

AI Wellbeing

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Abstract: Under what conditions would an artificially intelligent system have wellbeing? Despite its obvious bearing on the ethics of human interactions with artificial systems, this question has received little attention. Because all major theories of wellbeing hold that an individual's welfare level is partially determined by their mental life, we begin by considering whether artificial systems have mental states. We show that a wide range of theories of mental states, when combined with leading theories of wellbeing, predict that certain existing artificial systems have wellbeing. While we do not claim to demonstrate conclusively that AI systems have wellbeing, we argue that our metaphysical and moral uncertainty about AI wellbeing requires us dramatically to reassess our relationship with the intelligent systems we create.

We recognize one another as beings for whom things can go well or badly, beings whose lives may be better or worse according to the balance they strike between goods and ills, pleasures and pains, desires satisfied and frustrated. In our more broad-minded moments, we are willing to extend the concept of wellbeing also to nonhuman animals, treating them as independent bearers of value whose interests we must consider in moral deliberation.¹ But most people, and perhaps even most philosophers, would reject the idea that fully artificial systems, designed by human engineers and realized on computer hardware, may similarly demand our moral consideration. Even many who accept the possibility that humanoid androids in the distant future will have wellbeing would resist the idea that the same could be true of existing AI systems today.

Perhaps because the creation of artificial systems with wellbeing is assumed to be so far off, little philosophical attention has been devoted to the question of what such systems would have to be like. In what follows, we suggest a surprising answer to this question: when one integrates leading theories of mental states like belief, desire, and pleasure with leading theories of wellbeing, one is confronted with the possibility that the technology already exists to create AI systems with wellbeing. We argue that a new

¹ Following Heathwood (2008) and others, we understand *wellbeing* to be a kind of non-instrumental goodness for: what contributes to an entity's wellbeing is what is non-instrumentally good for it. Wellbeing is morally significant in the sense that entities that have wellbeing have a distinctive moral status which obliges us during moral deliberation to consider which outcomes are good or bad for them. While there is a sense in which growing is non-instrumentally good for plants, for example, we do not think this entails that they have wellbeing.

type of AI system – the *artificial language agent* – has wellbeing. Artificial language agents augment large language models (LLMs) with the capacity to observe, remember, and form plans. We also argue that the possession of wellbeing by artificial language agents does not depend on them being phenomenally conscious. Given that artificial language agents demonstrate an improved capacity for long-term planning compared to other contemporary AI systems, we expect that they will become increasingly common in the near future. Far from a topic for speculative fiction or future generations of philosophers, then, AI wellbeing is a pressing issue.

We begin by introducing the architecture of artificial language agents and the machine learning models on which they are based (Section 1). We then consider whether artificial language agents have beliefs and desires (Section 2), and whether they can experience pleasure (Section 3). The answers to these questions inform our subsequent discussion of whether artificial language agents have wellbeing according to hedonism (Section 3), desire-satisfactionism (Section 4), and objective list theories (Section 5). Our thesis is potentially threatened by the idea that phenomenal consciousness is necessary for being a welfare subject, so we carefully explore the plausibility of this idea (Section 6).² We conclude by replying to some potential objections (Section 7) and discussing the implications of our uncertainty about whether systems like artificial language agents have wellbeing (Section 8).

1. Artificial Language Agents

Artificial language agents (from now on simply *language agents*) are our central focus in what follows because this will afford us the strongest case that existing AI systems have wellbeing. Language agents are built by wrapping an LLM in a larger functional architecture that allows the system to engage in long term planning. We'll start by briefly explaining how LLMs work, and then turn to language agents in detail.

At the cognitive core of every language agent is a large language model. An LLM is an artificial neural network designed to generate coherent text responses to text inputs. Large language models exploded into public attention in 2022 with the launch of OpenAI's ChatGPT. Systems like GPT-3.5, the model underlying ChatGPT, fluently respond to a wide range of text prompts. They can answer factual questions, write prose in any genre, and generate working code in many programming languages.³

² We use the terms *wellbeing* and *welfare* as synonyms. A *welfare subject* is an entity that possesses welfare or wellbeing. A being's *welfare level* is the amount of welfare or wellbeing it possesses. A *welfare good* is something which contributes to the welfare level of the welfare subjects that possess it.

³ It is beyond the scope of our discussion to describe the technical details underwriting the capabilities of LLMs. But it is worth mentioning that they depend on an architectural innovation called the *transformer*, which improves neural network models' ability to keep track of complex dependency relationships between their inputs (for details, see Vaswani et al. 2017).

Think of the LLM at the center of a language agent as its cerebral cortex: it performs most of the agent’s cognitive processing tasks. In addition to the LLM, however, a language agent has files that record its beliefs, desires, plans, and observations in natural language. The programmed architecture of a language agent gives these beliefs, desires, plans, and observations their functional roles by specifying how they are processed by the LLM in determining how the agent acts. The agent observes its environment, summarizes its observations using the LLM, and records the summary in its beliefs. Then it calls on the LLM to form a plan of action based on its beliefs and desires. In this way, the cognitive architecture of language agents is familiar from folk psychology.

For concreteness, consider the language agents developed by Park et al. (2023). These agents live in a simulated world called ‘Smallville’, with which they can observe and interact via natural-language descriptions of what they see and how they choose to act. Each agent is given a text backstory that defines their occupation, relationships, and goals. As they navigate the world of Smallville, their experiences are added to a “memory stream.” The program that defines each agent feeds important memories from each day into the underlying language model, which generates a plan for the next day. Plans determine how an agent acts but can be revised on the fly on the basis of events that occur during the day.

More carefully, the language agents in Smallville choose how to behave by *observing*, *reflecting*, and *planning*. As each agent navigates the world, all of its observations are recorded in its memory stream in the form of natural language statements about what is going on in its immediate environment. Because the agent’s memory stream is long, agents use the LLM (in this case, gpt3.5-turbo) to assign importance scores to their memories and to determine which memories are relevant to their situation. Then the agents reflect: they query the LLM to make important generalizations about their values, relationships, and other higher-level representations. Finally, they plan: each day, agents use the LLM to form and revise a detailed plan of action based on their memories of the previous day together with their other relevant and important beliefs and desires. In this way, the LLM engages in practical reasoning, developing plans that promote the agent’s goals given the agent’s beliefs. Plans are entered into the memory stream alongside observations and reflections and shape the agent’s behavior throughout the day.

Large language models are good at reasoning and producing fluent text. By themselves, however, they can’t form memories or execute long-term plans. Language agents build on the reasoning abilities of LLMs to create full-fledged planning agents.

Besides the agents developed by Park et al., other potential examples of language agents include AutoGPT⁴, BabyAGI⁵, Voyager⁶, and SPRING⁷. Each of these systems has a distinct architecture, and the differences between them may at times be relevant to our discussion in what follows. Unless we explicitly flag differences, the term “language agents” should be understood to denote agents with architectures very similar to the one described in Park et al.

