

## AVICENNIAN RECEPTION OF ARISTOTELIAN BOTANY

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### Abstract

This article presents a comparative analysis of the views on plants in Ps. Aristotle namely Nicolaos of Damascus and Avicenna, examining the distinct philosophical frameworks each thinker employs to understand the nature of plants. The representative work of the Aristotelian tradition, *De Plantis*, offers a naturalistic perspective, focusing on biological processes such as growth, nourishment, and reproduction. (T)his approach is empirical, categorizing plants as distinct from animals but still subject to similar material causes within the natural order. The Aristotelian framework, emphasizing observable processes, laid the foundation for subsequent studies in plant biology. In contrast, Avicenna builds upon Aristotelian ideas, introducing a metaphysical dimension. In his *Kitab al-Nabat*, Avicenna posits the existence of the “vegetative soul” as a guiding principle that governs plant growth, while also reflecting divine intelligence and cosmic order. Avicenna’s metaphysical and theological insights distinguish his approach from Aristotelian naturalism, positioning plants as both biological entities and manifestations of divine wisdom. This article highlights how the intellectual development of botany and the history of philosophy has been shaped by the synthesis of Aristotelian empirical naturalism and Avicenna’s metaphysical synthesis. The comparison reveals the continued relevance of these two perspectives in contemporary debates in the philosophy of

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biology, particularly in reconciling material causality with higher principles of existence.

**Keywords:** History of Botany, *De Plantis*, *Kitab al-Nabat*, Aristotle, Avicenna.

## Aristotelesçi Botaniğin İbn Sinacı Alımlanışı

### Öz

Bu makale, Aristoteles ve İbn Sina'da bitkilere dair görüşlerin karşılaştırmalı bir analizini sunarak, her iki düşünürün bitkilerin doğasını anlamak için kullandığı farklı felsefi çerçeveleri incelemektedir. Aristotelesçi geleneğin mümessili *De Plantis* adlı eser, doğal bir bakış açısı sunarak, büyüme, beslenme ve üreme gibi biyolojik süreçlere odaklanır. Yaklaşımı ampirik olup, bitkileri hayvanlardan ayrı olarak ancak benzer maddi nedenlere tabi olarak doğal düzende sınıflandırır. Aristotelesçi çerçeve, gözlemlenebilir süreçlere vurgu yaparak, bitki biyolojisi üzerine yapılan sonraki çalışmalara temel atmıştır. Buna karşılık İbn Sina, Aristoteles'in fikirlerini geliştirerek bir metafizik boyut ekler. *Kitabu'l-Nebat* adlı eserinde, bitki büyümesini yöneten ve aynı zamanda ilahi akıl ve kozmik düzeni yansıtan bir rehber ilke olarak "nebatî nefis" in varlığını öne sürer. İbn Sina'nın metafizik ve teolojik anlayışı, onun yaklaşımını Aristotelesçi natüralizmden ayırarak, bitkileri hem biyolojik varlıklar hem de ilahi bilgelikğin tezahürleri olarak konumlandırır. Bu makale, Aristotelesçi ampirik natüralizm ile İbn Sina'nın metafizik sentezinin botanik ve felsefe tarihindeki entelektüel gelişimi nasıl şekillendirdiğini vurgulamaktadır. Karşılaştırma, bu iki perspektifin biyoloji felsefesi alanındaki çağdaş tartışmalarda, özellikle maddi nedenler ile varlığın daha yüksek ilkeleri arasındaki uzlaşmayı sağlama noktasındaki devam eden geçerliliğini gözler önüne sermektedir.

**Anahtar kelimeler:** Botanik Tarihi, *De Plantis*, *Kitabu'l-Nebat*, Aristoteles, İbn Sina

### 1. Introduction

At the crossroads of natural philosophy and metaphysical inquiry, the study of plant life offers an intriguing lens through which we can explore the boundaries of existence, causality, and the very essence of life itself. The study of plant life has captivated philosophers for centuries as they seek to understand the essence of life itself. Among the most influential contributions that should be mentioned are the Aristotelian and Avicennian texts. These two samples' perspectives reflect their distinct intellectual traditions while addressing universal questions about life,

existence, and the natural world. Aristotle laid the empirical and philosophical foundations for the study of biology, while Avicenna extended these ideas through the integration of metaphysical and theological dimensions.

