

Lived Experience and Cognitive Science

Reappraising Enactivism’s Jonasian Turn

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> Context • The majority of contemporary enactivist work is influenced by the philosophical biology of Hans Jonas. Jonas credits all living organisms with experience that involves particular “existential” structures: nascent forms of concern for self-preservation and desire for objects and outcomes that promote well-being. We argue that Jonas’s attitude towards living systems involves a problematic anthropomorphism that threatens to place enactivism at odds with cognitive science, and undermine its legitimate aims to become a new paradigm for scientific investigation and understanding of the mind. **> Problem** • Enactivism needs to address the tension between its Jonasian influences and its aspirations to become a new paradigm for cognitive science. By relying on Jonasian phenomenology, contemporary enactivism obscures alternative ways in which phenomenology can be more smoothly integrated with cognitive science. **> Method** • We outline the historical relationship between enactivism and phenomenology, and explain why anthropomorphism is problematic for a research program that aspires to become a new paradigm for cognitive science. We examine the roots of Jonas’s existential interpretation of biological facts, and describe how and why Jonas himself understood his project as founded on an anthropomorphic assumption that is incompatible with a crucial methodological assumption of scientific enquiry: the prohibition of unexplained natural purposes. We describe the way in which phenomenology can be integrated into Maturana’s autopoietic theory, and use this as an example of how an alternative, non-anthropomorphic science of the biological roots of cognition might proceed. **> Results** • Our analysis reveals a crucial tension between Jonas’s influence on enactivism and enactivism’s paradigmatic aspirations. This suggests the possibility of, and need to investigate, other ways of integrating phenomenology with cognitive science that do not succumb to this tension. **> Implications** • In light of this, enactivists should either eliminate the Jonasian inference from properties of our human experience to properties of the experience of all living organisms, or articulate an alternative conception of scientific enquiry that can tolerate the anthropomorphism this inference entails. The Maturanian view we present in the article’s final section constitutes a possible framework within which enactivist tools and concepts can be used to understand cognition and phenomenology, and that does not involve a problematic anthropomorphism. **> Constructivist content** • Any constructivist approach that aims for integration with current scientific practice must either avoid the type of anthropomorphic inference on which Jonas bases his work, or specify a new conception of scientific enquiry that renders anthropomorphism unproblematic. **> Key words** • Human experience, living beings, autopoietic theory, enactivism, Hans Jonas, phenomenology.

Introduction

« 1 » What is the nature of human experience? Are there *nonhuman* forms of experience? And, if so, how are human and non-human forms related? Should we believe, for example, that dogs, mice and bacteria all enjoy a form of experience that shares fundamental properties and structures with our own? In this article, we will review, compare and evaluate the answers that two different but intimately related theories give to these questions: (a) a Varelian enactive approach, and (b) Maturana’s autopoietic theory. It will be argued that current Varelian enac-

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tivism, enraptured by the songs of Jonasian phenomenology, involves an antiscientific anthropomorphism that jeopardises its legitimate aim of becoming the new paradigm of cognitive science. We will show that it is possible to make use of enactivist concepts and tools to study cognition without anthropomorphism, and that to do so need not alienate phenomenology from cognitive science. In doing so, we will see that Maturana’s conceptual system, by eschewing the sort of anthropomorphism that characterises Jonasian philosophical biology, is worthy of consideration as an alternative theoretical framework for enactivism.

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Enactive phenomenology and the problem of anthropomorphism

« 2 » Phenomenology, both as a method and as a philosophical system, plays an essential role in current enactive cognitive science, at least in what we shall call here *Varelian enactivism* (VE). VE, sometimes called “canonical enactivism,” represents the classical version of enactivism launched by Francisco Varela, Evan Thompson & Eleanor Rosch in 1991, and later developed by Andreas Weber & Varela (2002), Ezequiel Di Paolo (2005, 2009a), Thompson (2007), 55

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1 Tom Froese (2011) and other authors. VE
2 was incubated during the 1980s on the basis
3 of what we think was an opportune, critical
4 and insightful diagnosis of cognitive scienc-
5 es. For more than three decades, cognitive
6 science accumulated many important and
7 productive theories and models of human
8 minds and cognition, but said nothing, or
9 almost nothing, about the experiential as-
10 pect of our mental life. The original motiva-
11 tion to bring phenomenology into cognitive
12 science was, precisely, to complement and
13 enrich the scientific theorization with a rig-
14 orous method of analysis and examination
15 of human experience (Varela, Thompson &
16 Rosch 1991). Cognitive science was silent
17 about human subjectivity, and the noble
18 mission of enactivism was to help it find its
19 voice.

20 « 3 » The introduction of phenomenol-
21 ogy into cognitive science was and remains,
22 we think, a very important contribution,
23 and enactivism should be credited for hav-
24 ing taken the first steps in that direction.
25 Phenomenology, however, is not a simple
26 and uniform philosophical corpus. There
27 are different sub-schools and circles of au-
28 thors, with importantly different theoretical
29 emphases, assumptions and metaphysical
30 commitments. A preliminary, non-exhaus-
31 tive and tendentious list might distinguish
32 between the eidetic constitutive phenom-
33 enology of Edmund Husserl, the realist
34 phenomenology of the Munich group, the
35 existentialist phenomenology of Martin
36 Heidegger, the bodily phenomenology of
37 Maurice Merleau-Ponty, the social phenom-
38 enology of Alfred Schutz, the hermeneutical
39 phenomenology of Paul Ricoeur and Hans-
40 Georg Gadamer and the biological phenom-
41 enology of Hans Jonas (Spiegelberg 1994;
42 Moran 2000; Smith 2013; Salice 2015). The
43 heterogeneity of phenomenology as a philo-
44 sophical research programme means that
45 the project of integrating phenomenology
46 and cognitive science will look different de-
47 pending on the conception of phenomenol-
48 ogy being employed.

49 « 4 » While the first generation of VE
50 (1990–2000) was primarily influenced by
51 and concerned with the bodily phenom-
52 enology of Merleau-Ponty, the second (cur-
53 rent) generation has taken as a central axis
54 the biological phenomenology of Hans Jo-
55 nas. Throughout the rest of the article, when

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we refer to VE, we have the contemporary,
Jonasian strand in mind. This move, as we
shall see, has considerably expanded the
scope and coverage of VE, extending the
phenomenological analysis of human expe-
rience in particular to the analysis of living
beings' experience in general. The turn from
the specifically human to the universally
biological, which we call the "Jonasian turn,"
has changed the course of VE as a research
program, theoretically committing it to the
existence of a "deep continuity" (Thompson
2007) between life and mind. However, as
we will try to show, the Jonasian turn also
commits VE to a problematic anthropomor-
phism in its theorising about cognition.

« 5 » What do we mean by anthropo-
morphism, and why should it be viewed as
problematic? Roughly speaking, anthro-
pomorphism is the practice of attribut-
ing human features to nonhuman entities.
We might, for example, explain the way in
which the Nile river flows toward the sea by
saying it *wants* to reach the sea, or has the
purpose of reaching it. Although widely used
in certain discursive contexts (e.g., poetry)
and systems of beliefs (e.g., myths), anthro-
pomorphism is not welcome in scientific re-
search and theorising. Hydrologists will not
accept an explanation of the Nile's behav-
iour in terms of desires, purposes or similar
teleological concepts – except perhaps as
an explanatory heuristic or metaphor that
functions as a temporary substitute for the
genuine, *scientific* explanation. In general,
any theory or research program that wants
to be recognized as a respectable scientific
project has to make sure its ontological as-
sumptions and explanatory principles are
free of anthropomorphic elements.

« 6 » Succinctly, then, the problem of
anthropomorphism for VE, as we see it, is
this:

- a VE offers itself as a scientific research
program that aims to become the new
paradigm for cognitive science.
- b VE endorses Jonas's philosophical biol-
ogy.
- c Jonas's philosophical biology is an an-
thropomorphic project.
- d Anthropomorphic projects are not sci-
entifically valid research programmes.

« 7 » Might the enactivist deny any of
these four points? We take the first point
to be relatively clear and uncontroversial.

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Whilst VE has from the outset been an in-
terdisciplinary research program that draws
on influences that are often seen – wrongly,
in our view – as orthogonal or hostile to
scientific investigation of the mind, such as
Buddhism and phenomenology, it has al-
ways presented itself as a scientific research
program. Moreover, from its inception
(Varela, Thompson & Rosch 1991) until its
more recent formulations (Thompson 2007;
Stewart, Gapenne & Di Paolo 2010), VE has
always manifested paradigmatic ambitions
within cognitive sciences. VE does not see
itself as complementing or enriching the
work of the cognitivist (computational and
representational) paradigm in cognitive sci-
ence; it sees itself as displacing it.

« 8 » The second point is also uncon-
troversial. Since Weber & Varela's (2002),
wherein Jonas is introduced as the new clue
to understanding biological systems, VE has
been cultivating and deepening its Jonasian
affiliation through a series of important and
influential works (Weber & Varela 2002; Di
Paolo 2005, 2009a; Thompson 2007; Froese
2011; Froese & Di Paolo 2009, 2011; Froese
& Ziemke 2009; Froese & Stewart 2010; Di
Paolo, Rohde & DeJaegher 2010; Kyselo
2014).

« 9 » How about the remaining two
points? Though the case for them takes a
little longer to explain, we think it is just as
clear – and we find it in the work of Jonas
himself. Jonas recognizes the deep conflict
that exists between science and anthropo-
morphism and, for reasons we will explore
in the next section, deliberately chooses the
latter over the former.

Jonas's philosophical biology: Science versus anthropomorphism

« 10 » Outside the circle of cognitive
sciences, Jonas's philosophy of life has been
recognized, by critics, sympathizers and by
Jonas himself, as an anthropomorphic phi-
losophy. When John Yolton reviewed Jonas
(1966), he complained that in contrast to the
contributions of Merleau-Ponty and other
phenomenologists, in Jonas's phenomeno-
logical analyses of biological systems "noth-
ing but behaviour and anthropomorphism
are at work" (Yolton 1967: 256). In contrast,

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1 sympathizers such as Michel Weemans and
2 Bertrand Prévost, inspired by Pierre Mon-
3 tebello's notion of "higher anthropomor-
4 phism" (Montebello 2003), see in Jonas's
5 philosophy a virtuous, sophisticated and
6 "assumed [form of] anthropomorphism
7 [which is] beyond the criticism of modern
8 rationality" (Weemans & Prévost 2014: 7).

9 « 11 » Whether criticized or applauded,
10 Jonas's philosophical biology seems to leave
11 few doubts about its anthropomorphic char-
12 acter (Lindberg 2005; De Jesus 2016; Trnka
13 2016).¹ The reason for this is simple – it is
14 Jonas himself who presents and defends his
15 philosophical project as a kind of anthro-
16 pomorphism. The reasons that lead Jonas
17 to embrace anthropomorphism are philo-
18 sophically profound and complex, involving
19 historical, ontological and epistemological
20 arguments. Here, for our purposes, we will
21 focus only on some key points of his argu-
22 mentation and motivation.

23 « 12 » In *The Phenomenon of Life* (1966),
24 Jonas opens with this rich and informative
25 philosophical declaration (which we think is
26 worth quoting at length):

27
28 “Put at its briefest, this volume offers an ‘existen-
29 tialist’ interpretation of biological facts. Contem-
30 porary existentialism, obsessed with man alone, is
31 in the habit of claiming as his unique privilege and
32 predicament much of what is rooted in organic
33 existence as such: in so doing, it withholds from
34 the organic world the insights to be learned from
35 awareness of self. On its part, scientific biology, by
36 its rules confined to the physical, outward facts,
37 must ignore the dimension of inwardness that
38 belongs to life: in so doing, it submerges the dis-
39 tinction of ‘animate’ and ‘inanimate.’ A new read-
40 ing of the biological record may recover the inner
41 dimension – that which we know best – for the
42 understanding of things organic and so reclaim
43 for the psychophysical unity of life that place in
44 the theoretical scheme which it had lost through
45 the divorce of the material and mental since Des-
46 cartes. Accordingly, the following investigations
47 seek to break through the anthropocentric con-
48 fines of idealist and existentialist philosophy as
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51 1 | See also the presentation “Thinking of the
52 living body in Hans Jonas and Merleau-Ponty”
53 by Carl Sachs & Shane Epting at the conference
54 “Continental Philosophy in the Desert” at the
55 University of New Mexico, 2010.

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well as through the materialist confines of natural
science.”⁹ (Jonas 1966: ix)

« 13 » Jonas's philosophy aims to over-
come the dualism inherited from Descartes
("the divorce of the material and mental"),
which he thinks still plagues contemporary
science and philosophy. Scientific biology,
confined to the physical facts, acknowledges
no experiential inner dimension of living
beings. Likewise, the existentialist philoso-
phy in which Jonas (as a student of Hei-
degger working in the mid-20th century)
was steeped is anthropocentric – the struc-
tures of subjectivity explicated by Heidegger
(1962), Sartre and others apply only to us
humans. Human subjectivity and existence,
in this picture, appear cut off from the rest
of the natural world, and Jonas believed that
this rupture had profound consequences
for our self-understanding. Comparing the
modern existentialist and scientific view of
the world to a Gnostic conception of a hos-
tile nature against which we are pitted in
constant struggle, he writes:

“Not even this antagonistic quality is granted
to the indifferent nature of modern science, and
from that nature no direction at all can be elicited.
This makes modern nihilism infinitely more radi-
cal and more desperate than gnostic nihilism ever
could be for all its panic terror of the world and its
defiant contempt of its laws. That nature does not
care, one way or the other, is the true abyss. That
only man cares, in his finitude facing nothing but
death, alone with his contingency and the objec-
tive meaninglessness of his projecting meanings,
is a truly unprecedented situation.”⁹ (Jonas 1966:
233)

« 14 » This is one important reason why
Jonas felt that a key task for philosophy was
to offer a “new integral [...] philosophical
monism” (Jonas 1966: 17) that recognizes
the unification of the physical and the psy-
chological in life. What is needed is to recog-
nize that particular structures of human ex-
perience and existence extend, in different
degrees, to every form of life. We must come
to see that:

“The great contradictions which man discov-
ers in himself – freedom and necessity, autonomy
and dependence, self and world, relation and iso-
lation, creativity and mortality – have their rudi-

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mentary traces in even the most primitive forms
of life, each precariously balanced between being
and not-being, and each endowed with an inter-
nal horizon of ‘transcendence.’”⁹ (ibid: ix)

« 15 » The expression “rudimentary
traces” is important in this quote. Jonas is
not saying that we must recognize a one-
to-one projection or mapping between hu-
man existential features and those possibly
present in animals. The idea is, rather, that
we may find in basic organisms minimal
forms or rudimentary versions of the hu-
man existential condition. However, even
with this important nuance, the “existential
interpretation of biological facts” offered by
Jonas has a price. The application of existen-
tialist categories to nonhuman creatures is
not only problematic within the phenom-
enological-existentialist tradition (Hösle
2008; Vogel 1996), but, in a broader context,
insofar as the attribution that it entails of hu-
man features (i.e., *Dasein's* experiential fea-
tures) to nonhuman forms of life constitutes
a form of anthropomorphism. Jonas is aware
of this, and also that anthropomorphism is
in conflict with science.

« 16 » The issue is especially visible in
the case of teleology. We saw above that
Jonas is concerned with the way science
banishes meaning from nature. Jonas holds
that, when drawing up a list of what scien-
tific modes of description preclude us from
attributing to natural systems, “foremost
among the exclusions will stand that of tele-
ology” (Jonas 1966: 33). Moreover, “[t]he
struggle against teleology is a stage in the
struggle against anthropomorphism” (ibid:
36). Teleology, along with “other “anthropo-
morphic” features” (ibid: 37), is unaccept-
able for science because it presupposes the
projection of human experiential features
into the natural world, while:

“[Modern science assumes] that final causes
have relation to the nature of man rather than to
the nature of universe – implying that no infer-
ence must be drawn from the former to the latter
[...]; putting a severe ban on any transference of
features of internal experience into the interpreta-
tion of the external world.”⁹ (ibid: 35)

« 17 » Anthropomorphism is considered
“scientific high treason” (ibid: 34), and tele-
ology, being a form of anthropomorphism,

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1 cannot be accepted as a part of the scientific
2 theorizing.