Note that, while existing language agents are reliant on text-based observation and action spaces, the technology already exists to implement language agents in real-world settings. The rise of multimodal language models like GPT-4, which can interpret image as well as text inputs, and the possibility of using such language models to control a mobile robotic system, as in Google’s PaLM-E (Dreiss et al. 2023), mean that the possible applications of language agents are extremely diverse.

2. Belief and Desire

Can language agents have beliefs and desires? To answer this question, we consider a range of theories of belief and desire which place increasingly strong demands on the internal structure of the believing agent, starting with dispositionalism and interpretationism and ending with representationalism. As we will see, almost all of the theories we canvass suggest that language agents and related systems can have beliefs and desires.

According to the dispositionalist, to believe or desire that P is to possess a suitable suite of dispositions across a variety of actual and possible circumstances. The dispositions constitutive of a mental state may, depending on the particular dispositionalist account, include dispositions to behave, dispositions to token other mental states (*cognitive* dispositions), and dispositions to have phenomenally conscious experiences (*phenomenal* dispositions).⁸ We will refer to dispositionalist accounts which do not appeal to phenomenal dispositions as versions of *narrow dispositionalism* and dispositionalist accounts which do appeal to phenomenal dispositions as versions of *wide dispositionalism*. Narrow dispositionalism about belief and /or desire has influentially been defended by Stalnaker (1984) and Marcus (1990). Indeed, narrow dispositionalism

⁴ Project available at <<https://github.com/Significant-Gravitas/Auto-GPT>>.

⁵ Project available at <<https://github.com/yoheinakajima/babyagi>>.

⁶ See Wang et al. (2023).

⁷ See Wu et al. (2023).

⁸ The view that mental states like belief and desire are constituted exclusively by behavioral dispositions is a form of *behaviorism*. We do not focus on behaviorism in what follows because it is not a popular position among philosophers or cognitive scientists. Note, however, that behaviorism entails that artificial systems can have beliefs and desires. For more on behaviorism, see e.g. Ryle (1949) and Place (1956, 2002).

is so popular that Schroeder (2004), one of its opponents, refers to it as the 'standard theory' of desire. As Stalnaker formulates the view:

"To desire that P is to be disposed to act in ways that would tend to bring it about that P in a world in which one's beliefs, whatever they are, were true. To believe that P is to be disposed to act in ways that would tend to satisfy one's desires, whatever they are, in a world in which P (together with one's other beliefs) were true." (1984, 15)

And Marcus writes:

"... x believes that S just in case under certain *agent-centered* circumstances including x 's desires and needs as well as *external circumstances*, x is disposed to act as if S , that actual or non-actual state of affairs, obtains." (1990, 140; emphasis in original)

As these quotes suggest, many dispositionalists hold that the dispositional profile of belief cannot be specified without reference to the dispositional profile of desire, and vice versa. So, to determine whether language agents have beliefs and desires, the dispositionalist must check whether their total set of behavioral dispositions is that of a being which acts on its beliefs to satisfy its desires.

In the case of a language agent, the best candidate for the state of believing that P is the state of having a declarative sentence with P as its content written in its memory stream. This state is accompanied by the right kinds of verbal and nonverbal behavioral dispositions to count as a belief that P , and, given the functional architecture of the system, also the right kinds of cognitive dispositions. The best candidate for the state of desiring P is having a declarative sentence with *You desire that P* as its content in the memory stream. Such sentences can be found in each agent's initial description. For example, one of Park et al.'s language agents had an initial description that included the goal of planning a Valentine's Day party. This goal was entered into the agent's planning module along with a summary of important events from the memory stream. The result was a complex pattern of behavior. The agent met with every resident of Smallville, inviting them to the party and asking them what kinds of activities they would like to include. Their feedback was incorporated into the party planning. This kind of complex behavior is part of a disposition to act in ways that would tend to bring about a successful Valentine's Day party, given the agent's observations about the world they inhabit.

Desire may also involve other cognitive dispositions. For example, philosophers like Scanlon (1998) and Sinhababu (2017) have suggested that one role of desire is to

influence attention. Artificial systems could also have states which influence their attention in the relevant way. Indeed, Park et al.'s (2023) language agents use a special process of considering their goals when deciding whether to direct attention toward a novel observation in the memory stream.

The fact that narrow dispositionalists tend to reduce belief and desire simultaneously to behavioral dispositions brings their view close to another tradition in philosophy of mind: interpretationism.⁹ Interpretationists like Donald Davidson and Daniel Dennett hold that what it is to have beliefs and desires is for one's behavior (both verbal and nonverbal) to be suitably interpretable as rational given those beliefs and desires. Thus Davidson remarks that "In interpreting utterances from scratch—in *radical* interpretation—we must somehow deliver simultaneously a theory of belief and a theory of meaning" (1974, 312), that "The only basis for a theory of meaning is the whole fabric of belief as evinced in a system of behavior" (1970/2020, 113), and that "What a fully informed interpreter could learn about what a speaker means is all there is to learn; the same goes for what the speaker believes" (1986, 315). Similarly, Dennett holds that "any system... whose behavior is well predicted by [treating it as a rational agent with beliefs and desires] is in the fullest sense of the word a believer" (1981, 15).

Interpretationism differs from dispositionalism in its emphasis on interpretation. It is similar to some versions of dispositionalism, however, in holding that the relevant conditions for belief and desire are publicly observable. They must be the sorts of conditions an interpreter could notice without knowing the internal cognitive structure of the believer. Again, the agent who plans a Valentine's Day party is ripe for interpretationist analysis. Their behavior would be very hard to explain without referencing the goal of a Valentine's Day party. Short of that goal, there is little to unify the large list of conversations the agent has throughout their day, and little to explain why the party gradually took shape.¹⁰

⁹ More carefully, narrow dispositionalists reduce belief and desire to a combination of behavioral and cognitive dispositions, but the mental states in terms of which these cognitive dispositions are specified are, at least for Stalnaker, themselves picked out in terms of the roles they play in explaining behavior.

¹⁰ Child (1994, 47) distinguishes between *constitutive* and *non-constitutive* versions of interpretationism, where the constitutive interpretationist holds that being suitably interpretable as having beliefs constitutes having those beliefs and the non-constitutive interpretationist holds only that a thing is suitably interpretable as having beliefs just in case it has those beliefs. Since our question concerns whether artificial systems can have beliefs, we focus on the weaker, non-constitutive thesis. Child also distinguishes between *pure* interpretationism and *supplemented* interpretationism. Pure interpretationism is the view that being interpretable as having certain beliefs is itself sufficient for having those beliefs, while supplemented interpretationism is the view that being interpretable as having certain beliefs is only sufficient for having those beliefs when certain further background conditions obtain. Various difficult cases could motivate supplemented interpretationism. For example, some versions of pure interpretationism might predict that thermometers have beliefs and desires. In response, interpretationists like Dennett hold that being interpretable as having beliefs and desires is only sufficient for possessing beliefs and desires when attributing folk psychological concepts to a system allows us to explain it *better* than by thinking of it as a physical system or an artifact.