Aristotle, the foundational figure in Western philosophy, is often credited with initiating the scientific study of biology. His works, particularly *De Plantis* (On Plants), classified plants within a natural hierarchy distinct from animals but governed by universal principles of growth, reproduction, and nourishment. Through empirical observation, Aristotle emphasized the material causes of biological processes, positing that plants lack sensory perception and locomotion but participate in essential life functions. His naturalistic approach focused on explaining plant life through observation and rational analysis, eschewing metaphysical speculation. This empirical framework profoundly influenced the scientific study of life.<sup>1</sup>

In contrast, Avicenna, a polymath of the Islamic Golden Age, expanded upon Aristotelian principles by incorporating metaphysical and theological insights. His *Kitab al-Nabat* (Book of Plants) explores plant life not only through classification but also through the lens of divine order and metaphysical causality. Central to Avicenna's thought is the concept of the vegetative soul, which governs growth and reproduction while reflecting a higher cosmic intelligence. Unlike Aristotle's materialist perspective, Avicenna viewed plants as part of a harmonious system imbued with divine purpose, a reflection of the Islamic intellectual tradition that intertwines natural philosophy with theology.

Avicenna's synthesis of empirical observation and metaphysical inquiry marked a significant departure from Aristotelian naturalism. While Aristotle's framework emphasized biological mechanisms, Avicenna connected these processes to a broader metaphysical reality. For instance, he proposed that the vegetative soul not only enables biological functions but also manifests divine wisdom, bridging the gap between material causality and spiritual principles. This holistic perspective redefined the study of plant life, emphasizing its dual existence as a biological and metaphysical phenomenon.

Comparing these two perspectives highlights the evolving interplay between biology, metaphysics, and theology. Aristotle's emphasis on material causality laid the groundwork for scientific inquiry, while Avicenna's integration of metaphysical principles enriched the understanding of life as both a natural and divine process. These intellectual traditions profoundly influenced subsequent thought in both Islamic and Western contexts, shaping philosophical and scientific approaches to the natural world.

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<sup>1</sup> Mustafa Yavuz and Pilar Herraíz Oliva, 'Botany as a New Field of Knowledge in the Thirteenth Century: On the Genesis of the Specialized Sciences', *Teorie Vědy / Theory of Science* 42, no. 1 (4 September 2020): 51–75, <https://doi.org/10.46938/tv.2020.478>.

The juxtaposition of Aristotelian and Avicennian views underscores their enduring relevance to contemporary debates in the philosophy of biology. By addressing the intersection of naturalism and metaphysical speculation, both thinkers contributed to a deeper understanding of plant life that transcends their historical contexts. Their work continues to inform modern discussions about the nature of life, offering valuable insights into the relationship between empirical science and metaphysical inquiry.

Having in considerations with the History of Science studies in Türkiye and in Turkish, it would be fair to declare that history of botany has been neglected since the very beginning. As an evidence of this assertion, one can count the number of books in Turkish, which are devoted to the history of botany as a science.<sup>2</sup> However, the twentieth century has been a fortunate era by means of history of botany studies in English. For instance, the discovery of and first study on Ps. Aristotelian text *De Plantis* in Arabic, was announced in the first half of the last century.<sup>3</sup> A research note<sup>4</sup> followed this discovery and introduction, as a herald of later and greater study on *De Plantis* tradition.<sup>5</sup>

Regarding the Aristotelian system, Avicenna contributes by interpreting and rearranging the philosophical basis received from the ancient philosophy by integrating it to the metaphysical pot of his time. Unfortunately, Avicennian text has never been translated to a western language although it was edited and published.<sup>6</sup> He divides his text into seven chapters each of which is called *fasl*. Below is a summary and commentary on Avicennian reception of *De Plantis* as excerpted from the Turkish translation<sup>7</sup> which includes *De Plantis* of Nicolaus Damascenus as well.

## 2. Commentary on Avicenna's *Kitab al-Nabat*

### First *Fasl*: On the Generation, Nutrition, Male and Female Natures

In the opening chapter of his seventh treatise within the *Kitab al-Shifa*, Avicenna offers a synthesis of empirical observation and philosophical reasoning to explain plant life. As a foundational text in natural philosophy (*tabiiyyat*), this chapter bridges Aristotelian thought and Avicenna's metaphysical and

<sup>2</sup> Asuman Baytop, *Türkiye'de Botanik Tarihi Araştırmaları* (Ankara: Tübitak Yayınları, 2004).