3 « 18 » Jonas thus recognizes the deep
4 incompatibility that exists between science
5 and anthropomorphism, and sees a need to
6 choose between them. He sees the choice as
7 follows:

8
9 “Either to take the presence of purposive in-
10 wardness in one part of the physical order, viz.,
11 in man, as a valid testimony to the nature of that
12 wider reality that lets it emerge, and to accept what
13 it reveals in itself as part of the general evidence;
14 or to extend the prerogatives of mechanical matter
15 to the very heart of the seemingly heterogeneous
16 class of phenomena and oust teleology even from
17 the ‘nature of man’ [...], that is, to alienate man
18 from himself and deny genuineness to the self-
19 experience of life.” (ibid: 37, emphasis added)

20
21 « 19 » Partly for the historical and ethi-
22 cal reasons at which we gestured briefly
23 above, Jonas perceives a significant danger
24 in such alienation from ourselves. Thus, he
25 recommends the first option: to take the
26 teleological experience of human beings
27 as evidence of the presence of teleology in
28 every form of life. And he invites us to as-
29 sume this view, bravely, “without fear of the
30 blame of anthropomorphism” (ibid: 33).
31 The sense of this claim is interesting and
32 revealing. Jonas has acknowledged that in
33 modern science, anthropomorphism is a
34 banned practice. However, he thinks that
35 his philosophical project must nonetheless
36 be carried out without fear of condemna-
37 tion. Why is this so? It might be thought
38 that Jonas is confident he can prove that his
39 philosophical project, understood properly,
40 is not genuinely anthropomorphic, and so
41 demonstrate its innocence before the court
42 of modern science. But that is not Jonas’s
43 stance. For he thinks that in the conflict be-
44 tween anthropomorphism and modern sci-
45 ence, what is wrong is modern science, not
46 anthropomorphism. He argues that modern
47 science has no sound justification for its
48 anti-teleological and anti-anthropomor-
49 phic attitudes. According to him, properly
50 viewed, “the exclusion of teleology is not an
51 inductive result but an a priori prohibition
52 of modern science” (ibid: 34). The rejection
53 of teleology and natural purpose is not an
54 empirical result that has been secured by
55 modern science but rather, in Jonas’s view, a

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presupposition whose acceptance as a guid-
ing methodological principle is a necessary
condition for modern science’s existence
and practice. For the same reason, he finds
that “the anathema on any kind of anthropo-
morphism” proves to be, on closer examina-
tion, more “a prejudice” than an empirically
demonstrated principle (ibid: 23). When Jo-
nas says that his philosophical project must
be carried out “without fear of the blame of
anthropomorphism,” he does not mean that
before the court of modern science the proj-
ect can be proved innocent, but rather that
he does not recognize the authority of the
court, and so does not fear its condemna-
tion.

« 20 » As we noted above, it is not our
aim here to criticize Jonas’s choice of an im-
manently teleological conception of the liv-
ing world over a mechanistic one. Rather,
our aim is to point out the incompatibil-
ity of this choice with the methodology of
natural science. We have just seen how Jo-
nas makes the case for this incompatibility.
Might Jonas be mistaken in thinking that
an appeal to unexplained natural purposes
is at odds with scientific method? We find
it hard to see how this could be the case.
Above, we claimed that an explanation of
the movements of a river in terms of its
goals or desires would be rightly unaccept-
able to hydrologists. Similarly unacceptable
by modern standards is an Aristotelian ex-
planation of why rocks fall through the air
while fire rises up. According to Aristote-
lian physics, all matter has a natural order
towards which it tends – thus a rock falls
through the air because it *strives* towards the
earth, whilst fire strives to be above the earth
and the air. From the perspective of modern
science, the problem with this Aristotelian
view is not that it specified the wrong ele-
ments, or was mistaken about the particular
telos that characterised each element; rather,
it was the fact that its explanations appealed
to a teleological view of nature. Science now
demands that teleological characterisations
of phenomena be *earned* in a particular way
– they must follow from some non-teleolog-
ical characterisation in a theoretically moti-
vated way. Spelling out just how this might
work is, as the recent history of philosophy
of mind and biology suggests, a tricky task.
But, as we have just seen, it is not a task that
Jonas takes up. Instead he chooses, for rea-

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sons we briefly explored above, to “take the
presence of purposive inwardness in one
part of the physical order, viz., in man, as a
valid testimony to the nature of that wider
reality that lets it emerge [...]” (ibid: 37),
inferring the presence of teleology in the
non-human world on the basis of our own
experience.

« 21 » Coming from philosophy, and
specifically from Heideggerian circles, Jonas
feels free to challenge the modern scientific
establishment, calling for a pre-modern
view of living beings. His project, after all,
consists of building a new *philosophical* bi-
ology, not a new biological *science*. That is
Jonas; but what about VE? VE, as we said,
not only forms a part of the community of
cognitive sciences, but aspires to become
its new paradigm. Yet they share the an-
thropomorphic inference from our lived
experience of teleology to its existence in
all organic life that Jonas acknowledges puts
his views irremediably at odds with modern
science. As Weber and Varela put it in their
agenda-setting paper:

“[B]efore being scientists we are first living be-
ings, and as such we have evidence of our intrinsic
teleology in us. And, in observing other creatures
struggling to continue their existence – starting
from simple bacteria that actively swim away
from a chemical repellent – we can, by our own
evidence, understand teleology as the governing
force of the realm of the living.” (Weber & Varela
2002: 110)

« 22 » This passage is representative of
the way in which current proponents of VE
deploy the Jonasian inference (see also Di
Paolo 2003: 25; Di Paolo 2005: 431; Thomp-
son 2007: 163; Froese & Di Paolo 2009:
440f). Our grounds for crediting non-hu-
man organisms with teleological properties
are to be found in our own experience, and
our knowledge that we too are biological or-
ganisms, *not* in an independently motivated
theory of how teleology can emerge from
the purposeless materials of the non-living
world. In embracing and following Jonas’s
existential biology, VE subscribes, willingly
or not, to a visible and substantive anthro-
pomorphism. Unlike Jonas, however, VE
does not seem to be in the position of freely
acknowledging its anthropomorphic com-
mitment – nor does it provide the kind of

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1 ideological or ethical defence of this com-
2 mitment we have alluded to above, or ad-
3 dress its incompatibility with the modern
4 scientific enterprise. Indeed, as far as we
5 know, VE has not publically recognized the
6 anthropomorphic component of its Jonasian
7 affiliation. Is this mere forgetfulness, or fear
8 of public punishment for “high treason”? We
9 think VE needs to review, sooner or later,
10 and for the sake of its own research pro-
11 gram, the anthropomorphic elements inher-
12 ited in the Jonasian turn. To ignore the issue
13 and go on as if it did not exist is not only a
14 bad strategy but also a dangerous one. It is a
15 bad strategy because the biological scientific
16 community knows perfectly well how to de-
17 tect anthropomorphic biases, and maintains
18 a permanent vigilance with respect to them
19 (Wynne 2007, 2004; Tyler 2003; Mitchell &
20 Hamm 1996; Kennedy 1992). It is a danger-
21 ous strategy too, because it may motivate
22 philosophical reactions such as those re-
23 cently expressed by Paulo De Jesus (2016), to
24 whom the questioning of anthropomorphic
25 elements in the enactive theory becomes a
26 reason to replace phenomenology with a
27 different theoretical paradigm (namely bio-
28 semiotics), as if anthropomorphism was an
29 inescapable result of extending conclusions
30 informed by phenomenological arguments
31 to the level of nonhuman animals.² Placing

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34 2| One of the authors (DW) would like to
35 clarify the following points: De Jesus’s (2016)
36 paper is a careful and important treatment of
37 the theoretical relationships between autopoietic
38 enactivism, radical enactivism (Hutto & Myin
39 2012), and Jonasian phenomenology. I am in
40 complete agreement with almost all of its exegesis
41 and conclusions, but want to use this opportunity
42 to clarify several important differences between
43 this article’s treatment and De Jesus’s. First, De
44 Jesus is concerned with criticizing Jonas’s extension
45 of phenomenological categories to nonhu-
46 man animals (and the adoption of this extension
47 by enactivists) on two scores – its anthropomor-
48 phism, and its analogical reasoning. I agree with
49 both of these criticisms. But this article’s concern
50 is exclusively with the way in which the anthropo-
51 morphic inference at the heart of Jonas’s phenom-
52 enology places it, and any paradigm that follows
53 it in this respect, at odds with modern scientific
54 practice. Second, De Jesus (2016) often writes as if
55 it is not merely Jonasian phenomenology, but phe-
56 nomenology *tout court* that should be eschewed

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Jonas in the context of the Husserlian and
existential phenomenologists to whom he
was reacting makes clear that this is not the
case.

« 23 » The introduction of phenom-
enology, as we said before, is perhaps the
most valuable contribution of VE to cogni-
tive science. Why put it at risk by loading it
with anthropomorphic elements? Why not
recover a more standard version of phenom-
enology, focused on and restricted to
the examination of *human* experience, in
keeping with the original spirit of VE? Be-
fore the Jonasian turn, Varela, Thompson
and Rosch described *The Embodied Mind*
as “a modern continuation of a program of
research founded over a generation ago by
the French philosopher, Maurice Merleau-
Ponty.” (Varela, Thompson & Rosch 1991:
xv), and subtitled their book “Cognitive
Science and *Human Experience*” (our em-
phasis). The prospect of combining bodily
phenomenology with contemporary cogni-
tive science was and remains, we think, an
insightful, promising and important agenda.
What is gained by, under the banner of a
questionable anthropomorphism, trying in
addition to teach us lessons about *bacterial*
experience?

« 24 » If Jonas’s philosophy of life is not
the best option for the development of VE
as a scientific research program, what kind
of theoretical framework might fit the bill?
What kind of biological theory might allow
us to preserve phenomenological interests
of VE without risking its scientific validity?
In the next and final section of the article,
we argue that Maturana’s autopoietic theory,
contrary to what VE seems to assume (Froese & Stewart 2010; Di Paolo 2009a; Thompson 2007), is in a position to do this.

by a viable enactivism. An important point that
follows from the argument of the present article
is that other phenomenological schools might be
happily integrated with an enactive cognitive sci-
ence, as long as they do not endorse Jonas’s an-
thropomorphic inference. Lastly, and relatedly, in
the next section it is argued that eschewing what
is problematic about Jonas’s enactivism need not
entail denying the existence of phenomenological
continuity between human and non-human animals
– Maturana’s autopoietic theory, in my view,
is a form of enactivism that allows for experiential
continuity without anthropomorphism.

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Another Way With Life and Mind: Maturana’s autopoietic theory

« 25 » As is known, Humberto Matura-
na’s autopoietic theory (MAT) is one of the
main theoretical antecedents of VE. VE sees
MAT as an important intellectual ancestor of
its research program, but also as a theoretic-
cal construction that needs to be overcome
in several respects (Froese & Stewart 2010;
Thompson 2007; Di Paolo 2005, 2009a).
One of the main aspects to be overcome,
according to the representatives of VE, has
to do with the subjective dimension of or-
ganic life; what they call, following Husserl,
the “lived experience” of living beings. As we
saw above, VE claims that living beings are
not only complex physicochemical systems
that produce themselves (i.e., molecular
autopoietic systems), but also entities that
enjoy an *experiential dimension*. According
to VE, MAT, with its systemic, mechanistic
and cybernetic approach, “is insufficient to
account for this lived dimension of living
being” (Froese & Stewart 2010: 10).

« 26 » In this section, we will argue
that there is no necessary tension between
a commitment to MAT and endorsing the
claim that there is an experiential dimen-
sion to all living systems. What MAT can-
not accommodate, as VE sees, is this ex-
periential dimension *when it is understood*
in the existentialist and anthropomorphic
terms of Jonasian biology. But Jonasian biol-
ogy is only *one* way of thinking about the
experiential dimension of living beings and
is not, absent further arguments from VE,
one we are compelled to accept. One may
accept, for example, that every living being
endowed with a certain sensory system is
capable of some kind of sensory experience
or qualia, thus making room for a minimal
and yet genuine form of lived experience in
living beings. And one can do this without
necessarily accepting the idea that every liv-
ing being, just because it is a living being,
is capable of existentialist experiences such
as concern, freedom, and purposiveness.
As we will show, MAT has its own way of
thinking about the lived dimension of liv-
ing beings, and of understanding the rela-
tionship between human and nonhuman
forms of experience. We want to show this
about MAT not with the purpose of demon-

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1 strating that it has the “correct” view about
2 living beings, but rather to offer to VE an
3 example of a theoretical framework that
4 we think suits its phenomenological inter-
5 ests without dragging it into the problem
6 of anthropomorphism. MAT, as VE points
7 out, takes a mechanistic and cybernetic ap-
8 proach to living beings. But this need not
9 make it, as we will see, incompatible with
10 or insufficient for granting an experiential
11 dimension to the existence of living beings.
12 MAT conceives of living beings as mecha-
13 nistic and deterministic systems, hence as
14 entities without purpose, freedom of action
15 or intentional properties, but is not commit-
16 ted to seeing them as zombies devoid of any
17 form of experience. We think VE’s belief to
18 the contrary stems from its endorsement of
19 the Jonasian anthropomorphism described
20 in the last section; in fact, we shall see that
21 what MAT precludes is not phenomenology
22 but anthropomorphism.

23 « 27 » Maturana has said many things
24 about human experience, but very few
25 about nonhuman forms of experience
26 (there are, as we shall see, important rea-
27 sons for this). And he has addressed human
28 experience mainly in the context of epis-
29 temological and metaphysical discussions
30 about realism and anti-realism (Maturana
31 1978, 1988, 1990, 2003), not in the context
32 of discussions about the phenomenological
33 aspects of experience. However, we think he
34 has said, here and there, enough to extract
35 from his writings a coherent and systematic
36 view about the phenomenological aspects
37 of living beings’ experience. The exegesis
38 we provide in this section, though, should
39 be viewed as a brief elaboration of what we
40 think MAT can say about the experiential
41 dimension of living beings, rather than as a
42 rendition of an alleged explicit and mature
43 Maturanian theory about living beings’ ex-
44 perience.

45 « 28 » Maturana (1995a, 1996) speaks
46 of living beings’ experience in relation to
47 two basic dimensions or domains of exis-
48 tence:

- 49 ▪ the physiological domain of the organ-
50 ism’s sensory dynamics, and
 - 51 ▪ the relational domain of the behavioural
52 interactions of the organism as a totality.
- 53 The first experiential domain is constituted
54 by the structural dynamics of all the sen-
55 sory systems of the organism, in all their

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modalities (visual, auditory, tactile, etc.)
and divisions (exteroceptive, propriocep-
tive, interoceptive). This is the domain
wherein the organism exists and has its
identity *as a physiological entity*, unlike
the second domain, wherein the organ-
ism, according to MAT, exists and has its
identity *as a relational entity* (more about
this distinction later on). Every organism
endowed with some form of sensory sys-
tem, with or without a nervous system, is
assumed by MAT to have some form of
sensory experience (Maturana 1996), i.e.,
what we call in standard philosophical par-
lance “qualia.” For example, unicellular or-
ganisms (e.g., bacteria, paramecia), which
lack a nervous system, are endowed with
sensoeffector systems composed of mac-
romolecular structures such as membrane
receptors, microtubules, cilia and flagella,
capable of exteroceptive phenomena such
as chemotaxis and magnetotaxis. These
sensory phenomena, even in the absence
of a nervous system, are assumed by MAT
to be sufficient to bring about some form of
sensory experience or qualia at a microor-
ganic level. Similar sensory structures are
assumed to generate similar sensory expe-
riences, and different sensory structures
are assumed to generate different sensory
experiences. Thus, for example, all visual
systems, in mammals, birds, reptiles, fish,
insects, etc., are assumed to generate, in
spite of their architectonic differences, some
kind of *visual*, rather than auditory, olfac-
tory or tactile experience. The visual expe-
riences associated with the different visual
apparatuses may differ in certain aspects
(e.g., monochromatic versus polychromatic
vision), but always remain within the do-
main of the visual phenomenology. In this
sense, the different experiential phenomena
brought about by the different sensory mo-
dalities are thought to be incommensurable
among them. A congenitally blind person,
for example, cannot (MAT assumes) gener-
ate or evoke visual experiences in virtue of
the functioning of her auditory or olfactory
systems. In the same way, we humans, lack-
ing the biological structures required for
electroreception, cannot generate or evoke
the kinds of sensory experience that MAT
assumes are associated with electroception
in sharks, duck-billed platypuses, bees and
other animals.

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« 29 » The second experiential domain, 1
on the other hand, is constituted by the be- 2
havioural interactions and space of coex- 3
istence that the organism establishes with 4
its environment, or, in a broader sense, by 5
its characteristic mode of life. Maturana 6
calls this experiential domain, neutrally 7
and without major metaphysical preten- 8
sions, the “psychic space” of the organism 9
(Maturana 1995a, 1996). Because of the 10
anti-naturalistic connotations of the English 11
word “psychic” (which Maturana does not 12
intend), where Maturana talks of “psychic 13
space” we will instead talk of an organism’s 14
psychological space. This relational domain, 15
as we said before, corresponds to the space 16
wherein the organism exists and has iden- 17
tity *as a relational entity*. As with the physi- 18
ological domain, every organism, insofar 19
as it establishes a certain relationship with 20
its environment, is assumed to have a cor- 21
responding form of relational experience 22
(Maturana 1996). For example, non-social 23
(solitary) organisms exist in a psychological 24
space mainly based on dynamics of struc- 25
tural coupling with non-living entities. So- 26
cial organisms, instead, exist in a psycho- 27
logical space mainly based on dynamics of 28
structural coupling with other organisms 29
(usually conspecifics), establishing different 30
kinds of communicative dynamics or pat- 31
terns of behavioural coordination. As with 32
the physiological domain, MAT assumes 33
that similarities and differences between the 34
psychological spaces occupied by organisms 35
correlate with similarities and differences in 36
their experiential lives. 37 807

« 30 » For our purposes here, there is 38
one distinction between modes of psycho- 39
logical space that is of particular impor- 40
tance, marked by the presence or absence 41
of language in an organism’s relationship 42
with its environment. Organisms that relate 43
to their environment and each other using 44
language occupy a *linguistic psychological* 45
space, while organisms without language do 46
not. According to MAT, human psychologi- 47
cal space is distinctive in being essentially 48
linguistic in this way; to be a human being 49
is to exist and operate in language (Matu- 50
rana 1978, 1988, 2003; Maturana, Mpodozis 51
& Letelier 1995). Language, in MAT, is a 52
special form of communicative behaviour, 53
namely *recursive* communicative behaviour 54
(Maturana & Varela 1987). Whereas many 55

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1 non-human social animals are able to gen-
 2 erate effective systems of communication
 3 or behavioural coordination, only humans,
 4 according to MAT, operate in a domain of
 5 communicative behaviours that is charac-
 6 terised by *recursion* (Maturana 2003). Mat-
 7 urana's *cybernetic* conception of recursion
 8 is importantly different from the more fam-
 9 ilar linguistic property of recursion as it
 10 figures in (e.g.) Marc Hauser, Noah Chom-
 11 sky and Tecumseh Fitch (2002). Maturana's
 12 recursion is not a compositional property
 13 of language itself, but a characteristic of
 14 the *process* by which he argues language
 15 emerges – human language is recursive in
 16 his sense because it emerged from a process
 17 that proceeded via repeated operations on
 18 its own result (Maturana 1995a). But this is
 19 not the place to analyse the technicalities of
 20 Maturana's theory of language (though see
 21 Villalobos 2015 for a relevant summary).
 22 What interests us here is to review the kinds
 23 of experiential phenomena that language,
 24 according to MAT, makes possible.