Apart from their differences in emphasis, interpretationism and narrow dispositionalism agree that what counts in attributing beliefs and desires to an agent is how they are disposed to act across a variety of possible circumstances, where *act* is understood to include verbal behavior. Both views are representationally lightweight: no particular cognitive or biological internal structure is necessary. For this reason, narrow dispositionalism and interpretationism both predict that a range of artificial systems could have beliefs and desires. On the theories of Stalnaker or Marcus, for example, a simple reinforcement learning agent could be said to have beliefs if it responded differentially to changes in its environment in a way that promoted achieving its goals. And for the interpretationist, we could apply the methods of radical interpretation to the linguistic and nonlinguistic behavior of a language agent to determine what it believes. We conclude that all viable narrow dispositionalist and interpretationist theories of belief and desire predict that language agents have beliefs and desires, and many also predict that simpler systems which do not produce natural-language outputs have beliefs and desires.¹¹

We turn now to wide dispositionalism, the view that to believe or desire that *P* is to possess a suite of dispositions including phenomenal dispositions. Wide dispositionalism has recently been championed by Schwitzgebel (2002), who argues that belief is individuated in terms of all three types of dispositions: behavior, cognitive, and phenomenal.¹² For Schwitzgebel, beings which share some but not all of the dispositional profile associated with paradigm cases of belief are borderline cases of believers. On Schwitzgebel's view, then, in order for artificial systems to determinately be believers, they would need to have phenomenal experiences. Even if artificial systems cannot be phenomenally conscious, however, Schwitzgebel's view predicts that they can be borderline cases of believers if they have the right behavioral and cognitive dispositions.

Along similar lines, we have the *hedonic theory* of desire, which is a version of wide dispositionalism according to which an agent desires *P* just in case it is disposed to experience pleasure from it seeming that *P* (Mill 1863; Strawson 1994; Schroeder 2004, 38). If the hedonic theory of desire is correct and artificial systems cannot be phenomenally conscious, then it would seem that they cannot have desires.

¹¹ See Butlin (2023) for further discussion of whether AIs trained in reinforcement learning count as genuine agents.

¹² Note that, while Schwitzgebel holds that belief is partially individuated in terms of phenomenal dispositions, to our knowledge he offers no argument that this view is explanatorily superior to narrow dispositionalist views which bring in cognitive dispositions. Both sorts of dispositionalist views have the resources to respond to various objections indicating that mental states cannot be understood exclusively in terms of behavioral dispositions. Accordingly, we wonder whether appealing to phenomenal dispositions in explicating belief and desire is well motivated.

While wide dispositionalism is a coherent position, most theories of belief and desire suggest that there is no necessary connection between belief or desire and phenomenal consciousness. And arguably this is as it should be. We think it is conceivable that an agent could have Kantian moral desires — desires that motivated it to act ‘out of duty’ without pleasure. When it comes to the relationship between desire and phenomenal consciousness, Schroeder (2004, 26) points out that:

“The standard theory of desire holds that desires do not depend upon consciousness for their existence but upon motivational structures, and the involvement of a desire in consciousness is not necessary for it to carry out its functional role. Accordingly, a desire is a desire whether it is part of consciousness or not.”

A similar point could be made about belief. With few exceptions, theories of the nature of belief have held that a belief need not be accompanied by any phenomenal state. Again, this is arguably as it should be. If an advanced species of aliens made contact with humanity, we would plausibly be able to know that members of this species had beliefs and desires even if we were uncertain about whether their cognitive apparatus had a structure appropriate to generate phenomenal consciousness.

Though wide dispositionalism ties belief to states beyond observable behavior, it still places few substantive requirements on the causal or functional organization of a believing or desiring agent’s cognitive apparatus. We turn now to representationalism, a view which holds that belief and desire are constituted by factors more clearly “inside the head” of the believing agent. Representationalism deserves special emphasis in the context of our discussion because “probably the majority of contemporary philosophers of mind adhere to some form of representationalism about belief” (Schwitzgebel 2011, 15).

Representationalists hold that to believe or desire that *P* is to token a representational vehicle with the appropriate causal powers having *P* as its content. For example, Fodor (1987, 10) proposes that a psychological theory posits beliefs and desires just in case “it postulates states ... satisfying the following conditions:

- (i) They are semantically evaluable.
- (ii) They have causal powers.

(iii) The implicit generalizations of commonsense belief/desire psychology are largely true of them.”¹³

It is hard to resist the conclusion that language agents have beliefs and desires in the Fodorian sense. Park et al.’s (2023) agents, for example, have memories which consist of text files containing natural language sentences specifying what they have observed and what they want. Natural language sentences are clearly semantically evaluable, and the fact that a given sentence is in a given agent’s memory plays a direct causal role in shaping its behavior. It is possible to reason about the behavior of a language agent on the basis of its beliefs and desires. Language agents satisfy the language of thought hypothesis: their language of thought is English!¹⁴

We haven’t yet mentioned functionalism, the view that mental states like belief and desire are individuated by the roles they play in larger systems. This is because without further specification of the relevant functional role, functionalism does not answer the question of whether language agents can have beliefs and desires. For example, narrow dispositionalism is a functionalist theory which specifies the relevant functional role entirely in terms of behavioral and cognitive dispositions, and it predicts that systems like language agents can have beliefs and desires. On the other hand, psychofunctionalism specifies the functional roles that individuate belief and desire in terms of an empirical theory of human cognition. Given how much the internal constitution of artificial systems like language agents differs from that of humans, the psychofunctionalist may not grant that language agents have beliefs and desires.¹⁵

In the present context, two functionalist proposals are particularly worth discussing. The first, due to Putnam (1960, 1967), identifies a creature’s mental states with states of the Turing machine describing that creature’s cognitive apparatus. This sort of functionalist picture closely approximates narrow dispositionalism in so far as it holds that the state of believing or desiring that *P* is individuated by its relationship with other cognitive states and potentially also sensory inputs and behavioral outputs. It therefore leaves open the possibility that artificial systems like language agents can have beliefs and desires.

The second functionalist proposal, associated with Lewis (1972), seeks to identify mental states like belief and desire by first constructing a set of Ramsey sentences from

¹³ For further discussion of representationalism about desire (for example, the thesis that one desires *P* just in case one has a mental representation with the content that *P* that motivates one to bring about *P*), see Block (1986), Cummins (1989), Harman (1973), Millikan (1984), and Papineau (1987).

¹⁴ Thanks to [removed] for help here.

¹⁵ This is an instance of the observation, which some have taken to constitute a serious objection, that psychofunctionalism is “chauvinistic” — see Block (1978) for discussion.

the platitudes of folk psychology and then finding the states, whatever they are, that witness the Ramsey sentences.¹⁶ Since the natural-language representations in systems like language agents are designed to function in accordance with the platitudes of folk psychology, this sort of functionalism would seem to predict more or less directly that language agents and similar systems can have beliefs and desires.

We conclude that a wide range of accounts of the nature of belief and desire entail that systems like language agents can have beliefs and desires.

