

Universal Game Theory
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Universal Game Theory- The theory that all of life is a game played by consciousness'es, (Living Beings). The board is a dream like structure of the universe. The progression is through an active process of intent witnessing, and passive meditation. Which releases the tension in the nerves of the body and leads to selfless actions, moral goodness, and eventually the finish, *Enlightenment*.

Just like a wounded creature only cares about it's own self. Man in tension through self-centered thought only thinks about his own predicaments. Even if he is thinking about others it is only through his own objectionable view from his false-created center.

The enemy or deterrents in the game is the conditioning created by society for ambition, greed, control and general brain washing to give the individual a false sense of identity, the ego. This is achieved by Religion; tradition, culture, education, reasoning, linear thought, and the creation of time. Leaving him/her in constant anxiety about millions of future contingencies.

Through witnessing one realizes the whole futility of *one dimensional thought* which only leads to more and more thought. Simple or constructed elaborately, thought being time, a human construction.

The final step of the *Universal Game Theory* is understanding the whole process of thought and the eventual revelation of *Enlightenment*, Bliss, ecstasy. Which the person then understands that he/she is the creator of the life/dream with which they are in. That point being a sexual ecstasy similar to what happens in death to men. I.e. Human males release semen when they die, having a sexual ecstasy at their last breath.

New Science

The spiritual progression of individuals can now be measured and studied by scientists. The advance of a person on a spiritual progression has to do with lesser thought. A quieter mind is more receptive than a turbulent mind filled with relenting continuous thought. This is similar to the difference between holistic, intuitive thinking and rational thinking. Intuitive thinking being all at once, and rational thinking being linear. Linear is therefore spread out in time, and therefore never fully-complete.

All human based knowledge, being receptive, is *Obiectum quo*. Existence based knowledge is productive and immediate. Therefore this fulfills the previous paragraph, that having a receptive and available mind is a higher, Intuitive, immediate type of understanding.

The spiritual progression of individuals in the game can now be charted and measured by psychologists; in something called the *Meditative Quotient*. The *Meditative Quotient* is the

measure of thoughts per minute.

I.e. $T/60=M$

Or. $60/T=M$

M= Meditative Quotient, T= Thoughts per minute. And 60 being 60 seconds in a minute, or 1 for one minute.

A person with less thought, and therefore a more meditative, calm, sensitive, and receptive mind will have a higher *Meditative Quotient*. Or lower, depending on which formula you choose.¹

Also, involved is the measuring of alertness. Which is part of the spiritual progression talked about in Eastern Religion and a part of this theory as well. *Enlightenment* being the peak of consciousness. The term *Buddha* meaning the “Awakened one.” Psychologists have discovered that man is partly unconscious. And that when placed away from the cycle of night and day people will usually stay awake for 20 hours or more. Sleep being the remnants of the human species being without light sources in predatorial environments with nothing to do. It was the only thing possible to avoid being eaten. Therefore this means man’s brain is only partly being used. Some of it is awake, and the majority of it is asleep. Science and Religion tie directly together in *Universal Game Theory*. Science describes the condition that Religion has described

¹ The peak being 45mins straight without thinking. This would be *Enlightenment* from the studies of Yoga founder Patangali.

previously. That the majority of people are partly asleep and Science has confirmed it to a percentage. I.e. 90% of the brain is unconscious, and 10% is awake, or conscious. Religion has also provided the techniques to undo the sleep.

Alertness experiments can be implemented through many different avenues. One being the careful, intense understanding and listening abilities of people in conversation. A sleepy, unalert person will misinterpret instructions and not understand fully what is being said. This will lead to repetitive conversations saying the same thing over and over again as we are all aware of. Another test will be the quickness and the higher percentage of the right responses required to answer a problem.

Another is testing the alertness of individuals while asleep. A person with a higher alertness will respond quicker with less provocation to a voice. These experiments will determine the level of alertness in individuals and put those that place the best in the higher percentage of *spiritual awakeness*.

There are many more tests for *spiritual awakeness*. A few examples will be contentment, lack of stress, lower blood pressure and a more healthy, younger, less diseased body. These tests already tie into modern medicines research on meditation.

Other tests include individuality over mass psychology. The ability to do what one thinks best even when pressured by the mass. A less awakened person will invariably succumb to the

pressure of authority. A more awakened person would rather give his or her life than do something he or she thinks is unjust. I.e. Socrates execution.²

This will have major impacts in the world. This theory being highly controversial for the people in political office, and hierarchal positions who depend on mass psychology to influence and control the public.

This theory being extremely beneficial in averting the lemming effect in this time of nuclear armaments and instant media. Both of which can spawn world wide destruction quickly and efficiently.

The Theory of Everything

² . *Universal Game Theorists* also believes that Socrates was *Enlightened* and that his teachings collaborate with those of Buddha and other Religions.

The *Universal Game Theory* can also be called the *Theory of Everything*. All aspects of every science weave themselves into this theory. This theory is the synthesis of Science and Religion. Eastern religion, witnessing, Buddhism, Hinduism fits nicely with it. Through Psychology we can chart the progression of individuals.

The *Theory of Everything* is supposed to tie in everything together. That is what I will do in the following page or two.

1. Mathematics, Chemistry and Physics can define and alter the game board which is the dream structure.
2. Philosophy is the recording of the witnessing process.
3. Psychology is the same as the above definition for Philosophy. Namely the recording of the witnessing process.
4. Religion ties in with the recorded historical evidence of witnessing, meditation, and alertness techniques needed for the spiritual progress talked about in religious texts. I.e. Mohammed meditating in the cave. Buddha meditating under the Bodhi tree. Gurgieff, Sufi techniques. Ten thousand year old Tantra meditation techniques. Mystics, of all faiths.

Therefore *Universal Game Theory* is the bringing together of all human knowledge that was diverged by Aristotle, 2300 yrs previously, into a refined, focused purpose. That purpose is to chart man's spiritual progress with Science while he practices spiritual techniques to see if and how results occur. And to what extent and degree people benefit from such techniques.

Witnessing being the highest technique. Other techniques if not properly taught can become just another form of conditioning; which is the opposite of meditation.

The focus is to benefit man's well-being with Science and Religion together to observe his conditioning and the limitations on his consciousness. Those limitations of consciousness being a carry over from his prehistoric past and present conditioning by culture, Religion and education. That lack of full consciousness is what Psychologists calls the unconscious, sleepy part of the brain.

Where before Science and Religion were both separate entities vying with one another for supremacy, now they comfort each other and fulfill the inadequacies of the other into a peaceful harmony of exploration and experimentation.

To sum up,

Now man has a structure to chart his spiritual progression. And scientists have a scientific ground to tie in every scientific field, from a previously dispersed web of data. Scientists can

now understand vague Religious philosophy, texts and techniques in practical terms. And record credible data to support these fields with what we already know about present Science.

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