

Thoughtful read for those seeking peace through curiosity

Leanne Striegel

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[BOOK REVIEW]



The use of the ancient paradox with the sage and the king highlights the power of language and thought, while the book's broader themes delve into how our brain, though small, plays a significant role in shaping our understanding of the world.

Screenshot. Review of "Meandering Sobriety" by L. Striegel on Amazon. Reviewed in the United States on October 4, 2024 [1].

It's a compact yet thoughtful read for those seeking peace through curiosity and understanding.

The use of the ancient paradox with the sage and the king highlights the power of language and thought, while the book's broader themes delve into how our brain, though small, plays a significant role in shaping our understanding of the world. With references to the author's innovative research, including mindsponge theory and BMF analytics, the book offers both practical wisdom and food for thought.

Its concise yet rich content provides a calm space for reflection amid today's overwhelming information chaos. Ideal for those seeking intellectual nourishment, this book is a refreshing and insightful read.

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(*) Note: This column reprints Striegel's review appearing on the Amazon page of the title [2], with some light edits for clarity and fitting our house style.

References

[1] Striegel L. (2024). It's a compact yet thoughtful read for those seeking peace through curiosity and understanding. https://www.amazon.com/gp/customer-reviews/ RGFU079MZ50JJ/

[2] Vuong QH. (2023). Meandering Sobriety. https://www.amazon.com/dp/B0C2TXNX6L



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