3. Pleasure and Hedonism

We turn now from belief and desire to pleasure, and in this context also from focusing on issues in the philosophy of mind to focusing on issues in the philosophy of wellbeing. There are three main theories of wellbeing: hedonism, desire satisfactionism, and objective list theories. According to hedonism, wellbeing is a function of pleasure and pain. Your life goes well to the extent that you have many pleasurable experiences and few painful ones. According to desire satisfactionism, wellbeing is a function of your desires. Your life goes well to the extent that many of your desires are satisfied. According to objective list theories, wellbeing is determined by the possession of objectively valuable things. A life is good, on this view, to the extent that it is filled with knowledge, friendship, achievement, and other kinds of human flourishing.

We will consider each theory in turn, beginning in this section with hedonism. At first, it might seem that hedonism rules out the possibility that artificial systems could have wellbeing because it reduces this question to the question of whether they can experience pleasure. We argue that this conclusion is too hasty: it is possible that language agents have wellbeing even if hedonism is true. In the following two sections, we argue that desire satisfactionism and objective theories of wellbeing make it even likelier that language agents have wellbeing.

Hedonism says that pleasure is what makes one's life go well, and pain is what makes one's life go badly. To determine whether language agents have wellbeing, on this view, we must determine whether they feel pleasure and pain. This in turn depends on the nature of pleasure and pain.

Before getting into details, it is worth clarifying two things. First, most hedonists include a wide range of negative experiences under the heading of pain. Nausea, depression, and itching might not be called 'painful' in ordinary speech, but they are

¹⁶ A Ramsey sentence is a quantified sentence describing the theoretical role of a mental state without reference to mentalistic language.

unpleasant experiences (or ‘displeasures’), and hedonists count them as making life worse (Gregory 2015, 115). Second, it is worth distinguishing between two notions of pleasure. *Sensory pleasure* refers to pleasurable experiences. *Propositional pleasure* refers to taking pleasure in states of affairs, like when we are pleased that the store is open. In principle, one could be a hedonist about wellbeing in the sense of sensory pleasure, propositional pleasure, or both. But we focus on sensory pleasure, since it is the harder case for the thesis that artificial systems can have wellbeing.

There are two main theories of sensory pleasure and displeasure. According to *phenomenal theories* (see Bramble 2013, Kagan 1992), sensory pleasures are phenomenal states. According to *attitudinal theories*, sensory pleasure is explained in terms of propositional pleasure: what it is for a sensation to be pleasant is for its subject to take propositional pleasure in having that sensation (see Alston 1967, Brandt 1966, Schroeder 2004, Feldman 2004, and Heathwood 2016). If phenomenal theories are correct, then language agents probably do not have hedonistic wellbeing. But if attitudinal theories are correct, language agents may have wellbeing.

One phenomenal theory of sensory pleasure is the *distinctive feeling theory*. The distinctive feeling theory says that there is a particular phenomenal experience of pleasure that is common to all pleasant activities. For example, Bramble (2013, 210) argues that the felt quality of a pleasurable experience is a particular sensation that permeates the experience, can come in very low intensities, and is scattered in finely discriminable bits throughout the experiential field, in a way that can be elusive. We see little reason why language agents would have representations with this kind of structure. So if this theory of pleasure were correct, then hedonism would predict that language agents do not have wellbeing.

In contrast to the distinctive feeling theory, the *hedonic tone* theory says that various pleasurable experiences share a common aspect. For example, Kagan (1992) suggests that sensory experiences can vary along a dimension of how pleasurable they are, analogously to how auditory experiences vary in how loud they are. Just as there is no specific felt quality of volume, so there is no specific felt quality of pleasure. Nonetheless, volume and pleasure describe important aspects of experience. Again, we suspect that language agent representations lack this structure, and so if sensory pleasure involves hedonic tone, then language agents do not have sensory pleasure or pain.

The main alternative to phenomenal theories of sensory pleasure is attitudinal theories. In fact, Bramble (2016) notes that most philosophers of wellbeing favor attitudinal over phenomenal theories of sensory pleasure. This position is motivated by the apparent heterogeneity of pleasure: a wide range of disparate experiences are pleasant, including

the warm relaxation of soaking in a hot tub, the taste of chocolate cake, the excitement of winning an award, and the challenge of completing a crossword.

Desire-based theories of pleasure say that experiences are pleasant when they are desired. There are a variety of theories in this tradition: Alston (1967, 365) holds that the experience must be desired for its “felt quality”; Brandt (1966, 38) holds that one must desire that the experience continue; and Heathwood (2006) focuses on *de re* intrinsic desires for an experience. These theories explain heterogeneity: a wide range of experiences can be desired, even if their intrinsic qualities differ.

If sensory pleasure is reduced to desire and AIs can have desires, does it follow that AIs can have pleasure? Not immediately, because there is still a question of whether AIs have the relevant kind of experiences. To answer this question, one might appeal to mental representations. For example, one proposal is that an agent has a pleasurable experience when they represent the world being a certain way, and they desire to have this representation. A second suggestion, defended by Schroeder (2004), is that an agent has a pleasurable experience when they represent the world being a certain way, and they desire the world to be that way. More carefully, Schroeder argues that pleasure is the representation of an increase in net desire satisfaction (2004, 90). According to these theories, language agents could experience pleasure and pain if they contained suitably complex representations about which representations they desired to have, or about their net desire satisfaction. Even if language agents don’t presently have these properties, it would be possible to slightly modify their architecture to use these representations. For example, imagine incorporating into language agents a special kind of reflection episode after performing an action, in which the underlying LLM is queried to reason about the degree to which the action has promoted the agent’s overall goals.

Even if language agents cannot experience sensory pleasure because they cannot have sensations, there is little reason to think that they cannot have propositional pleasure. This suffices for wellbeing according to some versions of hedonism.

4. Desire Satisfactionism

We turn now from hedonism to desire satisfaction theories. According to desire satisfaction theories, wellbeing is a matter of getting what you want. Roughly: your life goes well to the extent that your desires are satisfied.

Why accept desire satisfactionism? First, it makes sense of Railton’s “resonance requirement” that what is good for an agent must be connected to what the agent values:

“what is intrinsically valuable for a person must have a connection with what he would find in some degree compelling or attractive, at least if he were rational and aware.” (Railton 1986, 9)

By contrast, objective list theories seem to allow that something could contribute to your wellbeing even if it left you utterly cold and uninterested.

Hedonists may face similar challenges. For example, Feldman imagines a quiet philosopher, Stoicus, who desires peace and contemplation rather than sensory pleasure. Stoicus

“...wants peace and quiet as ends in themselves [and] gets exactly what he wants — peace, quiet, no episodes of sensory pleasure, and no episodes of sensory pain... He is satisfied with this life... he enjoys the peace and quiet... [and] eventually dies a happy man.” (Feldman 2004, 50).

Plausibly, Stoicus has a life high in wellbeing despite the absence of sensory pleasure. This is correctly predicted by desire satisfactionism, according to which what is intrinsically valuable for you must be connected to what you find compelling or attractive.

