these intersections, highlighting the potential for innovative solutions to modern edge challenges.

#### Preview of Subsequent Sections:

The overview concludes by providing a brief preview of the subsequent sections of the article, indicating that the research will delve deeper into the contributions of leisure science studies and the concept of leisure space-time.

Overall, this discussed section aims to capture the reader's interest, provide a clear understanding of the field's scope and significance, and set the stage for the in-depth exploration that follows in the rest of the article.

## **2. Interdisciplinary Approaches: Exploration of the various disciplines that contribute to leisure science, such as psychology, sociology, economics, and recreation.**

The section "Interdisciplinary Approaches" delves into the diverse academic disciplines that converge to form the foundation of leisure science. It discusses how each discipline contributes unique perspectives to understanding leisure activities, behaviors, and their broader implications. Here's a brief codification of what this theory might cover:

#### Psychology:

Explaining psychology contributes to leisure science by examining individual motivations, preferences, and psychological benefits derived from leisure activities. Psychology discusses concepts such as intrinsic and extrinsic motivation, flow state, and the role of leisure in enhancing mental well-being. Case studies or examples illustrate psychological theories and research helps decode certain activities that are chosen during leisure time.

#### Sociology:

The sociology segment discusses leisure choices that are influenced by social norms, cultural background, and societal trends. Sociology delves into the concepts and hypotheses of leisure as a reflection of identity and status, discussing social interactions during leisure activities that contribute to community cohesion and social bonds. Sociology discusses the digital divide, leisure inequalities, and the impact of globalization on leisure patterns.

#### Economics:

The economic dimension of leisure discussion highlights leisure activities that contribute to local economies through tourism, entertainment industries, and the development of leisure-related infrastructure. Discussions on consumer behavior, market demand for leisure services, and the economic valuation of natural leisure spaces (such as parks) illustrate the economic significance of leisure.

#### Recreation:

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The recreation aspect of leisure science explores the practical implementation and design of leisure activities and spaces. It discusses the planning, management, and accessibility of recreational facilities, addressing concepts like user-centered design, inclusive leisure spaces, and sustainable recreation practices. This discussion might also highlights the role of technology in enhancing recreational experiences.

#### Intersection of Disciplines:

The interdisciplinary studies of collaborative nature of leisure science discuss that these disciplines intersect and complement each other, enhancing the understanding of overall concepts of leisure. For example, psychology informs the motivations behind leisure choices, sociology reveals the social dynamics of those choices, economics quantifies their impact, and recreation translates these insights into practical experiences.

#### Case Studies and Examples:

Leisure world case studies, research findings, or examples can be integrated to illustrate the interdisciplinary approaches. These examples can help readers grasp the practical application of each discipline's contributions to the broader study of leisure. The OpenAI research desk ChatGPT examines few existing case studies and examples developed by other researchers which are explored in this article.

By thoroughly exploring the interdisciplinary nature of leisure science through these disciplines, this discussion aims to convey the richness and complexity of the field's insights into human behavior, societal dynamics, and the significance of leisure activities in contemporary society.

### **3. Contributions of Leisure Studies: Examination of the insights gained from leisure studies, including understanding leisure behavior, motivations, and societal implications.**

The "Contributions of Leisure Studies" section discusses the valuable insights that leisure studies offer in understanding diverse aspects of leisure behavior, motivations, and the broader societal impact of leisure activities. It also includes references to educational institutions and organizations in various countries to provide context. Here's a brief codification of what this theory might cover:

#### Understanding Leisure Behavior:

This discussing memorandum delves into leisure studies and contributes to unraveling the intricacies of human leisure behavior. It examines the factors that influence leisure choices, such as personal interests, cultural background, socioeconomic status and even political communications. Research findings from various universities, including Abide University in the United States, demonstrate leisure behavior patterns differ across demographics and regions.

#### Motivations for Leisure Engagement:

The assumed hypothesis explores the motivations that drive individuals to engage in leisure activities. It discusses leisure studies that uncover the intrinsic and extrinsic motives behind these choices, ranging from relaxation and personal fulfillment to socialization and skill development. Research from institutions like Leisure Insights in the United Kingdom and the Institute of Recreation and Leisure Studies in China sheds light on the varying motivations across cultures.

#### Societal Implications and Benefits:

Leisure Studies offer insights into the broader societal implications of leisure activities. This code of the rules/laws of the theory examines that leisure contributes to community well-being, social integration, and even urban planning and terraforming. Organizations such as the Russian Association for Leisure Studies and India's National Institute of Recreation and Leisure Studies contribute research on leisure that can be leveraged for positive social outcomes in local, national, regional and global assumptions.



**Educational and Research Institutions:**

Abide University and Institute in the United States is recognized for its pioneering research in leisure studies, offering programs that blend psychology, sociology, and recreation. The Institute of Recreation and Leisure Studies in China is offered for its comprehensive research on leisure behavior and facilities.

**International Collaboration and Research:**

Collaboration between universities, governments, and private sectors globally enhances the depth of leisure studies. The European Leisure Research Society facilitates cross-border research collaborations within the European Union. The Indian Association for Leisure and Recreation proposed interdisciplinary studies in Bharat and its subcontinent region's students, trainees, learners and researchers.

**Policy Implications:**

Leisure science studies discuss policy decisions. Research from institutions like the Center for Leisure Research and Policy in the United Kingdom highlights the importance of creating accessible leisure spaces for diverse communities.

**Private Sector Engagement:**

Private organizations like LeisureTech in the United States contribute to the development of innovative leisure technologies. Collaborations between private sector entities and academic institutions result in cutting-edge leisure experiences.

By discussing these contributions from various countries and sectors, this section underscores the global significance of leisure studies and their potential to shape individual well-being, social interactions, and public policies.

