

A Reflective Journey Through the Human Mind
Amazon Book Review Series of “Meandering Sobriety”

Jorge Sonnen

United States, December 1, 2024

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"Meandering Sobriety" is a masterful blend of personal anecdotes, philosophical reflections, and scientific insights. The paradoxical story of the Sage and the King stands out, setting a contemplative tone that carries through the book. Each chapter invites readers to pause and reflect, offering a tranquil escape from the chaos of modern life. It's a thoughtful and refreshing read for anyone seeking deeper understanding and a moment of serenity.



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Screenshot. Review of “Meandering Sobriety” by Sonnen [1]. Reviewed in the United States on December 1, 2024.

(*) Note: This paper reprints Sonnen’s review [1] appearing on the Amazon page of the title [2].

References

[1] Sonnen, J. (2024, Dec. 1). A Reflective Journey Through the Human Mind. <https://www.amazon.com/gp/customer-reviews/R2KN0FLYZWR2W8/>

[2] Vuong, Q. H. (2023). *Meandering Sobriety*. <https://www.amazon.com/dp/B0C2TXNX6L/>