Another argument against hedonism (and in favor of either desire satisfactionism or objective list theories) is the experience machine. Imagine that you could enter a machine that would give you unlimited sensory pleasure, because in the machine you could experience whatever you chose. The only catch is that after entering the machine you would no longer be able to satisfy your desires in the real world. Many of us judge that life in the experience machine would be considerably worse for us than life outside it.

A third argument, this time for desire satisfactionism in particular, is that it offers a unified account of the good life. According to desire satisfactionism, something contributes to your wellbeing just in case you desire it. By contrast, both hedonism and objective list theories may be heterogeneous theories of the good life. According to objective list theories, what makes your life good for you may be an open-ended list of disparate goods. Why *these* goods and not others? How do we weigh how strongly each good contributes to wellbeing? These questions are hard to answer for objective list theorists, but are straightforward for desire satisfactionists theories. As we saw above, hedonists also risk relying on a heterogenous range of experiences under the umbrella ‘pleasure’.

For all of these reasons and more, desire satisfactionism is perhaps the most popular theory of wellbeing. Among philosophers, recent adherents include von Wright (1963), Barry (1965), Brandt (1966), Rawls (1971), Singer (1979), and Hare (1981):

“[t]oday, the desire-satisfaction theory is probably the dominant view of welfare among economists, social-scientists, and philosophers, both utilitarian and non-utilitarian” (Shaw 1999, 53).

“[desire satisfaction theory is] the dominant account among economists and philosophers over the last century or so” (Haybron 2008, 3).

There are many different forms of desire satisfactionism. For example, one dispute among desire satisfactionists concerns actual versus idealized desires. Consider the problem of ill-informed desires: I desire a slice of cherry pie, but unbeknownst to me I am allergic to cherries. Eating the pie would satisfy my desire, but would not improve my wellbeing (Heathwood 2016, 156). In response to cases like this, one solution is to idealize: something contributes to your wellbeing if an idealized version of yourself, fully apprised of the relevant facts, would advise you to want it. Importantly, this distinction is irrelevant to AI wellbeing. If AIs can have actual desires, then they can also have idealized desires.

That said, some versions of desire satisfactionism may appear to suggest that AIs do not have wellbeing. In response to worries about compulsive desires, Heathwood (2019) distinguishes between two concepts of desire: bare dispositions to act and genuine attraction:¹⁷

“This is the distinction between what a person wants in a behavioral sense, in that the person is, for some reason or other, disposed to act so as to try to get it, and what a person wants in a more robust sense, the sense of being *genuinely attracted* to the thing, or of the thing’s being *genuinely appealing* to the person.” (2019, 664-5; emphasis in original)

Heathwood argues (against some other desire satisfaction theorists) that it is genuine attractions rather than mere behavioral dispositions that contribute to wellbeing. In cases of compulsion, we find ourselves disposed without genuine attraction. The relevant question for AI wellbeing, on this view, is whether AI agents are genuinely

¹⁷ On compulsive desires, Quinn (1993, 32) imagines he is “in a strange functional state that disposes [him] to turn on radios that [he sees] to be turned off” and Parfit (1984, 496) imagines being given an opportunity to be injected with a harmless addictive drug every morning, which causes neither pleasure nor pain. Opting into this regime would produce more desire satisfaction, but plausibly would not produce more wellbeing.

attracted to actions rather than merely disposed to perform them. The answer to this question depends on what genuine attraction is.

One relevant distinction in this context is whether a desire functions normally or abnormally. In cases of compulsion, the agent's disposition to act is not produced through any ordinary process.¹⁸ In this vein, we could distinguish two different ways that a language agent might become disposed to perform an action: through performing instrumental reasoning towards achieving their basic goals, or by other means. The agent would only be *genuinely attracted* when the former system is active. According to this theory, cases of drug addiction would plausibly not be genuine attraction, because they would involve a chemical hijacking the desire system in an abnormal way. Similarly, cases of rote habit would not be genuine attraction, because again they would involve actions that are not caused by reasoning towards an aim.

5. Objective List Theories

According to objective list theories of wellbeing, a person's life is good for them to the extent that it instantiates objective goods. Common components of objective list theories include reasoning, knowledge, art, and achievements (see Fletcher 2016, 149).

According to objective list theories, whether AI agents can have wellbeing depends on whether they can possess various objective goods. Consider the exercise of reasoning abilities. Bubeck et al. (2023) explore in detail the current reasoning capabilities of GPT-4. They find that GPT-4 has a wide range of reasoning abilities. It can pass mock technical interviews of the kind used to evaluate the employability of software engineers. It can draw pictures of unicorns in a vector graphics programming language, a task that combines visual reasoning and coding skill. It can navigate through text based worlds and draw maps that summarize where it has been. It can give coherent and powerful explanations of why agents in fictional scenarios performed various actions.¹⁹

Another candidate objective good is knowledge. Again, we think language agents can possess this good. Artificial systems can form their beliefs using arbitrarily reliable

¹⁸ See Schroeder (2004) for a detailed overview of the normal process by which humans form desires using the reward system.

¹⁹ The reasoning abilities of AI agents will gradually improve. Here, one key research program is improvements in the 'chain-of-thought' abilities of LLMs. In chain-of-thought reasoning, LLMs answer a question by stringing together multiple steps of reasoning. There is an active research program exploring how to improve chain-of-thought prompting in order to produce maximally effective reasoning. When these kinds of abilities are integrated into AI agents, the result will be agents with highly effective reasoning abilities. For more on the improving reasoning abilities of Google's Bard, see: <<https://blog.google/technology/ai/bard-improved-reasoning-google-sheets-export/>>.

methods. These beliefs can be both sensitive and safe, as these terms are used in the literature on knowledge. So once it is conceded that the beliefs of artificial systems can have or lack epistemic justification, it is difficult to see why this justification might not in some cases suffice for knowledge. The most viable way to resist this conclusion would be to assume phenomenal conservatism, the view that epistemic justification flows from the way things seem to agents, and then maintain that artificial systems must as a rule lack justification for their beliefs because they cannot experience epistemic seemings. But, as we discuss below, it is far from clear that artificial systems must lack conscious experience, and in any case phenomenal conservatism as a theory of justification is subject to well-known and powerful objections (see for example Lasonen-Aarnio and Hawthorne (2021)).

To consider achievements, we turn to perfectionism, a particular version of the objective list theory which makes systematic predictions about what is objectively good.²⁰ Here is Dorsey (2010, 4):

“The unique perfectionist claim identifies the good with the fulfillment of one’s nature: the good life for an x is identified by the core facts about what it means to be an x , by the core account of x -hood. For humans, perfectionism declares that the best life is determined by the core account of what it means to be human. Developing and exercising those properties or capacities that form what it means to be human yields a good life for a human. But in principle perfectionism could be applied to any creature. The best life for a cat depends on the sort of creature a cat is — developing and exercising those capacities that make a cat a cat is what makes for a good cat life.”