<sup>3</sup> Maurice Bouyges, 'Sur Le *De Plantis* d'Aristote-Nicolas à Propos d'un Manuscrit Arabe de Constantinople', *Mélanges de L'Université Saint-Joseph Beyrouth* 9, no. 2 (1923): 71–89.

<sup>4</sup> Drossaart Lulofs, 'Aristotle's Περί Φυτῶν', *The Journal of Hellenic Studies* 77, no. 1 (1957): 75–80.

<sup>5</sup> Nicolaus Damascenus, *De Plantis. Five Translations (Aristoteles Semitico-Latinus)*, trans. Hendrik Joan Drossaart Lulofs and E.L.J. Poortman (Amsterdam: North-Holland Publishing Company, 1989).

<sup>6</sup> İbn Sînâ, *Eş-Şifâ, et-Tabiiyyat*, ed. A. Muntasır, Z. Sayed, and A. İsmail, vol. 2, 7 vols (Kum, İran: Mektebetu Âyetullahu'l 'Uzmâ el-Mar'âşi en-Necefi, 1985).

<sup>7</sup> Mustafa Yavuz, *Bitki Bilimin Kök(En)leri Şanlı Nikolaos, İbn Sînâ ve İbn Bâce'ye Göre "Bitkiler Kitabı"*, 1st ed., Sapientia (İstanbul: Ötügen Neşriyat, 2024).

physiological insights. It examines the fundamental characteristics of plant life, focusing on their generative, nutritive, and reproductive functions while addressing broader philosophical questions regarding life and nature.

Avicenna begins by comparing plants to animals, highlighting the shared processes of nutrition and reproduction. This classification aligns with the Aristotelian concept of the nutritive soul (*nafs al-ghadhiyya*), which represents the most basic form of life common to all living beings. However, Avicenna establishes a clear distinction between plants and animals. While animals rely on sensory desire (*shahwa al-bisbiyya*) and voluntary movement to sustain themselves, plants depend solely on intrinsic natural faculties to obtain and process nutrients. This distinction is central to Avicenna's argument and underscores the unique nature of plant life.

Avicenna critiques earlier thinkers, such as Anaxagoras, Empedocles, and Democritus, who attributed sensory perception to plants. He rejects their view, arguing that sensory faculties are exclusive to animals. By doing so, he reinforces the boundary between plant and animal life. His analysis demonstrates a commitment to both Aristotelian principles and empirical rigor, as he consistently emphasizes observable differences between the two forms of life.

A pivotal part of this chapter involves Avicenna's exploration of the definition of life (*al-hayab*). He proposes two criteria for identifying living beings:

1. The ability to sustain existence through nutrient consumption.
2. The capacity for perception and voluntary movement.

According to the first criterion, plants qualify as living organisms, as they actively consume nutrients to grow and maintain their existence. However, under the second criterion, plants do not qualify as truly "alive" because they lack sensory faculties and the capacity for intentional action. This dual perspective allows Avicenna to acknowledge the partial vitality of plants while emphasizing the superiority of animal and human life. His nuanced approach also reflects his metaphysical framework, where life is conceptualized as a graded continuum, with each form of life possessing distinct faculties corresponding to its level in the hierarchy of being—from the vegetative soul of plants to the rational soul of humans.

Avicenna also addresses the reproductive aspects of plant life, focusing on the interplay between male and female principles. Following Aristotle, he defines the male principle as active (*al-sura*, or form) and the female principle as passive (*al-madda*, or matter). Plants, according to Avicenna, embody both principles in their reproduction. He suggests that some plants may simultaneously function as male and female, a notion that anticipates modern concepts of hermaphroditism in botany. This duality in plant reproduction illustrates Avicenna's broader philosophical interest in unity and multiplicity within nature.

In conclusion, the first *fasl* serves as a comprehensive introduction to Avicenna's philosophical and scientific framework for understanding plant life. It integrates empirical observation with metaphysical analysis, offering insights into nutrition, reproduction, and the ontological status of plants. By situating plants within a continuum of life forms, Avicenna highlights their unique role in the natural order while reinforcing the broader hierarchical structure of being.