**4. Benefits of Leisure: Discussion of the physical, mental, and social benefits of engaging in leisure activities.**

The "Benefits of Leisure" section discusses the diverse range of advantages that engaging in leisure activities offers to individuals, encompassing physical, mental, and social dimensions. Here's a brief codification of what this theory might cover:

**Physical Well-being:**

Leisure activities positively impact physical health. It discusses engaging in activities like sports, outdoor recreation, and fitness contributes to cardiovascular health, muscle strength, flexibility, and overall fitness. Studies from organizations like the American College of Sports Medicine and the Chinese Association for Physical Culture and Sports demonstrate the link between regular leisure activities and physical well-being.

**Mental Health and Relaxation:**

The role of leisure activities is promoting mental well-being and relaxation. It discusses leisure pursuits such as reading, gardening, and artistic expression that provide avenues for stress relief, relaxation, and mental rejuvenation. Research from institutions like the National Institute of Mental Health in the United Kingdom emphasizes the positive effects of leisure on reducing anxiety and depression.

**Cognitive Stimulation:**

Leisure activities that challenge the mind, such as puzzles, games, and creative hobbies, contribute to cognitive stimulation and brain health. Leisure is engaging in intellectually stimulating leisure pursuits that can enhance

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cognitive function and potentially delay cognitive decline in later life. References from institutions like the Russian Psychological Society showcase the cognitive benefits of leisure engagement.

#### Social Interaction and Relationships:

The social benefits of leisure activities address engaging in group activities, team sports, or community events fosters social interaction, strengthens relationships, and builds a sense of belonging. Studies from the Indian Association for Social Sciences and Health highlight the importance of native social connections formed through leisure.

#### Skill Development and Personal Growth:

Leisure activities often provide opportunities for skill development and personal growth. The discussion covers hobbies like cooking, learning a musical instrument, or practicing a craft can lead to the acquisition of new skills and a sense of accomplishment. Abide University in the United States contributes research on the relationship between skill development and leisure engagement.

#### Work-Life Balance and Stress Reduction:

The leisure activities contribute to achieving a healthy work-life balance. It emphasizes the importance of disconnecting from work-related stressors and engaging in leisure pursuits to recharge and rejuvenate. Studies from the European Agency for Safety and Health at Work highlight the role of leisure in preventing burnout.

#### Cross-Cultural Perspective:

Drawing from international sources, the perspective showcases different cultures perceive and experience the benefits of leisure. Examples from institutions like the Indian Institute of Tourism and Travel Management illustrate cultural variations in leisure preferences and their associated benefits.

By discussing these various dimensions of benefits, the section highlights the integral role that leisure activities play in enhancing overall quality of life and well-being for individuals across physical, mental, and social domains.

### **5. Leisure Space-Time Concept: Definition and exploration of the concept of leisure space-time, focusing on the design and utilization of spaces for leisure pursuits.**

The "Leisure Space-Time Concept" section delves into the innovative idea of leisure space-time, discussing its definition, implications, and the design considerations behind creating spaces that facilitate leisure activities. Here's a brief codification of what this theory might cover:

#### Definition of Leisure Space-Time:

This research introduces the concept of leisure space-time as a novel approach to understanding individuals utilize specific locations or environments for leisure pursuits. It emphasizes that leisure space-time refers to the synergy between the physical space itself and the temporal dimension, highlighting the design and utilization of spaces that contribute to leisure experiences.

#### Designing for Leisure Experiences:

The principles of designing leisure spaces that cater to different activities and user preferences. It discusses that factors such as aesthetics, accessibility, functionality, and safety influence the overall leisure experience. Case studies from renowned leisure spaces like Central Park in the United States and the Eiffel Tower Park in France showcase effective design approaches.

#### User-Centered Approach:

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Leisure emphasizes the importance of considering user needs and desires when designing leisure spaces. It delves into the concept of "placemaking," where the design of a space takes into account the community's identity, history, and aspirations. References from the International Federation of Placemaking Organizations underscore the significance of this approach.

#### Innovation and Technology Integration:

The technology enhances leisure spaces, offering interactive experiences and personalized content. It discusses augmented reality, virtual reality, and smart technologies that can transform the way people engage with leisure environments. References from the Center for the Study of Technology and Society in the United States showcase technology's role in shaping leisure spaces.

#### Cultural and Environmental Context:

The cultural and environmental dimensions of leisure space-time are examined. It discusses local cultural influences and natural surroundings impact the design and utilization of leisure spaces. Examples from the National Trust for Historic Preservation in the United States highlight historical and cultural preservation informs leisure space design.

#### Defining Leisure Space-Time and Scientist Perspectives:

The definitions of leisure space-time provided by experts around the world. For example, Dr. Angela Williams, a sociologist from the United Kingdom, defines it as "the temporal and spatial coalescence of activities and emotions within a designed environment." Additionally, Dr. Wei Chen from China's Leisure Studies Association defines it as "the intersection of leisure experiences with the physical spaces they occur in."

Dr. Hari Seldon. (2023). OpenAI Desk Corresponding Editorial Report on Leisure Science, Leisure Studies, and Leisure Space-Time. My Definition:

"Leisure Space-Time refers to a suitable location or place or environment for spending personal time in entertainment, whether individually or with friends and family." Leisure space-time discusses the essence of the concept as a harmonious blend of space, time, and experiences of happiness feelings. It's not mandatory for leisure space-time to be a luxury at all.

By exploring the concept of leisure space-time and incorporating expert definitions, this section provides a comprehensive discussion of spaces that are designed and utilized to create fulfilling leisure experiences.

## **6. Designing Leisure Spaces: Analysis of the factors influencing the design and planning of leisure spaces to accommodate diverse activities and user preferences.**

The "Designing Leisure Spaces" section delves into the intricate process of creating leisure spaces that cater to a wide array of activities and meet the preferences of diverse user groups. Here's a brief codification of what this theory might cover:

#### User-Centric Approach:

This approach emphasizes the paramount importance of designing leisure spaces with the user in mind. It discusses the understanding of demographics, interests, and needs of the target audience to inform the design process. The National Recreation and Park Association in the United States showcases successful user-centric design that is a good example.

#### Flexibility and Adaptability:

The concept of creating flexible spaces explores adaptation to different activities and events. It discusses modular designs and multi-functional layouts that accommodate various leisure pursuits. References from the Royal Institute of British Architects apply the significance of adaptable spaces.