25 « 31 » MAT claims, for example, that
 26 time and temporality, as organizing struc-
 27 tures of experience, arise with language
 28 (Maturana 1995b). Past, present, future and
 29 correlative categories such as beginning and
 30 end, origin and finality, according to MAT,
 31 have experiential presence only for lingu-
 32 tic organisms. Since a certain sense of fu-
 33 ture, of result or final state is necessary for
 34 purposes and goals to figure in experience,
 35 MAT holds that only linguistic creatures
 36 enjoy a teleological experiential dimension.
 37 MAT also claims that language gives rise to
 38 the semantic and intentional dimension of
 39 experience (Maturana & Varela 1987). Only
 40 linguistic organisms can operate in repre-
 41 sentational domains and have a sense of
 42 "aboutness." Language, finally, makes possi-
 43 ble the sense of self and the phenomenon of
 44 self-consciousness (Maturana 2002, 1995a;
 45 Maturana & Varela 1987), and through
 46 these, experiential dimensions such as free-
 47 dom, responsibility and normativity, among
 48 others (Maturana 1988).

49 « 32 » Let us be clear – all of these are
 50 bold philosophical claims with respect to the
 51 role of language as an organizing principle
 52 of experience, which stand in need of much
 53 further elaboration and defence if their ac-
 54 ceptance is to be motivated. Our aim here is
 55 not to defend or justify any particular one

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of these claims. Recall that we are not try-
 ing to convince the reader that MAT has
 the correct view on these topics, but only
 to present the kind of experiential view that
 follows from MAT, and thereby to illustrate
 an alternative way enactivists might view
 the relationship between life, phenomenol-
 ogy and cognitive science. The crucial point
 in MAT's view for our purposes is this: just
 as there is incommensurability between ex-
 periences associated with distinct sensory
 modalities, MAT claims that the two basic
 modalities of psychological space – lingu-
 istic and non-linguistic – are also associated
 with incommensurable experiences. Inhab-
 itants of non-linguistic psychological space
 cannot generate the kind of experiential
 phenomena characteristically correlated
 with linguistic psychological space, nor can
 inhabitants of linguistic psychological space
 evoke the kind of experiential phenomena
 enjoyed by their non-linguistic neighbours
 (Maturana 1996). Thus, to the extent that
 only humans are assumed to operate in a
 recursive linguistic domain, MAT holds
 that only humans can enjoy the particular
 experiential dimensions associated with
 linguistic psychological space. That is, it is
 only *human* experience that is appropriately
 characterised in terms of purposes, a sense
 of self, meaning, intentionality, freedom
 and normativity.

« 33 » Clearly, there is much more to
 be discussed with respect to MAT and its
 view of living beings. But for present pur-
 poses, it is important we focus on two main
 points. The first is that MAT, contrary to
 the assumptions of contemporary defend-
 ers of VE, recognizes the existence of an
 experiential dimension in living beings.
 It holds that every living being, insofar as
 it exhibits some form of sensory and rela-
 tional dynamics, instantiates some form of
 experience. The second point concerns the
 key question of just how much we humans
 are entitled to conclude about other living
 beings' experience. MAT holds that we can
 say many things about *human* experience,
 and in that sense it is entirely compatible
 with the use of phenomenology *in its tra-*
ditional application. But things are differ-
 ent with respect to nonhuman living be-
 ings. According to MAT, we humans can
 recognize the existence of an experiential
 dimension in nonhuman living beings, but

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cannot say much about its specific features. 1
 The particular experiential domain we are 2
 talking about matters. If we are considering 3
 the *sensory* experiential domain, then we 4
 can assume some hypotheses with respect 5
 to the sensory experience of some living 6
 beings, provided we can demonstrate the 7
 existence of similar sensory structures and 8
 dynamics. But if we are considering the ex- 9
 periential domain associated with the psy- 10
 chological space inhabited by nonhuman 11
 living systems, then we do not have room 12
 for such an exercise. Let us recap how these 13
 points follow from the features of MAT we 14
 have sketched above. 15

« 34 » Can we humans legitimately as- 16
 sume that nonhuman living beings enjoy 17
 some kind of visual experience? "Of course 18
 we can," says MAT. We can see that this is 19
 one of the basic assumptions throughout 20
 Maturana's career as a neurophysiologist 21
 of visual perception. In his extensive stud- 22
 ies with frogs and pigeons, Maturana al- 23
 ways assumes that these animals, having 24
 retinal structures endowed with photosensi- 25
 tive cells, optic nerves and specific cortical 26
 zones, enjoy some kind of visual experience 27
 (Maturana 1959; Maturana et al. 1959, 1960; 28
 Lettvin et al. 1959; Lettvin et al. 1961; Mat- 29
 urana & Frenk 1963, 1965; Maturana, Uribe 30
 & Frenk 1968; Maturana & Varela 1982; Va- 31
 rela et al. 1983; Maldonado, Maturana & Va- 32
 rela 1988). Certainly, as is well known, Mat- 33
 urana rejects the idea that the phenom- 34
 enal states generated by these visual systems are 35
 representations of a pre-given and external 36
 reality, but he never questions the existence 37
 of such states per se. For example, Maturana 38
 never questions that pigeons have chromatic 39
 experiences, but he denies that such experi- 40
 ences are specified by external factors such 41
 as the spectral composition of the light wave 42
 (Maturana, Uribe & Frenk 1968). 43

« 35 » This is, of course, a simple ver- 44
 sion of what is known as the *Argument* 45
from Analogy. Since our visual experience 46
 is based on the functioning of biological 47
 structures such as photosensitive cells and 48
 certain specific nervous nuclei, nonhuman 49
 organisms exhibiting similar biological 50
 structures are expected to have *some kind* 51
 of visual experience too. The analogy is 52
 grounded on the assumption that the sen- 53
 sory experience generated by the visual ap- 54
 paratus of humans is commensurable with, 55

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obtained a Masters in philosophy at the University of Chile, and received his PhD in Philosophy of Mind and Cognitive Science from the University of Edinburgh. He is Associate Professor of Philosophy at the School of Psychology and Philosophy, University of Tarapacá, Chile, and Associate Researcher at the Institute of Philosophy and Complexity Sciences (IFICC), Chile. His main areas of research are the autopoietic theory of living beings, the enactive approach, and cybernetics. In particular, Mario develops and defends a Strict Naturalistic approach to cognitive science, which he takes to be a philosophical reconstruction and deepening of Ashby's cybernetics and Maturana's biology of cognition.



DAVE WARD

is a lecturer in philosophy at the University of Edinburgh. His research focuses on the relationships between perception, agency and understanding, arguing that these three capacities are constitutively and reciprocally interdependent. He is interested in the historical antecedents of such a view of these relationships (in the German Idealist and Phenomenological traditions, for example), the consequences of such a view for contemporary debates in the philosophy of mind, perception and moral psychology, and the relationship between this view and cognitive science past and present.

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though not necessarily identical to, the sensory experience generated by the visual apparatuses of nonhuman living beings. But hold on – have we not been criticising VE for inferring conclusions about the experiential lives of nonhuman organisms from our first-person acquaintance with our own? In attributing properties of our sensory experience to other animals is MAT not likewise guilty of anthropomorphism? We can choose to define anthropomorphism this way if we wish. But the important point is that the anthropomorphic inference that VE inherits from Jonas is problematic in a way that MAT's inference is not. MAT's inference from properties of human sensory experience to properties of its nonhuman relatives is grounded by the conviction that our empirically determined grasp of the structural dynamics of the physiology of our sensory systems is our best guide to the properties of our sensory phenomenology. If this is right, then we may conclude that similarity in biological structure goes

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with similarity in sensory experience. Once again – our aim here is not to defend conclusively or to motivate this inference or the conviction that underlies it, but to show that MAT is importantly different from VE in this regard. This is because, as we saw in the previous section, VE infers the presence of *teleology* and *purpose* in nature on the basis of their presence as dimensions of our experience and in doing so places itself at odds with the rejection of natural purposes that is – as Jonas himself argues – a prerequisite for the pursuit of the modern scientific enterprise.

« 36 » No doubt the narrower range of experiential properties we may legitimately take ourselves to share with nonhuman animals will appear insufficient to the eye of VE. For what VE wants is the recognition of the living being as a rudimentary existential subject, endowed with minimal and yet genuine forms of teleology and freedom, concern and selfhood. MAT, according to VE, fails to become aware that

when pigeons see a strawberry, they not only distinguish a particular colour and shape, but perceive a fruit that they value as a desirable goal, and that this is so because pigeons, like all living creatures, are intentional and teleological agents that are autonomous – they strive to stay alive. MAT “fails” to see the existentialist features that Jonas and VE see in living beings because, as we saw above, it holds that the experiential domain of an organism is given by the structural dynamics of its sensory systems and the dynamics of its relational domain or psychological space, and that just as different sensory modalities are assumed to be incommensurable, different modalities of psychological space – notably, the distinct regions of linguistic and non-linguistic psychological space – are assumed to be incommensurable too. Since MAT holds that features such as purposiveness, intentionality, freedom, agency and normativity depend not upon biological structures but upon the essentially linguistic character of

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1 human psychological space, we cannot as-
 2 sume these existential features of our expe-
 3 rience are ones we share with nonhuman
 4 animals. We have here what we might call
 5 an *Argument from Disanalogy*: the incom-
 6 mensurability of the psychological space
 7 occupied by humans and nonhumans en-
 8 tails that we humans cannot evoke the psy-
 9 chic space of non-linguistic living beings,
 10 let alone characterize it with the features of
 11 our own linguistic psychological modality.
 12 It is important to note that this does not
 13 commit MAT to denying that many non-
 14 human animals *appear* to act intentionally
 15 and purposively – indeed, MAT’s account of
 16 the teleological character of our experience
 17 might furnish us with materials we could
 18 use to explain why so many events in our
 19 world appear to us this way. Nonetheless,
 20 MAT argues that the distinctive characters
 21 of linguistic and non-linguistic psychologi-
 22 cal space provide us with a principled rea-
 23 son to refrain from taking this appearance
 24 of teleology at face value.
 25 « 37 » In this way, MAT is, as we can see,
 26 compatible with the assumption that every
 27 living being instantiates some kind of expe-
 28 rience, but incompatible with the assump-
 29 tion that said experience must have human-
 30 like features. That is, MAT is compatible
 31 with the enactive demand to acknowledge
 32 the experiential dimension of living beings,
 33 but in a way that prevents the problem of
 34 anthropomorphism.

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Conclusion

« 38 » Contemporary VE must address
 the anthropomorphic credentials of the Jo-
 nasian phenomenology it has taken to its
 heart. If the diagnosis we have presented
 here is correct then we can see three options
 for VE. It might abandon its aspirations to
 become a new paradigm for an integrated
 cognitive science of life and mind. It might
 defend a new conception of scientific inqui-
 ry, according to which the positing of natu-
 ral purposes that receive no further explana-
 tion in terms of structure or dynamics is no
 barrier to scientific legitimacy. Or it might
 abandon the anthropomorphic inference it
 inherits from Jonas and look for a new way
 to integrate phenomenology and cognitive
 science. We have suggested that Maturana’s
 autopoietic view provides an example of
 how this last option might be carried out.
 Whether or not the future of enactivism lies
 with Maturana, the last of the three options
 just presented is, in our view, the most ap-
 pealing by a large margin. The original Mer-
 leau-Pontian roots of enactivism should be
 recovered, and our focus should be a natu-
 ralistically acceptable explanation of how
 our subjective lives emerge from the dy-
 namics of our bodily engagement with the
 world. In fact, we think that most enactivists
 believe that they are engaged in just such a
 project. However, we have argued above that
 insofar as they rely on the Jonasian inference

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from the teleological character of our own 1
 experience to the existence of analogous 2
 structures in the experience of all living or- 3
 ganisms, they preclude the possibility of a 4
 full integration of their views with cognitive 5
 science. The Jonasian inference is tempting 6
 because it relieves enactivists of the obli- 7
 gation to provide a demonstration of how 8
 teleology and subjectivity are unavoidably 9
 entailed by the biological and interactive 10
 structures to which enactivists appeal. But 11
 this is the temptation of theft over honest 12
 toil. A genuine scientific revolution deserves 13
 better. 14

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Open Peer Commentaries

on Mario Villalobos and Dave Ward's "Lived Experience and Cognitive Science"

Confusion of Reflective Domains?

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> Upshot • I shall not address directly the article on which I am supposed to comment, and that I find very interesting, but I shall make four commentaries on the general subject of the confusion of domains in our reflection on biological and cultural phenomena.

First

« 1 » Science is a conceptual and operational instrument that we use for explaining any experience that we may live through proposing some process or mechanism such that if it were to operate, it would give rise in us to the experience that we are explaining in the domain of our living in which we live it. As we do science, we explain the coherences of our living with the coherences of our living. The fundamental care in doing science is not to confuse domains, that is, not to try to explain the coherences of what occurs in one domain with the coherences of what occur in a different, not intersecting domain.

« 2 » When we speak of biological phenomena, we refer to all that occurs in the operation of living systems in the continuous realization of their existing as molecular autopoietic systems. When we speak of cultural phenomena, we refer to all that happens in the domain of the realization of human beings as a person as they participate in reflective conversations with others or with themselves. The biological and the cultural phenomenal domains do not intersect and

what occurs in one cannot be deduced from what happens in the other. No doubt the biological processes and the interpersonal relations operate through molecules as they occur in their realization of the molecular autopoiesis of the living beings, and they affect each other in their realization, but the biological processes and the interpersonal relations are different kinds of phenomena and to confuse them is a conceptual mistake. Accordingly, notions of purpose, finality, intentionality, etc. do not apply to the happening of the molecular biological processes; they apply and make sense only in the domain of human relations as distinction of particular aspects of human behavior in the domain of the co-ordinations of living in reflective conversations.

Second

« 3 » When living systems arose on the earth some 3.8 billion years ago as discrete molecular autopoietic entities, they arose together with the molecular ecological niche that made them possible as organism-niche ecological unities. Living systems, as molecular entities, are structure determined systems; and in their interactions with other molecular entities, all that takes place is a reciprocal triggering of structural changes that results in the arising in them of dynamic configurations of molecular architectures that constitute the ecological organisms unities in which they exist, are conserved and transformed or disintegrated. So, when living systems arose as organism-niche unities integrating the ecological domain that made them possible, they arose as dynamic components of a dynamic molecular architecture that became the biosphere in which, and in coherence with which, they have been continuously conserved and transformed since

their origin millions of years ago. The fundamental result of this historical process is that every living system exists only in operational coherences with the molecular architecture that constitutes the dynamic biosphere that makes possible the realization of its molecular autopoiesis in its individual ontogeny as a manner of living that can be conserved as the same or with transformations from one generation to the next. In other words, the biosphere occurs as an extended molecular architecture that exists in continuous change and transformation around the conservation of a network of intercrossing ecological organism-niche unities in which each organism realizes its molecular autopoiesis following a path of change and transformation defined at every instant in its locality by the coherences of its inner sensations in the processes of its actual realization. When this process stops happening, the organism-niche ecological unity disintegrates as the organism dies. The extended molecular architecture that is the biosphere in which we now live is the present of the conservation and transformation of the one that arose with the origin of the network of ecological organism-niche unities that began with the origin of living beings near 4 billion years ago.

« 4 » In this manner, the evolution of living systems has occurred in the changing dynamic molecular architecture of the biosphere in the never-interrupted conservation of molecular autopoiesis through a process of reproduction of manners of living that, at the same time as they have conserved it, have give rise to variations in the form of their realization in the constitution of branching lineages of intercrossing ecological systems of organism-niche unities of which every living system now living is a present case. When this process of repro-

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1 duction stops happening in any given lin-
2 eage, the lineage becomes extinct.

3 « 5 » In other words, the result of all this
4 is that all living systems living now occur in
5 sensory, operational and relational ecologi-
6 cal coherence in the locality of the dynamic
7 molecular architecture of a biosphere that is
8 continuously arising with realization of the
9 network of interrelated ecological organ-
10 ism-niche unities that they spontaneously
11 integrate while they realize their living. That
12 is, we human beings, as living systems, exist
13 today as a spontaneous result of the history
14 of transformation of a biosphere that begun
15 as a molecular architecture integrated and
16 conserved in the uninterrupted realization
17 of living system that arose spontaneously as
18 discrete molecular autopoietic systems with
19 the ecological medium that made them pos-
20 sible millions of years ago.