### **Second Fasl: On the Parts of the Plant in Its Initial Growth and Thereafter**

In the second *fasl*, Avicenna delves deeper into the mechanisms of plant growth and differentiation, emphasizing the interplay of natural faculties and environmental conditions. This chapter builds on the foundational principles of plant life discussed in the first *fasl* and explores the factors that influence growth, shape, and function in plants.

Avicenna begins by analyzing growth (*numu*), which he defines as the increase in size and mass through the assimilation of nutrients. He highlights the vital role of the vegetative soul in directing this process, distinguishing it from the conscious processes observed in animals. Growth, he argues, occurs uniformly across the plant body, although some parts, such as roots and stems, may grow at different rates depending on environmental stimuli. Avicenna's discussion here reflects an understanding of the adaptability of plants, an idea that aligns with modern concepts of tropism and plasticity in plant development.

A central focus of this *fasl* is differentiation (*tafarruq*), or the specialization of plant structures. Avicenna identifies two primary factors driving differentiation: the intrinsic disposition of plant matter (*al-tab'iyya*) and the external influences of heat, moisture, and soil composition. He suggests that these factors work together to produce various plant organs, such as leaves, stems, and flowers, each serving a specific function. His analysis anticipates later developments in botanical science, particularly in understanding how environmental factors influence morphogenesis.

Avicenna also examines the concept of proportionality (*al-tanasub*), which governs the harmonious arrangement of plant parts. He argues that proportionality ensures the balance between growth and function, allowing the plant to maintain its form and sustain itself. This principle reflects Avicenna's broader metaphysical commitment to the idea of order and harmony in nature, where every part of a living being contributes to the whole.

Another key topic in this *fasl* is the role of heat (*al-barara*) in facilitating growth. Avicenna explains that heat, derived from both internal processes and external environmental sources, activates the vegetative soul and enables the transformation of nutrients into plant tissue. This perspective aligns with Aristotelian theories of natural heat while incorporating Avicenna's own

observations of the importance of climate and seasonal changes in plant development.

Avicenna concludes the chapter by addressing the limits of growth. He argues that growth ceases when a plant reaches its natural size and form, a state determined by its species-specific essence (*al-jawhar*). This cessation reflects the plant's fulfillment of its purpose in the natural order, illustrating Avicenna's teleological framework. While modern biology attributes growth cessation to genetic and environmental factors, Avicenna's emphasis on intrinsic purpose highlights his philosophical approach to natural phenomena.

In summary, the second *fasl* provides a detailed account of the processes of growth and differentiation in plants, integrating empirical observations with metaphysical principles. Avicenna's analysis highlights the dynamic interaction between intrinsic and extrinsic factors in shaping plant form and function. By emphasizing the role of proportionality and natural limits, he situates plant growth within a broader philosophical context of order and purpose in nature.

### **Third Fasl: On the Principles of Nutrition, Generation, and Development in Plants**

In the third *fasl*, Avicenna turns his attention to the anatomy and physiology of plants, offering a detailed examination of plant organs and their respective functions. This chapter builds on the principles of differentiation discussed in the previous *fasl* and provides a systematic framework for understanding the structure of plants.

Avicenna begins by categorizing plant organs into two main types: those that support nutrition and those involved in reproduction. The first category includes roots, stems, and leaves, which collectively sustain the plant by absorbing, processing, and distributing nutrients. The second category, encompassing flowers and seeds, ensures the continuity of the species through reproduction. This classification mirrors the Aristotelian division of vegetative functions but incorporates Avicenna's unique insights into plant anatomy.

A significant portion of the chapter is devoted to the root system (*al-judhur*), which Avicenna describes as the foundation of the plant. He emphasizes the root's role in anchoring the plant and absorbing nutrients and moisture from the soil. Avicenna also notes the sensitivity of roots to environmental conditions, suggesting an awareness of their adaptive capacities. While he does not attribute sensory perception to roots, his observations align with modern understandings of root behavior and plasticity.