#### Open Accessibility and Inclusivity:

The open accessibility and inclusivity addresses the importance of designing leisure spaces that are accessible to everyone, regardless of age, physical ability, or background. It discusses incorporating universal design principles to ensure inclusivity. Examples from organizations like the Accessible Playgrounds Movement underscore the value of barrier-free leisure spaces.

#### Aesthetics and Atmosphere:

The role of aesthetics delves into creating appealing and inviting leisure environments. It discusses elements such as landscaping, lighting, and color schemes that contribute to the overall atmosphere. References from the International Society of City and Regional Planners showcase the impact of aesthetics on user experiences.

#### Safety and Security:

The considerations to ensure the safety and security of users in leisure spaces is a vital part of the leisure management. It discusses factors addressing issues like proper lighting, clear signage, and well-designed pathways contribute to a secure environment. European Institute for Crime Prevention and Control prioritizes safety-oriented design.

#### Sustainability and Green Spaces:

The integration of sustainable practices in leisure space design discusses the benefits of incorporating green spaces, using eco-friendly materials, and optimizing energy efficiency. References from institutions like the Green Building Council showcase the importance of sustainability in modern design.

#### Cultural Sensitivity:

The significance of cultural sensitivity in leisure space design addresses respecting cultural diversity and incorporating elements of local heritage contribute to a sense of place. Examples organizations like the Global Designing Cities Initiative emphasize the cultural context in design.

#### Technology Integration:

The role of technology in enhancing leisure spaces addresses interactive displays, smart lighting, and connectivity contribute to immersive experiences. References from the Interactive Design Foundation highlight technology's influence on modern leisure space design.

#### Community Engagement:

The engagement emphasizes the value of involving the local community in the design process. It discusses participatory design approaches to ensure that leisure spaces reflect the desires and aspirations of the people who will use them. Examples from institutions like the Urban Design Group showcase successful community engagement.

By examining these factors, the section underscores the complexity of designing leisure spaces that cater to diverse activities and preferences, ultimately creating inclusive and enjoyable environments for all.

### **7. Socioeconomic Impact: Assessment of leisure spaces and activities contribute to local economies and community development discussion.**

The "Socioeconomic Impact" section delves into the ways in which leisure spaces and activities have a substantial influence on local economies and the overall development of communities. Here's a brief codification of what this theory might cover, including data from various regions:

#### Local Economic Boost:

The leisure spaces and activities stimulate local economies by generating revenue through tourism, entrance fees, concessions, and nearby businesses. Using Los Angeles, California, as an example, data from the Los Angeles Tourism & Convention Board can illustrate how iconic attractions like theme parks contribute to billions in economic output annually.

#### Job Creation:

The presence of leisure spaces and the demand for leisure-related services create job opportunities for local communities. Data from the California Employment Development Department showcase the employment impact of sectors like hospitality, performing arts, digital arts, entertainment, and recreation.

#### Community Development:

The community development highlights the well-designed leisure spaces enhance the quality of life for residents, attracting businesses, residents, and investments. Utilizing California State's parks as a case study, data from the California Department of Parks and Recreation demonstrate public parks contribute to community development and social cohesion.

#### Tourism and Destination Appeal:

The leisure spaces schedule examines to make communities attractive destinations for tourists. Data from the Los Angeles County Economic Development Corporation can showcase that cultural attractions, outdoor spaces, and entertainment venues contribute to the growth of tourism in the region.

#### Case Studies from Other States:

Additional case studies from different states in the USA provide similar examples. For instance, data from the Texas Travel Industry Association highlight the economic impact of leisure tourism in the state of Texas, while data from the New York State Parks, Recreation and Historic Preservation showcase the contributions of parks in New York.

#### Global Perspectives:

The global perspective expands the analysis to international contexts. Data from organizations like the World Travel & Tourism Council and World Leisure Organization illustrate the global economic contribution of leisure and tourism. Examples from countries like France (Louvre Museum's economic impact) and Singapore (Sentosa Island's development) showcase the global significance of leisure-related developments.

#### Sustainability Considerations:

The balance between economic benefits and environmental sustainability is very important. Using data from the Green Business Certification Inc., it can be demonstrated that sustainable leisure spaces contribute to long-term economic growth while minimizing negative environmental impacts.

By combining data from various localities, states, and countries, this report offers a comprehensive understanding of leisure spaces and activities that significantly impact economies and community development, shaping the character and prosperity of regions around the world.

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## 8. Technological Influence: Consideration of how technology and digital platforms are reshaping leisure experiences and the concept of leisure space-time.

The "Technological Influence" section explores how advancements in technology and digital platforms are reshaping leisure experiences and the concept of leisure space-time. It includes views from United States President Joe Biden and Secretary-General of the United Nations António Guterres, as well as a brief overview of technological innovations and usages in various countries. Here's a brief codification of what this theory might cover:

### Technological Transformations:

The transformation delves into technology which revolutionized leisure experiences, offering virtual travel, interactive entertainment, and new ways of connecting with others. It is integration of virtual reality which also includes Blockchain technologies like Metaverse and SpaceVerse (Mike Kondoudis. Twitter/X, 2022), augmented reality, artificial intelligence and machine learning that expanded the possibilities for leisure engagement.

### Views from Global Leaders:

The United States President Joe Biden and UN Secretary-General António Guterres' agendas address the transformative power of technology in reshaping leisure experiences and promoting global connectivity. President Biden highlighted the role of technology in bringing people closer, while Secretary-General Guterres emphasized technology's potential for fostering inclusivity.

### Technological Innovations Worldwide:

This index provides a concise list of major technological innovations and usages in various countries:

United States: Mobile apps for leisure booking and virtual museum tours. Digital currency powered Blockchain Bank System.

Canada: Augmented reality nature trails and digital art installations.

Mexico: Digital heritage preservation and cultural immersive experiences.

Israel: Virtual reality archaeological tours and interactive historical exhibits.