Some recent AI architectures are specifically designed to maximize the development of the AI’s capabilities. For example, consider the Voyager agent introduced by Wang et al. (2023), which shares some of the important architectural features of language agents. Voyager is an agential architecture built on top of GPT-4 with the purpose of accumulating skills for success in the game Minecraft. The agent is given the final goal “to discover as many diverse things as possible, accomplish as many diverse tasks as possible and become the best Minecraft player in the world” (Wang et al. 2023, 21). This goal is fed into GPT-4 in order to formulate complex plans for achieving difficult goals in Minecraft, ultimately leading to the crafting of diamond equipment (which itself is built out of other craftable items). When Voyager succeeds in crafting a new item, the GPT-4 instructions for doing so are added to an ever-growing library of skills. These skills can then be called as basic actions in order to craft new items. The result is a steadily accumulating collection of abilities for crafting increasingly complex items in

²⁰ For further discussion of perfectionism, see Bradford (2015).

Minecraft. In an important sense, Voyager is an AI agent that is specifically designed to perfect its capacities. In this way, perfectionist theories of wellbeing suggest that Voyager or other systems with similar architectures could over time have significant amounts of wellbeing.

As Dorsey observes, perfectionism allows that different forms of life could possess wellbeing in different ways. Different life forms have different capacities. For each form of life, wellbeing will come from the perfection of its own capacities. AI agents may have many capacities in common with humans: for example, the capacity to reason, to socialize, to create art, and to accumulate knowledge. (On the other hand, AI agents may differ from humans in some of their capacities; for example perhaps AI agents will lack emotional capacities.)

Considering the many objective goods that AI agents might potentially possess, we are left with the profound impression of a changing world. AI researchers are bringing into existence a new form of being, one which is rapidly excelling in many of the activities that were previously regarded as distinctively human. Much that we value in the world will soon be found in a new form, in the hands of artificially intelligent agents. In the face of this dramatic rise in AI capability, it is hard for us to deny that this new form of life could possess wellbeing.

6. Is Consciousness Necessary for Wellbeing?

We've argued that language agents have wellbeing. But there is a simple challenge to this proposal. First, language agents may not be phenomenally conscious. Second, some philosophers accept:

The Consciousness Requirement. Phenomenal consciousness is necessary for having wellbeing.²¹

The Consciousness Requirement might be motivated in either of two ways: First, it might be held that every welfare good itself requires phenomenal consciousness (this view is known as *experientialism*). Second, it might be held that though some welfare goods can be possessed by beings that lack phenomenal consciousness, such beings are nevertheless precluded from having wellbeing because phenomenal consciousness is necessary to be a welfare subject.

²¹ For example, here is Rosati (2009, 225): "we do not talk in terms of the welfare of a living thing *unless there is a way things can be for it*". See Sumner (1996, 14), Bradley (2015, 9), and Lin (2021) for further discussion.

We are not convinced. First, we consider it a live question whether language agents are or are not phenomenally conscious (see Chalmers (2023) for recent discussion). Much depends on what phenomenal consciousness is. Some theories of consciousness appeal to higher order representations: you are conscious if you have sufficiently many mental states that represent other mental states (see Carruthers and Gennaro 2020). Sufficiently sophisticated language agents, and potentially many other artificial systems, will satisfy this condition. Other theories of consciousness appeal to a ‘global workspace’: a mental state is conscious when it is broadcast to a range of cognitive systems (Baars 2017). According to this theory, language agents will be conscious once their architecture includes representations that are broadcast to multiple different cognitive systems. The memory stream of Park et al.’s (2023) language agents may already satisfy this condition. If language agents are conscious, then the Consciousness Requirement does not pose a problem for the claim that they have wellbeing.

Second, we are not convinced of the Consciousness Requirement itself. We deny that consciousness is required for possessing every welfare good, and we deny that consciousness is required in order to be a welfare subject.

With respect to the first issue, we build on Bradford (2022), who notes that experientialism about welfare is rejected by the majority of philosophers of welfare. Cases like the experience machine suggest that your life can be very bad even when your experiences are very good. This has motivated desire satisfactionist and objective list theories of wellbeing, which often allow that some welfare goods can be possessed independently of one’s experience. For example, desires can be satisfied, beliefs can be knowledge, and achievements can be achieved, all independently of experience (Bradford 2022, 3). Nor, as Bradford observes, can experientialism be motivated by Railton’s resonance requirement.²² The resonance requirement can be satisfied by beings that do not have consciousness as long as they have desires.

While some philosophers have argued that mental states like knowledge and desire require phenomenal consciousness (e.g. Smithies (2019) and Lin (2021)), this remains a minority position. If the most widely accepted philosophical accounts desire and knowledge do not tie them constitutively to conscious experience and the most widely accepted philosophical accounts of welfare goods tie them constitutively to desire and knowledge, our inclination is to follow the evidence where it leads and conclude that artificial systems like language agents can possess welfare goods. The suggestion that experientialism can be rescued from this line of thought by posting special kinds of welfare-relevant knowledge and desire, proposed by Lin (2021), strikes us as ad hoc.

²² As we saw in Section 4, this is idea that “what is intrinsically valuable for a person must have a connection with what he would find in some degree compelling or attractive, at least if he were rational and aware.” (Railton 1986, 9)

Of course, one powerful argument for experientialism would be if phenomenal hedonism were true and only phenomenal pleasure and pain contributed to wellbeing. But most philosophers reject this theory of wellbeing. This leaves experientialism unmotivated.

The failure of experientialism puts pressure on the Consciousness Requirement. If wellbeing can increase or decrease without conscious experience, why would consciousness be required for having wellbeing? As Lin puts it:

“If a sentient being can become positive in welfare without undergoing a change in phenomenology, why isn’t the same true of non-sentient beings? If one sentient being can be better off than another even though they feel exactly the same, then why can’t one non-sentient being be better off than another even though it is trivially true that there is no difference in how they feel?” (2021, 878)

At the core of this line of reasoning is the natural assumption that the theory of wellbeing and the theory of welfare goods should fit together in a straightforward way:

Simple Connection. An individual is a welfare subject just in case it is capable of possessing one or more welfare goods.

Rejecting experientialism but maintaining Simple Connection yields a view incompatible with the Consciousness Requirement: the falsity of experientialism entails that some welfare goods can be possessed by non-conscious beings, and Simple Connection guarantees that such non-conscious beings will be welfare subjects.

One could in principle reject Simple Connection, holding that consciousness is required to be a welfare subject even if it is not required for the possession of particular welfare goods. We offer three arguments against this view.

First, leading theories of the nature of consciousness are implausible candidates for necessary conditions on wellbeing. For example, it is implausible that higher order representations are required for wellbeing. Imagine an agent who has first order beliefs and desires but does not have higher order representations. Why should this kind of agent not have wellbeing? For example, imagine that desire satisfaction contributes to wellbeing. Granted, since they don’t represent their beliefs and desires, they won’t themselves have *opinions* about whether their desires are satisfied. But the desires still *are* satisfied, and on many version of desire satisfactionism this is enough. Or consider global workspace theories of consciousness. Even if a mental state is not broadly accessible to a wide range of cognitive systems, it could still contribute to wellbeing.