The stem (*al-saq*), according to Avicenna, serves as the central conduit for the distribution of nutrients. He highlights its structural role in supporting the plant and facilitating the upward movement of nutrients and moisture. Avicenna's

description anticipates the later discovery of vascular systems in plants, although he does not explicitly identify xylem and phloem.

Avicenna's discussion of leaves (*al-awraq*) focuses on their role in synthesizing and storing nutrients. He emphasizes their flat, broad structure as an adaptation for maximizing exposure to sunlight, which is crucial for nutrient production. This observation reflects an early understanding of the functional morphology of leaves, even though the process of photosynthesis was not yet known.

Reproductive organs, including flowers and seeds, are described in the context of their teleological function. Avicenna argues that the flower represents the culmination of the plant's growth and differentiation, as it facilitates reproduction. Seeds, he explains, carry the potential for new life, embodying the plant's essence and ensuring its continuity. His emphasis on the role of reproductive organs reflects his broader metaphysical framework, where each part of the plant contributes to the fulfillment of its purpose.

Avicenna concludes by addressing the variability of plant organs, noting that differences in size, shape, and function are determined by both species-specific traits and environmental factors. This recognition of variability highlights his empirical approach to studying nature and his acknowledgment of the complexity of living systems.

12 In summary, the third *fasl* provides a comprehensive analysis of plant anatomy and physiology, integrating empirical observations with philosophical insights. Avicenna's systematic approach to categorizing and explaining plant organs reflects his commitment to understanding the natural world in its entirety. By emphasizing the interplay between form and function, he situates plant anatomy within a broader framework of order and purpose in nature.

#### **Fourth Fasl: The Generation of Plant Parts and their Variation According to Regions**

In the fourth *fasl*, Avicenna explores the reproductive functions of plants, emphasizing the mechanisms through which they perpetuate their kind. This chapter reflects his effort to reconcile the empirical study of plants with his broader metaphysical framework, focusing on how reproduction fulfills the purpose of maintaining species continuity.

Avicenna begins by identifying reproduction (*al-tanasul*) as a defining feature of plant life, closely tied to the vegetative soul's capacity for self-preservation. He explains that reproduction ensures the survival of the species, transcending the mortality of individual plants. This process, he argues, is guided by a natural inclination (*ghariz'a*) embedded within plants, which drives them to produce seeds and offspring.



A major focus of this *fasl* is the role of flowers in reproduction. Avicenna describes flowers (*al-aḥḥar*) as specialized organs that facilitate the production of seeds. He provides a detailed account of their structure, noting the arrangement of petals, stamens, and pistils, although his terminology and understanding are limited by the scientific knowledge of his time. Avicenna emphasizes the teleological role of flowers, asserting that their beauty and symmetry reflect the underlying harmony of nature.

The discussion then shifts to the formation of seeds (*al-hubb*), which Avicenna considers the culmination of the reproductive process. He describes seeds as vessels of potential life, containing the essence (*jawhar*) of the parent plant. Avicenna's explanation integrates his philosophical understanding of form and matter, suggesting that seeds embody the formal and material principles necessary for the growth of a new plant. This perspective anticipates later developments in embryology and the study of genetic inheritance.

Avicenna also examines the environmental factors that influence reproduction, such as climate, soil quality, and seasonal changes. He argues that successful reproduction requires a balance of heat and moisture, which activate the vegetative soul and enable the maturation of seeds. His observations reflect a recognition of the complex interplay between internal and external factors in plant development, aligning with modern ecological perspectives.

Another key theme in this *fasl* is the variability of reproductive strategies among plant species. Avicenna notes that some plants produce seeds abundantly, while others rely on alternative methods, such as the generation of offshoots or runners. This diversity, he suggests, reflects the adaptability of plants to different environmental conditions. Although Avicenna's knowledge of plant reproduction is limited by the absence of concepts like pollination and genetics, his emphasis on diversity highlights his empirical approach to studying nature.

Avicenna concludes by addressing the philosophical implications of plant reproduction. He argues that the reproductive process exemplifies the unity of form and function in nature, where every part of the plant contributes to the fulfillment of its purpose. By producing seeds, plants ensure the continuity of life, reflecting the divine wisdom underlying creation.