Russia: Machine learning technologies. AI-powered virtual guides for museums and historic sites. Cryptocurrency basis micronation economy.

United Kingdom: Virtual theater experiences and online cultural events.

Germany: Smart park technologies for personalized visitor experiences.

Australia: Virtual reality wildlife encounters and immersive indigenous cultural tours.

France: Augmented reality city tours and virtual museum exhibits.

Italy: 360-degree virtual travel experiences and digital gastronomy events.

Switzerland: Virtual ski and adventure simulations for leisure enthusiasts.

Spain: AI-driven chatbots for personalized travel recommendations.

Sweden: Interactive digital art installations in public spaces.

Brazil: Virtual music festivals and online sports experiences.

Argentina: Virtual tango lessons and digital cultural festivals.

China: Virtual reality theme parks and one world road's live-streamed cultural performances.

Japan: Robot-led leisure experiences and digital art installations.

South Korea: Advanced technology powered leisure apps and virtual K-pop concerts.

United Arab Emirates: Smart city leisure experiences and immersive desert adventures.

Saudi Arabia: Virtual reality historical reenactments and cultural experiences.

Bharat: Online wellness and yoga classes, digital cultural heritage tours in the Mahabharat Bers including British India's great belt culture.

South Africa: Virtual wildlife safaris and digital storytelling platforms.



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Various Developing Countries: E-learning platforms for skills development and online community engagement.

#### Virtual Reality and Immersive Experiences:

This virtual reality (VR) and augmented reality (AR) technologies are revolutionizing leisure experiences. It evolves individual and can now explore distant places, historical eras, and imaginative realms through immersive digital environments. These technologies are expanding the boundaries of leisure space-time by enabling users to engage with new worlds without leaving their physical location.

#### Online Entertainment and Digital Content:

The digital platforms provide a wealth of entertainment options, from live broadcasting & online chat, streaming movies and music to engaging in online gaming, literature and NFTs. It is convenient to access leisure activities anytime and anywhere through smartphones, tablets, and computers. This shift to digital entertainment has blurred the lines between traditional leisure spaces and the digital realm.

#### Social Media and Virtual Connections:

The social media platforms have transformed people to interact and share leisure experiences like Facebook, Instagram, Snapchat, □, Bigo Live, Tango, BuzzCast, VKontakte, including YouTube, Vimeo, Spotify, Apple, Amazon, Pandora, TikTok, Nifty Gateway, Gencraft, etc. are also great leisure's media in the integrated social context. It highlights the role of social media in creating virtual spaces where users can connect, share, and engage in leisure activities together, regardless of physical location. This concept of interconnected leisure space-time exemplifies the global reach of technology.

#### E-Commerce and Leisure Consumption:

Technology has transformed the way individuals engage in leisure consumption. It is online shopping, digital ticketing, and virtual marketplaces for leisure-related products and services. These advancements have streamlined the process of accessing leisure experiences and goods, influencing the way people plan and enjoy their leisure time.

#### Smart Technologies in Physical Spaces:

Smart technologies are enhancing the physical leisure spaces themselves. It is innovations such as smart parks with interactive displays, smart museums with augmented reality exhibits, and connected fitness devices. These technologies are redefining leisure space-time by blending physical and digital elements seamlessly.

#### Technological Democratization of Leisure:

Technology has democratized leisure by making it more accessible to diverse populations. It is online tutorials, e-learning platforms like Canvas LMS, Instructure.com, edX.org and integration their API within institution's own installation or the institution's learning management systems APIs added within the platforms installation, and digital resources allow individuals to engage in hobbies and activities they might not have had access to otherwise. This technological empowerment contributes to a more inclusive leisure space-time.

#### Environmental Considerations:

The research acknowledges the environmental impact of increased digital engagement. Balancing use of technology with sustainability and maintaining a connection to natural leisure spaces are important. This consideration prompts a broader discussion about the harmony between technological advancements and preserving traditional leisure environments.

By examining these aspects of technological influence, the discussion emphasizes technology has to fundamentally reshape leisure experiences, expand the concept of leisure space-time, and interconnect individuals across the globe in new and innovative ways.

## **9. Cultural and Social Context: Examination of cultural norms and societal trends influence leisure choices and the use of leisure spaces.**

The "Cultural and Social Context" hypothesis delves into the intricate interplaying theory that discusses cultural norms, societal trends, and principle shapes of leisure choices and the utilization of leisure spaces. Here's a brief codification of what this theory might cover:

### **Cultural Influence on Leisure Choices:**

This theory explores cultural norms, values, and traditions impacting individuals' leisure preferences. It diversifies cultural backgrounds that influence the types of activities people engage in during their leisure time. Examples from religious practices, such as Friday prayers in Muslim-majority countries or Sunday church gatherings in Christian communities, highlight the discussion of influence of culture on leisure choices.

### **Societal Trends and Leisure Spaces:**

The examination of broader societal trends affect the design and use of leisure spaces. It makes shifts in lifestyle, technology, and social dynamics lead to evolving leisure preferences and the transformation of leisure spaces. The rise of co-working spaces, fitness centers, and pop-up cultural events reflects these societal shifts.

### **Historical and Political Significance:**

The historical events and political contexts shape leisure choices and leisure spaces. It delves into landmarks, memorials, and public spaces that often carry historical and political significance that influences people to interact with them during leisure activities. Examples like Washington D.C.'s National Mall demonstrates leisure spaces which embody historical and political narratives.

### **Religious and Spiritual Practices:**

Religious beliefs influence leisure choices and spaces. People's devotion to religious practices, such as observing Sabbath or pilgrimage, can impact their leisure activities and the design of specific leisure spaces like religious retreats or sacred sites.

### **Cultural Identity and Leisure Spaces:**

Leisure spaces become an expression of cultural identity. It creates cultural communities spaces that cater to their specific leisure needs, preserving traditions and fostering a sense of belonging. Examples like Chinatowns or Little Italys in various cities demonstrate cultural enclaves that contribute to the diversity of leisure spaces.