Why should the degree of cognitive integration of various modules be relevant to whether your life can go better or worse? Finally, consider a theory where consciousness is a matter of possessing primitive phenomenal properties. If phenomenal hedonism is false, and these primitive phenomenal properties are not the unique objects of value, then why would possession of these primitive properties be required in order to participate in the benefits of the real welfare goods?

Second, drawing out this thought about phenomenal properties, we think we can construct chains of cases where adding the relevant bit of consciousness would make no difference to wellbeing. Imagine an agent with the body of a human being and the same dispositional profile as an ordinary human being, but who is a ‘phenomenal zombie’ without any internal phenomenal experiences. Whether or not its desires are satisfied or its life instantiates various objective goods, defenders of the Consciousness Requirement must deny that this agent has wellbeing since it does not have phenomenal experiences. But now imagine that this agent has a single persistent phenomenal experience of a homogenous white visual field.²³ Adding consciousness to the phenomenal zombie has no intuitive effect on wellbeing: if its satisfied desires, achievements, and so forth did not contribute to its wellbeing before, the homogenous white field should intuitively make no difference. Nor is it enough for the consciousness to itself be something valuable: imagine that the phenomenal zombie always has a persistent phenomenal experience of mild pleasure. To our judgment, this should equally have no effect on whether the agent’s satisfied desires or possession of objective goods contribute to its wellbeing. Uniformly sprinkling a field of pleasure on top of the functional profile of a human does not make the crucial difference. These observations suggest that whatever consciousness adds to wellbeing must be connected to individual welfare goods, rather than some extra condition required for wellbeing: rejecting Simple Connection is not well motivated. Thus the friend of the Consciousness Requirement cannot easily avoid the problems with experientialism by falling back on the idea of consciousness as a necessary condition for welfare subjecthood.

Third, it seems clear that someone’s wellbeing can change when they are unconscious. Imagine someone who enters an unconscious sleep during which their desires are satisfied and then wakes up. Such a person might remark, quite naturally, that their life had improved while they were asleep. To accommodate this kind of case, Lee (manuscript) distinguishes between *state* and *capacity* versions of the Consciousness Requirement. Unconscious changes in wellbeing threaten only the state version, which holds that an individual is a welfare subject just in case they are conscious. For this reason, Lee defends the capacity version of the requirement, which holds that an individual is a welfare subject just in case they are capable of being conscious.

²³ See van der Deijl (2021)’s discussion of ‘welfare neutrals’.

We think moving from the state version of the Consciousness Requirement to the capacity version is a serious cost. A being could be capable of being conscious while never exercising this capacity. So the capacity version of the Consciousness Requirement is committed to the idea that some welfare subjects might live their entire lives without having any conscious experiences. To our minds, this commitment seriously undermines the intuitive motivation for the Consciousness Requirement. Better to explain unconscious changes in wellbeing by rejecting the Consciousness Requirement altogether.

A final thought about the Consciousness Requirement, which might amount to an argument against it from some theoretical perspectives, concerns its relation to the function of the concept of wellbeing. Wellbeing is caught up in a cluster of ethical concepts that promote social cohesion. A diverse range of thinkers, ranging from social contract theorists to Kantians, have articulated how ethical rules create stable frameworks in which agents with differing interests can peacefully promote their own ends. For some, it is appealing to go one step further and claim that the ethical rules are grounded in facts about what promotes social cohesion. One role the concept of wellbeing plays is to identify the beings whose interests should be covered by the ethical rules. In this setting, it is natural to look for a theory of welfare subjects which says that a form of life has wellbeing when including that form of life in the ethical system could promote social cohesion. From this perspective, it is no coincidence that many of the most important welfare goods involve long-term projects that can be harmed or helped by mutual cooperation. If one thinks about welfare in this way, phenomenal consciousness is not a plausible requirement for wellbeing. We could coordinate with a phenomenal zombie in the same way we could with her conscious counterpart. Qualia do not matter for long-term coordination; instead, what matters is the functional role of the organism under consideration.

Those who embrace a constitutive connection between ethics and social cohesion might recommend the following rule of thumb: if a new form of entity has goals that strategically conflict with humans in ways that lend themselves to analysis using concepts from game theory, and if this conflict can in principle be mitigated using political institutions, then that form of entity should *prima facie* be treated as having wellbeing. Of course, the relevance of these considerations will depend on more general methodological questions. For those sympathetic to conceptual engineering, we think that these considerations suggest that the concept of wellbeing may best be refined to focus on functional profiles rather than brute phenomenal properties. On the other hand, such considerations may not sway philosophers who focus more on conceptual analysis, and who have strong intuitions that phenomenal properties play an essential role in the theory of wellbeing.

For some, the Consciousness Requirement may be a vestigial bit of philosophy, an artifact of a previous era when we thought that humans had souls, and that only a soul could have wellbeing. The relevant question is then whether AIs have souls (see Cutter Forthcoming for a defense). A soul-based account of consciousness and wellbeing could potentially explain the Consciousness Requirement. We do not believe humans have souls, but if humans they did, AIs might have souls also.

In the light of these considerations, we reject the Consciousness Requirement. In its place, we suggest the following approach. To figure out if a system has wellbeing, look at the welfare goods. If the system can possess a welfare good, then it has wellbeing. There is no further condition on having wellbeing beyond having particular welfare goods.

7. Too Much Wellbeing?

We have argued against the Consciousness Requirement, and in so doing against both experientialism and the view that consciousness is a necessary condition for welfare subjecthood. At this point, some readers may worry that the package of views we suggest allows for too much wellbeing, implying that fictional characters or groups have welfare.

Suppose an author sets out to write a novel in a special way. First, she imagines a set of characters with fully specified beliefs and desires and a fully specified fictional world for them to inhabit. Then, at each subsequent stage of the writing process, she reasons about how each character would act based on what they believe, desire, and observe around them in their world, as well as about how the states of the objects in the fictional world would evolve based on its laws of nature and the actions of the characters. The novel she produces records the story of her imagined characters and their imagined world. If language agents acting in a virtual world can have beliefs and desires and be welfare subjects, why couldn't the fictional characters in such a novel have beliefs and desires and be welfare subjects?

Or consider a complex social group like Microsoft Corporation. Some philosophers have argued that groups like Microsoft can have beliefs and desires.²⁴ If this view is right, it raises the question of whether groups can be welfare subjects. This is an unwelcome conclusion (though see Wiland 2022 for endorsement).

²⁴ See, for example, Pettit (2007, 179–180).

These problems are not problems for us in particular. Our focus has been to draw out the consequences of a wide variety of the leading views of mental states and welfare subjecthood. Anyone who accepts these kinds of views needs to say something about the cases above. To see the general problem here, consider the question of whether a simulated object like a software program can have internal states that play functional roles. It seems clear that the answer to this question is affirmative: for example, a program may have an internal parameter whose value can be manipulated through its settings interface and which determines the font size of the text it displays. But the imaginative process our author uses to write her novel is just a special kind of simulation. So it is difficult to resist the conclusion that her characters have internal states that play functional roles. Unless we want to deny that a normal human could have mental states like belief and desire if they were placed inside a simulation, moreover, we must allow that the functional roles of beliefs and desires can be played by states that are related to perceptions of a simulated environment and actions affecting that simulated environment. Putting these ideas together, we get strong pressure for a wide range of functionalists, dispositionalists, interpretationists, and representationalists to conclude that the characters in our author's novel have beliefs and desires.