Third

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23 « 6 » Living in reflective conversations
24 is our human cultural manner of living to-
25 gether; and living in language in reflective
26 conversation is our particular ecological
27 niche. Language is a manner of living in re-
28 cursive co-ordinations of inner feelings, of
29 doings and of emotions, in reflexive conver-
30 sation. And living in recursive co-ordinations
31 of inner feelings, doings and emotions is our
32 manner of making distinctions in our living
33 that constitute the entities, processes and re-
34 lations of the cosmos that arises as we explain
35 the coherences of what we do and of what
36 happens to us in our living with the coher-
812 37 ences of the realization of our living. Notions
38 such as purpose, aim, intentions, adaptation,
39 adequacy, progress, thoughts, reflections, etc.
40 belong to what we do as we recursively co-
41 ordinate our inner feelings and emotions as
42 we operate in the recursive co-ordinations of
43 our feelings, doings and relations as they arise
44 in the course of our reflexive conversations as
45 we coordinate our doings – thoughts, desires,
46 fears, concerns, explanations as well as the
47 doings that we do as we live them.

48 « 7 » None of the notions that we use as
49 we reflect about the happening of what we do
50 in our conversations as we describe the orien-
51 tation of our reflections or our doings apply
52 to what occurs in the spontaneous realization
53 of the dynamic molecular architecture of the
54 biosphere. As we use our reflective notions as
55 if they applied to the processes of the molecu-

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lar architecture of the realization of living sys-
tems in the biosphere, particularly if we use
them metaphorically, we confuse operational
and conceptual domains in a manner that in-
terferes with our understanding of the worlds
(cosmos) that we generate as we explain the
coherences of our living with the coherences
of our living, obscuring our understanding
of our own living in reflective conversations.
And when that happens, we lose sight of how
we are responsible as conscious human be-
ings for the worlds that we generate in the dy-
namic architecture of the biosphere that we
integrate with all the sensory, operational and
relational dimensions that arise with our liv-
ing as we are in reflective conversations.

Fourth

« 8 » I appreciate the references and use
that the authors make of my work, which I
consider they do in a very adequate, and I
agree with them in their fundamental con-
clusions. Now I would like to add the follow-
ing reflection. Perhaps the expression “expe-
rience” is too anthropomorphic in itself
because it entails an implicit act of abstract-
ing a configuration of feelings as some kind
of psychological entity about which we can
talk as something that occurs independently
of our distinguishing it. In our conversa-
tions, my colleague Ximena Dávila Yáñez
(see Maturana & Dávila 2015) and I have
come to the conclusion that in our human
case, when we speak of an experience, we al-
ways refer to something that we distinguish
that happened or is happening to us in our
living. For example, walking is not lived as
an experience unless we refer to it in our re-
flections: an experience in our human living
is something that we are aware is happening
or did happen to us. In the present develop-
ment of robotics, with the design of many
automatic systems that have inner sensors
to accommodate to the changing circum-
stances in which they are made to operate,
imitating what happens with living systems,
would we say that they have experiences like
we do? Would we compare what we think is
happening in them with their inner sensors
guiding their movements with what is hap-
pening in an animal searching for its food?

« 9 » A living being exists as an organ-
ism in dynamic sensory coherence with the
circumstances in which it lives as a result
of the never-interrupted evolutionary his-

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tory of transformation of the biosphere that
arose as the ecological niche of the first or-
ganisms in the origin of living systems near
four thousand million years ago. As a result
of the continued operational, relational and
sensory coherence of the living systems with
the molecular architecture of the biosphere
since its origin, every organism appears as if
it operated with a purpose in the ecological
medium in which it happens to live in sen-
sory, operational and relational coherence as
a result of such evolutionary history. Simi-
larly, a robotic system appears to act with a
purpose in the medium in which it operates
as the result of a human design, but there is
no purpose in its operation.

« 10 » I think that this article is very
valuable because it opens a reflective space
in relation to how to understand the in-
creasing evolutionary complexity of the in-
ner sensors and operational abilities of the
organisms that has resulted in the social liv-
ing that constituted the space in which our
living in language arose with the arising of
our humanness and of our awareness that
we are responsible of the worlds that we
generate together. With my colleague Xi-
mena Dávila, I think that we human beings
are a spontaneous result of an evolutionary
history guided by the conservation of the
well-being of living together in the intimacy
of the coordinating the doings of the daily
chores that created the loving relational
space in which arose our manner of living
in conversations in which we reflect about
their origin, ... have ethical concerns ...are
aware that we are not the product of some
mysterious design, and in which we feel re-
sponsible for what we do and not do, and we
think, that this is very wonderful.

Humberto Maturana Romesín showed that living
beings are molecular autopoietic systems, and that
language as a biological phenomenon occurs as a flow
of living together in co-ordinations of co-ordinations
of consensual behaviors; and cognition as a biological
phenomenon occurs when an organism operates
adequately to the circumstances of its living, conserving
its autopoiesis as a consequence of the operational-
relational coherences with its niche that are proper to
it in the present of its living as a feature of the history
of the evolutionary structural drift to which it belongs.

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1 Can the Lived Experience of 2 Living Beings Be Approached 3 through Inference?

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8
9
10 > **Upshot** • Villalobos and Ward seem to
11 disclose a fundamental problem without
12 solving it – a problem to which neither
13 the Jonasian nor the Maturanian infer-
14 ence can offer a solution. It should be ad-
15 dressed by a phenomenological analysis
16 of our basic experience of aliveness.

17
18 « 1 » Basically, I agree with Mario Vil-
19 lalobos and Dave Ward's view that it is not
20 profitable for enactivism to adopt the overly
21 existentialist and anthropomorphic lan-
22 guage of Hans Jonas (1966). Speaking of
23 "freedom" and "concern" in primitive living
24 beings seems too metaphorical. If these ex-
25 pressions are to be understood as more than
26 just metaphors, they have to be translated
27 into a more precise language.

28 « 2 » I also agree with the authors' claim
29 that non-human living beings also have phe-
30 nomenological "lived experience," although
31 the latter is not necessarily comparable with
32 human experience. However, the Matura-
33 nian *inference* that the authors present (§35)
34 seems insufficient to endorse the view that
35 all living beings have lived experience. I will
36 return to this point later in this commentary.

37 « 3 » In general, the target article does
38 not seem to solve, but (seemingly uninten-
39 tionally) discloses, fundamental problems:
40 Why and how can we acknowledge that
41 living beings have (subjective) experience?
42 What does this acknowledgement mean in
43 the ultimate sense?

44 « 4 » The authors might also think that
45 it is necessary to address these fundamental
46 questions in order to prepare for a "genuine
47 scientific revolution" (§38). However, the
48 authors apparently fail to see that the dis-
49 cussions in this article leave the above-men-
50 tioned fundamental problems unresolved.

51 « 5 » It is possible that Jonas also sug-
52 gests that we should address these essential
53 questions. However, Jonas's metaphorical al-
54 lusions must be insufficient to answer them.
55 In my view, those questions should be ad-

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dressed by concrete phenomenological anal-
yses of our rudimentary experience of "life"
or "aliveness." Still, phenomenologists have
not properly engaged in this task so far. This
is an unsolved problem for phenomenolo-
gists as well. It might be said that enactiv-
ists disclosed this problem, but have not yet
deepened it.

« 6 » To address properly the question:
"How can we acknowledge living beings'
experience?," enactivism should not uncriti-
cally opt for the "Jonasian inference" that
cannot dispel the suspicion of anthropo-
morphism. But, on the other hand, it also
does not seem to be a fundamental solu-
tion to adopt the Maturanian idea that hu-
man experience is incommensurable with
non-human experience (§32). This does not
solve, but merely sharpens the fundamental
question, which now reads: How can we ac-
knowledge "experience" of non-human liv-
ing beings if it is essentially different from
ours? Why can we call it "experience" if it is
not similar to our human experience?

« 7 » Villalobos and Ward acknowledge
the fact that "many non-human animals ap-
pear to act intentionally and purposively"
(§36). This problem of "appearance" cannot
be rendered harmless by saying that non-
human animals *appear* to us to have inten-
tions and purposes whereas *in fact* they do
not. The appearance and the factual being of
experiential life cannot be separated without
creating fundamental problems. As Francis-
co Varela pointed out, our tacit recognition
of "living" or "being alive" constitutes the ba-
sis for all considerations and investigations of
living beings, but is not explored by biologists
and researchers of life (Varela 1979: 3–6). If
we thoroughly ignore the fundamental "ap-
pearance" of life, we will find nothing other
than physical and chemical mechanisms in
this universe. If we find life in this universe,
our extremely primitive acknowledgement
(or perception) of "aliveness" is already at
work (see also Barbaras 2008).

« 8 » This fact is too primitive and rudi-
mentary to be noticed in our natural attitude.
That is why we need a phenomenological in-
vestigation of it on the basis of a phenom-
enological epoché. In particular, we should
suspend simply presupposing our funda-
mental experience of "aliveness" because we
always see life through the medium of this
experience, and cannot attentively observe

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it as such as long as we take its function for
granted. Therefore, it is necessary to activate
reflectively our awareness of this experi-
ence itself. This means deeply sinking into
our most basic experience of aliveness in
which "seeing life" and "being life" cannot
be separated. Edmund Husserl tentatively
developed considerations on empathy into
non-human living beings, including animals
that are considerably remote from humans
such as jellyfish (Husserl 1973: Text No. 6).
However, he did not deepen his analysis in
this direction. Phenomenologists after Hus-
serl have also rarely faced this task. (A rare
exception is Renaud Barbaras, e.g., 2008).

« 9 » Interestingly, enactivism opened
our eyes to this fundamental problem. In the
first chapter of *The Embodied Mind*, Varela,
Evan Thompson and Eleanor Rosch call our
attention to a "fundamental circularity":

22 "Thus in reflection we find ourselves in a circle:
23 we are in a world that seems to be there before re-
24 flection begins, but that world is not separate from
25 us." (Varela, Thompson & Rosch 1991: 3)

26
27 « 10 » What is said here about the world
28 also applies to life. A living being appears to
29 exist as such before we reflect, but in fact, the
30 aliveness that makes it appear as a living be-
31 ing cannot be separated from our reflection
32 and seeing. Our seeing makes it possible for
33 living beings to appear as such, and this ap-
34 pearance makes it possible for our seeing to
35 find living beings as such. What we should
36 do is straightforwardly step into this circu-
37 larity: "we should go back where we started,
38 to the concreteness and particularity of our
39 own experience – even in the endeavour of
40 reflection" (ibid: 12).

41 « 11 » In the concrete fact of such a cir-
42 cular phenomenon, our own experience and
43 the aliveness of living beings inseparably
44 belong to each other. It is through the me-
45 dium of this fact that we see living beings as
46 living. The fact that we intuitively acknowl-
47 edge that living beings have a certain kind of
48 experience is arguably rooted in this circular
49 phenomenon. Experience can not only be
50 experienced internally, but also experienced
51 by other experiences. A phenomenological
52 investigation into this basic fact can possibly
53 make more explicit how "experience" of living
54 beings is experienced in our basic and factual
55 perception of aliveness. Such an investiga-

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tion is worth trying because the fundamental fact of perceiving aliveness has been scarcely investigated. As I already suggested, this fact can hardly be observed in reflection because it is in a sense too close to our own act of seeing the world. Phenomenological epoché is an effective way to break our blindness of this kind to what is at work in the middle of our own experience of living beings.

« 12 » Let us return to the question: How and why can we see living beings as experiencing beings (not as zombies)? We cannot answer this question by any kind of *inference*. If we, like Jonas, infer from human experience what experience of non-human living beings is like, we already presuppose our own fundamental experience that makes it possible for us to see living beings as living. The same applies to the Maturanian inference from similarity in biological structure to similarity in sensory experience (§35). Before the inference, we already find non-human animals to be living. This means that the inference is already based on the fundamental experience or perception of aliveness that is previously in operation. This experience makes it possible for us to acknowledge (or even directly feel) that living beings have their own experience. The ability that we use when we see animals as living is not of an inferential nature. To grasp the aliveness of living beings, we employ an ability that is much more basic and primitive than inference. What is needed here is not to infer, but to go back to that original ability and experience. By this move, we can face the above-mentioned circularity. Neither the Jonasian nor the Maturanian inference is capable of this task.

« 13 » This idea of circularity between knowing and the known can be traced further back to the intuition shown at a common origin of the Varelian and the Maturanian theories. In *The Tree of Knowledge*, Humberto Maturana and Varela explained, “what this book aims to show [...] is that all cognitive experience involves the knower in a personal way, rooted in his biological structure” (Maturana & Varela 1987: 18). This is also called the “cognitive circle” or “ongoing recursiveness” (ibid: 241f).

“This circularity, this connection between action and experience, this inseparability between a particular way of being and how the world ap-

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pears to us, tells us that *every act of knowing brings forth a world.*” (ibid: 26)

« 14 » Maturana and Varela also comment that this circularity “is so obvious and close that it is very hard to see” (ibid: 23). This is an essentially phenomenological way of thinking. The task of phenomenology is to bring carefully into awareness the fundamental fact of knowing experience that is difficult to observe because it is too obvious and close to our own experience (Taguchi 2006: 3–22). At this point, enactivism touches on the most authentic problem that Husserlian phenomenology addresses. Both enactivists and phenomenologists should go back to the original intuition of Maturana and Varela that is still showing us the way.

« 15 » In sum, what is at stake here is the fundamental phenomenon in which “seeing life” and “being life” are not two separate events, but constitute one and the same original fact. A life comes into “being” in the midst of my seeing it as life, and I see a life just because there exists a life. The phenomenon of life necessarily emerges “between” being and seeing, or rather, it consists in an inevitable circularity. Jonas does not enter this one and the same phenomenon of circularity. For him, knowing and the known fact of life seem to be separate facts. That is the reason why Jonas’ philosophy cannot shake off the suspicion of anthropomorphism. The important thing is not to make an *inference* from one to the other, but to straightforwardly face the phenomenological *fact* of seeing life that takes place in the midst of our experience. This fact gives no room for inference. Instead, it should be phenomenologically described and analyzed. In such a way, we can keep enactivism away from anthropomorphism and, at the same time, we may possibly find a way to rehabilitate (a certain kind of) teleology in thinking of life, as the new stream of Varelian enactivism seeks.

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Sweeping Anthropomorphism Under the MAT

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> **Upshot** • Villalobos and Ward reappraise enactivism’s “Jonasian turn” and discover an untenable anthropomorphism at its core. As a corrective to this, the authors propose a Maturanian-inspired account of experience (MAT) that could accommodate central enactive insights while avoiding anthropomorphism. In this commentary, I will delve a bit deeper into Villalobos and Ward’s treatment of anthropomorphism. In so doing, I will show that the notion of anthropomorphism (a) trades on an ambiguity that leaves the authors’ own position open to accusations of anthropomorphism and that (b) it needs further justification for why it is at odds with science. I conclude with a few words on why the authors’ assessment of a similar proposal by myself is unfounded.

« 1 » This important target article takes up an issue first raised in De Jesus (2016) against Varelian enactivism (VE) and attempts to rectify it with insights drawn from the work of Humberto Maturana. I am in total agreement with what I understand to be the two core theses of this article: (a) that Jonasian phenomenology is anthropomorphic and that VE falls into the same difficulties by following Hans Jonas, which as a consequence (b) requires VE to forego Jonasian phenomenology and adopt an alternative framework to accommodate its theoretical ambitions. I do, however, want to raise some concerns regarding the term anthropomorphism and how it is used by the authors. My reading of the target article suggests at least two possible ways in which the accusation of anthropomorphism could be understood, one compatible with the authors’ overall arguments, the other not. Thus, because the authors are not entirely clear on which meaning of anthropomorphism they have in mind, they leave themselves open to accusations of anthropomorphism. It is further noted that the authors provide *no justifica-*

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tion for the claim that anthropomorphism is at odds with science.

« 2 » Let us begin by identifying two distinct meanings of the term anthropomorphism at play in the article. The term anthropomorphism is variously used throughout the target article to mean either (a) the attribution of *human mentality/experience* to *nonhuman organisms* or (b) the view that nonhuman organisms are in possession of *any kind/type* of mentality/experience. That is to say, while (a) maintains that it is anthropomorphic to attribute human type mentality to nonhuman organisms, (b) considers it anthropomorphic simply to conceive of nonhuman organisms as possessing any type of mentality. For the sake of our discussion let us call (a) standard anthropomorphism (SA) and (b) benign anthropomorphism (BA). Generally speaking, anthropomorphism, particularly with regards to biological sciences, encompasses both meanings (Kennedy 1992). However, in the context of the article and enactivism more generally, these two meanings of the term need to be kept in mind in order to avoid unnecessary confusion.

« 3 » When Mario Villalobos and Dave Ward argue that anthropomorphism is at odds with modern scientific practice, it is far from clear which of the above two meanings they have in mind. They offer (§5) the standard definition of anthropomorphism as the practice of attributing human features to nonhuman organisms. At the same time, they also note that hydrologists would not explain the Nile's behaviour in terms of "desires, purposes and similar teleological concepts." This suggests that, in the context of biological science, for Villalobos and Ward, nonhuman organisms such as the Nile should not be understood in terms of desires, purposes and similar teleological concepts since these are strictly human properties. The authors thus appear to understand anthropomorphism in terms of BA, that is, it is anthropomorphic to regard nonhuman organism as possessing *any type* of mental properties *whatsoever* because only humans possess such properties.