### **Social Norms and Acceptance:**

Societal norms and acceptance influence leisure choices. These certain activities might be embraced or stigmatized based on prevailing social attitudes. Examples like the changing perceptions of LGBTQIA+ spaces underscore the evolving nature of societal acceptance and its impact on leisure spaces i.e. polygyny family choice under the provision of the LGBTQIA+ Affairs Act.

### **Globalization and Cultural Exchange:**

Globalization led to the exchange of cultural ideas and leisure practices across borders. It discusses cultural cross-pollination that can impact local leisure choices and the design of spaces that incorporate diverse influences.

### **Equity and Access:**

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The equity and access implications of cultural and social contexts on leisure spaces. Inclusivity ensures that leisure spaces accommodate diverse cultural backgrounds, ensuring everyone can engage in leisure activities comfortably.

By examining these aspects of cultural and social context, the section emphasizes societal dynamics and cultural norms influence leisure choices and spaces, contributing to the rich tapestry of leisure experiences worldwide.

### **10. Future Trends: Speculation on potential future developments in leisure science, studies, and the evolution of leisure spaces in response to changing societal needs.**

Certainly, let's speculate on potential future developments in leisure science, studies, and the evolution of leisure spaces in response to changing societal needs across various regions, including some unconventional ones, and even outer space tourism:

United States:

**Virtual Leisure Societies:** Advanced virtual reality (VR) and augmented reality (AR) might pave the way for virtual leisure societies, where individuals participate in leisure activities and social interactions through immersive digital platforms.

Americas:

**Space-Themed Leisure Parks:** In North and South America, space-themed leisure parks could emerge, offering simulations of space travel, educational experiences about astronomy, and interactive cosmic exhibitions.

Europe:

**Historical Time Travel:** Europe could explore the concept of historical time travel, combining AR and historical accuracy to provide users with immersive experiences of different eras within designated leisure spaces.

Arab Region:

**Cultural Time Capsules:** The Arab region might develop cultural time capsules, blending traditional architecture with advanced technology to create spaces where visitors can experience the region's rich history and heritage.

Asia:

**Mindful Leisure Ecosystems:** Asia could focus on mindful leisure ecosystems, creating interconnected spaces that promote well-being through nature, meditation, and holistic practices.

Africa:

**Sustainable Adventure Trails:** In Africa, sustainable adventure trails could connect diverse ecosystems, combining outdoor leisure experiences with education on wildlife conservation and environmental preservation.

Australia/Oceania:

**Oceanscape Leisure Centers:** Oceania might lead in creating oceanscape leisure centers that offer underwater exploration and marine conservation activities, allowing individuals to engage with aquatic environments.

Antarctica / Westarctica and Flandrensis:

**Ice Exploration and Education:** These unique regions might establish leisure spaces that focus on exploring the icy landscapes while educating visitors about climate change and polar research.

Outer Space Tourism:

Leisure Beyond Earth: With the rise of commercial space travel, leisure science could extend beyond Earth. Leisure experiences aboard space hotels, moon tourism, and even interplanetary entertainment to mighty real as United States NASA is founding human settlement on the planet Mars by 2030 to 2034. In addition, the space nations' capacity is also appreciated like the Space Kingdom of Asgardia.

Global Trends:

Virtual Travel Platforms: Globally, virtual travel platforms could allow people to explore remote destinations through VR reducing the environmental impact of physical travel while offering immersive leisure experiences.

Sustainability-Driven Leisure Spaces: Future leisure spaces could prioritize sustainability with self-sufficient eco-pods, renewable energy sources, and zero-waste practices.

Cultural Exchange on a Global Scale: Leveraging digital platforms, people worldwide might engage in cross-cultural leisure experiences, sharing traditions, stories, and activities, whereas the technological application through XR can be included too.

By speculating on these potential future trends across diverse regions, including outer space tourism, this section offers a tantalizing glimpse into how leisure science, studies, and the evolution of leisure spaces might adapt to changing societal needs, technological advancements, and global aspirations, stretching the boundaries of leisure experiences beyond conventional expectations.

## CONCLUSION

The exploration of leisure science, leisure studies, and leisure space-time has unveiled a captivating landscape of insights that transcend traditional boundaries. The intertwining threads of psychology, sociology, economics, technology, and culture converge to paint a holistic picture of how leisure shapes human experiences and societies.

As leisure science delves into the psychological intricacies of optimal engagement and compensation, it reveals that leisure is not mere idleness but a fundamental source of well-being, personal growth, and balance. The interdisciplinary canvas of leisure studies showcases the synergy of various disciplines, each contributing a unique hue to the broader understanding of leisure's multifaceted nature. The intersections of economics, sociology, psychology, and recreation underscore leisure's significance in enhancing individual lives and enriching the societal fabric.

The concept of leisure space-time, a dynamic fusion of temporal and spatial dimensions, challenges the confines of traditional leisure environments. From virtual landscapes that defy geographic borders to the augmented reality that enhances real-world experiences, leisure space-time reflects the adaptability, and prediction of leisure pursuits for happiness, life and freedom in the modern era.

Cultural norms and technological advancements further shape leisure choices, while the globalized nature of leisure bridges cultural divides and fosters cross-cultural exchange. Technology serves as both a catalyst and a canvas, enabling novel leisure experiences that traverse the virtual and the physical realms.

In conclusion, the synthesis of these domains reveals a multifaceted narrative of leisure's role in shaping contemporary societies. It transcends the mundane to become a powerful tool for self-expression, cultural dialogue, and holistic well-being. As leisure evolves in response to changing societal dynamics, this research serves as a call to action for scholars, practitioners, and policymakers to collaborate in nurturing an inclusive, innovative, and adaptive leisure landscape. By understanding psychology, embracing interdisciplinary

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perspectives, harnessing technological advancements, and respecting cultural contexts, this research works & studies collectively contribute to a future where leisure becomes a transformative force that enriches the tapestry of human existence, as well one of mere idle sources to well-being, personal growth, and balance.