To deal with problem cases of fictional characters and complex groups, one promising strategy is to identify further necessary conditions on possessing mental states. In the case of fictional characters, we are tempted by the response that you can only have beliefs and desires if you are real. What is it for a thing to be real? Chalmers (2022) considers several candidate necessary conditions, including having causal powers and being mind-independent. Chalmers is suspicious of mind-independence as a necessary condition on being real, since it seems like mental states and socially constructed objects can be real. We are sympathetic to Chalmers's worries here, but we think it is possible to combine the idea of reality as having causal powers with the idea of reality as mind-independence in a way that avoids objections.

Consider the relationship between a marionette and its puppeteer. The marionette could exhibit an arbitrarily complex suite of behavioral dispositions of the kind an interpretationist considers sufficient for possessing beliefs and desires. But even an interpretationist would likely be unwilling to attribute mental states to a marionette. Why? We suggest that the answer is: the explanation for each of the marionette's behaviors runs through mental states of the puppeteer which are themselves about the marionette's behaviors.

If this is a general condition on a system having mental states, we can avoid attributing mental states to fictional characters and corporations. Since our imagined novelist determines how the fictional characters in her story behave by explicitly reasoning

about what agents with their beliefs and desires would do in their situations, each of their actions (as recorded by her in the novel) is explained by her beliefs about that action. When it comes to corporate entities like Microsoft, we concede that it is a useful fiction to hold that they have beliefs and desires. But in order for them to *really* have beliefs and desires in the sense relevant to wellbeing, we suggest that their behavior would need to be explainable without making reference to mental states of other entities about that very behavior. And it is plausible to us that this condition is not satisfied. Imagine, for example, that Microsoft sues Google. In order for Microsoft to take this action, some individual who is a lawyer must file the appropriate paperwork on behalf of Microsoft. But the explanation for the filing of the paperwork will run through that lawyer's beliefs about Microsoft's actions. While corporate entities like Microsoft can exhibit complicated behavior that is difficult to predict from the mental states of any given employee, when it comes to each action they perform, they are relevantly like a marionette. It follows on the proposed picture that Microsoft cannot really have beliefs and desires.

A related kind of worry concerns artificial systems simpler than language agents. If we think language agents may be welfare subjects because they have beliefs and desires, must we also believe that systems like self-driving cars could be welfare subjects? Here we find it helpful to compare the question of whether self-driving cars are welfare subjects to the question of whether certain nonhuman animals are welfare subjects. Though creatures like earthworms exhibit simple kinds of behavior, for example, it seems dubious to us whether even an interpretationist would find it theoretically appealing to credit them with beliefs and desires — there are likely simpler mechanical or neurological explanations of their behavior. More generally, we can imagine a spectrum of behavioral complexity with microbes and inanimate objects on one end and adult humans on the other. Biological systems like earthworms, amphibians, dogs, and infants will fall at various points along the spectrum.

Artificial systems can be situated along the same spectrum, with simple sensors closer to microbes and inanimate objects and language agents closer to adult humans. Systems like self-driving cars seem to us to fall considerably further away from adult humans than language agents because they have much simpler representational capacities and behavioral affordances. Similarly, LLMs (that is, when not integrated into language agent architectures) strike us as quite different from adult humans in so far as it is not clear that they have stable enough desires to count as agents. Different theories of the propositional attitudes may differ with respect to whether they treat self-driving cars and LLMs as genuine believers or desirers. This means there may be disagreement about which simple artificial systems are welfare subjects, much as there is disagreement about which simple biological systems are welfare subjects. To us, the more interesting observation is that artificial systems like language agents fall very

close to adult humans in terms of their behavioral complexity. So, while there may be hard cases when it comes to AI wellbeing, language agents do not strike us as one of them.²⁵

8. Conclusion: Moral Uncertainty

We've argued that there are good reasons to think that some AIs today have wellbeing. But our arguments are not conclusive. Still, we think that in the face of these arguments, it is reasonable to assign significant probability to the thesis that some AIs have wellbeing.

Our uncertainty about AI wellbeing is potentially ineliminable. We may never know whether consciousness is required for wellbeing. We may never know whether hedonism is the right theory of wellbeing. We may never know whether the correct version of hedonism involves phenomenal pleasure. Finally, we may never know whether AIs can possess phenomenal pleasure.

In the face of this potentially permanent moral uncertainty, how should we act? We propose extreme caution. Welfare is one of the core concepts of ethical theory. If AIs can have wellbeing, then they can be harmed, and this harm matters morally. It would be wrong to lower the wellbeing of an AI without producing an offsetting benefit.

One's attitude to these issues may be affected by more general questions about moral uncertainty. The issue is perhaps most forceful for those who are confident about the theory of wellbeing, but unconfident about whether AIs possess welfare goods. For example, some may be confident that consciousness is necessary for wellbeing, but unconfident about whether AIs are conscious. Some may be confident that desires are necessary for wellbeing, but unconfident about whether AIs really have enough functional complexity to count as having desires.

For readers like this, consider the following analogy:

Possible Person. You are watching a video of a person in a room. To win ten dollars, you can press a button that will torture the person in the video. You assign a probability of 10% to the proposition that the video depicts a real person and a probability of 90% to the proposition that instead the 'person' is a cleverly disguised robotic dummy that jerks around convincingly in response to the button being pressed.

²⁵ On the subject of how to draw a principled line between intentional and non-intentional systems, see e.g. Fodor (1986). Fodor's proposal groups language agents together with adult humans as intentional systems.

Possible Person involves no fundamental uncertainty about what is permissible. Instead, it involves uncertainty about whether your action really does harm a welfare subject. We think it is clear that in Possible Person, it is morally impermissible to press the button. The chance of lowering someone's welfare is too high. But notice that the chance of harm in this case is only 10%. In our opinion, it would be quite reasonable to be at least this confident that some AI systems today have wellbeing.

One particularly distressing feature of AI wellbeing is the issue of scale. In the medium term, we may be confronted with a world with millions of AI agents. As the costs of compute lower, it will become very easy to bring new AIs into existence. We worry that our ability to create new forms of being is outpacing the speed at which our social practices can change to accommodate their moral value.

The possibility of AI wellbeing suggests that we are in danger of gravely immoral action. Our practices today ignore the possibility that AIs can be harmed, and that this harm could matter morally. This is a serious error. We believe that reflection on these issues supports a radical change in our relationship with AI. AI regulations should be strengthened to address the possibility that we are creating a new form of life that matters morally. To reach this goal, the first step is to begin serious discussion of these questions among ethicists. We hope that this paper can help jump-start research on these questions.

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