« 4 » This understanding is especially prominent in Villalobos and Ward's discussion of Jonas's views on anthropomorphism. The authors begin their discussion by noting that Jonas's project centred around re-

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jecting the view that "scientific biology, confined to the physical facts, acknowledges no experiential inner dimension of living beings" (§13). Here, anthropomorphism, for Jonas as for Villalobos and Ward, is a consequence of attributing an experiential inner dimension to nonhuman organisms. It is thus anthropomorphic to regard nonhuman organisms as possessing any type of mentality/experience (BA). It is this view that Jonas considers to be anthropomorphic and that he goes on to embrace in contradistinction to scientific biology. Villalobos and Ward follow suit and agree with Jonas that any research project that embraces *this type of anthropomorphism* is at odds with scientific practice. Villalobos and Ward can thus be read to be using the term anthropomorphism for anyone committed to BA.

« 5 » However, at the same time, anthropomorphism as SA also begins to emerge. As Villalobos and Ward (§14) point out, after taking issue with the fact that biological science does not account for the phenomenological dimensions of nonhuman organisms, Jonas takes the further step of arguing that it is through *our own* undeniable phenomenological experience that we are justified in attributing similar experiences to nonhuman organisms. Here, the SA meaning of anthropomorphism comes into play and is attributed to Jonas by Villalobos and Ward, who argue (§15) that this too is at odds with scientific methodology and practice. The overall discussion on anthropomorphism thus does not explicitly distinguish between these two meanings and proceeds as if anthropomorphism should be understood to encompass both meanings. But why, if at all, is this important?

« 6 » This ambiguity becomes important when we begin to question and probe why anthropomorphism – *which* anthropomorphism – is "at odds with science." Villalobos and Ward (§20) take the lead from Jonas on this question and simply reiterate, as Jonas did, that there is a deep incompatibility between science and anthropomorphism and that therefore we need to choose one over the other. Jonas chose anthropomorphism and Villalobos and Ward choose science. But here, we need to be careful in identifying what exactly is it, in the first instance, that Jonas is rejecting and embrac-

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ing? To understand why Jonas considers his philosophical project to be one worth pursuing without condemnation and moreover preferred to science, we need to recognise that he is rejecting the view that (biological) *science denies any form of phenomenology to nonhuman organisms*.

« 7 » Jonas is thus first and foremost arguing that one cannot, without further argument, simply discredit the possibility that other organisms possess some sort of mentality or phenomenological experience. In other words, Jonas begins his argument against modern biological science by embracing BA, and therefore insisting that all organisms do have a phenomenological dimension. Thus, the core motivation for Jonas's embracement of anthropomorphism is the conviction that all organisms, not only humans, have an inner phenomenological dimension that in his view modern biological science was unable to account for or even recognise.

« 8 » The problem for Jonas, however, is that he then attempts to justify this conviction by drawing on his own embodied experiences. It is in so doing that Jonas inevitably commits himself to untenable SA. Nonetheless, when Jonas recognises and then argues that anthropomorphism is incompatible with science, it is not SA that he has in mind but rather BA. When Jonas argues that the "struggle against teleology is a stage in the struggle against anthropomorphism," Jonas means a struggle against BA and not SA. This is an important point because it bears directly on the authors' own broader aims of replacing Jonasian phenomenology with MAT. 815

« 9 » It is perhaps telling to note that at this stage, other than following Jonas on this point, Villalobos and Ward provide us with no further justification for why anthropomorphism is "at odds with science." But, as we have just seen, what Jonas is arguing against and then aligning himself with is far from being obviously "at odd with science." Surely, as the authors' MAT proposal attests, there could be no scientifically valid objection to wanting to explore whether nonhuman organisms possess phenomenological experiences. If there is, the authors need to provide us with some argument to defend this point and explain how it does not effect MAT. The authors do suggest (§22) that

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1 anthropomorphism is “bad” because the
2 scientific community is very good at recog-
3 nising anthropomorphic bias. But this is no
4 argument whatsoever but merely a simple
5 restatement of the same point by fiat. They
6 also suggest that ignoring anthropomor-
7 phism is also “dangerous” because it could
8 encourage positions such as my own (De
9 Jesus 2016) – of which more shortly.

10 « 10 » Villalobos and Ward thus need to
11 ■ clarify what exactly they mean by anth-
12 ropomorphism and
13 ■ provide us with an argument for why
14 anthropomorphism is actually at odds
15 with science.

16 A failure to do either of these leaves the
17 charge of anthropomorphism not only un-
18 satisfactory but more importantly leads to
19 contradictions within the authors’ own po-
20 sition. The problem for Villalobos and Ward
21 is that their use of the term anthropomor-
22 phism clearly encompasses both meanings
23 and as a consequence automatically rules
24 out the possibility for any scientific explora-
25 tion of the phenomenological experiences of
26 other nonhuman organisms, including their
27 own MAT proposal.

28 « 11 » While I would agree that it is sci-
29 entifically problematic to adopt SA, it is far
30 from obvious that defending BA should be
31 understood in the same terms. Or, indeed,
32 that it should be labelled anthropomorphic
33 at all. MAT is, after all, a proposal that aims
34 to accommodate the view that there is a
35 phenomenological continuity between hu-
36 man and nonhuman organisms; are we to
37 understand it as anthropomorphic and so at
38 odds with scientific research? The dialecti-
39 cal logic followed by the authors in the tar-
40 get article, which fails to disambiguate the
41 notion of anthropomorphism, seems inad-
42 vertently to commit them to precisely such
43 a conclusion. While it might be correct that
44 there is no necessary tension between advo-
45 cating MAT and also holding the view that
46 all living organisms have an experiential di-
47 mension, endorsing MAT must be consid-
48 ered anthropomorphic. MAT thus fares no
49 better than Jonasian phenomenology.

50 « 12 » Note that the point raised here is
51 not the same as the one anticipated by the
52 authors (§35) regarding possible accusa-
53 tions of anthropomorphism. It is not be-
54 cause MAT recognises that analogous phys-
55 iological sensory dynamics potentially give

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rise to analogous sensory experiences, but
rather because Villalobos and Ward’s own
definition of anthropomorphism entails
that only human organism have experience
and nonhuman organisms do not; inferring
otherwise is anthropomorphic. Clearly the
authors should want to avoid this conclu-
sion and to do this they need to be clear on
the exact meaning of anthropomorphism.
Furthermore, to bolster this, they will have
to provide further arguments as to why
their understanding of anthropomorphism
is at odds with science.

« 13 » Le me conclude this commentary
by saying a few brief words on the authors’
reading of one of my papers addressing a
similar issue. This analysis should I think
go some way in showing that the authors’
labelling of my position (De Jesus 2016)
as “dangerous” is completely unfounded.
First of all, in my paper I recognise that at
the core of the life-mind continuity thesis
proposed by VE is the intuition that other
organisms have some sort of phenomeno-
logical experiences. In so doing, I allow not
only for a phenomenological continuity
between human and nonhuman organisms
but also for a valid role for phenomenology
within enactivism. Like the authors, I ex-
plicitly only reject *Jonasian phenomenology*
and not *phenomenology as a whole*.

« 14 » Despite the issues raised here,
this is undoubtedly an important article that
should stir up much needed debate within
the enactive community. If it does its job
properly, it should get enactivists rethink-
ing one of the key components – life-mind
continuity – of its paradigm. While the finer
details of the target article might still need
further fine-tuning, the take-away message
is undoubtedly clear and important.

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Is Intentionality Banned from Sciences of the Living Being?

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> **Upshot** • This commentary questions
an assumption in the target article to
the effect that science prohibits project-
ing any intentional properties or entities
outside of human experience.

« 1 » By anthropomorphism, the au-
thors of the target article mean “the practice
of attributing human features (i.e., behavior
in terms of desires, purposes or similar tele-
ological concepts) to nonhuman entities”
(§5). Such anthropomorphism, they claim,
is prohibited in any respectable science.
However, leaving aside the trivial case of
innocent poetic metaphors humanizing ele-
ments of Nature (rivers *wanting* to reach the
sea, etc.), it appears that such uncontroversial
sciences as psycho- or even neurophysi-
ology keep providing flagrant counterexam-
ples to that claim.

« 2 » Specifically, an important litera-
ture on the cartography of the motor and
premotor cortex in monkeys and other non-
human animals has developed in the wake
of Werner Penfield’s pioneering work in
man (Penfield & Boldrey 1937), revealing
the presence of complex, integrated and in-
tentionally-oriented neural representations
of ethologically relevant behaviors, such as
limb and mouth movements motivated by
self-feeding or self-defense (Graziano 2015:
1–12; Kaas, Gharbawie & Stepniewska 2013:
407–414; Graziano 2009; Rizzolatti et al.
1987). This already shows that any search
for brain correlates of intentional behavior
involves rooting intentional properties in
nature, specifically in sub-personal systems
of the organism. And there is no question
that sub-systems in the (human or nonhu-
man) organism (apart from the dimensions
of behavior they encode) are more like au-
tomatic mechanisms than resembling whole
human agents, the usual bearers of inten-
tional properties. Without an unobjection-
able ‘anthropomorphism’ of this type, cog-
nitive neurosciences simply could not carry

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1 out their program. But the same sciences
2 do not hesitate to take a more comprom-
3 ing commitment in favor of the existence
4 of intentional properties in nature. If there
5 is no surprise in finding neural correlates
6 for goal-oriented behaviors, surely nobody
7 would expect neural correlates for what
8 amounts to telepathy! However, the studied
9 animals not only possessed brain cognitive
10 maps of the repertoire of innate or learned
11 actions they use for attaining their own
12 aims, but possessing the same maps enabled
13 them to perceive and recognize directly, not
14 inferentially, the intentions for alien actions
15 by merely observing the postures and limb
16 movements of other animals, and not neces-
17 sarily conspecifics (Di Pellegrino et al. 1992:
18 176–180; Rizzolatti & Sinigaglia 2006).

19 « 3 » Notoriously, the researchers insist
20 on acknowledging the existence of those
21 high level neural motor representations or
22 high level sensorimotor stimuli as irreduc-
23 ible to any linear, summative hierarchic re-
24 cuiting of individual muscles or muscular
25 synergies or low-level reflexes through cor-
26 ticospinal or thalamocortical pathways. In
27 so doing, are not they typically “attributing
28 desires, purposes and similar human fea-
29 tures to nonhuman entities”? But how can
30 we reproach them for doing so, unless we
31 return to the ante-cognitive behaviorism of
32 Watson or Skinner, which deprived the sci-
33 entist community of the benefit of Theodor
34 Lipps’s (1903) profound intuition about
35 the function of *Einfühlung*: the capability
36 of putting oneself into the body of another
37 observed agent that one is trying to under-
38 stand, until its brain correlates – the so-
39 called “mirror neurons” – were discovered
40 in the monkey brain by Giacomo Rizzolatti
41 and his team a century later?

42
43 “It is as if these neurons (in F5 and AIP) reacted
44 not to the stimulus as such, that is, to its form or
45 its sensorial appearance, but to its *meaning* for
46 the animal. But reacting to a meaning is precisely
47 what one means by ‘understanding’ (Petit 1999:
48 239).” (Rizzolatti & Sinigaglia 2006: 49)

49
50 « 4 » In the world of day-to-day life,
51 we might occasionally bump into pieces of
52 furniture or be injured in a car crash, but far
53 more constantly we deal with the intentions,
54 wills, desires, ambitions, pretensions, etc. of
55 other people. If ignoring obstacles in one’s

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way would surely be unwise, pretending – as
is usual in science – that the world can be
reduced to its physical components with-
out any intentional properties whatsoever
would prove to be no less dangerous. “Noth-
ing other than elementary particles dancing
in a vacuum”: whatever intellectual satisfac-
tion a philosopher might draw from abiding
by that dogma of the conventional scientific
view of nature, it cannot be upheld seriously
unless one concedes that the rich ontology
of intentional entities of lived experience
boils down to a mere illusion of conscious-
ness. The current way out is to refer, as the
ultimate aim of science, to the endorsement
of a purely physicalist ontology and make do
in the meantime with emergent properties at
each level of organization of the living be-
ing considered as a complex system. But it is
hardly satisfactory to assume level after level
of emergent properties miraculously levitat-
ing in thin air above an indifferent material
substrate. If intentional entities of our expe-
rience are not illusions of consciousness, the
question is what support might they find at
the subpersonal levels of organization of the
living organism that we, the agents of inten-
tional actions, are made of.

« 5 » Inert matter is characterized by
a state of thermodynamic equilibrium that
allows chance fluctuations that remain gen-
erally short-lived, not to say instantaneous.
From a strictly physicalist point of view, the
very possibility of existence for a living be-
ing consists in keeping itself, for a while, at a
distance from thermodynamic equilibrium
(Bailly & Longo 2006: 229–250; Longo &
Montévil 2012). But how is such a durabil-
ity of existence possible, considering the
far higher probability of dysfunctioning
than normal functioning of mechanisms
responsible for the vital functions of living?
In so complex a system, which involves a
multiplicity of interleaved closed loop feed-
back influences, the least occurrence of a
localized abnormal micro-event threatens
to trigger a cascade of rapidly catastrophic
consequences, putting its very survival in
jeopardy. Answering that challenge, it was
recently advanced that our aptitude for
making sense of the circumstances of expe-
rience might be rooted in some “funda-
mental properties of the living being,” such
as an ability to invent original solutions to its
problems of survival, appealing to resources

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of plasticity, vicariance, or even – however
paradoxical it might seem for a complex or-
ganism – of “simplicity,” not to say simplic-
ity proper (Berthoz 2009, 2013; Berthoz &
Petit 2014). But, surely, assuming up to now
unrecognized, or simply neglected “funda-
mental properties” will have a price in terms
of fundamental ontology? And it is uncer-
tain that alluding to a yet unknown law of
natural evolution might dispense us from
enlarging the basic physicalist ontology with
some measure of vitalist, or even intention-
alist teleology. What measure? That is the
question, if we are concerned that such a
departure from the rule of Occam’s razor in
ontology remains tolerable for any scientific
community. One is tempted to conclude that
despite their allegiance to an officially phys-
icalist ideology that does not match their ac-
tual needs, life sciences keep surreptitiously
borrowing from the repertoire of intentional
entities of a phenomenological description
of human behavior. Except that the evidence
of this state of affairs in natural science
might remain imperceptible to anyone but
the phenomenologist, who differs from all
other theoreticians by his choice of taking
a position not on the ultimate rock-bottom
of things in themselves, as naive scientists
do, but rather upon the phenomenal field
of human conscious experience with a view
to assessing the ontological assumptions of
natural sciences in their investigation of the
causal underpinnings of this same phenom-
enal field.

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Modern Anthropomorphism and Phenomenological Method

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8
9 > **Upshot** • As a reply to the criticism that
10 anthropomorphism and modern science
11 are incompatible, targeting Jonasian
12 phenomenology and Varelian enactivism,
13 I suggest considering the concept
14 of modern anthropomorphism, which
15 seems *prima facie* compatible with the
16 pluralistic situation of today's life scienc-
17 es. My further claim is that the phenom-
18 enological method is intrinsically linked
19 with this sort of anthropomorphism.

20
21 « 1 » In their stimulating target article,
22 Mario Villalobos and Dave Ward reveal a
23 major tension or ambivalence at play in Va-
24 relian enactivism (VE). To my mind, this
25 ambivalence concerns, in the final analysis,
26 the methodological function and the on-
27 tological status of the “experiential dimen-
28 sion” (§25) regarding VE. Namely, VE seems
29 undecided whether it intends definitely to
30 capture first-personal experiential facts by
31 third-personal structures, or whether it in-
32 tends to hold first-person experience as a
33 realm on its own. In the former case, the
34 methodological function of human lived
35 experience would ultimately only consist of
36 offering an *explanandum* for scientific prac-
37 tice, and in its ontological status, it would
38 count as an epiphenomenon. In the latter
39 case, human lived experience would serve
40 methodologically by identifying a certain
41 kind of experience, which is possibly attrib-
42 utable to another nonhuman living system
43 or ultimately even to all biological systems,
44 and ontologically, it would count as a “psy-
45 chic reality” in its own right, possibly spread
46 across all kingdoms of biological life. Al-
47 though Villalobos and Ward deal with this
48 question only with regard to the influence of
49 Jonasian “anthropomorphism” on VE with-
50 out directly examining VE's findings, their
51 general claim about VE's ambivalence on
52 this point appears rather convincing to me.
53 But still the question remains whether this
54 ambivalence is scientifically fatal or, on the
55 contrary, might reveal itself to be scientifi-

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cally prolific. Put differently, do we necessari-
ly have to choose one of the two mentioned
options in order to gain scientific reputa-
tion? It seems, on the contrary, that the on-
going research in cognitive science is not
profoundly troubled by such philosophical
foundational ambivalences. We can com-
pare this situation with the interpretation of
quantum mechanics, since in order to work
successfully with the equations of quantum
mechanics, we are not required to decide the
still controversial question of its ontological
interpretation in either a realist or a non-
realist sense. The persistent ambivalence
does not corrupt its scientific reputation.
Concerning the philosophical assessment of
the experiential dimension, we might be in
a similar state.