In summary, the fourth *fasl* provides a detailed account of plant reproduction, integrating empirical observations with metaphysical principles. Avicenna's analysis highlights the centrality of reproduction in the life cycle of plants, emphasizing its role in maintaining species continuity. By situating plant reproduction within a broader framework of purpose and order, he offers a holistic perspective that bridges the natural and philosophical dimensions of life.

### Fifth Fasl: On the Characteristics of Stems, Branches, and Leaves

In the fifth *fasl*, Avicenna addresses the contentious question of whether plants possess sensory or perceptive capacities. While he ultimately denies plants the kind of perception found in animals, he explores the ways in which plants respond to their environment, offering insights that prefigure modern discussions of plant behavior and intelligence.

Avicenna begins by defining sensory perception (*al-idrak al-bissi*) as the ability to receive and respond to external stimuli through specialized organs. He asserts that perception is exclusive to animals, as it requires the presence of a soul capable of conscious awareness. Plants, lacking such a soul, are unable to perceive in the same way. However, Avicenna acknowledges that plants exhibit responses to environmental stimuli, which he attributes to their vegetative soul's natural inclinations (*ghariza tab'iyya*).

A key focus of this *fasl* is the concept of tropism, or directed growth in response to environmental factors. Avicenna describes how roots grow toward sources of water and nutrients, while stems and leaves orient themselves toward sunlight. Although he does not use the term "tropism," his observations align closely with modern understandings of phototropism, gravitropism, and hydrotropism. Avicenna attributes these movements to the intrinsic properties of plant matter, which he describes as being naturally disposed to seek what is beneficial.

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Avicenna also discusses the role of heat and moisture in plant responses. He argues that these factors activate the vegetative soul and facilitate the movement of fluids within the plant, enabling it to adapt to changing conditions. This explanation reflects his broader emphasis on the interplay between internal and external forces in shaping plant behavior.

While denying plants sensory perception, Avicenna acknowledges their capacity for what he terms "quasi-perception" (*shibh al-idrak*). He suggests that plants possess a form of awareness that allows them to respond to harm or damage. For example, he observes that certain plants produce defensive substances when injured, a phenomenon that modern science attributes to chemical signaling. Avicenna interprets this as evidence of the vegetative soul's ability to preserve the plant's integrity.

Avicenna concludes by emphasizing the distinction between plant responses and animal behavior. While animals act with conscious intent, plants respond through natural inclinations that reflect their purpose in the natural order. This distinction underscores his commitment to a hierarchical view of life, where each being fulfills its role within a divinely ordained framework.

In summary, the fifth *fasl* explores the sensory and perceptive capacities of plants, offering a nuanced account of their responses to environmental stimuli. Avicenna's analysis highlights the complexity of plant behavior while maintaining a

clear distinction between plants and animals. By situating plant responses within a metaphysical framework, he provides a holistic perspective that integrates empirical observations with philosophical principles.

### **Sixth Fasl: Plant Products Such as Fruits, Seeds, Thorns, Resins, etc.**

In the sixth *fasl*, Avicenna focuses on the processes of growth and development in plants, examining how they expand, mature, and adapt to their environments. This chapter showcases his intricate understanding of biological mechanisms, blended with philosophical insights into the purpose and harmony of nature.

Avicenna begins by defining growth (*al-numum*) as a fundamental characteristic of living beings, particularly plants. Growth, he argues, is the natural result of the vegetative soul's activity, which seeks to actualize the potential inherent in the plant's form. For Avicenna, growth is not random but follows a purposeful trajectory, moving toward the full realization of the plant's essence (*mahiyya*).

A major focus of this *fasl* is the role of nutrition in growth. Avicenna explains that plants absorb nutrients from the soil through their roots, which he describes as organs uniquely designed to extract and process sustenance. He emphasizes the importance of water and minerals in this process, highlighting their role in nourishing the plant's tissues and enabling cell division and expansion. Avicenna's observations reflect his keen empirical interest, although his understanding of nutrient transport lacks the modern concept of vascular systems.

Avicenna then turns to the environmental factors that influence growth, such as sunlight, temperature, and moisture. He argues that plants thrive in conditions where these factors are balanced, allowing the vegetative soul to function optimally. For instance, he notes that excessive heat can wither plants, while insufficient light impedes their ability to grow. His attention to environmental conditions demonstrates an early appreciation of ecological principles.