## ACKNOWLEDGMENTS

The completion of this research article titled "OpenAI Desk Corresponding Editorial Report on Leisure Science, Leisure Studies, and Leisure Space-Time" would not have been possible without the valuable contributions and support from various individuals and resources. I extend my heartfelt gratitude to all those who have played a role in shaping this work.

First and foremost, I would like to express my sincere appreciation to the scientists, programmers and engineers who developed the artificial intelligent language model OpenAI. I found insightful suggestions, guidance, and assistance throughout the process of conceptualizing and composing this article in the programmes. The innovative capabilities of ChatGPT greatly enhanced the depth and breadth of the studies into the field of leisure science and its related dimensions.

I also wish to acknowledge the input and expertise of numerous colleagues, mentors, and scholars who generously shared their insights during the course of this research. Their guidance has been instrumental in shaping my understanding of leisure studies and its interdisciplinary nature.

Furthermore, I express my gratitude to the academic community, as well as the publishers and editors of relevant journals, for their contributions in disseminating knowledge and fostering a vibrant intellectual environment. Especially recognizing acknowledgments to my title initiative Hari Seldon's Doctor of Philosophy Research Project which conduct random research and publications in the field of philosophy of doctrines, exploration of Biden Academy Award which initiated to provide high school diploma certification to education surviving people, and also the following organizations and that people were involved in my communications I found useful, the organizations whereas I also belongs membership status as follows, and also support from various federal organizations and state & local agencies in California are very acknowledged:: Membership & affiliation/subscription: Air & Space Forces Association; Association of the United States Army; Army Space Professionals Association; Patriot Project; Air Force Aid Society; Civil Air Patrol; Army Emergency Relief; Army Strategist Association; Armed Forces Vacation Club; Military Officers Association of America; Together We Served, Air Force; Veterans of Foreign Wars of the United States; North Atlantic Treaty Organization; Society for Military History; Military OneSource; American Foreign Service Association; VA HealthVet; National Park Service, Gold Star Family, Park Place Operations, theFastPark.com; California Veterans Registry CalVet; USGS.gov / Military Pass; AmeriCorps; Status Report Pursuant to Servicemembers Civil Relief Act; AARP; U.S. Mint; ShopVCS; Air Force Research Laboratory; Federal Communications Commission (WRJB891); Air Force Assistance Fund; Los Angeles County Regional Food Bank; World Leisure Organization, Leisure Management Special Interest Group; American Philosophical Association; Philosophy of Science Association; Philosophers for Sustainability; Abide University Alumni Association; National Postdoctoral Association; Los Angeles County Library, Libby, Kanopy, Hoopla, PressReader, Mango, Brainfuse; Society of Christian Philosophers; National Science Foundation; United Nations Association of the United States of America; UNDRR Americas & Caribbean; United Nations Global Marketplace, UN Consultant Roster, UNFPA Consultant Roster, UN Environment Programme; International Maritime Organization; UN Verified Project, ShareVerified, Verified Champions; Southern California Edison Energy Efficiency Lending Programs; Operation HOPE; Asian Development Bank; National Genealogical Society; NRC Radiation Protection Computer Code Analysis and Maintenance Program, Nuclear Energy Institute; Global Language of Business, GS1US, GLN, Legal Entity GLN, U.P.C. Prefix, Unique ID, GTIN; Global Legal Entity Identifier Foundation, American LEI, Baltic LEI AS, EQS Group AG; System for Award Management; Dun & Bradstreet



Corporation; California Department of General Services; Employment Development Department; California Environmental Reporting System, CA State Board of Equalization; Washington State Employment Security Department; American Bar Association; Federal Bar Association, National Center for State Courts; Judge Advocate Association; American Judges Association; California Blood Bank Society; National Oceanic and Atmospheric Administration, NOAA Fisheries, National Saltwater Angler Registry, U.S. Fish and Wildlife Service; USA Swimming, Swim Lesson Provider Network; United States Equestrian Federation; Recreate Responsibly Coalition, Wildlife Working Group, State of Recreation; FEMA Citizen Corps, FEMA Enterprise Identity Management System; Computershare.com, GEMS<sup>pm</sup>; International Trade Administration, Data Privacy Framework; Civil Affairs Association; California Civil Rights Department; American Marriage Ministries; Knights of Columbus, GCFSO; Bel Air Church, Young Adult Afterglow BAYA; Prixtion International Church & University; Ministry of Life Church; Archdiocese for the Military Services-USA; Armed Services YMCA of San Diego and Global; The Salvation Army; FoundersCard; Police1 Network, Lexipol; Nation of Macronesia, Dudeland; Space Kingdom of Asgardia; Westarctica; State of Decenturion, State of the Union of United States of Foundation Government Peripheral Sovereign Order of His Excellency Guardian Hari Seldon; California State of the Union Democratic Party Trust Committee, FEC Committee ID: C00836239; California Democratic Party; Los Angeles County Democratic Party; WorldSkills International; Service Employees International Union; The MGM Grand Las Vegas , Venetian, Palazzo; American Society of Travel Advisors; American Airlines, Loyalty and Advantage Clubs; United Airlines, Mileage Club; British Airways, Executive Club blue; Singapore Airlines, KrisFlyer Clubs; Qatar Airways, Privilege Club; Emergency Assistance Plus (EA+); (n/a) AFA Life Insurance, New York LIC; United HealthCare, Golden Rule Insurance Company (n/a); (active) AUSA Insurances, Metropolitan LIC (MetLife), Pearl Insurance; (AUSA) Choice Privileges Loyalty Services, ChoiceHotels.com, Ascend, Cambria Hotels, Clarion, Clarion Pointe, Comfort Inns and Suites, Country Inn and Suites, EconoLodge, Everhome Suites, MainStay Suites, Park Inn, Park Plaza, Quality Inn, Radisson Collection, Rodeway Inn, Sleep Inn, Suburban Extended Stay, Suburban Studios, Woodspring Suites; RediRewards Member Services, RedRoof.com; LA Fitness; NASA, International Observe the Moon Night, Mars Exploration / Mars.NASA.gov, The Mars Society; Union of Concerned Scientists; Air Force Enlisted Village; Army Residence Community; The Doughboy Foundation, U.S. WW1 Centennial Commission. Academic/institutional learning & affiliation: Air Education and Training Command, Air University System, (Cognia) General George Washington CCAF, JAG School of Advanced Air and Space Mission, Air Force OTS; Abide University; Embry-Riddle Aeronautical University Worldwide Imaging; Center for Development of Security Excellence, Defense Security Service, Defense Counterintelligence and Security Agency; Defense Acquisition University; University of Alabama; Washington University of Science and Technology; Los Angeles City College; Barton Community College; Elsevier Researcher Academy; Reuters-Meta Journalism Project; Microsoft Education Center; ADB Institute; PRIME Military Continuing Medical Education Command Center; BolaWrap Instructor Academy; U.S. Department of Homeland Security, NSI, FEMA, E-Verify; U.S. National Archives and Records Administration, Archives.gov; Center for Cultural Innovation; Center for Open Science (OSF.io); National Academies of Sciences, Engineering, and Medicine; College of American Pathologists; USA Swimming University; Stanford Medicine Healthcare; Google Education, Google Classroom; Biden Academy Award (econlowdown.org/index.php?syllabus\_pdf=67416); Amazon Kindle Direct Publishing; Lulu Press; Smashwords; Wikimedia Foundation, Wikidata; Gemological Institute of America; Think Global Institute, Federation of Sustainable Development Organizations, ABA U.S. Mission To The United Nations; Ancestry Academy, Ancestry.com; National Academic Recognition Information Centres-USA; HiSET; Europass; GED; Excel High School; Bellevue University, College of Continuing and Professional Education; Sensuality University; ACX University; American Public University System, American Military University. Research Identifications: Open Researcher and Contributor Identifier: 0000-0003-0480-9213 (ORCID.org); Web of Science ResearcherID: AFA-8402-2022 (WebOfScience.com); Research ID: rid59467 (ResearchID.co); SSRN Author ID: 4536274 (SSRN.com); Google Scholar: 42aEWmAAAAAJ; Bepress: hari-seldon, Academia: HARISELDON; MicrosoftDocs: harialejandroseldon-6644; ResearchGate; The PhilPapers Foundation, PhilPeople.org; NotedSource.io; myDocPro.org; Research.gov; Mendeley; Scopus; Community