« 2 » Let me now turn to “problematic
anthropomorphism.” In discussions
on science, the term “anthropomorphism”
is commonly used as a polemical concept.
Villalobos and Ward make no exemption
when they define anthropomorphism as
“the practice of attributing human features
to nonhuman entities” (§5). This is *self-ev-*
idently problematic; no further argumenta-
tion is needed. To avoid a discussion with a
straw man, it seems therefore indispensable
to think of a more substantial concept of an-
thropomorphism. This is also required by
the option – only mentioned, but never ex-
plained in the article – that there might exist
the possibility of “a new conception of scienti-
fic inquiry” (§38), which would include an
unproblematic anthropomorphism. Usually,
the authors place too much reliance on Hans
Jonas's claim that “modern science” *as such*
excludes any legitimate reference to anthro-
pomorphism (§19). Although Jonas was, of
course, not familiar with recent “pluralistic”
developments in life sciences, especially in
cognitive sciences, which led to a crumbling
of the anti-anthropomorphist front (Köchy
2008: 21), he combines his bold claim with
the important observation that the exclusion
of anthropomorphism from “modern scienc-
e” is not a matter of empirical results, but
a thoroughly methodological issue (§19). It
is unfortunate that Villalobos and Ward, in
turn, seem to take this mutual exclusion as a
matter of *principle* without considering the
manifold methodological transformations
that are conceivable and, what is more, are
already making their way within the very

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framework of “modern science.” In this way,
1 they unintentionally commit themselves to
2 the Heideggerian world view that anthropo-
3 morphism is tied to a “pre-modern view of
4 living beings” (§21; my emphasis). 5

« 3 » Now let us conceive a substan-
tial concept of *modern anthropomorphism*
6 (MA). It has two facets, which already tran-
7 scend Villalobos and Ward's framing of the
8 discussion. First, MA legitimates itself as a
9 methodological procedure by the insight
10 that the “experiential dimension” is acces-
11 sible only from a first-person (and, fur-
12 thermore, second-person) perspective. This
13 inextricability already tells us something
14 about its ontology. But the point here is that
15 MA is not a reckless practice of attribution
16 (§5) but a rigorous matter of access. Sec-
17 ond, unlike Villalobos and Ward, MA does
18 not take it for granted that the features ac-
19 cessed by first-person experience are strictly
20 speaking “human,” as lived experiences do
21 not come along with any name badge. MA
22 takes the risk of specifying *features of life* by
23 reflecting on his own experience *as a living*
24 *and lived body* in order to “attribute” them
25 to other living bodies. Indeed, in terms of
26 the phylogenetic scale, this leads to a “top-
27 down” approach to the phenomenon of life
28 (Welton 2011; Vörös & Gaitsch 2016: 155),
29 which takes what comes “last” in evolution,
30 not what comes “first,” as the exemplary
31 case. Thus conceived, MA appears to be a
32 perfectly legitimate, maybe complementary,
33 stance in the pluralistic situation of modern
34 life sciences, and VE's appeal to anthropo-
35 morphism seems *prima facie* justified. Fur-
36 thermore, it is noteworthy that MA does not
37 rely upon “ideological or ethical” reasons
38 (§22), but is simply one more required epis-
39 temic strategy for getting to grips with the
40 phenomenon of life. 41

« 4 » It is revealing that, although Vil-
42 lalobos and Ward intend to follow an entirely
43 different road, they themselves make use of
44 a basic kind of anthropomorphism, as they
45 themselves concede (§35), in their presenta-
46 tion of Humberto Maturana's “phenomenol-
47 ogy,” which they introduce as an alternative
48 to anthropomorphist VE. Indeed, in order
49 to speak seriously of “visual experiences” of
50 nonhuman organisms, we must ultimately
51 refer to our own qualia, that is, to our ex-
52 perience of the quality of seeing, which we
53 *then* can put into an empirical correlation 54
55

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1 with certain biological structures of our or-
 2 ganisms, especially of our brains. Based on
 3 shared similar biological structures, we are
 4 then justified in attributing an (analogical)
 5 counterpart of our own qualia (the phenom-
 6 enality of vision) to the nonhuman being.
 7 But Villalobos and Ward's presentation gives
 8 rise to another ambivalence with regard to
 9 the meaning of "experience": either, by al-
 10 lowing a "narrower range of experiential
 11 [i.e., epiphenomenal; P.G.] properties" (§36),
 12 it differs only gradually from anthropomor-
 13 phist VE; or it implicitly assigns to the vague
 14 term "experience" an entirely third-person
 15 "structural" meaning, devoid of any expe-
 16 riential or phenomenal dimension – this,
 17 of course, despite assertions to the contrary
 18 (§37). What is worse, Villalobos and Ward's
 19 reading of Maturana provides us with a
 20 rather mutilated or poor phenomenology
 21 of the living being. Because they focus nar-
 22 rowly on similarities with respect to sensory
 23 systems and moreover *postulate* the "incom-
 24 mensurability" (§32) between human ("lin-
 25 guistic") and nonhuman ("non-linguistic")
 26 experiences, they do not consider the high
 27 phenomenological relevance of factual "be-
 28 havioural interactions" (§28) *between hu-*
 29 *man and nonhuman beings*. They end up by
 30 describing nonhuman organisms as epiphe-
 31 nomenal living systems, insofar as all caus-
 32 ally relevant dimensions of experience, in
 33 particular all volitional aspects with their
 34 "intrinsic teleology" (Weber & Varela 2002:
 35 110), are ruled out (§36). Probably, it is their
 36 intent to save the causal closure of the physi-
 37 cal that leads them to the biased phenom-
 38 enology of pigeons, since taking into account
 39 certain behavioural interactions, between
 40 the pigeon hunter and the pigeon, in the
 41 course of poisoning pigeons in the park, may
 42 have easily led to the conviction that these
 43 creatures indeed *strive* to stay alive.
 44 « 5 » Since Villalobos and Ward still
 45 defend the idea of incorporating phenom-
 46 enology into cognitive science, they opt for
 47 a phenomenology without anthropomor-
 48 phism (§23), which should provide "natural-
 49 isticly acceptable explanations of how our
 50 subjective lives emerge from the dynamics
 51 of our bodily engagement with the world"
 52 (§38; my emphasis). At this point, I have the
 53 impression that they overstate the "heteroge-
 54 neity of phenomenology" (§3). For it seems
 55 well-established that all the authors men-

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tioned, from Edmund Husserl to Maurice
 Merleau-Ponty and to Jonas, despite their
 differences, share a basic set of methodologi-
 cal concerns: the inseparability of being and
 appearing; the transcendental function of
 the human first-person perspective; the crit-
 ical rejection of the "natural attitude" and of
 reductionism as an explanatory strategy; the
 reference to the prescientific lifeworld as the
 grounding source of sense and knowledge
 (Zahavi 2007: 13–35). According to this, any
 phenomenological analysis, in its default
 setting or starting position, strictly implies
 a – not necessarily idealistic (Gaitsch 2014)
 – kind of *correlationism* of human subjec-
 tivity and world. Concerning the phenom-
 enological inter-subjective analysis of non-
 human life, it may well be the case that the
 phenomenological default setting could be
 methodologically transformed in order to
 correspond to nonhuman forms of life – this
 is precisely the important role of Husserl's
 genetic method of *Abbau* ("unbuilding" or
 "dismantling" the full-blown human sub-
 jectivity) with regard to biological life (Hus-
 serl 1973: 112–117). However, due to this
 methodological structure, phenomenology
 cannot do without attributing at least a basic
 kind of *minimal subjectivity*, characterized
 as a site for the appearing of the world, to
 the nonhuman "minimal organism" (Varela
 1997: 81). Note that these conditions also
 apply to the work of Merleau-Ponty – to
 whom the authors refer to as being a more
 promising alternative to Jonas (§23, §38) –
 since Merleau-Ponty's general focus on the
 living and lived body – on "the dynamics
 of our bodily engagement with the world"
 (§38) – is not meant to lead to an objectiv-
 istic or utterly third-personal grounding of
 subjectivity, but precisely to a primordial
 kind of subjectivity. Therefore, providing a
 reductive explanation "of how our subjective
 lives emerge" (§38) is not a job that can ever
 be assumed by phenomenology, because
 phenomenology is methodologically intrin-
 sically linked with top-down anthropomor-
 phism in the style of MA. Given this, it is
 highly questionable how a "bottom-up phe-
 nomenology of biological systems" (Welton
 2011: 102) could operate at all.

« 6 » From a phenomenological per-
 spective, I finally want to suggest a philo-
 sophical answer to the initial question
 (which we may still leave open with regard

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to scientific practices). If VE is committed 1
 to phenomenology, then it has to admit the 2
 methodologically and ontologically irreduc- 3
 ible status of the experiential dimension. The 4
 alternative is a (mis)use of some phenom- 5
 enological insights for other purposes. How- 6
 ever, it should be noted that this description 7
 of the situation is not tantamount to denying 8
 every possibility of naturalizing phenom- 9
 enology by rethinking the modern concept 10
 of nature according to a "redefined non-re- 11
 ductionist naturalism" (Gallagher 2012: 89); 12
 but what it rejects is to construe the relation 13
 between naturalization and anthropomor- 14
 phism as an unresolvable conflict. 15
 16

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 23

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Varela's Sixth Step: Teleology and the Re- Visioning of Science

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> **Upshot** • Jonas was not defending an 38
 unrestrained anthropomorphism but, 39
 rather, a "zoomorphism," which offered 40
 a rigorous, considered view of the deep 41
 phylogenetic origins of purpose and 42
 mind. Jonas did not reject science *per se*, 43
 but an alienated, rigid conception of the 44
 latter. His work helped pave the way to a 45
 richer science of mind. 46
 47

The five steps – and a sixth

« 1 » There is no doubt that Andeas We- 49
 ber and Francisco Varela's (2002) celebrated 50
 paeon to Hans Jonas was considered a land- 51
 mark within the enactivist community. But 52
 was it a "wrong turn"? And how distinctive 53
 a contribution anyway did Jonas's thought 54
 make to enactivism? 55

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1 « 2 » In order to answer that question,
2 we must first consider the key elements of
3 “canonical enactivism.” One source for this
4 (among many that could be selected) is to be
5 found in Evan Thompson’s tribute to Varela
6 presented at a commemorative meeting in
7 Paris (Thompson 2004; see also Thompson
8 2007: Part II). Thompson’s lecture explic-
9 itly considers Jonas’s contribution to Varela’s
10 thought, among many other currents in Va-
11 rela’s work.

12 « 3 » Thompson elaborates five key
13 steps, which offers one way of summing
14 up the core of mature Varelian enactivism.
15 I here reduce Thompson’s already concise
16 outline (2004: 386f)¹ to a set of paraphrases.
17 (I) *Life = Autopoiesis*: the conditions of au-
18 topoiesis are necessary and sufficient for the
19 organization of minimal life. (II) *Autopoiesis*
20 *entails minimal selfhood*: an organic iden-
21 tity. (III) *Selfhood entails the emergence of a*
22 *world* – “a correlative domain of interactions
23 proper to that self.” (IV) *Self + world jointly*
24 *entail sense-making*: the world of an organ-
25 ism is a source of appetitive significance. (V)
26 *Sense-making = cognition*, in the minimal
27 sense of sensorimotor activity to maintain
28 autopoietic viability within the organism’s
29 world of significations.

30 « 4 » I suggest that Jonas’s major con-
31 tribution is that he enabled Varela to take
32 a further step: (VI) *Sense-making/cognition*
33 *entails immanent teleology*. Any autopoie-
34 tic system defines itself as an intrinsically
35 purposive identity. This was an important
36 new step – a definite move away from the
37 original conception of autopoiesis. As Mario
38 Villalobos and Dave Ward (hereafter VW)
39 point out (e.g., § 26), the classical theory
40 of autopoiesis “conceives of living beings
41 as mechanistic and deterministic systems,
42 hence as entities without purpose, freedom
43 of action or intentional properties.” Or as
44 Humberto Maturana and Varela put it them-
45 selves: “Living systems, as physical autopoie-
46 tic machines, are purposeless systems”
47 (Maturana & Varela 1980: 86)

48 « 5 » In a footnote to his Paris lecture,
49 Thompson refers to email exchanges he had
50 with Varela in 1999. Both had recently been
51 reading Jonas’s work. Thompson asked Va-
52

53 1| See Thompson (2007: ch. 6) for a revised
54 version of these five steps and associated discus-
55 sion.

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rela how he saw Jonas’s strongly teleological
stance, given the anti-teleological slant that
Varela had inherited from his original work
with Maturana on autopoiesis. Varela was
initially tentative: he preferred to see auto-
poiesis as a source of original intentionality
(*aka* sense-making) rather than of original
teleology. However, in a later exchange Va-
rela indicated that he had come to have a
“broader view” about what autopoietic theo-
ry implied: “in a funny way you do recover a
full fledged teleology ... [that is] intrinsic to
life in action” (Thompson 2004: 395 fn 9; see
also Thompson 2007: ch. 5 fn 7). This was
the additional Jonasian step, which was de-
fended with some vigour by Andreas Weber
and Varela in their paper “Life after Kant”
(Weber & Varela 2002; see also Weber 2002).
Is it a mis-step?

« 6 » VW claim that Jonas’s existential
slant on biological facts assumes an egre-
gious anthropomorphism, which is incom-
patible with enactivism’s claims to provide
an alternative *science* of mind. I challenge
VW’s case for convicting Jonas of an il-
legitimate anthropomorphism; and I also
argue that their notion of what makes for a
legitimate scientific enquiry is rigid and un-
examined, and ignores or misunderstands a
distinctive enactivist conception of science
already well-elaborated by Varela and oth-
ers prior to the “Jonasian turn.” Jonas’s work
should continue to be taken seriously as a
key source for elaborating the strong life-
mind continuity – although his importance
within enactivism can be overstressed.

Is the Jonasian turn a wrong turn?

« 7 » Anthropomorphism, as VW char-
acterise it, is “the practice of attributing hu-
man features to nonhuman entities” (§5).
An illustration they give of an illegitimate
use of anthropomorphism is that of talking
of a river as “wanting to reach” or “having
the purpose of reaching” the sea. While fine
as a figurative description, this cannot, they
say, be part of serious scientific theorising.

« 8 » However, the way they present
their illustrative example is puzzling. When
purposes are attributed to rivers, etc. in this
way, there is usually no *specific* mention of
human purposes. The allusion is to purpo-
sive action in general – and that could just
as easily cover a lion stalking its prey or a
slug edging towards a lettuce-plant. Do lions

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or slugs have intrinsic purposes? Let us not
judge that either way for now: but we cer-
tainly cannot assume at the outset that any
attribution of purpose to non-human agents
or processes must be inescapably anthropo-
morphic. To do so is to beg the question of
how and where intrinsic purpose is found in
the natural world.

« 9 » In order to establish Jonas’s unac-
ceptable anthropomorphism, the authors
quote variously from *The Phenomenon of*
Life (Jonas 1966; hereafter PL) They start by
reproducing at some length (§12) the open-
ing remarks of that book. However – again
puzzlingly – the quotation from Jonas starts
with a *critique* of anthropomorphism, or at
least of anthropocentrism:

“Contemporary existentialism, *obsessed with*
man alone, is in the habit of claiming *as his unique*
privilege and predicament much of what is rooted
in organic existence as such ...” (PL: ix; empha-
ses added)

« 10 » Jonas wishes to distance him-
self from the stress on the human sphere
that he found to dominate contemporary
existential and phenomenological writing.
Instead, his project was to apply a phenom-
enological perspective across the organic
world. But in doing so, he was not trying
to impose anthropic categories upon non-
human living species in a simple-minded
and anti-scientific way. His aim was not to
eliminate science but to transform it. He saw
the mechanistic scientific wisdom of his day
as wedded to a conception of biology that
problematized the subjective, experiential
dimension of life, and foreclosed the ques-
tion of teleology in organic existence.

« 11 » In the face of overly man-obsessed
phenomenology, and of overly mechanism-
obsessed science, Jonas proposed a unifying
perspective that coalesced the human into
the broadly organic sphere. This is surely a
profoundly non-anthropomorphic stance.
Admittedly, Jonas’s outlook is human-cen-
tered in that it reverses a scientized “alien-
ation of man from himself” (cf. PL: 37, cited
by VW at §18) But it also reverses the alien-
ation of humans from our fellow-creatures
implied by anthropocentric viewpoints. For
Jonas, the significant demarcation was be-
tween the living and the non-living – more
specifically, between systems endowed with,

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1 and systems lacking, a self-maintaining me-
2 tabolism. In this respect, of course, he is on
3 all fours with autopoiesis theorists, except,
4 of course, he was not aware of the theoretical
5 machinery of autopoiesis and how it might
6 support his view.

7 « 12 » VW cite various passages from
8 the early parts of PL to show Jonas's unac-
9 ceptable anthropomorphism. In relation to
10 one such passage, they observe that Jonas
11 "finds that 'the anathema on any kind of
12 anthropomorphism' proves to be, on closer
13 examination, more 'a prejudice' than an em-
14 pirically demonstrated principle" (§19; PL:
15 23). They see this and other of his remarks
16 as evidence that Jonas is rejecting "science"
17 and allowing himself simply to spread hu-
18 man-like purposes across organismic nature
19 in a way that evades scientific rigour or justi-
20 fication. However, for some reason VW have
21 chosen to suppress, from the latter citation,
22 an important element in this passage. A
23 fuller quotation from the original text reads:
24

25 "The anathema on any kind of anthropomor-
26 phism, even of zoomorphism, in connection with
27 nature... may turn out to be, in this extreme form,
28 a prejudice." (PL: 23, emphasis added)

29
30 And compare this remark, not cited by VW:
31

32 "Anthropomorphism at all events, and even
33 zoomorphism in general, became scientific high
34 treason." (PL: 37; emphasis added)

35
36 « 13 » Contrary to VW's claims, Jonas
37 should surely be read, in these passages, as
38 asserting, in the face of a scientific ontologi-
39 cal correctness, the right to apply psycho-
40 logical attributions to organic nature, where
41 necessary: this is hardly a chauvinist form
42 of anthropomorphism. On the basis of the
43 quotations given in the target article, when
44 properly contextualized, Jonas can hardly be
45 seen as committing a deep methodological
46 error. If it is one, then it is endemic through-
47 out writings defending enactivist and auto-
48 poietic approaches.