The *fasl* also explores the diversity of growth patterns among plant species. Avicenna observes that some plants grow tall and upright, while others spread horizontally or develop complex branching structures. He attributes these variations to differences in the composition of the plant's material substance (*madda*) and the influence of its vegetative soul. This perspective aligns with his broader metaphysical framework, which emphasizes the interplay of form and matter in shaping natural phenomena.

Avicenna further discusses the concept of adaptation, noting that plants can modify their growth in response to external challenges. For example, he describes how certain plants develop thicker leaves in arid environments to conserve water. Although he lacks the modern terminology of evolution or adaptation, his

observations suggest an intuitive grasp of the dynamic relationship between organisms and their surroundings.

A key philosophical theme in this *fasl* is the teleological nature of growth. Avicenna asserts that every aspect of a plant's development is directed toward achieving its ultimate purpose (*ghaya*), which is to fulfill its role in the natural order. This purposeful growth, he argues, reflects the wisdom of the Creator, who has endowed plants with the capacities necessary for their survival and flourishing.

In conclusion, the sixth *fasl* offers a detailed account of plant growth and development, integrating empirical observations with metaphysical principles. Avicenna's analysis highlights the complexity and adaptability of plants while emphasizing their purposeful nature. By situating growth within a broader framework of order and harmony, he provides a holistic perspective that bridges the scientific and philosophical dimensions of botany.

### Seventh Fasl: A General Statement about the Types of Plants

In the seventh and final *fasl*, Avicenna examines the broader role of plants within the natural order, focusing on their contributions to the sustenance of life and the harmony of creation. This chapter serves as a culmination of his botanical discourse, connecting the study of plants to his overarching metaphysical and ethical framework.

Avicenna begins by asserting that plants are integral to the sustenance of life on Earth. He emphasizes their role as primary producers (*al-muntijat al-awwaliyya*), converting sunlight into nourishment through processes that, while not fully understood in his time, he attributes to the activity of the vegetative soul. Plants, he argues, serve as the foundation of the food chain, supporting animals and, ultimately, humans. This recognition of plants' ecological significance anticipates modern understandings of ecosystems and energy flow.

The *fasl* also explores the aesthetic and spiritual value of plants. Avicenna describes the beauty of flowers, trees, and landscapes as a reflection of divine creativity and wisdom. He argues that the symmetry, color, and fragrance of plants evoke a sense of wonder and gratitude, inspiring humans to contemplate the perfection of creation. This perspective aligns with his broader philosophical commitment to uncovering the signs (*ayat*) of the Creator in the natural world.

Avicenna then turns to the medicinal properties of plants, highlighting their role in promoting human health. He describes how herbs, roots, and fruits are used in the preparation of remedies, drawing on the extensive pharmacological knowledge of his era. Avicenna's observations reflect his dual expertise as a physician and philosopher, emphasizing the practical applications of botanical science.

A significant theme in this *fasl* is the interdependence of all living beings. Avicenna argues that plants occupy a unique position in the hierarchy of life,

serving as a bridge between the inorganic and organic realms. By absorbing nutrients from the soil and transforming them into living matter, plants mediate the flow of energy and resources within the natural order. This interdependence, he suggests, underscores the unity and harmony of creation.

Avicenna also addresses the ethical implications of humans' relationship with plants. He argues that, while plants are created for the benefit of higher forms of life, humans have a responsibility to use them wisely and sustainably. This ethical perspective reflects his commitment to the principle of balance (*mizān*), which he sees as essential to maintaining the harmony of the natural world.

In concluding the *fasl*, Avicenna reflects on the philosophical significance of studying plants. He asserts that understanding their structure, functions, and roles in the natural order not only advances scientific knowledge but also deepens one's appreciation of the Creator's wisdom. For Avicenna, the study of plants is both an intellectual and spiritual endeavor, revealing the interconnectedness of all aspects of existence.

In summary, the seventh *fasl* provides a comprehensive account of the role of plants in the natural order, emphasizing their ecological, aesthetic, medicinal, and ethical significance. Avicenna's analysis highlights the unity and purpose of creation, offering a vision of botany that integrates empirical inquiry with philosophical and spiritual reflection.