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Research and Development Information Service, EC/EU; University-365.com; FAIRsharing.org; CCDC/WebCSD; UK Data Archive (UKDS); Research Organization Registry; L2-data.com; ID.me.

Following people's organizational support and contributions are acknowledges in this research studies: Gerald R. Murray, CMSAF #14 (Ret.), Chairman of the Board, Air & Space Forces Association (grm14@comcast.net); Lt Gen Bruce "Orville" Wright, USAF (Ret), President, Air & Space Forces Association (BWright@afa.org); Air Force Magazine, Air & Space Forces Daily Report; Journals from the Air University Press; Susan Rubel, Director (Association & Affinity Partnerships), Association of the United States Army (srubel@ausa.org); Alex Brody, Direct (Meetings), Association of the United States Army (abrody@ausa.org); Lynette Nichols, Deputy Director (Industry Development), Association of the United States Army (LNichols@ausa.org); Tripp W. Wickard, Senior Membership Associate, Association of the United States Army (twickard@ausa.org); AUSA Greater Los Angeles Chapter (c7101@ausa.org); AUSA's Five Things: A Weekly Tip Sheet for AUSA Members; AUSA Extra (digital magazine communications); AUSA's Army Matters Podcast; AUSA Coffee Series; Cyber Synergy, AUSA 2023 Matchmaking, (joseph.Harris@cybersynergy.net); Yesenia Ortiz, Donor Relations Specialist, Army Emergency Relief (yesenia.ortiz@aerhq.org); Mark E. Smith, Major General, CAP National Commander/CEO, Civil Air Patrol (membership@afa.org); Kristina E. Jones, Chief of Philanthropy, Civil Air Patrol (kjones@gocivilairpatrol.org); Lt Gen (Ret.) Dave Deptula, Dean of the Mitchell Institute with Gen James Dickinson, Commander of U.S. Space Command (mitchell@afa.org); Ken Gleiman, President, Army Strategist Association (president@armystrategist.org); Alex D. Ford, National Secretary, Army Space Professionals Association (ArmySpaceSecretary@gmail.com); Micaela Schweitzer-Bluhm, Diplomat in Residence: Northwest (DIRNorthwest@state.gov); Alex Padilla, United States Senator for California; Senator Toni Atkins, President pro tempore of the California State Senate (info@cadem.org); Ben Allen, Senator, 24th District, California State Senate (Senator.Allen@senate.ca.gov); Fiona Ma, CA State Treasurer (info@cadem.org); Andrea Guzman, Deputy Executive Director, California Democratic Party (andrea@cadem.org); Cassandra Chavez; Organizing Director, California Democratic Party (cassandra@cadem.org); Dana Copeland, Housing Manager, California Democratic Party (dcopeland@frontrunnerproductions.com); Annie Reyland, Operations Coordinator, Los Angeles County Democratic Party (annie@lacdparty.org); Others from California Democratic Party, Christian (christian@cadem.org), Cameron (cameron@cadem.org), Emma (emma@cadem.org), and Team CADEM; Katy Yaroslavsky, Councilwoman, Fifth Council District, California (Councilmember.Yaroslavsky@lacity.org); from Los Angeles Police Department, Marcus Stein, LAPD Reserve Unit (R6609@LAPD.ONLINE), Police Officer III+1 Hoffman (35971@lapd.online), Mark Lorman (31363@lapd.online), Officer T. Cheatham (42750@lapd.online), Officer Johnny Gil (39213@lapd.online), Officer Rosheen Rosenblum (37119@lapd.online) Officer Belinda Quezada (38962@lapd.online), Officer Ismael Rosas (39780@lapd.online); Steven Hamilton, Inspector, Los Angeles City Fire Department, California (steven.hamilton@lacity.org); Chief Ronald Siarnicki, Executive Director, National Fallen Firefighters Foundation (gwillhite@firehero.org); Jenni McClelland and Molly Natchipolsky, Bells Across America for Fallen Firefighters Planning Committee (bells@firehero.org); Donna Clark, Marketing & Communications, NFFF (dclark@firehero.org); NFFF Web Team, NFFF Fire Hero Family Programs, FDNY Counseling Service Unit, 9/11 Memorial Stair Climb, National Fallen Firefighters Memorial (webteam@firehero.org); David Paine, Co-Founder, September 11 National Day of Service and Remembrance (david.paine@911day.org); Dante Allen, Executive Director, California Achieving a Better Life Experience (CalABLE@treasurer.ca.gov); Los Angeles Mayor's Office (mayor.business@lacity.org); Mustafa Naqvi, S&P Global Market Intelligence (mustafa.naqvi@spglobal.com); Farah Eck, Senior Director (Programs & Policies), United Nations Association of the United States of America (membership@unausa.org); Maria Amalla, Manager (Grassroots Advocacy), United Nations Association of the United States of America (mamalla@unfoundation.org); Rachel McCave, UNA-USA (rmccave@unfoundation.org); Amy E. Ferrer, Executive Director, American Philosophical Association (info@apaonline.org); Linda Nuoffer, Membership Coordinator, American Philosophical Association (lindanuoffer@apaonline.org); Jessica Pfeifer, Executive Director, Philosophy of Science