49 Not rejecting but re-visioning 50 science

51 « 14 » In fact, throughout this part of
52 PL, Jonas is using his discussion of anthro-
53 pocentrism to make a deep epistemological
54 point, one that he develops over much of the

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book, and in many different ways – a point
summed up in his often-quoted phrase that
"life can only be known by life." A proper
understanding of the "needful freedom" of
the organism can be achieved only because
the scientist is also herself a needful, organic
centre of concern. Far from rejecting sci-
ence, this is to re-vision science, to re-score
the scientific enterprise in a new key. Such
an approach is wholly of a piece with a key
message of *The Embodied Mind* (Varela,
Thompson & Rosch 1991) and later writings
by Varela and other enactivists: a science of
mind must be more than a merely third-
person statement of the causal processes of
an objectivised world. It must also embrace
the first-person perspective of the scientist's
lived experience – the embodied, concerned
subjectivity that is inescapably part of own-
ing a mind. (This is not to do with the spe-
cifically *human* nature of how we come to
recognize subjectivity and purpose in crea-
tures, but with our animate being.)

« 15 » In the Paris lecture referred to
earlier, Thompson expands on how this es-
sential message from *The Embodied Mind*
has been taken less seriously than other
messages from that work. He writes:

«if I may be bold, I think that ... the book's
central theme has yet to be fully absorbed. That
theme is the need for back-and-forth circulation
between scientific research on the mind and dis-
ciplined phenomenologies of lived experience.»
(Thompson 2004: 382)

« 16 » Thompson traces the way in
which the development of Varela's ideas on
neurophenomenology in the mid-1990s
provided a blueprint for an enhanced form
of scientific understanding of mind, which
engendered this circulation between science
and lived experience. Varela's (1996) key
paper on neurophenomenology targeted the
"hard problem of consciousness," the
explanatory gap between brain and lived ex-
perience. As Thompson puts it: "Francisco's
insight was that no purely third-person, the-
oretical proposal or model would suffice to
overcome this gap" (Thompson 2004: 383).
And, quoting directly from Varela's paper:
"the experiential pole enters directly into
the formulation of the complete account"
(Varela 1996: 345). To provide a full scien-
tific account of consciousness, science had

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to be expanded to incorporate rigorous phe- 1
nomenology. So, too, with the hard prob- 2
lem of teleology: Varela came finally to see, 3
through the lens of Jonas's work, that this 4
could be treated in a similar way. 5

6 Jonas situated 7

« 17 » So – at least on the basis of the 8
selections of PL that they have quoted in 9
their target article – VW's case against Jonas 10
seems weak. Where Jonas appears to write 11
in defence of "anthropomorphism" he is be- 12
ing rhetorical, and is in any case putting for- 13
ward a "zoomorphism" rather than any spe- 14
cifically human-centred account of life. His 15
rich attribution of psychological categories, 16
including teleological notions, to primitive 17
organisms is found in many other writers, 18
both within and outside the enactivist tra- 19
dition. 20

« 18 » A general doubt can be raised 21
as to propriety of applying such terms as 22
"sense-making," and other rich psychologi- 23
cal terms, to a variety of primitive organ- 24
isms, including bacteria moving up sugar- 25
gradients. It could also be debated whether 26
metabolic or autopoietic organization alone 27
is sufficient to justify such attributions. But 28
this is an issue that has to be discussed in 29
relation to a whole variety of writers, not to 30
Jonas alone. (See, for example, Ezequiel Di 31
Paolo 2005; Thompson 2007, for discussion 32
of one dimension of criticism; and Margaret 33
Boden 2000 for a more robust skepticism; 34
also Lynn Margulis and Dorion Sagan 1995; 35
Maxine Sheets-Johnstone 1999 for a defence 36

of such rich attributions) 37 821
« 19 » To sum up, Jonas does not seek 38
to reject science but to deepen and en- 39
hance it in the light of his phenomenology 40
of the organism. And his scientific critique 41
is very much in harmony with that already 42
embraced by Varela prior to the latter's en- 43
dorsement of Jonas's work. The distinctive 44
step that Jonas enabled Varela to take was 45
to affirm that autopoietic or metabolic au- 46
tonomy entailed an intrinsic teleology in liv- 47
ing creatures. Varela was perhaps hampered 48
by making such a move earlier because of 49
his reluctance to cast himself loose from 50
the mechanistic constraints of classical au- 51
topoietic theory. But such a move was in 52
any case already encapsulated in the core 53
enactivist doctrine that autopoiesis implied 54
a "surplus of signification" (Varela 1991, 55

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1 « 7 » But this is exactly the type of argu-
2 ment most proponents of VE, *inspired* by
3 Jonas, wish to make. And if this is so, then
4 it is incorrect to say that VE is in the busi-
5 ness of “positing [...] natural purposes that
6 receive no further explanation in terms of
7 structure or dynamics” (§38). Because all
8 living systems allegedly share a certain simi-
9 larity in their organization, and because this
10 specific organizational feature is definition-
11 ally linked to teleology, they are justified in
12 speaking teleologically about non-human
13 organisms on grounds independent of their
14 acceptance, or not, of Jonas’s theory.

Phenomenology and teleology

15
16 « 8 » We agree with V&W that VE usu-
17 ally promotes a simplistic view of intention-
18 ality. However, contrary to V&W’s point,
19 VE has not in fact paid special or undue
20 attention to the phenomenological aspects
21 of human cognition. This is evident from
22 Hanne De Jaegher and Di Paolo’s (2007) no-
23 tion of “participatory sense-making,” which
24 neglects the constitutional role played by
25 phenomenology in human social interac-
26 tions (cf. the criticism by Stephen Cowley &
27 Gahrn-Andersen 2015). In addition, similar
28 neglect is also reflected in the fact that in-
29 tentionality is generally conflated with the
30 enactivist concept “sense-making,” a con-
31 cept that proponents of VE indiscriminately
32 apply to everything from humans to animals
33 and bacteria. Thompson offers the following
34 definition of sense-making:

35
36 “Sense-making’ is reminiscent of the phenom-
37 enological notion of intentionality, which signifies
38 not a static representational ‘aboutness,’ but rather
39 an act of intending, a purposive striving focused
40 on finding satisfaction in further cognitive acqui-
41 sitions and experience.” (Thompson 2004: 389f)

42
43
44 « 9 » The phenomenological literature,
45 however, reveals that there is more to hu-
46 man intentional directedness than what
47 is implied by mere sense-making. For in-
48 stance, Martin Heidegger argues that hu-
49 man cognition comprises a synthesis of
50 two kinds of intentionality: (a) “primordial
51 intentionality” and (b) “full intentionality”
52 (cf. Dreyfus 1988). He thus suggests that
53 cognitive agents first and foremost reflect
54 an immediate, non-representational direc-
55 tionality towards the world. While this kind

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of directedness does not involve linguistic
meaning, the same does not hold for full
intentionality. Following Daniel Hutto and
Erik Myin (2013), “full intentionality” may
be seen as synonymous with fully-fledged
human cognition since it involves linguistic
meaning. This is in line with Maturana, who
argues that humans differ from other species
in that our cognition emerges as a “linguistic
psychological space” (§30).

« 10 » To sum up, VE has in fact no la-
tent commitments to anthropomorphism.
This is also underlined by recent VE-ac-
counts, which either treat human cognition
as a particular kind of sense-making (Froese
& Di Paolo 2011) or seek to come to terms
with human language (Cuffari, Di Paolo &
De Jaegher 2014). VE needs to evoke a dis-
tinction between different kinds of inten-
tional directedness in order to be success-
ful in these attempts, as sense-making is a
necessary but not a sufficient condition for
human cognition (Harvey, Gahrn-Andersen
& Steffensen 2016).

Teleology and human cognition

« 11 » Despite these specific points of
disagreement, we think that W&V are right
that enactivism in the Varelian tradition has
problematic implications that pose a serious
challenge to the paradigmatic aspirations of
VE research. As we see it, the problem is two-
fold (see Harvey, Gahrn-Andersen & Stef-
fensen 2016 for detailed exposition of both
points). First, VE’s core concepts (including
“autonomy” and “sense-making”) reflect
strong assumptions about the closed organi-
zation of living systems, and thus cannot ac-
count for all types of living phenomena. It is
doubtful that precarious operational closure
is a necessary requirement for life. Second,
when it comes to explaining interactional
dynamics, VE is restricted by its simplistic
notion of intentionality, which traces every-
thing that determines agent-agent and agent-
environment interactions to the immediate
situation. For this reason, Varela-inspired
enactivism ends up focusing predominantly
on localized routines, values and actions.

« 12 » With regard to human cognition,
we argue that agents make sense of what is
given in local situations on the basis of cer-
tain non-local factors that normatively in-
fluence the situation as well as the agents.
Bert Hodges provides several examples of

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how non-local norms affect cognition. For
instance, he mentions that values including
accuracy and safety are essential for driving
a car (Hodges, 2009: 631). Non-local rules
and norms impact everything from solitary
thinking and problem-solving to social en-
counters. Normativity plays a crucial role in
that it reduces contingencies. For instance,
social norms prescribe behavior in relation to
given contexts whereby individuals behave in
accordance with the expectations of others.

« 13 » However, we wish to explore a
different path rather than blindly accepting
Hodges’ ecological account, which suffers
from being overly descriptive. Because a
variety of norms and values can be inferred
from any given situation, and Hodges’s ho-
listic theory gives no way to choose among
them, it has little explanatory value. Fur-
thermore, it ignores the phenomenological
dimension of human cognition, conceiving
of values as determined by the situations
in which people find themselves. On our
view, the constitution of norms and values
cannot be explained by exclusive reference
to individual predispositions and capacities
(VE’s claim) or to a transcending situation
(Hodges’s claim). The sense-saturated na-
ture of human cognition (or: *interactivity*,
cf. Harvey, Gahrn-Andersen & Steffensen
2016) is neither bound to the agent nor the
environment. Rather, it involves both of
them, thus implying that normativity arises
in situated agent-agent and agent-environ-
ment encounters.

« 14 » We think that the non-localized
and norm-constituting aspects of human
cognition should be amongst the focal
points of a more heterogeneous enactiv-
ist paradigm. The prerequisite for such a
science is a constructive questioning of
VE’s foundational commitments to strong
operational closure and immediate sense-
making. This is needed in order to achieve
what V&W propose, namely “a new way to
integrate phenomenology and cognitive sci-
ence” (§38).

Rasmus Gahrn-Andersen’s areas of research include
phenomenology, process philosophy, distributed
cognition, and theories about social organizing.
His PhD project seeks to outline a theory about
social organizing based on an epistemologically
clarified phenomenological outset as well as a
critique of the analytical concept of context.

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1 nicians who “take” outsiders’ ideas from a
2 book and “apply” them. That other research-
3 ers be puzzled by how we push forward some
4 ideas, or agree or disagree with our ways of
5 doing research and being inspired from the
6 literature is not important: it then becomes
7 a means of engaging in rich discussions and
8 debates on meaning-making issues (in math-
9 ematics education). In short, it is an oppor-
10 tunity to push forward the collective think-
11 ing in the field, and especially to avoid the
12 reification of enactivism as a single rigidly
13 bounded discourse.

14 « 6 » In this sense, even if most of us
15 in mathematics education research recog-
16 nize some possible difference in focus and
17 acknowledge the discontinuity of Maturana
18 and Varela’s collaborations, they are not con-
19 ceived of as completely dissociated: in fact,
20 *The Tree of Knowledge* (1992) and *Autopoiesis*
21 *and Cognition* (1980) are often referred to as
22 significant texts for enactivism in mathemat-
23 ics education research (as is *The Embodied*
24 *Mind* 1991). The various works that Matura-
25 na and Varela have jointly authored are about
26 both of them. Thus the constant split in Vil-
27 lalobos and Ward’s article between Maturana
28 and Varela is recognizable and interesting,
29 but also of little interest to a mathematics
30 education researcher interested in meaning-
31 making processes engaged with/in by solv-
32 ers. At the same time, and paradoxically,
33 this split is important. The works that they
34 authored alone are also different (even those
35 from the same time period as those authored
36 together). To my knowledge, only Varela
37 used and referred to expressions such as *en-*
38 *action* or *enactive*, whereas Maturana talked
39 more in terms of *bringing forth a world* and
40 of *objectivity in parenthesis*. Hence placing
41 both under the same *enactivism* umbrella is
42 always accompanied by some unease – this
43 unease could explain Fritjof Capra’s (1996)
44 deliberate use of the expression “Santiago
45 theory of cognition.” But what about when
46 Varela was in Harvard, and later in France?
47 Is the Santiago theory of cognition reified?
48 Is it fixed? So when the expression *enactiv-*
49 *ist* is used, one might wonder who is being
50 targeted by it. Again, to deal with this situ-
51 ation, a number of mathematics education
52 researchers avoid saying that their work is
53 in enactivism or that they are “enactivists”
54 and mainly say, as I have done myself in this
55 commentary, that their work is “*inspired by*

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what is referred to as the enactivist theory of
cognition.”

« 7 » In a connected way, Villalobos and
Ward’s reference to the word *dangerous* to
describe what they call a “strategy” of en-
activism for taking over cognitive science
appeared surprising to say the least. As a
researcher, I kept wondering what this “dan-
ger” to which they seemed to refer meant.
Dangerous for what? How? For whom? And
when? This led me to also wonder about the
significance of research for Villalobos and
Ward (and collaterally for myself).

« 8 » As I explain in Proulx (2015), I
conceive of the role of the researcher as that
of one who develops distinctions for think-
ing about and understanding phenomena. In
short, the role of the researcher is to gener-
ate, using Gregory Bateson’s (1972) words,
differences that make a difference or, follow-
ing Antoine de Saint-Exupéry, to “mettre des
forces en mouvement.” In short, I conceive
of research as about meaning-making, about
generating ideas, *and not about a quest for*
truth. At the core of the research activity is
the fundamental importance of deepening
ideas and concepts: to push them, to ex-
plore them, to extend them. One can think
of *nature mortes/still lifes* realized by paint-
ers such as Van Gogh, Cézanne, Renoir, and
others; or think of Monet’s series of haystack
paintings. I do not believe that these paint-
ings, these *œuvres*, were meant to show us
what apples, onions, knives or tables (should)
look like! My understanding is that they were
aimed at studying, attempting perspectives,
techniques, ideas, to work them out, to im-
agine ways of doing, and so forth; and often
to continue, push, or develop a “movement,”
an understanding. I suggest borrowing this as
a metaphor for conceptualizing research and
the researcher’s role. Through their studies,
researchers are also attempting ideas, test-
ing them, offering and creating distinctions,
generating ideas, discarding them; directing
attention to these proposed distinctions/
differences that they as observers consider
worthy of attention. Research studies aim
to provoke thinking, to make people reflect,
to offer ways of thinking. And, I see this as
valid for any type of researcher. The role of
research is to inspire, to generate thoughts,
to make us think *of/about* phenomena. But
keep in mind that I am a mathematics educa-
tion researcher, and a romantic one, so they

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say. With this position, the significance of 1
dangerous is of another order, and the inad- 2
equacy of one theory or idea over another is 3
not a question of danger, but a question of 4
paradigm as Thomas Kuhn would say (1962). 5

« 9 » In short, as a researcher I live (in) 6
this research world. My understanding is 7
that Villalobos and Ward live (in) a different 8
one. This is another multiverse, the one of 9
scientific research. I started with Maturana, 10
and I end with a similar view from Varela 11
in Varela and Bernhard Poerksen (2004): 12
“Truth is what works.” 13

Jérôme Proulx is a professor of mathematics 15
education in the mathematics department of the 16
Université du Québec à Montréal (UQAM). His work 17
focuses on studying epistemological and cognitive 18
aspects of mathematics teaching and learning. 19
His current research programme is focused on 20
mental mathematics and solving processes. 21

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1 Authors' Response

2 Enactivism, Cognitive Science,
3 and the Jonasian Inference4 Dave Ward &
5 Mario Villalobos

6 > **Upshot** • In our target article we
7 claimed that, at least since Weber and
8 Varela, enactivism has incorporated a
9 theoretical commitment to one impor-
10 tant aspect of Jonas's philosophical bi-
11 ology, namely its anthropomorphism,
12 which is at odds with the methodological
13 commitments of modern science. In this
14 general reply we want to clarify what we
15 mean by (Jonasian) anthropomorphism,
16 and explain why we think it is incompat-
17 ible with science. We do this by spelling
18 out what we call the "Jonasian inference,"
19 i.e., the idea that we are entitled, based
20 on our first-person experience of teleol-
21 ogy, to take the appearance of teleology
22 in other living beings at face value.

23 « 1 » We are grateful for this insightful set
24 of commentaries, and thank the authors for
25 taking the time to address some of the issues
26 raised in our target article. Many of the re-
27 sponses are contributions to exactly the kind
28 of conversation within and around the enac-
29 tive community we hoped our article would
30 start; one that aims at clarifying the compli-
31 cated set of relationships between the theo-
32 retical and methodological commitments of
33 enactivism, phenomenology, and cognitive
34 science. Reading the commentaries together
35 also suggests that, at a couple of crucial stag-
36 es, we could have presented ideas of our tar-
37 get article more clearly, and we are thankful
38 for the opportunity to try to do that here.

