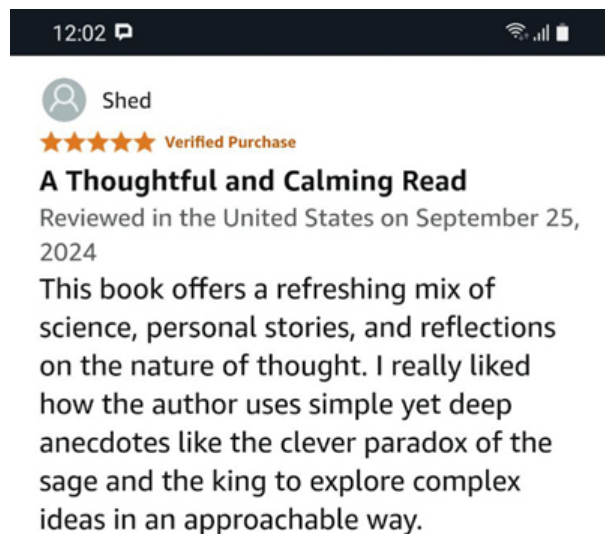



Content feels like little nuggets of wisdom


Shed

September 25, 2024

[BOOK REVIEW]



12:02    

 Shed

★★★★★ Verified Purchase

A Thoughtful and Calming Read

Reviewed in the United States on September 25, 2024

This book offers a refreshing mix of science, personal stories, and reflections on the nature of thought. I really liked how the author uses simple yet deep anecdotes like the clever paradox of the sage and the king to explore complex ideas in an approachable way.

Screenshot. A Review of “[Meandering Sobriety](#)” by Shed. Reviewed in the United States on September 25, 2024 [1]

This book offers a refreshing mix of science, personal stories, and reflections on the nature of thought [2]. I really liked how the author uses simple yet deep anecdotes like the clever paradox of the sage and the king to explore complex ideas in an approachable way.

The writing flows smoothly, and the content feels like little nuggets of wisdom that make you pause and think.

I also appreciated the nice layout, which made it easy to follow along. It is a compact read but packs a lot of insight, making it perfect for anyone looking for a bit of calm and reflection in today's fast-paced world.

(*) *Note:* This column reprints Shed's review appearing on the Amazon page of the title: <https://www.amazon.com/gp/customer-reviews/R1HADA1XV7KGSJ/>, with some light edits for clarity and fitting our house style.

References

[1] Shed. (2024). A Thoughtful and Calming Read. <https://www.amazon.com/gp/customer-reviews/R1HADA1XV7KGSJ/>

[2] Vuong QH. (2023). *Meandering Sobriety*. <https://www.amazon.com/dp/BOC2TXNX6L>