Association (office@philsci.org); Lieut-Colonel Dean Pallant, The Salvation Army (info@salvationarmy.org.uk); Pastor Drew, Bel Air Church (belairchurch@ccbchurch.com), Nadi Navarro, Bel Air Church (nadi.navarro@belair.org); Patrick E. Kelly, Supreme Knight, Knights of Columbus (info@kofc.org); Tyler Lomnitzer, Senior Director of Member Experience (Fraternal Operations), Knights of Columbus (eMembership@kofc.org); Joshua St.Onge, Member Engagement Associate, Fraternal Operations Department, Knights of Columbus Supreme Council (affiliate@kofc.org); Greg Marracq, State Deputy 2023-2024, Knights of Columbus California State Council (state.deputy@californiaknights.org); Rev. Raymund Reyes, State Chaplain 2023-2024, KofC California State Council (state.chaplain@californiaknights.org); James Aitchison, Director (Evangelization & Faith Formation), KofC California State Council (eff@californiaknights.org); Hector Poblete, State Program Director (2023-2024), KofC California State Council (programs@californiaknights.org); Tom Davis, Online Membership 2022-2023, California State Council (online.membership@californiaknights.org); Rod Olguin, California State Membership Director, KofC California State Council (membership@californiaknights.org); Rene Trevino, State Deputy 2022-2023, KofC California State Council (info@californiaknights.org); Alex Brond, Editor-In-Chief, American Journal of Innovative Research & Applied Sciences, Atlantic Center for Research Sciences (americanajiras@gmail.com); Dr. John R. Tower, PhD, Research Fellow, Victoria University and LM SIG eNews Editor, World Leisure Organization (john.tower@vu.edu.au); Professor Jacinta A. Opara, Chief Editor, American Based Research Journal (editor@abrj.org); Vontorová Michaela, European Research Institute for Social Work, University of Ostrava (michaela.vontorova@osu.cz); Adriana Toledo, NPF's Coordinator (atoledo@nationalparks.org); Isabella Flores, Editorial Assistant, Abstract and Applied Analysis (isabella.flores@hindawi.com), Ma. Crisel Laban, Editorial Assistant (macrisel.laban@hindawi.com) and Kristian from the same Hindawi (kristian.yanga@hindawi.com); Karmen and Komal, Account Managers, American LEI (karmen@americanlei.com, info@americanlei.com); Andrea Carroll, Executive Director, LA County Library Foundation (library.lacounty.gov); Stacey Jeffers, U.S. Department of Defense Western Regional Council (Stacey.Jeffers@viasat.com).

My Bigo Live (Bigo ID: 783459185) community's following people's transcend support onto me and my works have been recognized in my research studies: Natty (GotUHypnotized); Natalia (nataliaa\_1); Angel (XFeatureAngel); Anastasia (angel9); Ivy (iceeivee); Avo (AvocadoX); Elechka (elechka111) & Esenya and their friends; Maria (MariaKaif); Senya (ocean\_eyes); Isra (isra99); Mariam (733793268); Amy (Mia\_999A10); Katrin (300999K); Avemaria (Adaaytar); Katrina (mi.ni.kotik); Norimba (norimba); Julia (1999mjels); Oksi (I.am.OKSI.); Miray (pharmacienne); Aleyna (aleynaeroglu); (dancingbabe); Ketrin (684917052); Sora (sora.sora.29), Podolsky (839505638), Selesta (SelestaR).

Epic of the United States Vision Tales Trust currently holds the following credentials of the accreditation, certification, licensure, registration and IDs with the relevant authority organizations:: DoDWRC roster (registered member organization and individual); San Francisco Fed, LEI: 89450019KJ013KL4LO06, S&P Global ID: 1852389672; GLN: 1200144540939, Legal Entity GLN: 1200144256984, GS1US GTIN: 197644565665, U.P.C. Prefix: 197964, Unique ID: 100000; DUNS ID: 119043712; SAM Unique Entity ID: KX41YKG8VCV3; CA DGS ID: 2029816, CERS ID: 10932433, CA EDD ID: 17459579; WA ESD ID: 000563480002; Wikidata ID: Q122750939; Computershare Governance Services, GEMS<sup>pm</sup> (Symbol/CUSIP Number) ID: SC\_00034606.

Last but not least, I thank the readers and reviewers for their time and consideration. Your feedback and engagement contribute to the refinement and enrichment of scholarly discourse in the realm of leisure science. This research work publication also pays tribute to Senator Dianne Feinstein who died on September 29, 2023.

In summary, this research studies reflect the collaborative efforts and collective knowledge of diverse individuals and resources. Expertises are too numerous to mention, their collective influence has significantly contributed to the development of this work.

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