39 « 2 » What are the points we wanted to
40 make in the target article? Put briefly, we in-
41 tended to claim that:

- 42 ▪ at least since Andreas Weber and Fran-
43 cisco Varela (2002), enactivism has in-
44 corporated a theoretical commitment
45 to aspects of Hans Jonas's philosophical
46 biology;
- 47 ▪ Jonas's philosophical biology is theo-
48 retically committed to an anthropomor-
49 phism that is at odds with the meth-
50 odological commitments of modern sci-
51 ence;

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- there is thus a tension that needs to be
addressed between enactivism's com-
mitment to Jonas's philosophical biolo-
gy and its aspirations towards becoming
a new scientific paradigm.

In the second half of the article, we used
ideas from Humberto Maturana's autopoietic
theory (MAT) to provide an example
of an alternative way we might construe the
relationship between cognitive science and
the lived experience of humans and non-
humans.

« 3 » Though some commentaries (Mat-
urana and Shigeru Taguchi) raised helpful
comments and questions about the part of
our target article concerning MAT, this will
not be the main focus of our reply. We think
we can express the most common themes
raised by the commentaries in terms of three
questions:

- What is *anthropomorphism*?
- Is it something to which enactivism is
actually committed?
- Why should it be understood as incom-
patible with the scientific study of na-
ture?

We will use this reply to say something
about each of these crucial questions for our
target article in turn.

What is anthropomorphism?

« 4 » Clearly, we left ample room for
readers to wonder exactly what *anthropo-
morphism* refers to in our target article. Is
it, Paulo De Jesus asks, the attribution of *any*
mentality to non-human entities (see also
Jean-Luc Petit's commentary), or only the at-
tribution of *human-like* mentality to those
entities? Are the problems we see for an-
thropomorphism still problems for a *mod-
ern anthropomorphism*, as proposed by Peter
Gaitsch? Or for the *zoomorphism* in terms of
which (as Steve Torrance points out) Jonas
sometimes characterises his own position?

« 5 » The main objective of our target
article is to highlight a tension between the
theoretical commitments of enactivism and
the methodological commitments of mod-
ern science. Given this purpose, what mat-
ters for whether a methodology, theory, or
argument is *anthropomorphic* in our terms
is not the *range of properties* attributed to
non-human entities, but rather the *way in
which our attribution of mental properties is
grounded*. The aspect of Jonas's philosophi-

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cal biology we find problematic is (as Taguchi
discerns) what we call the *Jonasian inference*
(henceforth "JI"). This is the inference in-
volved when we "take the presence of pur-
posive inwardness in one part of the physi-
cal order, viz., in man, as a valid testimony
to the nature of that wider reality that lets it
emerge" (Jonas 1966: 37). In simple terms,
we infer from our first-person experience of
teleology that we can take the appearance of
teleology in other living organisms at face
value.

« 6 » In a chapter of *The Phenomenon
of Life*, where Jonas is discussing the incom-
patibility of modern science (Jonas 1966:
72–74) with understanding metabolism as
entailing self-perpetuating unities imbued
with "needful freedom" (ibid: 80), he as-
serts that the "[o]rganic identity" of a living
organism must be different from the tau-
tologous identity of bits of inert matter with
themselves. He asks:

“But what kind of inference is this? And by
whom? How can the unprepared observer infer
what no mere analysis of the physical record will
ever yield? The unprepared observer cannot [...]
The observer of life must be prepared by life. In
other words, organic existence with its own expe-
rience is required of himself for his being able to
make that inference [...]” (Jonas 1966: 82)

This is the sense of Jonas's claim that life
can only be known by life – “happening to
be living material things ourselves, we have
in our self-experience, as it were, peepholes
into the inwardness of [organic] substance
[...]” (ibid: 91). We might – perhaps should
– have written our target article without ref-
erence to anthropomorphism, focusing only
on the problematic status of JI, and left its
central claims intact.

« 7 » In a moment we will say more
about the role of JI in contemporary en-
activism, and the tension between JI and
modern science. Before doing so, let us note
that making the role of JI explicit allows us
to respond to several of the questions about
anthropomorphism raised by the commen-
tators. To De Jesus's question of whether our
concern is with the attribution of *human-
like* mentality or *any* mentality to non-hu-
man entities, we can answer: it depends. JI
is most likely to be employed in grounding
attributions of human-like mentality, but

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1 the questions our target article attempts
2 to raise apply to *any* attribution of mental
3 properties grounded in JI. The compatibility
4 of the *modern anthropomorphism* proposed
5 by **Gaitsch** with modern science depends
6 on whether such an anthropomorphism
7 avails itself of JI. Finally, **Torrance** is right to
8 note that Jonas was motivated precisely by
9 a concern to avoid *anthropocentrism* in our
10 conception of mind, and thus sometimes
11 speaks of *zoomorphism* instead of anthro-
12 pomorphism. But such a zoomorphism is
13 equally problematic insofar as its attribution
14 of mental properties is grounded in JI.

Enactivism and the Jonasian inference

15
16 « 8 » In the next section, we try to clar-
17 ify why we find a tension between a com-
18 mitment to JI and an aspiration to become
19 a new scientific paradigm. But is it actually
20 the case that enactivism grounds its attribu-
21 tions of mentality in JI? **Rasmus Gahrn-Anderson**
22 & **Matthew Harvey** rightly note that con-
23 temporary enactivists argue that the roots of
24 mentality are to be located in dynamic or-
25 ganisational properties such as autopoiesis,
26 autonomy, and adaptivity. Does enactivism
27 not attempt to legitimate its attributions of
28 mental properties via appeal to these fea-
29 tures, rather than via JI? **Jérôme Proulx** finds
30 no such commitment in his own enactivist
31 work on mathematical cognition, nor in the
32 related work of his colleagues.

33 « 9 » However, contra **Gahrn-Anderson**
34 & **Harvey**, we think that the commitment
35 to a deep continuity between life and mind
36 that is characteristic of much contempo-
37 rary enactivism is more often motivated by
38 JI than by a belief that reductive explana-
39 tion of teleological phenomena in terms of
40 autopoietic or adaptive dynamics has been
41 provided. To repeat a quote from our target
42 article, consider Weber and Varela's claim
43 that:

44 « [B]efore being scientists we are first living be-
45 ings, and as such *we have evidence of our intrinsic*
46 *teleology in us*. And, in observing other creatures
47 struggling to continue their existence – starting
48 from simple bacteria that actively swim away
49 from a chemical repellent – we can, *by our own*
50 *evidence, understand teleology as the governing*
51 *force of the realm of the living.*» (Weber & Varela
52 2002: 110, emphasis added)

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Here, and in the rest of Weber and Varela's
paper, a teleological understanding of liv-
ing systems is grounded in the evidence of
our own experience, via JI, and it is only in
light of this phenomenological evidence that
autopoietic or adaptive dynamics present
themselves as plausible dynamical under-
pinnings of teleological properties. Simi-
larly, Evan Thompson holds that:

« [T]he theory of autopoiesis provides a natural-
istic interpretation of the teleological concep-
tion of life originating in experience, but our experi-
ence of our own bodily being is a condition of
possibility for our comprehension of autopoietic
selfhood. » (Thompson 2007: 164, emphasis add-
ed)

And in Ezequiel Di Paolo's influential paper
"Autopoiesis, adaptivity, teleology, agency,"
he departs from Weber and Varela (2002)
in arguing that enactivists should ground
teleology in adaptive rather than autopoietic
dynamics, while sharing their commitment
to JI:

« [T]he attribution of teleology to metabolism is
justified partly by means of intuition outside sci-
entific discourse. Jonas implicitly admits that estab-
lishing in metabolism the breaking point between
extended neutral processes and concerned iden-
tity is a matter of appropriate choice. How are we
to justify this and further choices, or question their
sufficiency, when the criteria of validation are, at
least partly, outside science? The answer must be:
by the use of phenomenological insight or other
disciplined intuitions. » (Di Paolo 2005: 431f)

« 10 » Each of these quotes make clear
that, at least for these canonical enactivist
thinkers, JI is called upon to do important
work *before* autopoietic or adaptive dynam-
ics can appear as candidate explanations of
teleological properties. Might enactivists
dispense with JI and attempt a straightfor-
ward reductive explanation of teleological
properties in terms of dynamical organisa-
tion? This question deserves more discus-
sion than we can provide here. But a com-
mon theme in recent work on enactivism is
the provision of arguments that autopoietic
or adaptive dynamics are ill-suited to this
explanatory role (see, e.g., Villalobos &
Ward 2015; De Jesus 2016; Barrett 2015; Ba-
randiaran 2016).

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« 11 » Philosophers of mind and cog-
nition have spent much of the past five
decades attempting to explain teleological
properties of our mental states in terms of
structural, functional, or dynamical prop-
erties. It is fair to say that the consensus is
that these attempts have yet to succeed, and
it is not clear how adaptive or autopoietic ac-
counts can help with the problems they have
faced – for example, how can an account in
terms of structure, function, or dynamics
adequately specify success conditions for te-
leological states? How can such an account
accommodate the normativity that separates
the genuinely teleological character of some
mental states from a mere covariation rela-
tion between a state of an organism and a
state in the world? It may be that the con-
ceptual apparatus already at the disposal of
enactivists can yield satisfactory responses
to questions such as these – but further work
is required to show this. For the enactivist
authors quoted above, however, these ques-
tions are misplaced. None of these authors
aim at the reductive explanatory goal of
showing how teleology emerges from non-
teleological properties of structure, func-
tion, or dynamics. Instead, via JI, they argue
that we should understand particular forms
of dynamical organisation as imbued with
immanent teleology. We think it is fair to
say that these authors have set the research
agenda for most contemporary enactivist
work. Might enactivism nonetheless dis-
pense with JI? We will return to this ques-
tion below. But now that we have clarified
our conception of JI and the use enactivism
makes of it, we can say more about its prob-
lematic relationship with modern science.

Cognitive science and the Jonasian inference

« 12 » Several commentators (**De Jesus**,
Gaitsch, **Petit**, **Torrance**) raise questions about
why employing JI should be understood as
incompatible with the scientific study of na-
ture, and others (**Maturana**, **Taguchi**) suggest
specific ways in which the relationship be-
tween phenomenology and science might be
understood that go beyond the discussion of
our target article. Hopefully, the above clari-
fications about the role of JI in our argument
and in enactivism already suggest responses
to some of these questions. For example, in
response to **Petit** (and to parts of the com-

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1 mentaries of De Jesus and Torrance), it should
2 now be clear that our concern in our target
3 article is not with the attribution of teleo-
4 logical properties to non-human organisms
5 *tout court*, but with grounding that attribu-
6 tion in JI.

7 « 13 » So, just what is the incompatibil-
8 ity we see between the methodological com-
9 mitments of *modern science* and a commit-
10 ment to JI? In our target article, we mainly
11 rely on pointing towards Jonas's own case
12 for this incompatibility – one reason for this
13 is to encourage enactivists who make use of
14 Jonas's work to address this issue. If we take
15 Jonas's work seriously enough to absorb a
16 commitment to JI from it, then they should
17 also engage with the parts of Jonas's work
18 dealing with the tension between endorsing
19 immanent teleology on the basis of JI and
20 modern science. Another reason for our
21 relying on Jonas for this purpose is simply
22 that specifying the methodological commit-
23 ments of modern science is a difficult task
24 – perhaps an impossible one, due to the het-
25 erogeneity of the research programmes we
26 are willing to classify as scientific. One re-
27 sponse to this difficulty is to meet it head on,
28 by engaging in the kind of reflection on sci-
29 entific method found in Maturana's interest-
30 ing commentary. However, we do not think
31 that the case we present in our target article
32 requires us to do this.

33 « 14 » When we speak, following Jonas,
34 of *modern science*, the intended contrast is
35 with a *pre-modern*, Aristotelian conception
36 of science, which conceives of the natural
37 world as populated with irreducible intrin-
38 sic teleology. As we noted, an Aristotelian
39 explanation of why rocks fall through air
40 while fire rises proceeds by attributing a
41 natural *telos* to these entities, so that rocks
42 *strive* to be close to the earth while fire
43 *strives* for the heavens. We also noted that
44 the unacceptability of such an explanation
45 by the standards of modern science is not
46 due to the choice of particular elements in
47 this theory, or in the particular *telos* that
48 characterizes each of them. Rather, it is in
49 attributing *irreducible* natural purposes to
50 entities in our explanation; that is, purposes
51 that receive no further explanation in terms
52 of structure, function, or dynamics. Above,
53 we left the question of whether enactivism
54 might, in future, provide such a further ex-
55 planation open. But we also claimed that

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enactivists such as Varela (Weber & Varela
2001), Di Paolo (2005), and Evan Thomp-
son (2007) do not see the provision of such
explanations as their task. When autopoietic
or adaptive dynamics are identified with
immanent purposiveness by such enactivists,
this is not because an explanation of the
emergence of natural purposes from non-teleo-
logical dynamics has been given. Rather, JI
has been employed to allow us to understand
the relevant dynamics as already imbued with
teleology.

« 15 » We find it difficult to add much
more to this by way of explaining the in-
compatibility between modern science and the
acceptance of intrinsic natural purpose, or
immanent teleology, that is the result of JI.
This is because we agree with Jonas's as-
sessment that this rejection is not an empiri-
cal result obtained by science, but rather a
methodological presupposition that demar-
cates the boundaries of scientific inquiry.
This is why mainstream philosophy of cog-
nitive science has been preoccupied for the
last fifty years by trying (and failing) to
provide reductive explanations of teleo-
logical properties of mental states in terms
of structural and functional properties. Ex-
amples include Fred Dretske's (e.g., 1981)
information-theoretic theory of content and
Ruth Millikan's (e.g., 1984) teleosemantics.
A genuinely naturalistic explanation of teleo-
logical phenomena, such thinkers believe,
must explain them in terms of non-teleo-
logical states, structurally and functionally
construed. Above, we have tried to clarify
that enactivism's endorsement of JI absolves
enactivism of the responsibility for provid-
ing such further explanations, and it is this
that puts it in tension with modern scientific
method.

« 16 » However, is this not to ignore the
very fact that our target article is supposed
to concern: that enactivism frequently pre-
sents itself as a *new paradigm* for cognitive
science? As Taguchi and Torrance rightly
point out, a belief in the need for the re-
ciprocal circulation of ideas between phe-
nomenology and cognitive science is one of
the founding principles of enactivism. So is
the conception of cognitive science and its
methodology just sketched, where we aspire
to explain every phenomenological property
or structure reductively in terms of struc-
ture, function, or dynamics, not just what

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enactivism has always sought to rid us of? 1
We agree that we did not say enough about 2
enactivism's commitment to a *reciprocal* in- 3
terplay between phenomenology and cog- 4
nitive science. Similarly, when we presented 5
the quotes from Weber and Varela, Di Paolo, 6
and Thompson above, we did not mention 7
that each of them occurs in the context of 8
the authors stressing the need for a *dialogue* 9
between phenomenology and cognitive sci- 10
ence. The way we have presented things in 11
our target article and in this response has so 12
far been in terms of an opposition between 13
science, which begins with structure, func- 14
tion, and dynamics and attempts to explain 15
further properties and phenomena in these 16
terms, and phenomenology, which begins 17
with our lived experience and invites us to 18
view the material world in these terms. But 19
is the appeal of enactivism as a paradigm not 20
supposed to lie in its showing us a middle 21
way between these two extremes? 22

« 17 » Once again, we cannot attempt to 23
address this important issue fully here (nor 24
do we know how to do so). But we think 25
that considering the nature of the interplay 26
between phenomenology and cognitive sci- 27
ence, and the delicate task of reconciling the 28
methodological commitments of each, is 29
where the enactive community should focus 30
its efforts. Here is one way we can restate the 31
central claim of our target article in light of 32
this: contemporary enactivism's conception 33
of the relationship between phenomenol- 34
ogy and cognitive science is not sufficiently 35
reciprocal. As we see it, phenomenology 36
is calling the shots in this relationship in a 37
problematic way. In endorsing JI, contem- 38
porary enactivism begins with our own 39
experience, then demands that the struc- 40
tural, functional, and dynamical properties 41
that are the explanatory materials of cog- 42
nitive science be reconstrued in its terms. 43
Consider an alternative relationship, where 44
science calls the shots. Science would be- 45
gin with non-sentient and non-teleological 46
structures and processes, then demand that 47
the subject matter of phenomenology be re- 48
conceived in these terms. Instead of taking 49
our experience of teleology at face value and 50
reconceiving the material world in light of 51
this, we would be guided by science's non- 52
sentient, non-teleological conception of ma- 53
terial reality, and conclude that our experi- 54
ence of teleology and subjectivity is illusory. 55

column C

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1 This conception of the priority of scientific
2 understanding is incompatible with a genu-
3 inely *reciprocal* relationship between cog-
4 nitive science and phenomenology. Likewise,
5 we think that in relying on JI, contemporary
6 enactivists commit themselves to a concep-
7 tion of the priority of phenomenological
8 understanding that is incompatible with the
9 reciprocal relationship between phenom-

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enology and cognitive science at which en-
activism originally aimed.

« 18 » There are many other important,
insightful, and interesting points in the
commentaries on our target article that we
have not been able to address here. We apol-
ogise for this, and hope to take up some of
these issues in future work. Nonetheless, we
hope this response has served to clarify the

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most important points we wanted to make 1
in our target article, and that it will motivate 2
some readers to take up the challenges we 3
have tried to pose for enactivism. 4

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