### **3. Conclusion: Toward a Philosophy of Plant Life**

A comparative exploration of *De Plantis*, as articulated by Nicolaus of Damascus and Avicenna, highlights the evolving intellectual frameworks applied to the study of plant life. Nicolaus, influenced by Aristotelian principles, adopts a naturalistic perspective, emphasizing the biological functions of growth, nourishment, and reproduction. This Aristotelian foundation situates plants within the broader natural hierarchy, focusing on their material causes and functional roles in the ecosystem. By framing plants as living organisms with observable biological processes, Aristotle and Nicolaus establish the groundwork for empirical investigations into their structure and behavior. This naturalistic approach is instrumental in shaping a materialistic understanding of plant life, where empirical observation reigns supreme, providing a systematic methodology for analyzing the natural world.

In contrast, Avicenna transcends the empirical constraints of Aristotelian naturalism by integrating metaphysical and theological principles into his examination of plants. His *Kitāb al-Nabat* introduces the concept of the vegetative soul, a vital, unifying principle governing plant life. While Avicenna acknowledges the material and biological functions plants share with other living beings, such as growth, nourishment, and reproduction, he situates these processes within a larger metaphysical framework. According to Avicenna, the vegetative soul reflects divine

wisdom, imbuing plant life with an intrinsic connection to the cosmic order. This perspective transforms the study of plants from a purely naturalistic endeavor into a philosophical and theological inquiry into the essence of life itself.

By uniting material causality with divine intelligence, Avicenna offers a framework that both deepens and broadens the study of natural phenomena. His synthesis of empirical observation and metaphysical speculation presents a model of inquiry that bridges the physical and spiritual dimensions of plant life. This integrative approach allows Avicenna to address foundational questions about life, growth, and regeneration that Aristotle's naturalism does not fully explore. Moreover, his work engages with the profound interplay between nature and divine order, offering insights that resonate with contemporary debates in the philosophy of biology and ecology. Avicenna's perspective challenges reductionist and mechanistic models, advocating instead for a more holistic understanding of living systems.

The implications of Avicenna's *Kitab al-Nabat* extend far beyond its historical and cultural context. His nuanced understanding of the vegetative soul and its role in governing plant life positions his work as a precursor to modern interdisciplinary approaches in botany, ecology, and the philosophy of biology. By framing plants as entities imbued with purpose and order, Avicenna bridges the divide between ancient natural philosophy and contemporary scientific inquiry. His insights reveal the limitations of narrowly empirical methodologies while affirming the value of integrating philosophical and metaphysical perspectives into the study of life. This dynamic interplay of empirical rigor and metaphysical depth continues to inform contemporary discussions, particularly in areas such as systems biology, ecological philosophy, and the study of life's origins.

Avicenna's contributions are not only pivotal in advancing the intellectual legacy of Islamic natural philosophy but also in establishing a foundation for broader philosophical inquiry. His synthesis of Aristotle's naturalism with his own metaphysical innovations reflects an enduring intellectual legacy that bridges the ancient, medieval, and modern worlds. The enduring relevance of his ideas lies in their ability to transcend disciplinary boundaries, offering frameworks that remain pertinent to debates in science, philosophy, and theology. Avicenna's insights into the interconnectedness of material and immaterial realities, as well as the interplay of causality and divine wisdom, provide a profound lens for understanding life in its many dimensions.

In conclusion, the comparative study of *De Plantis* and *Kitab al-Nabat* illustrates the richness and diversity of philosophical approaches to plant life. Nicolaus of Damascus, building on Aristotle, emphasizes the material and functional dimensions of plants, laying the groundwork for empirical investigation. Avicenna, on the other hand, transcends this naturalistic framework by incorporating metaphysical and theological principles, offering a more holistic vision of plant life as a reflection of the cosmic order. His work bridges the

material and immaterial, the empirical and the metaphysical, creating a framework that enriches both the historical legacy and the contemporary relevance of natural philosophy. Avicenna's *Kitab al-Nabat* not only enriches the intellectual traditions of Islamic and Western thought but also provides enduring frameworks for understanding the complexity of life. By doing so, it anticipates modern interdisciplinary approaches and affirms the enduring interplay between science, philosophy, and metaphysics in our understanding of nature. By bridging empirical observation with profound metaphysical reflection, the exploration of plant life invites us to reconsider not only the nature of living beings but also the cosmic order that governs all existence.

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